

NIESTRUDZONY SAN | 32 KM

B4SPORT

Wydarzenie: Ultra-Bies 2022
Organizator: Fundacja Ultra-Bies
Data: 2022-05-06
Miejsce: Dożyca
Dystans: 32 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
1	SOBAS Jacek	304	ON RUN CREW POLAND	Senior II M 30-39	1	02:11:03	02:45:21.05	02:45:23.20		5:10	11.6 (100%)
2	SIWEK Michał	258	NIEPOŁOMICE BIEGAJĄ	Senior II M 30-39	2	02:10:57	02:47:11.15	02:47:13.30	+00:01:50 (1.1%)	5:13	11.5 (99.1%)
3	CEBERAK Bartek	206		Senior II M 30-39	3	02:18:44	02:56:08.05	02:56:10.55	+00:10:47 (6.1%)	5:30	10.9 (94.0%)
4	MAZAN Piotr	207	FINISZ RYMANÓW	Masters M 40-49	1	02:20:13	02:59:04.25	02:59:06.00	+00:13:42 (7.7%)	5:35	10.7 (92.2%)
5	DYBEK Paweł	608		Masters M 40-49	2	02:26:54	03:03:39.60	03:03:39.60	+00:18:16 (9.9%)	5:44	10.5 (90.5%)
6	SZMIST Jarosław	212	KLUB BIEGACZA ATHLETIC ZRECIN	Masters M 40-49	3	02:35:50	03:23:02.35	03:23:05.00	+00:37:41 (18.6%)	6:20	9.5 (81.9%)
7	OBSTÓJ Karolina	301	ON RUN CREW POLAND	Senior II K 30-39	1	02:41:32	03:26:01.10	03:26:03.00	+00:40:39 (19.7%)	6:26	9.3 (80.2%)
8	KOWALIK Andrzej	320	BIEG OPOLSKI	Masters M 40-49	4	02:38:10	03:26:02.15	03:26:05.80	+00:40:42 (19.8%)	6:26	9.3 (80.2%)
9	WOJCIK Paweł	322	KROKUS PRZYSZOWA	Masters M 40-49	5	02:38:16	03:26:10.70	03:26:13.70	+00:40:50 (19.8%)	6:26	9.3 (80.2%)
10	MALSKI Tomasz	303		Senior II M 30-39	4	02:44:00	03:27:04.45	03:27:09.45	+00:41:46 (20.2%)	6:28	9.3 (80.2%)
11	SZCZYGIEL Lukasz	254		Senior II M 30-39	5	02:40:02	03:28:44.45	03:28:47.20	+00:43:24 (20.8%)	6:31	9.2 (79.3%)
12	ORCZYKOWSKI Bogdan	229	GOAPTIV!	Senior II M 30-39	6	02:48:33	03:33:54.85	03:33:58.75	+00:48:35 (22.7%)	6:41	9 (77.6%)
13	ŁAGOŻNY Łukasz	324	GORYMARZEN.PL	Masters M 40-49	6	02:48:56	03:35:04.45	03:35:08.35	+00:49:45 (23.1%)	6:43	8.9 (76.7%)
14	RYŁKO Krzysztof	257	KS KANDAHAR/ZADYSZKA OŚWIĘCIM	Masters M 40-49	7	02:44:23	03:35:26.65	03:35:29.80	+00:50:06 (23.3%)	6:43	8.9 (76.7%)
15	HACZYK Jarosław	321		Weteran I M 50-59	1	02:45:51	03:37:32.65	03:37:36.60	+00:52:13 (24.0%)	6:47	8.8 (75.9%)
16	ANCYGIER Tomasz	316	MUKS PODKARPACIE JEDLICZE	Senior II M 30-39	7	02:51:26	03:40:42.80	03:40:45.30	+00:55:22 (25.1%)	6:53	8.7 (75.0%)
