



NOCNY BIEG SZLAKIEM DZIKA

B4SPORT

Event: Dziki Weekend 2021
Organiser: Stowarzyszenie Klub Biegowy Dzik
Date: 2021-08-20
Place: Police
Distance: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Classification: M2 30-39

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	OLICHOWSKI Mateusz	4	WOLFTEAM	M2 30-39	1	00:00:07	00:21:17.80	00:21:25.25		4:15	14.1 (100%)
2	CHAJA Radosław	401		M2 30-39	2	00:00:09	00:23:30.80	00:23:39.80	+00:02:13 (9.4%)	4:42	12.8 (90.8%)
3	TOMCZYK Tomasz	48	KMPSP SZCZECIN	M2 30-39	3	00:00:09	00:23:39.40	00:23:49.20	+00:02:21 (10.0%)	4:43	12.7 (90.1%)
4	SCHMIDT Thomas	143	HASH HOUSE HARRIERS BS	M2 30-39	4	00:00:14	00:23:59.10	00:24:13.10	+00:02:41 (11.2%)	4:47	12.5 (88.7%)
5	NARLOCH Kacper	402	DZIK	M2 30-39	5	00:00:08	00:24:36.80	00:24:45.65	+00:03:19 (13.5%)	4:55	12.2 (86.5%)
6	LIPERTOWICZ Sebastian	303	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	6	00:00:11	00:24:48.05	00:24:59.60	+00:03:30 (14.1%)	4:57	12.1 (85.8%)
7	OKIENCZUK Radek	55	T-RUN-OZAURY	M2 30-39	7	00:00:23	00:25:04.45	00:25:27.85	+00:03:46 (15.1%)	5:00	12 (85.1%)
8	PRZYBYSZ Marcin	67	WYMIARMEBLI.PL	M2 30-39	8	00:00:09	00:25:13.55	00:25:22.80	+00:03:55 (15.6%)	5:02	11.9 (84.4%)
9	KOCZKODAJ Kamil	199	ŻW	M2 30-39	9	00:00:10	00:25:27.70	00:25:38.05	+00:04:09 (16.4%)	5:05	11.8 (83.7%)
10	ORYL Mariusz	198	ŻW	M2 30-39	10	00:00:10	00:25:49.10	00:26:00.05	+00:04:31 (17.5%)	5:09	11.6 (82.3%)
11	FAFEREK Piotr	116	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	11	00:00:20	00:25:52.25	00:26:12.75	+00:04:34 (17.7%)	5:10	11.6 (82.3%)
12	ARLUKIEWICZ Grzegorz	196		M2 30-39	12	00:00:16	00:25:54.40	00:26:10.75	+00:04:36 (17.8%)	5:10	11.6 (82.3%)
13	SŁOWIK Jacek	177		M2 30-39	13	00:00:21	00:26:02.65	00:26:24.20	+00:04:44 (18.2%)	5:12	11.5 (81.6%)
14	BOCHENEK Michał	28	AFRO-FIT WATAHA CROSSFIT	M2 30-39	14	00:00:19	00:26:31.30	00:26:50.50	+00:05:13 (19.7%)	5:18	11.3 (80.1%)
15	KRUK Bartosz	127	ORTOKOTY	M2 30-39	15	00:00:11	00:26:32.00	00:26:43.25	+00:05:14 (19.7%)	5:18	11.3 (80.1%)
16	BUHMANN Philip	53	HASH HOUSE HARRIERS BS	M2 30-39	16	00:00:12	00:26:32.35	00:26:45.30	+00:05:14 (19.8%)	5:18	11.3 (80.1%)
17	GOŁĘBIEWSKI Tomasz	102	PSP SZCZECIN	M2 30-39	17	00:00:09	00:26:36.35	00:26:46.10	+00:05:18 (20.0%)	5:19	11.3 (80.1%)
