



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

II Ultra-Bies
Fundacja Ultra-Bies
2023-05-05
Dołżyca
32 km

NIESTRUDZONY SAN | 32 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	PK Łopienka 15km	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
1	ZIAJKA Karol	722	PGR/FINISZ RYMANÓW	M20	1	00:40:38	01:15:21	02:14:52	02:50:26.80	02:50:26.80		5:19	11.3 (100%)
2	SKRZYSIŃSKI Gniewomir	697	INSTINCT/ALTRA RED	M40	1	00:41:25	01:19:44	02:25:20	03:05:18.30	03:05:18.30	+00:14:51 (8.0%)	5:47	10.4 (92.0%)
3	KAWIK Tomasz	733	RUNPROGRESS.PL TEAM	M30	1	00:42:00	01:20:51	02:30:14	03:16:03.20	03:16:03.20	+00:25:36 (13.1%)	6:07	9.8 (86.7%)
4	DOMIN Łukasz	645	AKTYWNY DYNÓW	M30	2	00:45:29	01:25:24	02:38:46	03:25:01.45	03:25:01.45	+00:34:34 (16.9%)	6:24	9.4 (83.2%)
5	ANCYGIER Tomasz	719	MUKS PODKARPACIE JEDLICZE	M30	3	00:46:54	01:30:02	02:46:47	03:35:31.45	03:35:31.45	+00:45:04 (20.9%)	6:44	8.9 (78.8%)
6	LEŚ Michał	723	SANOK BIEGA	M30	4	00:47:39	01:31:33	02:49:16	03:36:54.40	03:36:54.40	+00:46:27 (21.4%)	6:46	8.9 (78.8%)
7	JANDZIŚ Wiesław	698	AKTYWNY DYNÓW	M40	2	00:47:38	01:32:58	02:50:45	03:36:58.25	03:36:58.25	+00:46:31 (21.4%)	6:46	8.8 (77.9%)
8	ZIĘBA Mateusz	718	FOREVER TEAM	M30	5	00:51:32	01:33:16	02:52:09	03:38:24.45	03:38:24.45	+00:47:57 (22.0%)	6:49	8.8 (77.9%)
9	STANIO Arkadiusz	713	BIEGAM W RZESZOWIE	M40	3	00:48:23	01:32:43	02:50:21	03:39:44.00	03:39:44.00	+00:49:17 (22.4%)	6:52	8.7 (77.0%)
10	LEŚNIAK Dawid	620	LHO	M30	6	00:48:30	01:31:29	02:53:43	03:43:59.55	03:43:59.55	+00:53:32 (23.9%)	6:59	8.6 (76.1%)
11	KRZEMIŃSKI Marcin	669		M40	4	00:49:53	01:33:20	02:54:34	03:44:02.20	03:44:02.20	+00:53:35 (23.9%)	7:00	8.6 (76.1%)
12	KAWIAK Marek	633		M40	5	00:51:34	01:35:16	02:54:33	03:45:59.00	03:45:59.00	+00:55:32 (24.6%)	7:03	8.5 (75.2%)
13	CIENKOSZ Przemysław	605	#ZALINIAMETYTEAM	M20	2	00:49:43	01:33:19	02:55:58	03:47:05.45	03:47:05.45	+00:56:38 (24.9%)	7:05	8.5 (75.2%)
14	KSIĄŻKIEWICZ Bartłomiej	668	ROCKY BALBOA	M40	6	00:52:16	01:36:08	02:57:45	03:48:09.65	03:48:09.65	+00:57:42 (25.3%)	7:07	8.4 (74.3%)
15	PORCEK Maciej	699	FINISZ RYMANÓW	M30	7	00:50:45	01:34:28	02:55:25	03:48:51.10	03:48:51.10	+00:58:24 (25.5%)	7:09	8.4 (74.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	PK		Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
