



# NOCNY TRAIL 15KM

B4SPORT

**Event:** Dolnośląski Festiwal Biegów Górskich  
**Organiser:** Fundacja MARATONY GÓRSKIE  
**Date:** 2023-07-13  
**Place:** Łądek-Zdrój  
**Distance:** 14.8 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Classification: OPEN KOBIET

Place	Participant	Number	Club	Category	MCat	N1 8.5km	Net time 14.8km	Czas brutto 14.8km	Gap	Pace min/km	Pace km/h
1	WOŹNIAK Joanna	8120	LEMON TEAM	Senior II K - 30	1	00:58:48	<b>01:40:32.90</b>	<b>01:40:37.65</b>		6:47	8.8 (100%)
2	NIEDŹWIEDZKA Anna	8130	SEKCJA BIEGOWA LUBIN	Masters K - 40	1	00:59:57	<b>01:44:31.50</b>	<b>01:44:36.35</b>	+00:03:58 (3.8%)	7:03	8.5 (96.6%)
3	MOREVA Daria	8067	TRAIL RUNNING SCHOOL	Senior II K - 30	2	01:00:10	<b>01:45:07.80</b>	<b>01:45:10.35</b>	+00:04:32 (4.3%)	7:06	8.4 (95.5%)
4	NOWACKA Marlena	8144		Masters K - 40	2	01:03:32	<b>01:51:24.75</b>	<b>01:51:30.90</b>	+00:10:53 (9.8%)	7:31	8 (90.9%)
5	DUDA Natalia	8095		Senior I K - 20	1	01:03:34	<b>01:52:32.35</b>	<b>01:52:40.60</b>	+00:12:02 (10.7%)	7:36	7.9 (89.8%)
6	GNITECKA Katarzyna	8046	KUDOWIANKA RUN	Senior II K - 30	3	01:05:39	<b>01:55:51.75</b>	<b>01:55:53.45</b>	+00:15:15 (13.2%)	7:49	7.7 (87.5%)
7	ROZMUS Patrycja	8146	SEKCJA BIEGOWA LUBIN	Masters K - 40	3	01:06:26	<b>01:55:41.95</b>	<b>01:55:54.45</b>	+00:15:16 (13.2%)	7:48	7.7 (87.5%)
8	SMIERZCHAŁA Marta	8065	PRO366	Masters K - 40	4	01:07:00	<b>01:55:53.65</b>	<b>01:56:01.70</b>	+00:15:24 (13.3%)	7:49	7.7 (87.5%)
9	SZAL Małgorzata	8029	TENIS CENTRUM AS	Senior II K - 30	4	01:07:35	<b>01:59:02.15</b>	<b>01:59:17.45</b>	+00:18:39 (15.6%)	8:02	7.5 (85.2%)
10	DULNIK Lidia	8081	TARNOWO PODGÓRNE BIEGA	Senior II K - 30	5	01:10:13	<b>02:05:47.20</b>	<b>02:06:04.40</b>	+00:25:26 (20.2%)	8:29	7.1 (80.7%)
11	WILCZEWSKA Karolina	8090	EMERYCI I RENCÍSCI	Senior II K - 30	6	01:13:11	<b>02:06:41.10</b>	<b>02:07:13.15</b>	+00:26:35 (20.9%)	8:33	7 (79.5%)
12	CZESKA Karolina	8023	LAMPART TRENING	Senior II K - 30	7	01:15:04	<b>02:10:36.55</b>	<b>02:11:02.00</b>	+00:30:24 (23.2%)	8:49	6.8 (77.3%)
13	NAGALSKA Martyna	8107	EAZYMUT.PL	Senior II K - 30	8		<b>02:11:17.10</b>	<b>02:11:17.10</b>	+00:30:39 (23.4%)	8:52	6.8 (77.3%)