17	PIĘKNIK Patryk	237		Senior II M 30-39	8	03:03:35	03:53:42.20	03:53:46.30	+01:08:23 (29.3%)	7:18	8.2 (70.7%)
18	HAŁGAS Sławomir	261	MARELLI	Masters M 40-49	8	02:58:48	03:55:48.40	03:55:51.80	+01:10:28 (29.9%)	7:22	8.1 (69.8%)
19	WARĘCKA Katarzyna	279	ARTURKUREK.PRO TEAM	Senior II K 30-39	2	03:05:46	03:56:03.70	03:56:07.30	+01:10:44 (30.0%)	7:22	8.1 (69.8%)
20	FURS Teodor	280	PIERDZĄCE ZAJĄCE	Masters M 40-49	9	03:05:46	03:56:03.55	03:56:07.90	+01:10:44 (30.0%)	7:22	8.1 (69.8%)
21	POLAŃSKA Julia	282	PRZEMYSKI KLUB BIEGACZA	Senior I K 18-29	1	03:03:20	03:56:15.95	03:56:19.00	+01:10:55 (30.0%)	7:22	8.1 (69.8%)
22	BIESZCZAD Magdalena	252	TRESERTEAM	Senior II K 30-39	3	03:08:51	03:58:30.40	03:58:32.45	+01:13:09 (30.7%)	7:27	8.1 (69.8%)
23	PODWÓJCI Michał	293	GÓRAL Z MAZUR RUNNING TEAM	Masters M 40-49	10	03:02:01	03:59:14.05	03:59:17.40	+01:13:54 (30.9%)	7:28	8 (69.0%)
24	SETKOWICZ Jacek	271		Senior II M 30-39	9	03:11:36	04:02:47.10	04:02:57.10	+01:17:33 (31.9%)	7:35	7.9 (68.1%)
25	STANIO Arkadiusz	312	BIEGAM W RZESZOWIE	Masters M 40-49	11	03:12:19	04:04:14.05	04:04:32.30	+01:19:09 (32.4%)	7:37	7.9 (68.1%)
26	SKOCZYLAS Karolina	259	SKOCZYLIWLASY STAY INSANE	Senior I K 18-29	2	03:18:03	04:09:36.75	04:09:41.90	+01:24:18 (33.8%)	7:48	7.7 (66.4%)
27	MICHALSKI Andrzej	298	PŁOMIEŃ ZMIENNICA	Weteran II M 60-69	1	03:12:06	04:12:22.25	04:12:27.70	+01:27:04 (34.5%)	7:53	7.6 (65.5%)
28	KACPERSKI Olaf	296		Masters M 40-49	12	03:15:53	04:12:54.65	04:13:02.00	+01:27:38 (34.6%)	7:54	7.6 (65.5%)
29	CHMIEL Łukasz	269		Senior II M 30-39	10	03:10:46	04:20:43.75	04:20:50.40	+01:35:27 (36.6%)	8:08	7.4 (63.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
30	VOIT Jarosław	265		Senior II M 30-39	11	03:27:43	04:26:16.55	04:26:38.60	+01:41:15 (38.0%)	8:19	7.2 (62.1%)
31	DZIUBAN Katarzyna	288	GALOPEM CZY GALLOWAYEM	Senior II K 30-39	4	03:32:01	04:27:08.70	04:27:14.50	+01:41:51 (38.1%)	8:20	7.2 (62.1%)
32	OCZOŚ Hubert	210		Senior II M 30-39	12	03:30:01	04:27:13.50	04:27:22.00	+01:41:58 (38.1%)	8:21	7.2 (62.1%)
33	PALUCH Paweł	247		Masters M 40-49	13	03:26:48	04:29:38.75	04:29:46.30	+01:44:23 (38.7%)	8:25	7.1 (61.2%)