							Łopienka 15km	Cisna 25km					
16	PODWÓJCI Michał	656	GÓRAL Z MAZUR RUNNING TEAM	M40	7	00:51:42	01:34:07	02:55:22	03:49:20.35	03:49:20.35	+00:58:53 (25.7%)	7:10	8.4 (74.3%)
17	GIERULA Grzegorz	700	KB ATHLETIC ZRĘCIN	M30	8	00:49:09	01:34:10	03:00:47	03:54:30.05	03:54:30.05	+01:04:03 (27.3%)	7:19	8.2 (72.6%)
18	PODOLAK Paweł	659		M30	9	00:50:48	01:32:53	03:00:20	03:55:41.10	03:55:41.10	+01:05:14 (27.7%)	7:21	8.1 (71.7%)
19	ORCZYKOWSKI Bogdan	621	GOAPTIV!	M30	10	00:55:34	01:44:17	03:09:08	03:58:55.95	03:58:55.95	+01:08:29 (28.7%)	7:27	8 (70.8%)
20	ZIEBA Tomek	642	JACEKBIEGA RUNNING TEAM	M40	8	00:54:06	01:44:48	03:11:10	04:02:30.00	04:02:30.00	+01:12:03 (29.7%)	7:34	7.9 (69.9%)
21	ROCZNIAK Marcin	648	SANOK BIEGA/ROCZNIAK TEAM	M40	9	00:51:49	01:43:02	03:07:09	04:04:35.40	04:04:35.40	+01:14:08 (30.3%)	7:38	7.9 (69.9%)
22	MARSZAŁEK Radosław	671	BIEGAJ Z DYMKIEM	M30	11	00:54:53	01:49:39	03:21:56	04:17:22.70	04:17:22.70	+01:26:55 (33.8%)	8:02	7.5 (66.4%)
23	KLIMEK Przemysław	688		M40	10	00:57:00	01:49:15	03:18:38	04:17:48.05	04:17:48.05	+01:27:21 (33.9%)	8:03	7.4 (65.5%)
24	MISIAĞIEWICZ Paweł	639		M40	11	00:58:13	01:51:26	03:24:41	04:19:07.60	04:19:07.60	+01:28:40 (34.2%)	8:05	7.4 (65.5%)
25	SETKOWICZ Jacek	617		M30	12	00:56:23	01:46:42	03:16:44	04:20:23.65	04:20:23.65	+01:29:56 (34.5%)	8:08	7.4 (65.5%)
26	GAŁUSZKA Tomasz	737	SKITUROWE BIESZCZADY	M40	12	00:56:54	01:51:48	03:24:19	04:21:27.45	04:21:27.45	+01:31:00 (34.8%)	8:10	7.3 (64.6%)
27	PEŁDIAK Mateusz	636	KB ATHLETIC ZRĘCIN /PAWKO RUNNER TEAM	M30	13	00:56:04	01:47:46	03:25:38	04:25:52.45	04:25:52.45	+01:35:25 (35.9%)	8:18	7.2 (63.7%)
28	ZMYSŁOWSKI Łukasz	705		M40	13	00:59:16	01:53:30	03:30:06	04:27:40.85	04:27:40.85	+01:37:14 (36.3%)	8:21	7.2 (63.7%)
29	GARCZYŃSKI Radosław	681	POWER TRAINING	M30	14	01:06:55	02:05:47	03:35:49	04:28:37.00	04:28:37.00	+01:38:10 (36.5%)	8:23	7.1 (62.8%)
30	WIŚNIEWSKI Krzysztof	715	KEREZA TEAM	M40	14	00:59:13	01:53:36	03:30:08	04:28:39.00	04:28:39.00	+01:38:12 (36.6%)	8:23	7.1 (62.8%)
31	BOREK Mateusz	730		M20	3	00:55:17	01:51:01	03:27:57	04:29:30.50	04:29:30.50	+01:39:03 (36.8%)	8:25	7.1 (62.8%)
