



NIEPOKORNY MNICH - 95 KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 95.6 km

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INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na					Bacówka na			Czas		Różn	Tempo min/km	Tempo km/h
						Tylmanowa 29.1km	Przehybie 45.3km	Rytro 54km	Obidzy 75.9km	Premia1 88.7km	Premia2 89.2km	95.1km	netto 95.6km	brutto 95.6km				
1	MOCZULSKA Małgorzata	2798		K40	1	03:21:25	05:44:24	06:35:22	09:36:32	11:19:09	11:24:25	12:02:26	12:04:12.80	12:04:16.65		7:34	7.9 (100%)	
2	WYLEŻAŁEK Alina	2836	INŻYNIERIA BIEGANIA	K30	1	03:27:19	05:50:28	06:42:57	09:48:31	11:31:36	11:37:51	12:21:41	12:24:05.50	12:24:11.40	+00:19:54 (2.7%)	7:46	7.7 (97.5%)	
3	TATAREK-KONIK Agnieszka	2662		K30	2	03:31:31	06:01:22	07:00:43	10:06:41	11:57:04	12:03:23	12:52:05	12:54:16.20	12:54:21.60	+00:50:04 (6.5%)	8:05	7.4 (93.7%)	
4	TOMIK Małgorzata	2858	LA SPORTIVA POLSKA	K30	3	03:34:59	06:14:45	07:17:56	10:45:43	12:50:20	12:57:03	13:47:02	13:49:23.20	13:49:28.45	+01:45:11 (12.7%)	8:40	6.9 (87.3%)	
5	WAGNER Lenka	2738	BOBOWSKA GRUPA BIEGOWA	K50	1	04:20:43	07:01:20	08:07:39	11:44:05	13:41:35	13:47:01	14:35:00	14:37:00.85	14:37:21.40	+02:33:04 (17.4%)	9:10	6.5 (82.3%)	
6	FETISOVA Ekaterina	2766	ADIDAS RUNNERS WARSAW	K30	4	03:39:30	06:26:31	07:33:46	11:18:28	13:41:22	13:48:32	14:41:01	14:43:16.85	14:43:30.90	+02:39:14 (18.0%)	9:14	6.5 (82.3%)	
7	SADOWSKA Jagoda	2624		K30	5	03:46:43	06:27:43	07:32:10	11:25:52	13:51:35	13:58:25	14:47:43	14:50:01.15	14:50:04.40	+02:45:47 (18.6%)	9:18	6.4 (81.0%)	
8	WITEK Justyna	2794		K30	6	03:47:11	06:36:37	07:41:18	11:26:56	13:50:52	13:57:59	14:50:05	14:52:16.95	14:52:26.80	+02:48:10 (18.8%)	9:20	6.4 (81.0%)	
9	JANEK Noémi	2629		K30	7	04:01:48	06:55:15	08:01:12	11:47:27	14:05:22	14:12:00	15:03:34	15:05:36.45	15:05:47.05	+03:01:30 (20.0%)	9:28	6.3 (79.7%)	
10	BEDNAREK Anna	2759	STG WARSZAWA	K30	8	03:48:05	06:33:46	07:41:23	11:44:10	14:11:02	14:18:35		15:16:13.35	15:16:22.40	+03:12:05 (21.0%)	9:35	6.3 (79.7%)	
11	KUJAWSKA-FREJLICH Joanna	2626		K30	9	03:45:22	06:41:14	07:49:15	11:53:41	14:29:00	14:36:00		15:27:54.40	15:28:02.65	+03:23:46 (22.0%)	9:42	6.2 (78.5%)	
12	SMYKOWSKA Magdalena	2678	RYKOWISKO	K30	10	04:02:46	06:59:50	08:20:36	12:38:11	14:45:47	14:51:22		15:34:00.70	15:34:10.10	+03:29:53 (22.5%)	9:46	6.1 (77.2%)	
13	SOBCZAK Aleksandra	2671		K30	11	04:06:52	07:03:37	08:12:19	12:09:00	14:36:21	14:44:06		15:37:19.80	15:37:30.15	+03:33:13 (22.7%)	9:48	6.1 (77.2%)	
14	KOŚCIELNIAK Wioletta	2739	RUNNERS TEAM NYSA	K40	2	03:53:10	06:34:54	07:47:42	11:37:21	14:40:53	14:47:28		15:51:24.80	15:51:31.80	+03:47:15 (23.9%)	9:57	6 (75.9%)	
15	PTASZYŃSKA Wioletta	2660	ULTRA WAY TEAM	K30	12	03:49:37	06:55:41	08:15:59	12:23:22	14:47:23	14:54:48		16:02:50.45	16:02:56.00	+03:58:39 (24.8%)	10:04	6 (75.9%)	
16	SZWAJKA Aneta	2801	STAJNIA BALONA	K50	2	04:03:55	07:00:25	08:10:33	12:35:56	15:02:56	15:11:25		16:18:43.05	16:18:58.85	+04:14:42 (26.0%)	10:14	5.9 (74.7%)	
17	ŁYCZKO Anna	2760	STREFA FIT	K30	13	04:15:20	07:29:00	08:49:12	13:08:40	15:36:00	15:42:13		16:32:49.55	16:32:58.60	+04:28:41 (27.1%)	10:23	5.8 (73.4%)	

