



NOCNY BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2020
Stowarzyszenie Klub Biegowy Dzik
2020-08-21
Police
5 km

Klasyfikacja: K2 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PILARCZYK Katarzyna	709	KLUB SPORTOWY FITNESS	K2 30-39	1	00:09:51	00:26:12.40	00:36:04.15		5:14	11.4 (100%)
2	CIELUCH Paulina	1252	GRUPA AZOTY POLICE	K2 30-39	2	00:03:02	00:27:32.35	00:30:34.45	+00:01:19 (4.8%)	5:30	10.9 (95.6%)
3	PASIEKA Agnieszka	768	21. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	3	00:39:22	00:27:55.95	01:07:18.90	+00:01:43 (6.2%)	5:35	10.7 (93.9%)
4	KRUSZCZYŃSKA Marzena	1158		K2 30-39	4	00:24:43	00:28:28.65	00:53:12.60	+00:02:16 (8.0%)	5:41	10.5 (92.1%)
5	ROMANOWICZ Monika	623	DZIKIE ŻÓŁWIE	K2 30-39	5	00:11:44	00:30:10.85	00:41:55.40	+00:03:58 (13.2%)	6:02	9.9 (86.8%)
6	KAMIŃSKA Adrianna	976	BBL POLICE	K2 30-39	6	00:37:54	00:30:13.35	01:08:08.25	+00:04:00 (13.3%)	6:02	9.9 (86.8%)
7	NIKLAS Małgorzata	711	KSF	K2 30-39	7	00:09:55	00:30:36.55	00:40:31.95	+00:04:24 (14.4%)	6:07	9.8 (86.0%)
8	BOCK Agnieszka	728	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	8	00:06:32	00:30:59.20	00:37:31.55	+00:04:46 (15.4%)	6:11	9.7 (85.1%)
9	CZYŻEWSKA Mirosława	856	WKURW_TEAM	K2 30-39	9	00:05:48	00:31:23.00	00:37:11.15	+00:05:10 (16.5%)	6:16	9.6 (84.2%)
10	KRUSZYNA Renata	760		K2 30-39	10	00:11:54	00:31:57.40	00:43:51.60	+00:05:45 (18.0%)	6:23	9.4 (82.5%)
11	KRZEMIEN Patrycja	627		K2 30-39	11	00:29:49	00:32:14.50	01:02:03.65	+00:06:02 (18.7%)	6:26	9.3 (81.6%)
12	RADCZUK Karolina	1056	KOMPAS TEAM	K2 30-39	12	00:03:21	00:32:26.85	00:35:47.85	+00:06:14 (19.2%)	6:29	9.2 (80.7%)
13	KUSTRA Paulina	843	BBL POLICE	K2 30-39	13	00:09:33	00:32:44.30	00:42:17.50	+00:06:31 (20.0%)	6:32	9.2 (80.7%)
14	SOBAŃSKA Karolina	916	SKB DZIK	K2 30-39	14	00:01:23	00:32:48.60	00:34:12.15	+00:06:36 (20.1%)	6:33	9.1 (79.8%)
15	WANTUCH Marzena	917	DZIKI WEEKEND	K2 30-39	15	00:01:21	00:32:51.70	00:34:12.70	+00:06:39 (20.3%)	6:34	9.1 (79.8%)
16	ROSIŃSKA Kamila	948	BRIDGESTONE STARGARD RUNNERS	K2 30-39	16	00:02:17	00:33:07.20	00:35:24.40	+00:06:54 (20.9%)	6:37	9.1 (79.8%)
17	SZYDŁOWSKA Alina	1077		K2 30-39	17	00:05:12	00:33:10.15	00:38:23.00	+00:06:57 (21.0%)	6:38	9 (78.9%)
18	KOTWICKA Ela	930		K2 30-39	18	00:11:14	00:33:52.60	00:45:06.90	+00:07:40 (22.6%)	6:46	8.9 (78.1%)