34	SZCZYGIEŁ-SOMMER Ola	311	GRUPA NOMAX	Senior II K 30-39	5	03:35:23	04:31:58.60	04:32:03.10	+01:46:39 (39.2%)	8:29	7.1 (61.2%)
35	CZYCZ Mateusz	302	CARPATHIAN RUNNERS	Senior II M 30-39	13	03:29:25	04:33:53.75	04:33:58.25	+01:48:35 (39.6%)	8:33	7 (60.3%)
36	KOWALSKA Agnieszka	255		Senior I K 18-29	3	03:32:16	04:34:58.25	04:35:04.05	+01:49:40 (39.9%)	8:35	7 (60.3%)
37	PASEK Szymon	223		Senior II M 30-39	14	03:31:48	04:35:21.35	04:35:33.00	+01:50:09 (40.0%)	8:36	7 (60.3%)
38	PELCZAR Joanna	201		Senior I K 18-29	4	03:35:33	04:35:29.05	04:35:33.30	+01:50:10 (40.0%)	8:36	7 (60.3%)
39	RĘPALSKA Agata	295		Senior II K 30-39	6	03:32:16	04:38:14.65	04:38:19.15	+01:52:55 (40.6%)	8:41	6.9 (59.5%)
40	BEDNARZ Krzysztof	315	4K TEAM TARNÓW	Weteran II M 60-69	2	03:36:25	04:38:21.70	04:38:30.00	+01:53:06 (40.6%)	8:41	6.9 (59.5%)
41	KIEŁBOŃ Ewelina	268	PRZEWORSKA GRUPA BIEGOWA	Senior II K 30-39	7	03:40:18	04:43:24.80	04:43:30.10	+01:58:06 (41.7%)	8:51	6.8 (58.6%)
42	BROŻYNA Miłosz	306	ON RUN CREW POLAND	Senior I M 18-29	1	03:41:12	04:43:34.90	04:43:39.75	+01:58:16 (41.7%)	8:51	6.8 (58.6%)
43	MASŁOWSKI Dominik	219	PODIUM	Senior II M 30-39	15	03:41:47	04:45:11.45	04:45:22.50	+01:59:59 (42.0%)	8:54	6.7 (57.8%)
44	KACZAN-SOREMSKA Aleksandra	308	SZTANGA IS A GIRL	Senior II K 30-39	8	03:44:04	04:49:44.05	04:49:54.15	+02:04:30 (43.0%)	9:03	6.6 (56.9%)
45	SOREMSKI Marek	307	THESOR W BIEGU.PL	Senior II M 30-39	16	03:44:04	04:49:44.35	04:49:54.35	+02:04:31 (43.0%)	9:03	6.6 (56.9%)
46	TYPIAK Tomasz	275		Masters M 40-49	14	03:45:21	04:50:17.45	04:50:23.30	+02:05:00 (43.0%)	9:04	6.6 (56.9%)
47	PAWELEC Piotr	318		Weteran I M 50-59	2	03:43:24	04:51:40.25	04:51:46.30	+02:06:23 (43.3%)	9:06	6.6 (56.9%)
48	NIEDZIELA Michał	274	INSTALPRO TEAM	Senior II M 30-39	17	03:45:20	04:51:52.70	04:51:58.85	+02:06:35 (43.4%)	9:07	6.6 (56.9%)
49	GÓRKA Marcin	291	DRAGON RUNNERS	Senior II M 30-39	18	03:40:12	04:52:22.45	04:52:39.95	+02:07:16 (43.5%)	9:08	6.6 (56.9%)
50	TIČINOVIĆ Daniel	220	BŁĘKITNA XVII-TKA	Senior II M 30-39	19	03:47:06	04:53:45.60	04:53:54.10	+02:08:30 (43.7%)	9:10	6.5 (56.0%)
51	OLEJNIK Krzysztof	283	PGB SPORTOWA PACZKA	Weteran I M 50-59	3	03:46:24	04:57:18.15	04:57:27.85	+02:12:04 (44.4%)	9:17	6.5 (56.0%)