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						Tylmanowa 29.1km	Przehybie 45.3km	Rytko 54km	Obidzy 75.9km	Premia1 88.7km	Premia2 89.2km	95.1km	95.6km	95.6km	Różn		
18	KWIATEK Agnieszka	2767		K30	14	04:10:29	07:24:31	08:33:57	12:56:37	15:28:12	15:35:11	16:33:56.90	16:34:08.40	+04:29:51 (27.1%)	10:23	5.8 (73.4%)	
19	RUTKOWSKA Małgorzata	2790		K30	15	03:57:30	06:56:22	08:03:25	12:14:21	15:10:28	15:18:35	16:41:52.70	16:42:02.20	+04:37:45 (27.7%)	10:28	5.7 (72.2%)	
20	EFEMBERG Joanna	2847	STAJNIA BALONA	K40	3	04:11:07	07:27:18	08:45:03	13:08:46	15:49:47	15:58:11	17:02:42.85	17:02:57.45	+04:58:40 (29.2%)	10:41	5.6 (70.9%)	
21	KSIĘZKA Joanna	2718	STRZEGOMSKA DWUNASTKA	K40	4	04:19:15	07:21:50	08:44:14	13:13:08	16:05:05	16:14:54	17:18:03.35	17:18:24.10	+05:14:07 (30.3%)	10:51	5.5 (69.6%)	
22	LUDA Żaneta	2804		K30	16	04:34:10	07:48:01	09:08:09	13:38:25	16:09:20	16:16:58	17:18:49.85	17:18:59.85	+05:14:43 (30.3%)	10:51	5.5 (69.6%)	
23	PALKIJ Aleksandra	2702	KS FORREST LIMANOWA	K30	17	04:25:27	07:36:13	09:09:49	13:48:46	16:18:25	16:25:54	17:21:01.90	17:21:21.75	+05:17:05 (30.4%)	10:53	5.5 (69.6%)	
24	GAJEWSKA Isabela	2750	BIEGAJ Z IREM	K40	5	04:39:50	07:51:56	09:10:06	13:33:39	16:13:44	16:21:52	17:25:12.85	17:25:34.90	+05:21:18 (30.7%)	10:55	5.5 (69.6%)	
25	TASSELLI Cristina	2843	TRM TEAM	K50	3	04:42:54	07:55:23	09:11:20	13:38:27	16:26:46	16:34:44	17:51:40.10	17:52:03.45	+05:47:46 (32.4%)	11:12	5.4 (68.4%)	
26	WARZECHA Teresa	2837	RUNNERS TEAM NYSA	K60	1	04:43:03	08:02:27	09:34:08	14:01:31	16:45:05	16:52:29	17:58:20.90	17:58:28.35	+05:54:11 (32.8%)	11:16	5.3 (67.1%)	
27	LENART Joanna	2809	ZADYSZKI OŚWIĘCIM	K50	4	04:46:10	08:05:27	09:35:40	14:19:17	16:43:57	16:50:30	17:59:11.95	17:59:28.25	+05:55:11 (32.9%)	11:17	5.3 (67.1%)	
28	SZYMANKIEWICZ Kalina	2737		K50	5	04:25:58	07:48:47	09:20:27	13:55:20	16:44:21	16:51:53	18:00:50.30	18:01:09.05	+05:56:52 (33.0%)	11:18	5.3 (67.1%)	
29	CZICHY Barbara	2648	WKB META LUBLINIEC	K50	6	04:46:50	08:14:48	09:45:08	14:19:09	16:56:12	17:09:04	18:14:32.35	18:14:44.45	+06:10:27 (33.8%)	11:26	5.2 (65.8%)	
30	KOPYDŁOWSKA-SŁAPA Anna	2656	PAWKO RUNNER TEAM	K40	6	04:37:20	08:01:44	09:34:41	14:10:09	16:49:30	16:57:17	18:18:59.00	18:19:11.25	+06:14:54 (34.1%)	11:29	5.2 (65.8%)	
