



BIESZCZADZKI WEEKEND BIEGOWY RYSIA

Klasyfikacja: Kobiety

Wydarzenie: Bieszczadzki Weekend Biegowy Rysia
Organizator: GOKSiT
Data: 2018-10-20
Miejsce: Polańczyk
Dystans: 5 km

NOCNY SPRINT RYSIA

B4SPORT



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_Mar 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	DOMISZEWSKA Maria	31		K-50	1	00:11:05	00:24:08.25		4:49	12.4 (100%)
2	WALANIA Kinga	183	TKKF 'SOKÓŁ' GŁOGÓW MAŁOPOLSKI	K-30	1	00:11:27	00:25:31.43	+00:01:23 (5.4%)	5:06	11.7 (94.4%)
3	KANDEFER Beata	217	KLUB BIEGACZA ATHLETIC ZRĘCIN	K-40	1	00:11:29	00:25:40.17	+00:01:31 (6.0%)	5:08	11.7 (94.4%)
4	SIKORA-KOŁODZIEJ Irmina	157	BIESY I CZORTY	K-30	2	00:12:01	00:26:03.19	+00:01:54 (7.4%)	5:12	11.5 (92.7%)
5	STEFAŃSKA Maria	166	TRIO Z PKB	K-30	3	00:12:36	00:27:20.74	+00:03:12 (11.7%)	5:28	11 (88.7%)
6	PĘKOSZ Agnieszka	132	TRIO Z PKB	K-30	4	00:12:28	00:27:37.07	+00:03:28 (12.6%)	5:31	10.9 (87.9%)
7	BANASIK Monika	14		K-30	5	00:13:01	00:27:44.50	+00:03:36 (13.0%)	5:33	10.8 (87.1%)
8	DOROSZ Barbara	34	TRIO Z PKB	K-30	6	00:12:46	00:27:45.35	+00:03:37 (13.0%)	5:33	10.8 (87.1%)
9	AMROZKIEWICZ- GROMEK Judyta	5	AMROZKIEWICZ TEAM	K-30	7	00:12:27	00:27:45.84	+00:03:37 (13.1%)	5:33	10.8 (87.1%)
10	LEŚNIAK-POPIEL Marta	97	POZYTYWNIIE ZABIEGANI SANOK 2	K-40	2	00:12:54	00:28:17.93	+00:04:09 (14.7%)	5:39	10.6 (85.5%)
11	IGNOR Edyta	59	SRTG RZESZÓW	K-16	1	00:12:43	00:28:57.03	+00:04:48 (16.6%)	5:47	10.4 (83.9%)
12	ZIĘBA Ewa	203	BURZA MUZGÓW	K-16	2	00:13:57	00:29:41.86	+00:05:33 (18.7%)	5:56	10.1 (81.5%)
13	WAŁACHOWSKA Urszula	185	SOLINA TEAM	K-30	8	00:14:24	00:29:56.64	+00:05:48 (19.4%)	5:59	10 (80.6%)