32	KŁOBUCHOWSKI Szymon	678		M30	15	01:01:18	01:57:49	03:31:02	04:30:42.75	04:30:42.75	+01:40:15 (37.0%)	8:27	7.1 (62.8%)
33	KACPERSKI Olaf	712		M50	1	00:58:23	01:54:23	03:28:37	04:31:14.60	04:31:14.60	+01:40:47 (37.2%)	8:28	7.1 (62.8%)
34	ZAWADKA Filip	687	CROSSFIT 12U1 WILANÓW	M30	16	00:59:55	01:56:33	03:36:32	04:36:44.90	04:36:44.90	+01:46:18 (38.4%)	8:38	6.9 (61.1%)
35	KRUPA Piotr	657	CROSSFIT DOPAMINE	M30	17			03:39:14	04:41:35.10	04:41:35.10	+01:51:08 (39.5%)	8:47	6.8 (60.2%)
36	SZYMAŃSKI Piotr	640	RYKOWISKO TEAM	M40	15	01:05:02	02:01:16	03:44:45	04:45:48.30	04:45:48.30	+01:55:21 (40.4%)	8:55	6.7 (59.3%)
37	ORĘZIAK Maciej	650		M40	16	01:00:02	02:00:22	03:45:34	04:47:45.75	04:47:45.75	+01:57:18 (40.8%)	8:59	6.7 (59.3%)
38	JĘDRASIK Piotr	658	9-TKA RUNNING TEAM	M50	2	00:56:53	01:59:31	03:41:38	04:48:12.60	04:48:12.60	+01:57:45 (40.9%)	9:00	6.7 (59.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km		PK	PK	Czas	Czas	Różn	Tempo min/km	Tempo km/h
						Łopienka 15km	Cisna 25km	netto 32km	brutto 32km					
39	SAMUŚ Dariusz	651	BIESZCZADZKIE MORSY	M40	17	00:59:54	01:57:33	03:46:16	04:49:50.00	04:49:50.00	+01:59:23 (41.2%)	9:03	6.6 (58.4%)	
40	KITOWSKI Bartosz	745		M40	18	00:59:04	01:55:24	03:41:37	04:50:31.45	04:50:31.45	+02:00:04 (41.3%)	9:04	6.6 (58.4%)	
41	BOBOLA Sebastian	740		M30	18	00:59:04	01:55:07	03:41:37	04:50:32.00	04:50:32.00	+02:00:05 (41.3%)	9:04	6.6 (58.4%)	
42	PIETRZAK Rafał	726	STOPKA PILAWA	M30	19	00:59:50	02:00:43	03:47:33	04:54:05.10	04:54:05.10	+02:03:38 (42.0%)	9:11	6.5 (57.5%)	
43	MAZEK Łukasz	725	STOPKA PILAWA	M30	20	00:59:50	02:00:43	03:47:36	04:54:12.70	04:54:12.70	+02:03:45 (42.1%)	9:11	6.5 (57.5%)	
44	BANGIS Łukasz	602	ŻÓRAWSKI TEAM	M30	21	00:58:14	02:00:34	03:49:20	04:55:35.85	04:55:35.85	+02:05:09 (42.3%)	9:14	6.5 (57.5%)	
45	STECIUK Jarosław	721	ŁÓDZKI KLUB WYSOKOGÓRSKI	M30	22	01:05:07	02:07:44	03:54:42	05:03:00.85	05:03:00.85	+02:12:34 (43.7%)	9:28	6.3 (55.8%)	
46	NALEPKA Grzegorz	682		M30	23	01:07:19	02:11:16	03:57:07	05:05:58.25	05:05:58.25	+02:15:31 (44.3%)	9:33	6.3 (55.8%)	
47	KACZMARCZYK Mariusz	628	REXER	M50	3	00:59:48	01:59:00	03:55:37	05:06:04.20	05:06:04.20	+02:15:37 (44.3%)	9:33	6.3 (55.8%)	