31	RUTKOWSKA Agnieszka	2720	ZABIEGANY WOŁOMIN	K30	18	04:52:03	08:18:53	09:48:49	14:27:27	17:09:51	17:17:56	18:27:49.85	18:28:04.50	+06:23:47 (34.6%)	11:35	5.2 (65.8%)	
32	RYBARCZYK Ilona	2741		K30	19	04:19:20	07:45:23	09:05:38	14:06:45	17:01:59	17:09:13	18:28:46.95	18:28:53.85	+06:24:37 (34.7%)	11:35	5.2 (65.8%)	
33	KOTECKA Edyta	2672		K50	7	04:33:22	08:04:45	09:35:06	14:17:46	17:10:18	17:20:00	18:29:47.85	18:30:00.60	+06:25:43 (34.8%)	11:36	5.2 (65.8%)	
34	KRZYŹIŃSKA Sylwia	2792	DOGOŃ GRODZISK MAZOWIECKI	K40	7	04:41:57	08:11:17	09:36:22	14:14:45	17:17:29	17:26:45	18:39:13.35	18:39:27.00	+06:35:10 (35.3%)	11:42	5.1 (64.6%)	
35	KANDEFER Beata	2735	KB „ATHLETIC” ZRĘCIN	K50	8	04:26:36	09:34:02	10:48:20	14:55:33	17:28:49	17:36:03	18:40:36.10	18:40:42.00	+06:36:25 (35.4%)	11:43	5.1 (64.6%)	
36	PATEREK Agata	2772		K50	9	04:45:19	08:29:47	10:10:17	14:44:59	17:41:50	17:51:04	18:58:25.65	18:58:43.60	+06:54:26 (36.4%)	11:54	5 (63.3%)	
Przekroczony limit czasu: 19:00:00																	
37	KASKA-ŁOBODOWSKA Ewelina	2712	RACEFIGHTER GOSIR DĘBE WLK.	K30	20	05:01:24	08:46:20	10:13:14	14:53:12	17:36:09	17:47:58	19:02:41.80	19:02:52.70	+06:58:36 (36.6%)	11:57	5 (63.3%)	
	PALCZEWSKA-REMIS Agnieszka	2619	RUNONLINE.PL	K40		03:40:28 DNF	06:26:57 DNF	07:31:23 DNF	11:52:07 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)	
	SPYTKOWSKA Katarzyna	2779		K30		04:50:56 DNF	08:21:51 DNF	09:56:20 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)		
	KWIATEK Weronika	2715	RAZJESZCZE	K30		04:47:05 DNF	08:13:00 DNF	10:08:01 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)		
	GAWLIK Sylwia	2667		K40		05:05:38 DNF	08:50:40 DNF	10:27:56 DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)		

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						Tylmanowa 29.1km	Przehybie 45.3km	Rytro 54km	Obidzy 75.9km	Premia1 88.7km	Premia2 89.2km					
	PAPIERNIK Aneta	2774	MARKOWI BIEGACZE	K40		05:03:10 DNF	08:58:07 DNF	10:39:20 DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	MAJER Ewa	2865	LA SPORTIVA POLSKA	K40		03:27:03 DNF	05:58:58 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)
	GRZELAK Kamila	2822	MĘCINA PANY	K30		03:49:43 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	-	- (0.0%)

Znaleziono 44 wynik(ów)