



NIEPOKORNY MNICH - 95 KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: PIENINY ULTRA-TRAIL®
Organizator: Fundacja Strefa Przygód
Data: 2023-04-22
Miejsce: Szczawnica
Dystans: 95.6 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: Premia Górska - Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko na			Bacówka na			Czas		Różn	Tempo min/km	Tempo km/h	
						Tylmanowa 29.1km	Przehybie 45.3km	Rytko 54km	Obidzy 75.9km	Premia1 88.7km	Premia2 89.2km	95.1km	95.6km				95.6km
1	MOCZULSKA Małgorzata	2798		K40	1	03:21:25	05:44:24	06:35:22	09:36:32	11:19:09	11:24:25	12:02:26	12:04:12.80	12:04:16.65	+00:00:00 (-359,900.0%)	7:34	7.9 (100%)
2	WAGNER Lenka	2738	BOBOWSKA GRUPA BIEGOWA	K50	1	04:20:43	07:01:20	08:07:39	11:44:05	13:41:35	13:47:01	14:35:00	14:37:00.85	14:37:21.40	+00:00:09 (-349,121.6%)	9:10	6.5 (82.3%)
3	SMYKOWSKA Magdalena	2678	RYKOWISKO	K30	10	04:02:46	06:59:50	08:20:36	12:38:11	14:45:47	14:51:22		15:34:00.70	15:34:10.10	+00:00:18 (-339,729.7%)	9:46	6.1 (77.2%)
4	ŁYCZKO Anna	2760	STREFA FIT	K30	13	04:15:20	07:29:00	08:49:12	13:08:40	15:36:00	15:42:13		16:32:49.55	16:32:58.60	+00:00:57 (-304,626.7%)	10:23	5.8 (73.4%)
5	WYLEŻAŁEK Alina	2836	INŻYNIERIA BIEGANIA	K30	1	03:27:19	05:50:28	06:42:57	09:48:31	11:31:36	11:37:51	12:21:41	12:24:05.50	12:24:11.40	+00:00:59 (-302,760.2%)	7:46	7.7 (97.5%)
6	TATAREK-KONIK Agnieszka	2662		K30	2	03:31:31	06:01:22	07:00:43	10:06:41	11:57:04	12:03:23	12:52:05	12:54:16.20	12:54:21.60	+00:01:03 (-299,291.9%)	8:05	7.4 (93.7%)
7	LENART Joanna	2809	ZADYSZKI OŚWIĘCIM	K50	4	04:46:10	08:05:27	09:35:40	14:19:17	16:43:57	16:50:30		17:59:11.95	17:59:28.25	+00:01:16 (-289,642.7%)	11:17	5.3 (67.1%)
8	KOŚCIELNIAK Wioletta	2739	RUNNERS TEAM NYSA	K40	2	03:53:10	06:34:54	07:47:42	11:37:21	14:40:53	14:47:28		15:51:24.80	15:51:31.80	+00:01:19 (-287,226.9%)	9:57	6 (75.9%)
9	JANEK Noémi	2629		K30	7	04:01:48	06:55:15	08:01:12	11:47:27	14:05:22	14:12:00	15:03:34	15:05:36.45	15:05:47.05	+00:01:22 (-285,423.5%)	9:28	6.3 (79.7%)
10	TOMIK Małgorzata	2858	LA SPORTIVA POLSKA	K30	3	03:34:59	06:14:45	07:17:56	10:45:43	12:50:20	12:57:03	13:47:02	13:49:23.20	13:49:28.45	+00:01:26 (-282,233.7%)	8:40	6.9 (87.3%)
11	SADOWSKA Jagoda	2624		K30	5	03:46:43	06:27:43	07:32:10	11:25:52	13:51:35	13:58:25	14:47:43	14:50:01.15	14:50:04.40	+00:01:33 (-277,444.8%)	9:18	6.4 (81.0%)