48	MATUŁA Przemysław	672	AZS UMCS BIEGA	M50	4	01:01:30	02:02:56	03:55:31	05:09:29.95	05:09:29.95	+02:19:03 (44.9%)	9:40	6.2 (54.9%)	
49	LEŃCZUK Andrzej	724		M50	5	01:04:23	02:03:58	03:52:36	05:10:04.10	05:10:04.10	+02:19:37 (45.0%)	9:41	6.2 (54.9%)	
50	LEWANDOWSKI Sebastian	673		M30	24	01:09:34	02:12:09	04:01:14	05:12:59.40	05:12:59.40	+02:22:32 (45.5%)	9:46	6.1 (54.0%)	
51	CHOJNACKI Mikołaj	739	WARSAW RUN CLUB	M40	19	01:03:30	02:10:28	03:54:57	05:15:37.50	05:15:37.50	+02:25:10 (46.0%)	9:51	6.1 (54.0%)	
52	PORZYCKI Tomasz	684		M30	25	01:07:19	02:10:50	04:03:20	05:15:57.40	05:15:57.40	+02:25:30 (46.1%)	9:52	6.1 (54.0%)	
53	STRZAŁKOWSKI Marcin	638	RYKOWISKO TEAM	M40	20	01:05:36	02:09:49	04:01:26	05:16:06.55	05:16:06.55	+02:25:39 (46.1%)	9:52	6.1 (54.0%)	
54	DEREŃ Wojciech	708	TREKKING TEAM OSTROWIEC	M40	21	01:02:44	02:06:28	04:02:45	05:20:19.25	05:20:19.25	+02:29:52 (46.8%)	10:00	6 (53.1%)	
55	OŻÓG Paweł	744	DZIKITIM	M40	22	01:01:40	02:06:09	03:59:35	05:20:30.85	05:20:30.85	+02:30:04 (46.8%)	10:00	6 (53.1%)	
56	PIETRUSZKA Mariusz	654		M30	26	01:08:30	02:13:07	04:12:53	05:21:23.85	05:21:23.85	+02:30:57 (47.0%)	10:02	6 (53.1%)	
57	KLIMCZUK Maciej	635		M30	27	01:06:22	02:13:32	04:08:44	05:25:13.50	05:25:13.50	+02:34:46 (47.6%)	10:09	5.9 (52.2%)	
58	MISIUREK Miron	714	EKSTREMALNA GRUPA BIEGOWA	M40	23	01:07:43	02:11:43	04:13:33	05:26:21.55	05:26:21.55	+02:35:54 (47.8%)	10:11	5.9 (52.2%)	
59	GUCWA Jarosław	625		M50	6	01:08:03	02:11:45	04:07:09	05:27:08.45	05:27:08.45	+02:36:41 (47.9%)	10:13	5.9 (52.2%)	
60	TUREK Paweł	613	PRIN-S	M50	7	01:14:13	02:21:46	04:20:04	05:28:13.70	05:28:13.70	+02:37:46 (48.1%)	10:15	5.8 (51.3%)	
61	WITA Krzysztof	728		M30	28	01:09:08	02:19:06	04:15:04	05:33:12.65	05:33:12.65	+02:42:45 (48.8%)	10:24	5.8 (51.3%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	PK Łopienka 15km	PK Cisna 25km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
62	NAHORSKI Marcin	677		M30	29	01:04:34	02:13:30	04:18:23	05:33:41.85	05:33:41.85	+02:43:15 (48.9%)	10:25	5.8 (51.3%)
63	FOWLER Krystian	676		M30	30	01:10:15	02:15:51	04:13:38	05:41:27.20	05:41:27.20	+02:51:00 (50.1%)	10:40	5.6 (49.6%)
64	ZIMOCH Łukasz	601		M40	24	01:07:55	02:25:10	04:21:49	05:41:56.15	05:41:56.15	+02:51:29 (50.2%)	10:41	5.6 (49.6%)