19	ZAKRZEWSKA Sylwia	700	FSD RUN DREZDENKO	K2 30-39	19	00:04:05	00:34:00.00	00:38:05.90	+00:07:47 (22.9%)	6:48	8.8 (77.2%)
20	KNIOŁA Agnieszka	606	PIŁA TEAM	K2 30-39	20	00:01:37	00:34:07.60	00:35:44.90	+00:07:55 (23.2%)	6:49	8.8 (77.2%)
21	KRUPIEŃCZYK Joanna	587		K2 30-39	21	00:43:45	00:34:20.30	01:18:06.10	+00:08:07 (23.7%)	6:52	8.7 (76.3%)
22	KACPRZAK Beata	1091		K2 30-39	22	00:08:48	00:34:29.70	00:43:18.45	+00:08:17 (24.0%)	6:54	8.7 (76.3%)
23	KRZESIŃSKA Katarzyna	814	BOHAR PALETY RUNNERS	K2 30-39	23	00:05:15	00:34:31.70	00:39:46.70	+00:08:19 (24.1%)	6:54	8.7 (76.3%)
24	PIETNICKA Marta	1043		K2 30-39	24	00:07:17	00:34:35.95	00:41:52.95	+00:08:23 (24.3%)	6:55	8.7 (76.3%)
25	SUCHODOLSKA Aleksandra	638	DZIKIE ŻÓŁWIE	K2 30-39	25	00:11:41	00:34:38.60	00:46:20.50	+00:08:26 (24.4%)	6:55	8.7 (76.3%)
26	DORAWA-ZIOMEK Anna	622	DZIKIE ŻÓŁWIE	K2 30-39	26	00:11:39	00:34:39.85	00:46:19.25	+00:08:27 (24.4%)	6:56	8.7 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
27	ZAKOŚCIELNA Katarzyna	626	DZIKIE ŻÓŁWIE	K2 30-39	27	00:11:36	00:34:45.30	00:46:21.90	+00:08:32 (24.6%)	6:57	8.6 (75.4%)
28	ŻYLUK-GADOWSKA Paulina	754	NIE PROWOKUJ LOCHY MIERZYN	K2 30-39	28	00:07:44	00:34:55.75	00:42:40.35	+00:08:43 (25.0%)	6:59	8.6 (75.4%)
29	TOMCZAK Joanna	897	DIRTY SPARROWS	K2 30-39	29	00:10:37	00:34:56.20	00:45:33.70	+00:08:43 (25.0%)	6:59	8.6 (75.4%)
30	ZARZECZAŃSKA-JANASIK Blanka	613		K2 30-39	30	00:01:18	00:35:05.95	00:36:24.30	+00:08:53 (25.3%)	7:01	8.5 (74.6%)
31	NOWAK Marta	1064		K2 30-39	31	00:07:33	00:35:20.40	00:42:53.80	+00:09:08 (25.8%)	7:04	8.5 (74.6%)
32	SAKOWSKA-CARŁO Magda	802	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	32	00:03:46	00:35:42.00	00:39:28.95	+00:09:29 (26.6%)	7:08	8.4 (73.7%)
33	PUPEK Małgorzata	687	WILKI Z CIECHOCINKA	K2 30-39	33	00:10:43	00:36:15.60	00:46:58.90	+00:10:03 (27.7%)	7:15	8.3 (72.8%)
34	KOWALKOWSKA Beata	913		K2 30-39	34	00:44:07	00:36:25.90	01:20:33.70	+00:10:13 (28.1%)	7:17	8.2 (71.9%)
35	GEILICH Katja	733	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	35	00:06:44	00:36:42.20	00:43:26.50	+00:10:29 (28.6%)	7:20	8.2 (71.9%)
36	ZYGIEL- SZAKOŁA Aneta	863		K2 30-39	36	00:38:37	00:36:56.05	01:15:33.50	+00:10:43 (29.0%)	7:23	8.1 (71.1%)
37	POŹNIAK Aleksandra	769	DZIKIE DZIECI GORZÓW	K2 30-39	37	00:09:38	00:37:15.00	00:46:53.00	+00:11:02 (29.6%)	7:27	8.1 (71.1%)
