



NOCNY BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Dziki Weekend 2021
Organiser: Stowarzyszenie Klub Biegowy Dzik
Date: 2021-08-20
Place: Police
Distance: 5 km

Classification: M3 40-49

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WASILEWSKI Andrzej	7	WILKI Z CIECHOCINKA	M3 40-49	1	00:00:10	00:22:40.65	00:22:51.45		4:32	13.2 (100%)
2	KRZEŚNIEWSKI Marcin	96	ROWEROWY ZAŁOM	M3 40-49	2	00:00:08	00:23:22.65	00:23:30.70	+00:00:42 (3.0%)	4:40	12.8 (97.0%)
3	CHENON Guillaume	100	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	3	00:07:37	00:23:55.80	00:31:33.60	+00:01:15 (5.2%)	4:47	12.5 (94.7%)
4	WRÓBLEWSKI Michał	125	LIFE4FIT	M3 40-49	4	00:00:07	00:23:59.25	00:24:07.05	+00:01:18 (5.5%)	4:47	12.5 (94.7%)
5	PAKURA Krzysztof	128	ŁAWECZKANTEAM	M3 40-49	5	00:00:10	00:24:44.30	00:24:55.25	+00:02:03 (8.3%)	4:56	12.1 (91.7%)
6	ZELEK Darek	79	POLICZANIN	M3 40-49	6	00:00:08	00:24:49.25	00:24:57.75	+00:02:08 (8.6%)	4:57	12.1 (91.7%)
7	OSTOJSKI Ireneusz	45	DLL PARTNERS	M3 40-49	7	00:00:12	00:24:59.10	00:25:11.60	+00:02:18 (9.2%)	4:59	12 (90.9%)
8	KRUPIŃSKI Marcin	627	SKB DZIK	M3 40-49	8	00:00:19	00:25:42.20	00:26:01.80	+00:03:01 (11.8%)	5:08	11.7 (88.6%)
9	ORLIONSKI Paweł	398		M3 40-49	9	00:00:09	00:26:39.35	00:26:48.75	+00:03:58 (14.9%)	5:19	11.3 (85.6%)
10	KNIAŹ Tomasz	147	HELL'S HEAVEN SZCZECIN	M3 40-49	10	00:00:19	00:27:18.00	00:27:37.70	+00:04:37 (16.9%)	5:27	11 (83.3%)
11	PODOLAK Mirosław	9	GRUPA AZOTY	M3 40-49	11	00:00:19	00:27:54.35	00:28:13.35	+00:05:13 (18.7%)	5:34	10.8 (81.8%)
12	GRALEWICZ Robert	56	MM	M3 40-49	12	00:00:16	00:28:20.75	00:28:37.35	+00:05:40 (20.0%)	5:40	10.6 (80.3%)
13	KOMSTA Rafał	91	RAFAŁ K.	M3 40-49	13	00:00:09	00:28:22.45	00:28:32.00	+00:05:41 (20.1%)	5:40	10.6 (80.3%)
14	ŁAWNICZAK Sebastian	232	ALUHAK	M3 40-49	14	00:00:25	00:29:10.60	00:29:35.60	+00:06:29 (22.3%)	5:50	10.3 (78.0%)
15	BARTOSIEWICZ Adam	304	OCR POLSKA	M3 40-49	15	00:00:20	00:29:27.20	00:29:47.40	+00:06:46 (23.0%)	5:53	10.2 (77.3%)
16	BACHORSKI Paweł	213	GRUPA AZOTY POLICE	M3 40-49	16	00:00:19	00:29:57.80	00:30:17.05	+00:07:17 (24.3%)	5:59	10 (75.8%)
17	ROSZKOWSKI Artur	395		M3 40-49	17	00:00:25	00:30:09.40	00:30:34.75	+00:07:28 (24.8%)	6:01	10 (75.8%)
18	WESOŁOWSKI Arkadiusz	85		M3 40-49	18	00:00:19	00:30:12.30	00:30:31.95	+00:07:31 (24.9%)	6:02	9.9 (75.0%)
19	BOCK Udo	151	HASH HOUSE HARRIERS BS	M3 40-49	19	00:00:11	00:30:13.70	00:30:25.45	+00:07:33 (25.0%)	6:02	9.9 (75.0%)
20	GÓRSKI Tomasz	33	MODRZYCA HUNTERS	M3 40-49	20	00:04:35	00:30:34.90	00:35:10.05	+00:07:54 (25.8%)	6:06	9.8 (74.2%)
21	DOBRYCKI Piotr	231	BRIDGESTONE STARGARD RUNNERS	M3 40-49	21	00:00:30	00:30:39.85	00:31:09.85	+00:07:59 (26.0%)	6:07	9.8 (74.2%)
22	MĄDRAWSKI Tomasz	66		M3 40-49	22	00:00:17	00:30:55.60	00:31:13.45	+00:08:14 (26.7%)	6:11	9.7 (73.5%)
23	. .	626	SKB DZIK	M3 40-49	23	00:00:19	00:31:02.40	00:31:22.35	+00:08:21 (26.9%)	6:12	9.7 (73.5%)
24	WITORZĘĆ Dariusz	162	!	M3 40-49	24	00:00:27	00:31:26.25	00:31:53.25	+00:08:45 (27.9%)	6:17	9.5 (72.0%)
25	STOCK Heiko	183	HASH HOUSE HARRIERS BS	M3 40-49	25	00:00:14	00:31:44.30	00:31:58.65	+00:09:03 (28.5%)	6:20	9.5 (72.0%)
26	SIDORCZUK Tomasz	89	KLUB BIEGAJĄCYCH LEŚNIKÓW	M3 40-49	26	00:00:35	00:32:18.75	00:32:54.60	+00:09:38 (29.8%)	6:27	9.3 (70.5%)