14	ZAMIATOWSKA Kinga	8057	BELLA LINE	Masters K - 40	5	01:13:53	<b>02:12:20.10</b>	<b>02:12:25.45</b>	+00:31:47 (24.0%)	8:56	6.7 (76.1%)
15	WACZKÓW KACZMAREK Justyna	8070	ODOBENUS	Masters K - 40	6	01:14:38	<b>02:13:30.70</b>	<b>02:14:04.60</b>	+00:33:26 (24.9%)	9:01	6.7 (76.1%)
16	KOŁODKO Natalia	8096	TARNOWO PODGÓRNE BIEGA	Masters K - 40	7	01:13:22	<b>02:14:23.65</b>	<b>02:14:41.35</b>	+00:34:03 (25.3%)	9:04	6.6 (75.0%)
17	GARNCARZ Anna	8069	ODOBENUS	Masters K - 40	8	01:12:22	<b>02:15:14.70</b>	<b>02:15:48.60</b>	+00:35:10 (25.9%)	9:08	6.6 (75.0%)
18	SKRZĄTEK Anna	8006		Weteran K - 50	1	01:16:46	<b>02:17:01.90</b>	<b>02:17:06.90</b>	+00:36:29 (26.6%)	9:15	6.5 (73.9%)
19	GIERSZEWSKA Grażyna	8015		Weteran K - 50	2	01:16:45	<b>02:17:01.65</b>	<b>02:17:07.10</b>	+00:36:29 (26.6%)	9:15	6.5 (73.9%)
20	LEONARSKA Małgorzata	8072	BIEGAJĄCE KREJZOLE	Senior II K - 30	9	01:18:03	<b>02:17:05.20</b>	<b>02:17:26.65</b>	+00:36:49 (26.8%)	9:15	6.5 (73.9%)
21	AUGUSTYNOWICZ Aurelia	8039		Masters K - 40	9	01:17:35	<b>02:20:03.30</b>	<b>02:20:10.30</b>	+00:39:32 (28.2%)	9:27	6.3 (71.6%)
22	STACIWO Justyna	8127	KURACJUSZE	Masters K - 40	10	01:18:01	<b>02:23:29.40</b>	<b>02:23:55.00</b>	+00:43:17 (30.1%)	9:41	6.2 (70.5%)
23	ZAWISTOWSKA Katarzyna	8138		Senior II K - 30	10	01:26:44	<b>02:27:05.40</b>	<b>02:27:25.55</b>	+00:46:47 (31.7%)	9:56	6 (68.2%)
24	SKORNIAK Katarzyna	8137	WOLNE ŚLIMAKI	Senior II K - 30	11	01:23:55	<b>02:27:09.75</b>	<b>02:27:28.05</b>	+00:46:50 (31.8%)	9:56	6 (68.2%)
25	SNIEGOCKA Magdalena	8092	4T	Masters K - 40	11	01:23:05	<b>02:27:18.95</b>	<b>02:27:36.35</b>	+00:46:58 (31.8%)	9:57	6 (68.2%)
26	SZYMAŁA Karolina	8115		Senior I K - 20	2	01:20:00	<b>02:27:48.40</b>	<b>02:28:10.55</b>	+00:47:32 (32.1%)	9:59	6 (68.2%)
27	DERES Julia	8019		Senior I K - 20	3	01:24:29	<b>02:29:23.60</b>	<b>02:29:30.00</b>	+00:48:52 (32.7%)	10:05	5.9 (67.0%)
28	OLESEK Magdalena	8097		Senior II K - 30	12	01:24:28	<b>02:29:24.05</b>	<b>02:29:30.25</b>	+00:48:52 (32.7%)	10:05	5.9 (67.0%)
29	SMOLAK Katarzyna	8099		Senior II K - 30	13	01:26:21	<b>02:29:13.50</b>	<b>02:29:51.05</b>	+00:49:13 (32.8%)	10:04	6 (68.2%)