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							netto 5km	Różn		
14	KAPA Patrycja	66	K.S. MARATON OSTRÓW WIELKOPOLSKI	K-16	3	00:13:50	00:30:03.18	+00:05:54 (19.7%)	6:00	10 (80.6%)
15	GALANTY Agnieszka	44	SZYBKIE BLONDYNY	K-40	3	00:13:40	00:30:08.90	+00:06:00 (19.9%)	6:01	10 (80.6%)
16	SZYMALA-LIPKA Magdalena	175		K-30	9	00:13:46	00:30:09.28	+00:06:01 (20.0%)	6:01	10 (80.6%)
17	KĘDRA Agnieszka	74		K-16	4	00:13:42	00:30:10.41	+00:06:02 (20.0%)	6:02	9.9 (79.8%)
18	SOBOLEWSKA Katarzyna	162		K-30	10	00:13:53	00:30:26.51	+00:06:18 (20.7%)	6:05	9.9 (79.8%)
19	NIEMIEC-DRWIĘGA Bernadeta	120		K-40	4	00:14:02	00:30:26.81	+00:06:18 (20.7%)	6:05	9.9 (79.8%)
20	BABINSKA Inga	9	SZYBKIE BLONDYNY	K-40	5	00:13:52	00:30:36.46	+00:06:28 (21.1%)	6:07	9.8 (79.0%)
21	DABROWSKA Agnieszka	28		K-30	11	00:13:52	00:30:52.31	+00:06:44 (21.8%)	6:10	9.7 (78.2%)
22	KORYCIŃSKA Izabela	84		K-30	12	00:13:52	00:31:18.44	+00:07:10 (22.9%)	6:15	9.6 (77.4%)
23	SUCHOWIECKA Sabina	168		K-16	5	00:14:52	00:31:19.17	+00:07:10 (22.9%)	6:15	9.6 (77.4%)
24	ZARĘBA Jolanta	218	RZESZOWSKIE GAZELE I GEPARDY	K-50	2	00:14:14	00:31:57.85	+00:07:49 (24.5%)	6:23	9.4 (75.8%)
25	WITUSIK Dorota	194	NW-TEAM JASŁO	K-40	6	00:14:24	00:31:59.50	+00:07:51 (24.6%)	6:24	9.4 (75.8%)
26	DUDEK Katarzyna	39	PRZEMYSKI KLUB BIEGACZA	K-30	13	00:14:45	00:32:06.99	+00:07:58 (24.8%)	6:25	9.3 (75.0%)
27	PAWŁOWSKA Agnieszka	128	SZYBKIE BLONDYNY	K-40	7	00:14:47	00:32:08.13	+00:07:59 (24.9%)	6:25	9.3 (75.0%)
28	KLESZCZYŃSKA Agnieszka	76	MULTIMEDIA RUNNERS PUŁAWY	K-30	14	00:14:42	00:33:03.30	+00:08:55 (27.0%)	6:36	9.1 (73.4%)
29	KAWECKA Magdalena	71	KAWA BEZ PAPIEROSA	K-30	15	00:15:42	00:33:21.91	+00:09:13 (27.7%)	6:40	9 (72.6%)
30	JAŁOCHA Barbara	64	PRZEMYSKI KLUB BIEGACZA	K-50	3	00:14:47	00:33:44.82	+00:09:36 (28.5%)	6:45	8.9 (71.8%)
31	RAWSKA Anna	144		K-16	6	00:15:20	00:33:47.61	+00:09:39 (28.6%)	6:45	8.9 (71.8%)
32	ŁUCZYCKA Iwona	103	POZYTYWNIE ZABIEGANI SANOK	K-40	8	00:15:06	00:34:37.07	+00:10:28 (30.3%)	6:55	8.7 (70.2%)
33	MAŚLAK Marzena	111	POZYTYWNIE ZABIEGANI SANOK	K-30	16	00:15:07	00:34:37.96	+00:10:29 (30.3%)	6:55	8.7 (70.2%)
34	WOLF Weronika	199	3PODKARPACKA BRYGADA OBRONY TERYTORIALNEJ/ POZYTYWNIE ZABIEGANI SANOK	K-40	9	00:15:07	00:34:39.49	+00:10:31 (30.4%)	6:55	8.7 (70.2%)
35	GNIECIAK Monika	51	GRE NIERUCHOMOŚCI	K-30	17	00:16:23	00:34:53.40	+00:10:45 (30.8%)	6:58	8.6 (69.4%)
36	GŁUSZKO Justyna	50	SOLINA TEAM	K-30	18	00:14:24	00:34:58.08	+00:10:49 (31.0%)	6:59	8.6 (69.4%)

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37	KOCZOROWSKA Anna	79	TEAM ZABIEGANEDNI	K-30	19	00:16:10	00:36:24.06	+00:12:15 (33.7%)	7:16	8.2 (66.1%)
38	SNOPKOWSKA Dorota	159		K-16	7	00:16:30	00:36:52.71	+00:12:44 (34.5%)	7:22	8.1 (65.3%)
39	GĄDEK Sonia	46		K-16	8	00:16:11	00:37:22.08	+00:13:13 (35.4%)	7:28	8 (64.5%)
40	ŚWIDERSKA Karolina	178	OSP USTRZYKI GÓRNE	K-16	9	00:17:06	00:38:20.25	+00:14:11 (37.0%)	7:40	7.8 (62.9%)
41	HARATYK Roksana	56		K-30	20	00:16:57	00:38:44.26	+00:14:36 (37.7%)	7:44	7.7 (62.1%)
42	ŁAKOMSKA Kamila	222		K-16	10	00:19:54	00:42:54.55	+00:18:46 (43.7%)	8:35	7 (56.5%)
43	RYŁKO Mariola	210	SOLINA TEAM	K-40	10	00:19:58	00:43:03.43	+00:18:55 (43.9%)	8:36	7 (56.5%)
44	SZPAK Justyna	92	SOLINA TEAM	K-30	21	00:19:59	00:43:03.92	+00:18:55 (44.0%)	8:36	7 (56.5%)
45	RAK Wanda	143		K-30	22	00:19:59	00:43:07.17	+00:18:58 (44.0%)	8:37	7 (56.5%)

Znaleziono 45 wynik(ów)