



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Classification: K-50

NOCNY SPRINT RYSIA - 6 KM

B4SPORT

Event: Bieszczadzki Weekend Biegowy Rysia 2019
Organiser: GOKSiT Polańczyk
Date: 2019-10-19
Place: Polańczyk
Distance: 6 km



Place	Participant	Number	Club	Category	MCat	3km	Net time 6km	Gap	Pace min/km	Pace km/h
1	ZARĘBA Jolanta	305	RZESZOWSKIE GAZELE I GEPARDY	K-50	1	00:14:14	00:32:13.34		5:22	11.2 (100%)
2	ŁOPATKIEWICZ Beata	143		K-50	2	00:15:09	00:33:13.59	+00:01:00 (3.0%)	5:32	10.8 (96.4%)
3	JAŁOCHA Barbara	96	PRZEMYSKI KLUB BIEGACZA 5	K-50	3	00:15:43	00:37:04.76	+00:04:51 (13.1%)	6:10	9.7 (86.6%)
4	KALINOWSKA Lucyna	105		K-50	4	00:17:19	00:38:05.25	+00:05:51 (15.4%)	6:21	9.4 (83.9%)
5	NYKIEL Krystyna	176	PRZEMYSKI KLUB BIEGACZA	K-50	5	00:17:36	00:40:24.74	+00:08:11 (20.3%)	6:44	8.9 (79.5%)
6	BANAS Małgorzata	306		K-50	6	00:18:22	00:40:32.46	+00:08:19 (20.5%)	6:45	8.9 (79.5%)
7	ZBIĘĆ Bożena	280	DARFIK TEAM	K-50	7	00:18:26	00:41:11.84	+00:08:58 (21.8%)	6:51	8.7 (77.7%)

Total 7 results.