52	VOIT Emilia	264	NIEPOŁOMICIE BIEGAJĄ	Senior II K 30-39	9	03:53:44	04:58:15.15	04:58:37.40	+02:13:14 (44.6%)	9:19	6.4 (55.2%)
53	NOWOSADZKI Wojciech	204		Masters M 40-49	15	03:48:49	04:58:54.70	04:59:03.55	+02:13:40 (44.7%)	9:20	6.4 (55.2%)
54	JAKUBOWSKA Gosia	211	WATAHA	Senior II K 30-39	10	03:55:48	04:59:52.55	05:00:05.60	+02:14:42 (44.9%)	9:22	6.4 (55.2%)
55	MOŻEJKO Jadwiga	246	NIEPOŁOMICIE BIEGAJĄ	Senior II K 30-39	11	03:53:46	04:59:56.90	05:00:16.20	+02:14:53 (44.9%)	9:22	6.4 (55.2%)
56	OCZOŚ Przemysław	208		Masters M 40-49	16	03:47:00	05:03:51.95	05:04:00.30	+02:18:37 (45.6%)	9:29	6.3 (54.3%)
57	UJMA Stanisław	317		Weteran II M 60-69	3	03:50:39	05:04:40.25	05:04:42.45	+02:19:19 (45.7%)	9:31	6.3 (54.3%)
58	DRĄG Piotr	215	STALOWOWOLSKI KLUB BIEGACZA	Senior II M 30-39	20	04:00:40	05:05:34.05	05:05:41.20	+02:20:18 (45.9%)	9:32	6.3 (54.3%)
59	RAGAN Monika	216		Senior II K 30-39	12	04:00:40	05:07:10.70	05:07:18.40	+02:21:55 (46.2%)	9:35	6.3 (54.3%)
60	KOLASA Marcin	319		Masters M 40-49	17	03:58:34	05:07:18.30	05:07:28.65	+02:22:05 (46.2%)	9:36	6.2 (53.4%)
61	SZYMAŃSKA Edyta	249		Senior II K 30-39	13	03:58:32	05:07:33.55	05:07:42.40	+02:22:19 (46.3%)	9:36	6.2 (53.4%)
62	PRUC Łukasz	213		Senior II M 30-39	21	03:44:30	05:08:38.25	05:08:52.05	+02:23:28 (46.5%)	9:38	6.2 (53.4%)
63	BIENIEK Justyna	225		Senior II K 30-39	14	04:02:57	05:08:37.15	05:08:57.45	+02:23:34 (46.5%)	9:38	6.2 (53.4%)
64	JÓZEFczyk Jacek	230		Masters M 40-49	18	04:03:22	05:08:52.90	05:09:05.35	+02:23:42 (46.5%)	9:39	6.2 (53.4%)
65	RZESZOWSKI Tomasz	248	MIRAZ RACE TEAM	Masters M 40-49	19	04:05:49	05:12:37.75	05:12:53.55	+02:27:30 (47.1%)	9:46	6.1 (52.6%)
66	MOSKAŁA Magdalena	214		Senior II K 30-39	15	04:03:19	05:13:07.70	05:13:21.10	+02:27:57 (47.2%)	9:47	6.1 (52.6%)
67	KOŻŁOWSKA Joanna	256	DRUŻYNA WILKA	Masters K 40-49	1	03:58:31	05:14:31.15	05:14:40.30	+02:29:17 (47.4%)	9:49	6.1 (52.6%)
68	JEDYNAK Marcin	224	GAMONIUSZE	Masters M 40-49	20	04:13:14	05:17:07.25	05:17:20.00	+02:31:56 (47.9%)	9:54	6.1 (52.6%)
69	MAZEK Łukasz	313	STOPKA PILAWA	Senior II M 30-39	22	04:08:15	05:20:06.75	05:20:20.30	+02:34:57 (48.4%)	10:00	6 (51.7%)