38	WALENT Marta	870		K2 30-39	38	00:10:29	00:37:34.75	00:48:04.25	+00:11:22 (30.3%)	7:31	8 (70.2%)
39	BOCHENEK Jadwiga	854	AFRO-FIT WATAHA CROSSFIT	K2 30-39	39	00:09:08	00:37:35.45	00:46:44.05	+00:11:23 (30.3%)	7:31	8 (70.2%)
40	TUZ Gabriela	888	TEAM SPIRIT NOWA SÓL	K2 30-39	40	00:08:44	00:37:56.45	00:46:41.05	+00:11:44 (30.9%)	7:35	7.9 (69.3%)
41	KUPNIEWSKA Aleksandra	620	KOMPAS TEAM	K2 30-39	41	00:06:53	00:38:23.05	00:45:16.90	+00:12:10 (31.7%)	7:40	7.8 (68.4%)
42	PIERZAKOWSKA Agnieszka	614	SZALONE MAMUŚKI	K2 30-39	42	00:05:22	00:38:45.60	00:44:08.45	+00:12:33 (32.4%)	7:45	7.7 (67.5%)
43	MISIUK Marta	618		K2 30-39	43	00:05:20	00:38:49.30	00:44:09.50	+00:12:36 (32.5%)	7:45	7.7 (67.5%)
44	KUNIKOWSKA Patrycja	672	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	44	00:15:32	00:38:54.90	00:54:27.00	+00:12:42 (32.7%)	7:47	7.7 (67.5%)
45	DZIEDZINA Roksana	708	KLUB SPORTOWY FITNESS	K2 30-39	45	00:09:57	00:39:06.10	00:49:03.20	+00:12:53 (33.0%)	7:49	7.7 (67.5%)
46	SZCZUKIEWICZ Aneta	1090	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	46	01:41:13	00:39:32.95	02:20:46.80	+00:13:20 (33.7%)	7:54	7.6 (66.7%)
47	WIELGUS-ULATOWSKA Joanna	942	HELLS HEAVEN SZCZECIN	K2 30-39	47	00:07:13	00:39:46.20	00:46:59.90	+00:13:33 (34.1%)	7:57	7.5 (65.8%)
48	SAWICKA - WERS Urszula	707	SAR-BSR KOŁOBRZEG MARATON TEAM	K2 30-39	48	00:12:22	00:40:42.45	00:53:04.95	+00:14:30 (35.6%)	8:08	7.4 (64.9%)
49	BIELSKA Ola	703		K2 30-39	49	01:15:17	00:41:23.00	01:56:40.75	+00:15:10 (36.7%)	8:16	7.2 (63.2%)
50	ANIELSKA Anna	893		K2 30-39	50	00:14:45	00:41:43.35	00:56:29.05	+00:15:30 (37.2%)	8:20	7.2 (63.2%)
51	ZIELIŃSKA-RYŻ Katarzyna	970	DLL PARTNERS	K2 30-39	51	00:28:25	00:41:43.50	01:10:08.80	+00:15:31 (37.2%)	8:20	7.2 (63.2%)
52	SEŃ Agata	859		K2 30-39	52	00:14:36	00:41:52.40	00:56:29.15	+00:15:40 (37.4%)	8:22	7.2 (63.2%)
53	BANAŚ Anna	981	DLL PARTNERS	K2 30-39	53	00:27:52	00:42:10.20	01:10:02.50	+00:15:57 (37.9%)	8:26	7.1 (62.3%)
54	PUFF Agata	987	DLL PARTNERS	K2 30-39	54	00:27:46	00:42:15.55	01:10:02.15	+00:16:03 (38.0%)	8:27	7.1 (62.3%)
55	GŁUSZYK Małgorzata	844		K2 30-39	55	00:04:11	00:42:21.10	00:46:32.90	+00:16:08 (38.1%)	8:28	7.1 (62.3%)
56	PARYPA Hanna	849		K2 30-39	56	00:04:08	00:42:24.05	00:46:32.70	+00:16:11 (38.2%)	8:28	7.1 (62.3%)
57	PYREK Iwona	662		K2 30-39	57	00:43:59	00:42:30.45	01:26:30.15	+00:16:18 (38.3%)	8:30	7.1 (62.3%)