Place	Participant	Number	Club	Category	MCat	N1 8.5km	Net	Czas	Gap	Pace	Pace
							time	brutto		min/km	km/h
							14.8km	14.8km			
30	<b>DROŹDZIEL Agnieszka</b>	<b>8094</b>		Masters K - 40	12	01:25:47	<b>02:30:42.85</b>	<b>02:30:57.30</b>	+00:50:19 (33.3%)	10:10	5.9 (67.0%)
31	<b>MOSKALSKA Magdalena</b>	<b>8093</b>		Senior II K - 30	14	01:25:36	<b>02:35:35.80</b>	<b>02:35:59.75</b>	+00:55:22 (35.5%)	10:30	5.7 (64.8%)
32	<b>MIKOŁAJCZYK Małgorzata</b>	<b>8106</b>	MIRAZ RACE TEAM	Weteran II K - 60	1	01:28:25	<b>02:39:53.80</b>	<b>02:40:09.65</b>	+00:59:32 (37.2%)	10:48	5.6 (63.6%)
33	<b>WALENCIAK Aleksandra</b>	<b>8122</b>	TARNOWO PODGÓRNE BIEGA	Masters K - 40	13	01:28:19	<b>02:40:36.60</b>	<b>02:40:54.35</b>	+01:00:16 (37.5%)	10:51	5.5 (62.5%)
34	<b>SADŁOWSKA Magda</b>	<b>8054</b>	BIEGACZE SPECJALNEJ TROSKI	Masters K - 40	14	01:28:07	<b>02:41:02.75</b>	<b>02:41:17.35</b>	+01:00:39 (37.6%)	10:52	5.5 (62.5%)
35	<b>POMIANOWSKA Romana</b>	<b>8083</b>	KURACJUSZE	Senior II K - 30	15	01:31:57	<b>02:52:49.65</b>	<b>02:53:16.00</b>	+01:12:38 (41.9%)	11:40	5.1 (58.0%)
36	<b>MATUSZAK Paula</b>	<b>8135</b>	KURACJUSZE	Senior II K - 30	16	01:35:56	<b>02:53:26.15</b>	<b>02:53:52.20</b>	+01:13:14 (42.1%)	11:43	5.1 (58.0%)
37	<b>PARTYKA Agnieszka</b>	<b>8014</b>	KB HARCOWNIK JELCZ-LASKOWICE	Masters K - 40	15	01:35:54	<b>02:53:49.80</b>	<b>02:54:19.10</b>	+01:13:41 (42.3%)	11:44	5.1 (58.0%)
38	<b>RZESZOWSKA Iwona</b>	<b>8059</b>	MIRAZ RACE TEAM	Masters K - 40	16	01:31:13	<b>02:55:43.85</b>	<b>02:55:56.65</b>	+01:15:19 (42.8%)	11:52	5.1 (58.0%)
39	<b>KRYSKA Aleksandra</b>	<b>8038</b>	MIRAZ RACE TEAM	Masters K - 40	17	01:31:11	<b>02:55:45.60</b>	<b>02:55:58.25</b>	+01:15:20 (42.8%)	11:52	5.1 (58.0%)
40	<b>KIERNICKA Magdalena</b>	<b>8024</b>		Senior II K - 30	17	01:41:01	<b>03:05:04.05</b>	<b>03:05:17.50</b>	+01:24:39 (45.7%)	12:30	4.8 (54.5%)
41	<b>OHŁA Justyna</b>	<b>8004</b>	BIEGAM BO NIE LUBIĘ	Masters K - 40	18	01:43:48	<b>03:08:43.80</b>	<b>03:09:08.05</b>	+01:28:30 (46.8%)	12:45	4.7 (53.4%)
42	<b>SOBOLEWSKA Joanna</b>	<b>8011</b>	BIEGAM BO NIE LUBIĘ	Senior II K - 30	18	01:43:50	<b>03:08:43.25</b>	<b>03:09:08.25</b>	+01:28:30 (46.8%)	12:45	4.7 (53.4%)
43	<b>BORIS Aneta</b>	<b>8111</b>	TEAM DFBG	Masters K - 40	19	01:50:17	<b>03:20:04.30</b>	<b>03:20:15.15</b>	+01:39:37 (49.7%)	13:31	4.4 (50.0%)
44	<b>KURKOWIAK Anna</b>	<b>8003</b>	#TEAMKURA	Senior II K - 30	19	01:55:45	<b>03:21:18.15</b>	<b>03:21:39.20</b>	+01:41:01 (50.1%)	13:36	4.4 (50.0%)
45	<b>WIZE-ZIELONKA Karolina</b>	<b>8036</b>	KUNY LEŚNE	Masters K - 40	20	01:54:43	<b>03:27:14.60</b>	<b>03:27:49.45</b>	+01:47:11 (51.6%)	14:00	4.3 (48.9%)
46	<b>KNOBLOCH Ewa</b>	<b>8017</b>	LEŚNE KUNY	Masters K - 40	21	01:54:40	<b>03:27:16.90</b>	<b>03:27:52.65</b>	+01:47:15 (51.6%)	14:00	4.3 (48.9%)
47	<b>ŁOZIENKO Anna</b>	<b>8105</b>	KB HARCOWNIK JELCZ-LASKOWICE	Senior II K - 30	20	02:03:45	<b>03:44:40.50</b>	<b>03:45:10.10</b>	+02:04:32 (55.3%)	15:10	4 (45.5%)
48	<b>KUBIATOWICZ Małgorzata</b>	<b>8079</b>		Masters K - 40	22	01:59:03	<b>03:46:20.70</b>	<b>03:46:47.55</b>	+02:06:09 (55.6%)	15:17	3.9 (44.3%)
	<b>SZAŁAJSKA Monika</b>	<b>8043</b>		Senior I K - 20		DNF	<b>DNF</b>	<b>DNF</b>	-	-	(0.0%)

Total 49 results.