70	HEJDUK Monika	241	UMCS BIEGA	Masters K 40-49	2	04:10:33	05:24:24.25	05:24:30.90	+02:39:07 (49.0%)	10:08	5.9 (50.9%)
71	KOZIARA Patryk	299	DZIKIE MUSTANGI	Senior II M 30-39	23	04:10:08	05:25:45.85	05:25:57.15	+02:40:33 (49.3%)	10:10	5.9 (50.9%)
72	MISIAK Mateusz	310		Senior I M 18-29	2	04:10:14	05:27:21.00	05:27:32.85	+02:42:09 (49.5%)	10:13	5.9 (50.9%)
73	CHLEBEK Tomasz	309	RESOVIA	Senior II M 30-39	24	04:10:15	05:27:21.15	05:27:33.00	+02:42:09 (49.5%)	10:13	5.9 (50.9%)

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74	KACZMARCZYK Mariusz	240	REXER	Weteran I M 50-59	4	04:15:43	05:27:47.05	05:27:55.10	+02:42:31 (49.6%)	10:14	5.9 (50.9%)
75	NAWROT Dawid	263	MIRAZ RACE TEAM	Senior II M 30-39	25	04:19:07	05:34:19.95	05:34:35.60	+02:49:12 (50.6%)	10:26	5.7 (49.1%)
76	TUREK Paweł	286		Weteran I M 50-59	5	04:25:46	05:37:08.95	05:37:22.80	+02:51:59 (51.0%)	10:32	5.7 (49.1%)
77	SŁOBODA Ela	251	GOPR BIESZCZADY	Masters K 40-49	3	04:23:24	05:37:29.30	05:37:40.25	+02:52:17 (51.0%)	10:32	5.7 (49.1%)
78	SUSUŁ Maria	292		Weteran I K 50-59	1	04:19:01	05:38:48.25	05:38:53.15	+02:53:29 (51.2%)	10:35	5.7 (49.1%)
79	KRAWCZYK Jakub	305	PADLINA TEAM	Senior II M 30-39	26	04:23:06	05:40:10.10	05:40:25.30	+02:55:02 (51.4%)	10:37	5.6 (48.3%)
80	TALAROWSKA Agnieszka	217		Masters K 40-49	4	04:23:22	05:40:29.15	05:40:38.45	+02:55:15 (51.4%)	10:38	5.6 (48.3%)
81	TALAROWSKI Paweł	218	HUSARIA RACE TEAM	Masters M 40-49	21	04:23:22	05:40:29.45	05:40:39.05	+02:55:15 (51.4%)	10:38	5.6 (48.3%)
82	FISZ Radosław	314		Masters M 40-49	22	04:19:13	05:44:41.10	05:44:46.60	+02:59:23 (52.0%)	10:46	5.6 (48.3%)
83	STAJSZCZYK Barbara	244	NIEPOŁOMICIE BIEGAJĄ	Senior II K 30-39	16	04:32:39	05:48:28.10	05:48:43.00	+03:03:19 (52.6%)	10:53	5.5 (47.4%)
84	CYBULSKA Dominika	270	WYDOLNOŚĆ.PL	Masters K 40-49	5	04:31:26	05:48:58.95	05:49:06.20	+03:03:43 (52.6%)	10:54	5.5 (47.4%)
85	SŁOTWIŃSKA Sylwia	278	WYDOLNOSC.PL/ UMCS BIEGA	Masters K 40-49	6	04:31:17	05:48:58.90	05:49:06.35	+03:03:43 (52.6%)	10:54	5.5 (47.4%)
86	SŁAWUSKA Maria	284		Senior I K 18-29	5	04:36:50	05:51:20.45	05:51:36.05	+03:06:12 (53.0%)	10:58	5.5 (47.4%)
87	STOLARZ Marta	260	NIEPOŁOMICIE BIEGAJĄ	Masters K 40-49	7	04:44:54	05:57:15.45	05:57:33.70	+03:12:10 (53.7%)	11:09	5.4 (46.6%)