18	ELLMANN Filip	57	STYL PIJANEGO MISTRZA	M2 30-39	18	00:00:14	00:26:48.75	00:27:02.75	+00:05:30 (20.6%)	5:21	11.2 (79.4%)
19	LENCEWICZ Grzegorz	61	VO2MAX	M2 30-39	19	00:00:08	00:26:50.00	00:26:58.90	+00:05:32 (20.6%)	5:22	11.2 (79.4%)
20	SOBCZAK Paweł	379		M2 30-39	20	00:00:11	00:26:56.65	00:27:08.55	+00:05:38 (21.0%)	5:23	11.1 (78.7%)
21	SAWICKI Bartosz	194	DZIKIE DZIKI GORZÓW	M2 30-39	21	00:00:29	00:27:51.30	00:28:20.90	+00:06:33 (23.5%)	5:34	10.8 (76.6%)
22	SIEDLER Martin	41	SV DONSBRUGGEN 06	M2 30-39	22	00:00:36	00:27:52.00	00:28:28.35	+00:06:34 (23.6%)	5:34	10.8 (76.6%)
23	MALCHEREK Adrian	19	T-RUN-OZAURY	M2 30-39	23	00:00:24	00:28:02.50	00:28:27.20	+00:06:44 (24.1%)	5:36	10.7 (75.9%)
24	TROJNAR Maciej	70	T-RUN-OZAURY	M2 30-39	24	00:00:24	00:28:17.55	00:28:41.65	+00:06:59 (24.7%)	5:39	10.6 (75.2%)
25	SZYŁOWICZ Daniel	404		M2 30-39	25	00:00:17	00:28:30.95	00:28:48.20	+00:07:13 (25.3%)	5:42	10.5 (74.5%)
26	PARADOWSKI Michał	349	FITBRACTWO	M2 30-39	26	00:00:21	00:28:40.30	00:29:01.65	+00:07:22 (25.7%)	5:44	10.5 (74.5%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
27	BRUMIRSKI Bartek	92	NIEZRZESZONY	M2 30-39	27	00:00:27	00:28:43.30	00:29:11.15	+00:07:25 (25.9%)	5:44	10.4 (73.8%)
28	KOŁOMAŃSKI Hubert	59	BSHAUS	M2 30-39	28	00:00:40	00:29:03.65	00:29:43.95	+00:07:45 (26.7%)	5:48	10.3 (73.0%)
29	BRANDES Tilman	145	HASH HOUSE HARRIERS BS	M2 30-39	29	00:00:13	00:29:09.20	00:29:22.50	+00:07:51 (26.9%)	5:49	10.3 (73.0%)
30	PADUCH Piotr	190	GRUPA AZOTY POLICE SERWIS	M2 30-39	30	00:00:15	00:29:16.30	00:29:31.45	+00:07:58 (27.2%)	5:51	10.3 (73.0%)
31	ECHAUST Artur	233	NEPTUN	M2 30-39	31	00:00:16	00:29:33.40	00:29:49.65	+00:08:15 (27.9%)	5:54	10.2 (72.3%)
32	SZUBCZYŃSKI Marcin	208	DLL PARTNERS	M2 30-39	32	00:00:35	00:29:34.10	00:30:09.40	+00:08:16 (28.0%)	5:54	10.1 (71.6%)
33	GABRYŚ Kacper	339	COKOLWIEK	M2 30-39	33	00:00:35	00:29:39.50	00:30:14.50	+00:08:21 (28.2%)	5:55	10.1 (71.6%)
34	SENDEROWSKI Maciej	210	KLUB	M2 30-39	34	00:00:21	00:29:40.70	00:30:02.55	+00:08:22 (28.2%)	5:56	10.1 (71.6%)
35	KONOPACKI Sławek	197	SZCZECIN	M2 30-39	35	00:00:11	00:29:46.75	00:29:58.20	+00:08:28 (28.5%)	5:57	10.1 (71.6%)
36	KAMIONKA Andrzej	32	14 ZBOT	M2 30-39	36	00:00:12	00:29:48.50	00:30:00.80	+00:08:30 (28.6%)	5:57	10.1 (71.6%)