12	KWIATEK Agnieszka	2767		K30	14	04:10:29	07:24:31	08:33:57	12:56:37	15:28:12	15:35:11		16:33:56.90	16:34:08.40	+00:01:43 (-271,285.3%)	10:23	5.8 (73.4%)
13	KUJAWSKA-FREJLICH Joanna	2626		K30	9	03:45:22	06:41:14	07:49:15	11:53:41	14:29:00	14:36:00		15:27:54.40	15:28:02.65	+00:01:44 (-270,607.0%)	9:42	6.2 (78.5%)
14	WITEK Justyna	2794		K30	6	03:47:11	06:36:37	07:41:18	11:26:56	13:50:52	13:57:59	14:50:05	14:52:16.95	14:52:26.80	+00:01:51 (-266,107.9%)	9:20	6.4 (81.0%)
15	FETISOVA Ekaterina	2766	ADIDAS RUNNERS WARSAW	K30	4	03:39:30	06:26:31	07:33:46	11:18:28	13:41:22	13:48:32	14:41:01	14:43:16.85	14:43:30.90	+00:01:55 (-263,822.0%)	9:14	6.5 (82.3%)
16	RYBARCZYK Ilona	2741		K30	19	04:19:20	07:45:23	09:05:38	14:06:45	17:01:59	17:09:13		18:28:46.95	18:28:53.85	+00:01:58 (-261,665.5%)	11:35	5.2 (65.8%)
17	KANDEFER Beata	2735	KB „ATHLETIC” ZREĆIN	K50	8	04:26:36	09:34:02	10:48:20	14:55:33	17:28:49	17:36:03		18:40:36.10	18:40:42.00	+00:01:58 (-261,635.3%)	11:43	5.1 (64.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Schronisko			Bacówka			95.1km	Czas netto 95.6km	Czas brutto 95.6km	Różn	Tempo min/km	Tempo km/h
						Tylmanowa 29.1km	Przehybie 45.3km	Rytko 54km	Obidzy 75.9km	Premia1 88.7km	Premia2 89.2km						
18	WARZECHA Teresa	2837	RUNNERS TEAM NYSA	K60	1	04:43:03	08:02:27	09:34:08	14:01:31	16:45:05	16:52:29		17:58:20.90	17:58:28.35	+00:02:08 (-255,603.2%)	11:16	5.3 (67.1%)
19	PTASZYŃSKA Wioletta	2660	ULTRA WAY TEAM	K30	12	03:49:37	06:55:41	08:15:59	12:23:22	14:47:23	14:54:48		16:02:50.45	16:02:56.00	+00:02:09 (-255,459.6%)	10:04	6 (75.9%)
20	PALKIJ Aleksandra	2702	KS FORREST LIMANOWA	K30	17	04:25:27	07:36:13	09:09:49	13:48:46	16:18:25	16:25:54		17:21:01.90	17:21:21.75	+00:02:13 (-253,041.9%)	10:53	5.5 (69.6%)
21	SZYMANKIEWICZ Kalina	2737		K50	5	04:25:58	07:48:47	09:20:27	13:55:20	16:44:21	16:51:53		18:00:50.30	18:01:09.05	+00:02:16 (-251,334.9%)	11:18	5.3 (67.1%)
22	BEDNAREK Anna	2759	STG WARSZAWA	K30	8	03:48:05	06:33:46	07:41:23	11:44:10	14:11:02	14:18:35		15:16:13.35	15:16:22.40	+00:02:17 (-250,669.6%)	9:35	6.3 (79.7%)
23	LUDA Żaneta	2804		K30	16	04:34:10	07:48:01	09:08:09	13:38:25	16:09:20	16:16:58		17:18:49.85	17:18:59.85	+00:02:22 (-247,907.9%)	10:51	5.5 (69.6%)
24	SOBCZAK Aleksandra	2671		K30	11	04:06:52	07:03:37	08:12:19	12:09:00	14:36:21	14:44:06		15:37:19.80	15:37:30.15	+00:02:28 (-244,573.0%)	9:48	6.1 (77.2%)