88	STRZAŁKOWSKA Urszula	253		Senior II K 30-39	17	04:40:27	05:57:50.90	05:57:59.75	+03:12:36 (53.8%)	11:10	5.4 (46.6%)
89	PATALITA Alina	272	NIEPOŁOMICIE BIEGAJĄ	Masters K 40-49	8	04:45:05	05:58:16.90	05:58:36.15	+03:13:12 (53.9%)	11:11	5.4 (46.6%)
90	SKIBA Tomasz	222	GAMONIUSZE	Senior II M 30-39	27	04:33:34	05:58:26.70	05:58:39.45	+03:13:16 (53.9%)	11:12	5.4 (46.6%)
91	PYTA Grzegorz	227	NIEZRZESZONY	Weteran II M 60-69	4	04:39:40	06:01:55.65	06:02:13.30	+03:16:50 (54.3%)	11:18	5.3 (45.7%)
92	SMOGORZEWSKI Michał	209	WKURW_TEAM WARSZAWA	Senior II M 30-39	28	04:41:52	06:03:21.35	06:03:32.25	+03:18:09 (54.5%)	11:21	5.3 (45.7%)
93	WIERCHOŁA Joanna	267		Weteran II K 60-69	1	04:50:27	06:03:40.80	06:03:55.30	+03:18:32 (54.6%)	11:21	5.3 (45.7%)
94	MUSIAŁEK Karol	285	NIEPOŁOMICIE BIEGAJĄ	Senior II M 30-39	29	04:44:27	06:07:47.45	06:08:07.15	+03:22:43 (55.1%)	11:29	5.2 (44.8%)
95	DJENADI Karim	297		Senior II M 30-39	30	04:26:32	06:08:43.65	06:09:00.20	+03:23:37 (55.2%)	11:31	5.2 (44.8%)
96	NAWROT Katarzyna	262	MIRAZ RACE TEAM	Senior II K 30-39	18	04:54:30	06:10:34.00	06:10:49.10	+03:25:25 (55.4%)	11:34	5.2 (44.8%)
97	GRABOWSKI Leszek	205	STARE BABICE BIEGAJĄ	Weteran I M 50-59	6	04:55:01	06:25:49.95	06:26:05.75	+03:40:42 (57.2%)	12:03	5 (43.1%)
98	SUWALD Andrzej	231	JACEKBIEGA RUNNING TEAM	Weteran II M 60-69	5	05:11:52	06:58:52.65	06:59:13.40	+04:13:50 (60.5%)	13:05	4.6 (39.7%)
	JASIŃSKA Patrycja	323	BRACTWO BIEGOWE BGK	Masters K 40-49		05:01:29 DNF	DNF	DNF		-	-(0.0%)
	FIEDORCZUK Łukasz	300	HDD WINNICZKI	Masters M 40-49		05:02:14 DNF	DNF	DNF		-	-(0.0%)
	PARADOWSKI Paweł	233	BYLE DO METY?PODIUM	Weteran I M 50-59		05:16:11 DNF	DNF	DNF		-	-(0.0%)
	BURZ-PARADOWSKA Jowita	232	BYLE DO METY?PODIUM	Weteran I K 50-59		05:16:12 DNF	DNF	DNF		-	-(0.0%)
	WIŚNIEWSKA Dorota	289		Masters K 40-49		05:39:26 DNF	DNF	DNF		-	-(0.0%)
	KIEBASIŃSKA Marta	242	NIEPOŁOMICIE BIEGAJĄ	Senior II K 30-39		05:58:38 DNF	DNF	DNF		-	-(0.0%)
	LEŃCZUK Anna	273	NIEPOŁOMICIE BIEGAJĄ	Masters K 40-49		05:58:46 DNF	DNF	DNF		-	-(0.0%)
	WRÓBEL Marzena	226	NIEZRZESZONA	Masters K 40-49		06:01:06 DNF	DNF	DNF		-	-(0.0%)

Znaleziono 106 wynik(ów)