65	PODSIADŁY Maciej	612	TRAIL IS OUR WAY	M30	31	01:08:36	02:18:39	04:24:00	05:42:50.55	05:42:50.55	+02:52:23 (50.3%)	10:42	5.6 (49.6%)
66	TALAROWSKI Paweł	629	HRT	M40	25	01:13:30	02:23:49	04:30:26	05:46:09.40	05:46:09.40	+02:55:42 (50.8%)	10:49	5.5 (48.7%)
67	WŁODARCZYK Grzegorz	608		M30	32	01:07:51	02:12:26	04:23:21	05:47:05.60	05:47:05.60	+02:56:38 (50.9%)	10:50	5.5 (48.7%)
68	BOBYK Paweł	644	SANOK BIEGA	M40	26	01:12:11	02:21:28	04:29:35	05:47:06.50	05:47:06.50	+02:56:39 (50.9%)	10:50	5.5 (48.7%)
69	CZAJA Paweł	686		M40	27	01:05:36	02:15:21	04:22:28	05:48:31.95	05:48:31.95	+02:58:05 (51.1%)	10:53	5.5 (48.7%)
70	MUSIAŁ Paweł	742		M40	28	01:04:41	02:15:19	04:21:55	05:51:03.80	05:51:03.80	+03:00:37 (51.4%)	10:58	5.5 (48.7%)
71	HOFFMANN Robert	664		M40	29	01:06:24	02:15:18	04:15:31	05:51:03.90	05:51:03.90	+03:00:37 (51.4%)	10:58	5.5 (48.7%)
72	DRYL Radosław	603		M40	30	01:07:58	02:25:01	04:21:52	05:51:31.85	05:51:31.85	+03:01:05 (51.5%)	10:59	5.5 (48.7%)
73	SAPIEJEWSKI Krzysztof	706		M30	33	01:09:56	02:18:52	04:29:09	05:52:51.40	05:52:51.40	+03:02:24 (51.7%)	11:01	5.4 (47.8%)
74	KABULSKI Tomasz	689	AUTOVASHKA	M40	31	01:11:35	02:22:53	04:34:42	05:57:37.90	05:57:37.90	+03:07:11 (52.3%)	11:10	5.4 (47.8%)
75	CEBRAT Tomasz	717		M40	32	01:12:46	02:23:47	04:34:38	05:58:42.70	05:58:42.70	+03:08:15 (52.5%)	11:12	5.4 (47.8%)
76	PAWLAK Patryk	738		M30	34	01:11:05	02:28:13	04:38:53	06:03:36.15	06:03:36.15	+03:13:09 (53.1%)	11:21	5.3 (46.9%)
77	SIEDLACZEK Zbigniew	632		M60	1	01:11:59	02:24:20	04:36:20	06:06:00.50	06:06:00.50	+03:15:33 (53.4%)	11:26	5.2 (46.0%)
78	BANASIK Rafał	623	ŚWIAT FORMY STALOWA WOLA	M40	33	01:15:15	02:31:47	04:46:17	06:09:37.80	06:09:37.80	+03:19:11 (53.9%)	11:33	5.2 (46.0%)
79	WARZOCHA Paweł	667	NIECHBIEGA	M40	34	01:15:15	02:31:49	04:43:16	06:09:39.45	06:09:39.45	+03:19:12 (53.9%)	11:33	5.2 (46.0%)
80	KĘSICKI Rafał	652		M40	35	01:24:58	02:53:22	05:19:03	06:47:15.10	06:47:15.10	+03:56:48 (58.1%)	12:43	4.7 (41.6%)
Przekroczony limit czasu: 07:00:00													
81	DRELINKIEWICZ Michał	604	MISIE BIEGAJĄ	M40	36	01:31:28	03:05:07	05:44:06	07:00:18.70	07:00:18.70	+04:09:51 (59.4%)	13:08	4.6 (40.7%)

Znaleziono 81 wynik(ów)