58	BIAŁOWĄS Alicja	785		K2 30-39	58	00:24:38	00:44:43.60	01:09:22.05	+00:18:31 (41.4%)	8:56	6.7 (58.8%)
59	BIAŁOWOLSKA-MICHNIACKA Elwira	1125	IRON TEAM SZCZECIN	K2 30-39	59	00:09:16	00:44:44.85	00:54:01.40	+00:18:32 (41.4%)	8:57	6.7 (58.8%)
60	BANASIAK Adrianna	1067		K2 30-39	60	00:15:49	00:44:50.95	01:00:40.80	+00:18:38 (41.6%)	8:58	6.7 (58.8%)
61	KWIATKOWSKA Julita	1051		K2 30-39	61	00:10:32	00:44:54.35	00:55:26.55	+00:18:41 (41.6%)	8:58	6.7 (58.8%)
62	KRAIŃSKA Karolina	1034		K2 30-39	62	00:03:37	00:45:10.95	00:48:47.95	+00:18:58 (42.0%)	9:02	6.6 (57.9%)
63	ADAM Kamila	972	DLL PARTNERS	K2 30-39	63	00:28:00	00:46:18.35	01:14:19.00	+00:20:05 (43.4%)	9:15	6.5 (57.0%)
64	RUBAJ Anna	684		K2 30-39	64	00:08:25	00:46:35.20	00:55:00.50	+00:20:22 (43.7%)	9:19	6.4 (56.1%)
65	DOBROWOLSKA Anna	1059		K2 30-39	65	00:08:29	00:46:36.60	00:55:06.05	+00:20:24 (43.8%)	9:19	6.4 (56.1%)
66	TOMASZEWSKA Beata	851		K2 30-39	66	00:08:20	00:46:40.30	00:55:00.80	+00:20:27 (43.8%)	9:20	6.4 (56.1%)
67	BURDA Magda	1026		K2 30-39	67	00:38:55	00:46:44.45	01:25:39.80	+00:20:32 (43.9%)	9:20	6.4 (56.1%)
68	DZIECIOL Alina	1058		K2 30-39	68	00:08:16	00:46:45.05	00:55:01.55	+00:20:32 (43.9%)	9:21	6.4 (56.1%)
69	ŁUCZAK Magdalena	1039		K2 30-39	69	00:22:54	00:47:47.25	01:10:41.55	+00:21:34 (45.2%)	9:33	6.3 (55.3%)
70	PŁOSA Monika	765		K2 30-39	70	00:12:08	00:47:51.85	01:00:00.25	+00:21:39 (45.2%)	9:34	6.3 (55.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
71	KIELISZEK Anna	824	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	71	01:30:50	00:48:46.85	02:19:37.75	+00:22:34 (46.3%)	9:45	6.1 (53.5%)
72	STEMPNIAK Katarzyna	674	REBELS LEGION TEAM	K2 30-39	72	00:39:06	00:50:45.70	01:29:52.55	+00:24:33 (48.4%)	10:09	5.9 (51.8%)
73	KRÓL Magdalena	922		K2 30-39	73	00:32:19	00:52:13.40	01:24:32.90	+00:26:01 (49.8%)	10:26	5.7 (50.0%)
74	KACZYŃSKA Monika	1047	DLL PARTNERS	K2 30-39	74	00:28:13	00:52:59.55	01:21:13.40	+00:26:47 (50.5%)	10:36	5.7 (50.0%)
75	SZAFRAN Magdalena	1046	DLL PARTNERS	K2 30-39	75	00:28:10	00:53:02.90	01:21:13.50	+00:26:50 (50.6%)	10:36	5.7 (50.0%)
76	PUZIO Joanna	784		K2 30-39	76	00:24:35	01:02:45.55	01:27:21.25	+00:36:33 (58.2%)	12:33	4.8 (42.1%)
77	PUZIO Hanna	783		K2 30-39	77	00:24:28	01:02:52.35	01:27:21.30	+00:36:39 (58.3%)	12:34	4.8 (42.1%)

Znaleziono 77 wynik(ów)