25	KOPYDŁOWSKA-SŁAPA Anna	2656	PAWKO RUNNER TEAM	K40	6	04:37:20	08:01:44	09:34:41	14:10:09	16:49:30	16:57:17		18:18:59.00	18:19:11.25	+00:02:31 (-243,133.9%)	11:29	5.2 (65.8%)
26	TASSELLI Cristina	2843	TRM TEAM	K50	3	04:42:54	07:55:23	09:11:20	13:38:27	16:26:46	16:34:44		17:51:40.10	17:52:03.45	+00:02:42 (-237,493.2%)	11:12	5.4 (68.4%)
27	RUTKOWSKA Agnieszka	2720	ZABIEGANY WOŁOMIN	K30	18	04:52:03	08:18:53	09:48:49	14:27:27	17:09:51	17:17:56		18:27:49.85	18:28:04.50	+00:02:48 (-234,600.2%)	11:35	5.2 (65.8%)
28	RUTKOWSKA Małgorzata	2790		K30	15	03:57:30	06:56:22	08:03:25	12:14:21	15:10:28	15:18:35		16:41:52.70	16:42:02.20	+00:02:50 (-233,491.5%)	10:28	5.7 (72.2%)
29	GAJEWSKA Isabela	2750	BIEGAJ Z IREM	K40	5	04:39:50	07:51:56	09:10:06	13:33:39	16:13:44	16:21:52		17:25:12.85	17:25:34.90	+00:02:51 (-233,180.0%)	10:55	5.5 (69.6%)
30	EFEMBERG Joanna	2847	STAJNIA BALONA	K40	3	04:11:07	07:27:18	08:45:03	13:08:46	15:49:47	15:58:11		17:02:42.85	17:02:57.45	+00:03:07 (-225,811.8%)	10:41	5.6 (70.9%)
31	SZWAJKA Aneta	2801	STAJNIA BALONA	K50	2	04:03:55	07:00:25	08:10:33	12:35:56	15:02:56	15:11:25		16:18:43.05	16:18:58.85	+00:03:13 (-223,129.0%)	10:14	5.9 (74.7%)
32	PATEREK Agata	2772		K50	9	04:45:19	08:29:47	10:10:17	14:44:59	17:41:50	17:51:04		18:58:25.65	18:58:43.60	+00:03:57 (-205,307.7%)	11:54	5 (63.3%)
33	KRZYŻIŃSKA Sylwia	2792	DOGOŃ GRODZISK MAZOWIECKI	K40	7	04:41:57	08:11:17	09:36:22	14:14:45	17:17:29	17:26:45		18:39:13.35	18:39:27.00	+00:04:00 (-204,421.2%)	11:42	5.1 (64.6%)
34	KOTECKA Edyta	2672		K50	7	04:33:22	08:04:45	09:35:06	14:17:46	17:10:18	17:20:00		18:29:47.85	18:30:00.60	+00:04:25 (-195,402.8%)	11:36	5.2 (65.8%)
35	KSIĘZKA Joanna	2718	STRZEGOMSKA DWUNASTKA	K40	4	04:19:15	07:21:50	08:44:14	13:13:08	16:05:05	16:14:54		17:18:03.35	17:18:24.10	+00:04:33 (-192,930.6%)	10:51	5.5 (69.6%)
Przekroczony limit czasu: 19:00:00																	
36	KASKA-ŁOBODOWSKA Ewelina	2712	RACEFIGHTER GOSIR DĘBE WLK.	K30	20	05:01:24	08:46:20	10:13:14	14:53:12	17:36:09	17:47:58		19:02:41.80	19:02:52.70	+00:06:33 (-160,277.9%)	11:57	5 (63.3%)
37	CZICHY Barbara	2648	WKB META LUBLINIEC	K50	6	04:46:50	08:14:48	09:45:08	14:19:09	16:56:12	17:09:04		18:14:32.35	18:14:44.45	+00:07:36 (-147,201.3%)	11:26	5.2 (65.8%)

Znaleziono 37 wynik(ów)