37	WITKOWSKI Emil	23	-	M2 30-39	37	00:00:33	00:29:49.65	00:30:23.60	+00:08:31 (28.6%)	5:57	10.1 (71.6%)
38	KIRAGA Jarek	29	ZS CROSSFIT SZCZECIN	M2 30-39	38	00:00:33	00:29:50.30	00:30:23.90	+00:08:32 (28.6%)	5:58	10.1 (71.6%)
39	MATYSIAK Sławomir	95	OCR GRUBAS TEAM	M2 30-39	39	00:00:29	00:29:57.45	00:30:26.45	+00:08:39 (28.9%)	5:59	10 (70.9%)
40	KRÓL Kamil	121	SOCIOS SILESIA	M2 30-39	40	00:00:15	00:30:02.15	00:30:17.15	+00:08:44 (29.1%)	6:00	10 (70.9%)
41	BRAUN Krzysztof	366	ENDURO GRYFICE	M2 30-39	41	00:00:12	00:30:11.60	00:30:23.60	+00:08:53 (29.5%)	6:02	9.9 (70.2%)
42	SOWA Krzysztof	203	ZWIEDZANIE PRZEZ BIEGANIE	M2 30-39	42	00:00:31	00:30:11.70	00:30:43.15	+00:08:53 (29.5%)	6:02	9.9 (70.2%)
43	BUDNICKI Grzegorz	99	NO PAIN NO GAIN	M2 30-39	43	00:00:27	00:30:18.15	00:30:45.65	+00:09:00 (29.7%)	6:03	9.9 (70.2%)
44	BALCERZAK Przemysław	205	UKL ÓSEMKA POLICE	M2 30-39	44	00:00:25	00:30:35.10	00:31:01.05	+00:09:17 (30.4%)	6:07	9.8 (69.5%)
45	KLEPACKI Bartek	60	NOWOPOL	M2 30-39	45	00:00:33	00:30:35.20	00:31:08.95	+00:09:17 (30.4%)	6:07	9.8 (69.5%)
46	KACZMAREK Michał	216	GRUPA AZOTY POLYOLEFINS	M2 30-39	46	00:00:39	00:31:05.65	00:31:44.75	+00:09:47 (31.5%)	6:13	9.7 (68.8%)
47	KIWILSZA Wojciech	104	IHUHU TEAM	M2 30-39	47	00:00:26	00:31:14.95	00:31:41.00	+00:09:57 (31.8%)	6:14	9.6 (68.1%)
48	WÓJCIK Krzysztof	180	DĄBROWSKI TEAM	M2 30-39	48	00:00:17	00:31:15.75	00:31:33.15	+00:09:57 (31.9%)	6:15	9.6 (68.1%)
49	SZULC Marcin	84	DZIKI	M2 30-39	49	00:00:16	00:31:33.30	00:31:50.10	+00:10:15 (32.5%)	6:18	9.5 (67.4%)
50	BRODA Gracjan	119		M2 30-39	50	00:00:17	00:31:36.10	00:31:53.55	+00:10:18 (32.6%)	6:19	9.5 (67.4%)
51	RAJCHEL Marcin	329		M2 30-39	51	00:00:34	00:31:57.60	00:32:32.30	+00:10:39 (33.4%)	6:23	9.4 (66.7%)
52	JASTRZEMSKI Patryk	397		M2 30-39	52	00:00:30	00:32:19.65	00:32:50.20	+00:11:01 (34.1%)	6:27	9.3 (66.0%)
53	ŁEMPICKI Maciej	47	KP PSP GRYFINO	M2 30-39	53	00:00:22	00:32:26.55	00:32:48.65	+00:11:08 (34.4%)	6:29	9.2 (65.2%)
54	DIDYCHUK Serhii	225	ALUHAK	M2 30-39	54	00:00:29	00:32:33.20	00:33:02.95	+00:11:15 (34.6%)	6:30	9.2 (65.2%)
55	DUDKA Robert	31	SZCZECIN	M2 30-39	55	00:00:40	00:32:45.00	00:33:25.20	+00:11:27 (35.0%)	6:33	9.2 (65.2%)
56	SALAUYOU Roman	74	DZIKA SIGMA	M2 30-39	56	00:00:42	00:32:45.55	00:33:28.00	+00:11:27 (35.0%)	6:33	9.2 (65.2%)