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27	RADCZUK Mariusz	153	KOMPA TEAM	M3 40-49	27	00:00:25	00:32:32.90	00:32:58.00	+00:09:52 (30.3%)	6:30	9.2 (69.7%)
28	ZALEJSKI Tomasz	331	WQRW TEAM	M3 40-49	28	00:00:23	00:32:44.55	00:33:07.75	+00:10:03 (30.7%)	6:32	9.2 (69.7%)
29	HNAT Rafał	146	DECATHLON PIŁA	M3 40-49	29	00:00:29	00:33:10.75	00:33:39.95	+00:10:30 (31.7%)	6:38	9 (68.2%)
30	LOBA Jacek	619	SKB DZIK	M3 40-49	30	00:00:20	00:33:12.30	00:33:33.20	+00:10:31 (31.7%)	6:38	9 (68.2%)
31	KURKIEREWICZ Mariusz	181		M3 40-49	31	00:00:32	00:33:58.85	00:34:31.55	+00:11:18 (33.3%)	6:47	8.8 (66.7%)
32	SZYMCZAK Łukasz	22	FARTY PUSZCZY / SZYMTECH	M3 40-49	32	00:00:29	00:34:16.25	00:34:46.20	+00:11:35 (33.8%)	6:51	8.8 (66.7%)
33	PAWLUŚ Tomasz	176	SSPS CHEMIK POLICE	M3 40-49	33	00:00:18	00:35:23.55	00:35:41.85	+00:12:42 (35.9%)	7:04	8.5 (64.4%)
34	JABŁONKA Mariusz	20	DZIADY OCR	M3 40-49	34	00:00:23	00:35:26.80	00:35:50.30	+00:12:46 (36.0%)	7:05	8.5 (64.4%)
35	LEŚNIEWSKI Wojciech	407		M3 40-49	35	00:00:34	00:35:37.80	00:36:12.50	+00:12:57 (36.4%)	7:07	8.4 (63.6%)
36	. Artur	405		M3 40-49	36	00:00:33	00:35:39.30	00:36:12.80	+00:12:58 (36.4%)	7:07	8.4 (63.6%)
37	MORDAK Daniel	341	KOMO	M3 40-49	37	00:00:36	00:36:01.20	00:36:37.25	+00:13:20 (37.0%)	7:12	8.3 (62.9%)
38	PAWŁOWSKI Karol	46	DZIKA SIGMA	M3 40-49	38	00:00:44	00:36:02.05	00:36:46.65	+00:13:21 (37.1%)	7:12	8.3 (62.9%)
39	NASTAREWICZ Marcin	352		M3 40-49	39	00:00:37	00:36:02.90	00:36:40.60	+00:13:22 (37.1%)	7:12	8.3 (62.9%)
40	JADRYCH Zbigniew	161	STARGARD	M3 40-49	40	00:00:43	00:37:10.85	00:37:54.70	+00:14:30 (39.0%)	7:26	8.1 (61.4%)
41	KUNIKOWSKI Patryk	17	STARGARD JA SIĘ NIE ŚCIGAM	M3 40-49	41	00:00:41	00:37:12.70	00:37:54.55	+00:14:32 (39.1%)	7:26	8.1 (61.4%)
42	MROZIK Mariusz	44	TEAM BIEGOWY SZCZECINEK	M3 40-49	42	00:00:15	00:37:44.85	00:37:59.85	+00:15:04 (39.9%)	7:32	8 (60.6%)
43	RYMAREK Rafał	227	ALUHAK	M3 40-49	43	00:00:28	00:38:58.00	00:39:26.70	+00:16:17 (41.8%)	7:47	7.7 (58.3%)
44	KRUSZEWICZ Aleksander	414	AMPIO TEAM	M3 40-49	44	00:00:43	00:39:26.50	00:40:10.30	+00:16:45 (42.5%)	7:53	7.6 (57.6%)
45	WIECZOREK Wojciech	169	WIECZORKI3	M3 40-49	45	00:00:38	00:40:36.15	00:41:14.40	+00:17:55 (44.1%)	8:07	7.4 (56.1%)
46	ZIELIŃSKI Maciej	75	POLISH ARMY GIRLS	M3 40-49	46	00:00:37	00:42:49.50	00:43:26.60	+00:20:08 (47.0%)	8:33	7 (53.0%)
47	PŁOSA Arkadiusz	50	-	M3 40-49	47	00:00:39	00:51:11.10	00:51:50.25	+00:28:30 (55.7%)	10:14	5.9 (44.7%)

Total 47 results.