



# NIEZNISZCZALNY RARÓG | 65KM

B4SPORT

**Wydarzenie:** II Ultra-Bies  
**Organizator:** Fundacja Ultra-Bies  
**Data:** 2023-05-05  
**Miejsce:** Dożyca  
**Dystans:** 65 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK Polańczyk 21km	PK Górzanka 35km	PK Łopienka 47km	PK Nadleśnictwo Cisna 58km	Czas netto 65km	Czas brutto 65km	Różn	Tempo min/km	Tempo km/h
1	ZBOZIEN Jarosław	283	ALPIN SPORT TEAM	M30	1	01:53:48	03:37:47	04:19:03	05:26:45	<b>06:06:01.60</b>	<b>06:06:01.60</b>		5:37	10.7 (100%)
2	WERNER Kamil	215	DZIKI BIEG	M30	2	01:52:36	03:43:09	04:34:55	06:03:40	<b>06:48:10.80</b>	<b>06:48:10.80</b>	+00:42:09 (10.3%)	6:16	9.6 (89.7%)
3	OLSZEWSKI Piotr	288	RUNNING TEAM NASTOPY.PL	M30	3	02:10:37	04:16:26	05:08:29	06:33:40	<b>07:22:39.35</b>	<b>07:22:39.35</b>	+01:16:37 (17.3%)	6:48	8.8 (82.2%)
4	PŁONKA Rafał	295	GÓRAL Z MAZUR RUNNING TEAM	M30	4	02:09:13	04:26:55	05:22:53	06:53:37	<b>07:46:28.60</b>	<b>07:46:28.60</b>	+01:40:27 (21.5%)	7:10	8.4 (78.5%)
5	ŻAK Paweł	252		M30	5	02:26:26	04:53:50	05:53:04	07:20:52	<b>08:13:48.05</b>	<b>08:13:48.05</b>	+02:07:46 (25.9%)	7:35	7.9 (73.8%)
6	MINOROWSKI Maciej	304	K.N.N.R	M30	6	02:11:10	04:31:54	05:35:51	07:16:45	<b>08:15:57.05</b>	<b>08:15:57.05</b>	+02:09:55 (26.2%)	7:37	7.9 (73.8%)
7	GODLEWSKI Mariusz	306	KLUB BIEGACZA PROVIDENT	M30	7	02:32:22	04:58:44	06:04:36	07:39:53	<b>08:39:17.70</b>	<b>08:39:17.70</b>	+02:33:16 (29.5%)	7:59	7.5 (70.1%)
8	KAMIŃSKI Marcin	296		M30	8	02:26:14	05:04:23	06:08:29	07:51:22	<b>08:51:32.40</b>	<b>08:51:32.40</b>	+02:45:30 (31.1%)	8:10	7.3 (68.2%)
9	ZAJĄCZKOWSKI Paweł	202	POWER TRAINING	M30	9	02:23:02	04:54:47	06:09:36	08:00:02	<b>08:57:12.20</b>	<b>08:57:12.20</b>	+02:51:10 (31.9%)	8:15	7.3 (68.2%)
10	KRAWCZYK Jan	204	KLUB POD WISIENKĄ	M30	10	02:25:30	04:59:25	06:08:45	07:58:15	<b>09:04:02.10</b>	<b>09:04:02.10</b>	+02:58:00 (32.7%)	8:22	7.2 (67.3%)
11	PABIS Szymon	294		M30	11	02:34:48	05:17:12	06:19:54	08:12:58	<b>09:15:52.05</b>	<b>09:15:52.05</b>	+03:09:50 (34.2%)	8:33	7 (65.4%)
12	ZDEB Maciej	209	WILQ TEAM	M30	12	02:40:19	05:28:09	06:33:00	08:17:47	<b>09:20:32.40</b>	<b>09:20:32.40</b>	+03:14:30 (34.7%)	8:37	7 (65.4%)
13	PIWKO Mateusz	255		M30	13	02:40:51	05:21:39	06:29:25	08:23:45	<b>09:32:49.70</b>	<b>09:32:49.70</b>	+03:26:48 (36.1%)	8:48	6.8 (63.6%)
14	MALARCZYK Sławomir	273	KĘCKIE HARPAGANY	M30	14	02:48:35	05:40:45	06:49:45	08:41:52	<b>09:57:14.85</b>	<b>09:57:14.85</b>	+03:51:13 (38.7%)	9:11	6.5 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	PK				Czas netto 65km	Czas brutto 65km	Różn	Tempo min/km	Tempo km/h
						Polańczyk 21km	Górzanka 35km	Łopienka 47km	Nadleśnictwo Cisna 58km					
15	<b>PSZENNY Łukasz</b>	<b>250</b>	ULTRINO AMATEUR	M30	15	02:52:01	05:55:22	07:14:08	09:17:34	<b>10:37:11.30</b>	<b>10:37:11.30</b>	+04:31:09 (42.6%)	9:48	6.1 (57.0%)
16	<b>BOROWIECKI Łukasz</b>	<b>217</b>		M30	16	03:01:36	06:32:09	08:03:10	10:11:29	<b>11:30:19.25</b>	<b>11:30:19.25</b>	+05:24:17 (47.0%)	10:37	5.6 (52.3%)
17	<b>KOZIEŁ Tadeusz</b>	<b>208</b>	SZCZĘŚCIARZ BIEGA	M30	17	03:15:34		08:18:17	10:45:25	<b>12:23:42.90</b>	<b>12:23:42.90</b>	+06:17:41 (50.8%)	11:26	5.2 (48.6%)
18	<b>KUFFEL Bartosz</b>	<b>248</b>	TAEKWONDO GROMOWSKI	M30	18	02:59:48	06:30:07	08:25:31	11:19:42	<b>12:53:34.90</b>	<b>12:53:34.90</b>	+06:47:33 (52.7%)	11:54	5 (46.7%)
19	<b>TEREBECKI Kamil</b>	<b>297</b>	ULTRAKAMIL	M30	19	03:39:23	07:27:29	09:11:41	11:53:55	<b>13:24:55.00</b>	<b>13:24:55.00</b>	+07:18:53 (54.5%)	12:23	4.8 (44.9%)
20	<b>MAKUSZEWSKI Mateusz</b>	<b>241</b>		M30	20	03:12:21	07:04:49	09:36:56	12:42:15	<b>14:08:00.00</b>	<b>14:08:00.00</b>	+08:01:58 (56.8%)	13:02	4.6 (43.0%)

Znaleziono 20 wynik(ów)