57	STECIUK Michał	224	ENEA OPERATOR	M2 30-39	57	00:00:46	00:32:58.05	00:33:44.05	+00:11:40 (35.4%)	6:35	9.1 (64.5%)
58	HARABASZ Jakub	223	BRIDGESTONE STARGARD RUNNERS	M2 30-39	58	00:00:30	00:33:17.15	00:33:47.40	+00:11:59 (36.0%)	6:39	9 (63.8%)
59	ARMATA Matthias	184	HASH HOUSE HARRIERS BS	M2 30-39	59	00:09:01	00:33:27.90	00:42:29.40	+00:12:10 (36.4%)	6:41	9 (63.8%)
60	BIEGANSKI Tomasz	72	TOMEK	M2 30-39	60	00:00:15	00:33:37.10	00:33:52.75	+00:12:19 (36.7%)	6:43	8.9 (63.1%)
61	FREJTAG Dawid	52	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M2 30-39	61	00:00:45	00:33:49.00	00:34:34.90	+00:12:31 (37.0%)	6:45	8.9 (63.1%)
62	TUZ Bartosz	132	MODRZYCA HUNTERS	M2 30-39	62	00:39:44	00:34:15.35	01:13:59.45	+00:12:57 (37.8%)	6:51	8.8 (62.4%)
63	FORNALIK Krzysztof	80	POLISH ARMY GIRLS	M2 30-39	63	00:00:38	00:34:24.10	00:35:02.15	+00:13:06 (38.1%)	6:52	8.7 (61.7%)
64	KRZYWOŃ Paweł	365		M2 30-39	64	00:00:18	00:34:34.05	00:34:52.65	+00:13:16 (38.4%)	6:54	8.7 (61.7%)
65	KAMIŃSKI Kamil	86	LUBIN	M2 30-39	65	00:00:14	00:34:43.15	00:34:57.65	+00:13:25 (38.7%)	6:56	8.6 (61.0%)
66	WOŹNIAK Rafał	87	IHUHU TEAM	M2 30-39	66	00:00:27	00:34:52.45	00:35:19.60	+00:13:34 (38.9%)	6:58	8.6 (61.0%)
67	CHODYNIECKI Tomasz	71	GGGG	M2 30-39	67	00:00:22	00:35:06.30	00:35:29.20	+00:13:48 (39.3%)	7:01	8.5 (60.3%)
68	BIEGAŃSKI Piotr	18		M2 30-39	68	00:00:44	00:35:57.15	00:36:41.45	+00:14:39 (40.8%)	7:11	8.3 (58.9%)
69	MULARCZYK Krzysztof	35	SAM SE LATAM	M2 30-39	69	00:00:19	00:36:01.50	00:36:20.50	+00:14:43 (40.9%)	7:12	8.3 (58.9%)
70	BUDZINSKI Wojtej	347	CIACIARACHY	M2 30-39	70	00:00:35	00:36:03.75	00:36:39.00	+00:14:45 (40.9%)	7:12	8.3 (58.9%)

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
71	ŁUKASZCZUK Paweł	333	LARCZ	M2 30-39	71	00:00:41	00:36:39.75	00:37:21.20	+00:15:21 (41.9%)	7:19	8.2 (58.2%)
72	STAŃCZYK Sławomir	62	OSIR STARGARD	M2 30-39	72	00:00:42	00:37:11.85	00:37:54.50	+00:15:54 (42.7%)	7:26	8.1 (57.4%)
73	GOWORSKI Jerzy	49	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	73	00:00:29	00:39:21.85	00:39:51.05	+00:18:04 (45.9%)	7:52	7.6 (53.9%)
74	WOROCH Tomasz	36	BŁOTNE SUSŁY	M2 30-39	74	00:00:32	00:50:10.90	00:50:43.15	+00:28:53 (57.6%)	10:02	6 (42.6%)
	BIEGANSKI Piotr	408		M2 30-39		DNF	DNF	DNF		-	- (0.0%)

Total 75 results.