

NORDIC WALKING - 5,25 KM

B4SPORT
INTELEGENYNE ZAWODY SPORTOWE

Wydarzenie: Jesienny Bieg Przełajowy z Okazji 70-lecia Huty Miedzi Legnica
Organizator: EVENTS GROUP SP. Z O.O.
Data: 2023-09-09
Miejsce: Legnica
Dystans: 5.25 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto 5.25km	Różn	Tempo min/km	Tempo km/h
1	ROŻYNEK Miron	108	KGHM METRACO POLKOWICE	OPEN -M	1	00:18:25	00:32:04.86		6:06	9.8 (100%)
2	DUDZIEC Tomasz	86		OPEN -M	2	00:20:09	00:34:45.35	+00:02:40 (7.7%)	6:37	9.1 (92.9%)
3	KRZYK Mateusz	95		OPEN -M	3	00:21:39	00:37:21.53	+00:05:16 (14.1%)	7:06	8.4 (85.7%)
4	LUCH Katarzyna	97		OPEN -K	1	00:21:53	00:38:26.39	+00:06:21 (16.5%)	7:19	8.2 (83.7%)
5	DUDEK Leszek	65		OPEN -M	4	00:22:27	00:39:30.92	+00:07:26 (18.8%)	7:31	8 (81.6%)
6	JEDNORAŁ Gabriela	119	CENTRALA KGHM	OPEN -K	2	00:23:20	00:40:11.57	+00:08:06 (20.2%)	7:39	7.8 (79.6%)
7	DĄBROWSKA Sylwia	84		OPEN -K	3	00:23:05	00:40:14.82	+00:08:09 (20.3%)	7:39	7.8 (79.6%)
8	DUDZIEC Agnieszka	85		OPEN -K	4	00:23:09	00:40:24.41	+00:08:19 (20.6%)	7:41	7.8 (79.6%)
9	GOGÓŁ Jolanta	88		OPEN -K	5	00:23:09	00:40:51.51	+00:08:46 (21.5%)	7:46	7.7 (78.6%)
10	MAJCHRZAK Michał	101	BOROSZÓW CHODZI	OPEN -M	5	00:23:07	00:40:51.54	+00:08:46 (21.5%)	7:46	7.7 (78.6%)
11	GARLIŃSKI Józef	120		OPEN -M	6	00:24:07	00:42:04.29	+00:09:59 (23.7%)	8:00	7.5 (76.5%)
12	KOZŁOWSKI Paweł	94		OPEN -M	7	00:23:27	00:42:47.07	+00:10:42 (25.0%)	8:08	7.4 (75.5%)
13	BARUCIAK Piotr	81		OPEN -M	8	00:24:51	00:43:01.60	+00:10:56 (25.4%)	8:11	7.3 (74.5%)
14	OLEJARZ Marta	104		OPEN -K	6	00:25:16	00:43:36.54	+00:11:31 (26.4%)	8:18	7.2 (73.5%)
15	WNĘK Ewa	116		OPEN -K	7	00:24:41	00:43:44.71	+00:11:39 (26.7%)	8:19	7.2 (73.5%)
16	ZAWADZKA Maria	62	KGHM METRACO POLKOWICE	OPEN -K	8	00:25:51	00:44:31.01	+00:12:26 (27.9%)	8:28	7.1 (72.4%)
17	BILIŃSKA Aleksandra	83		OPEN -K	9	00:25:45	00:44:41.86	+00:12:36 (28.2%)	8:30	7 (71.4%)
18	GRANEK Andrzej	117		OPEN -M	9	00:25:38	00:45:21.55	+00:13:16 (29.3%)	8:38	6.9 (70.4%)
19	KUBERO Honorata	118		OPEN -K	10	00:25:37	00:45:21.75	+00:13:16 (29.3%)	8:38	6.9 (70.4%)
20	STACHYRA Jadwiga	128		OPEN -K	11	00:29:49	00:51:15.13	+00:19:10 (37.4%)	9:45	6.1 (62.2%)
21	SMOLIŃSKA Beata	113		OPEN -K	12	00:30:09	00:51:17.41	+00:19:12 (37.5%)	9:46	6.1 (62.2%)
22	KSIŃSKA-MACHAJEK Krystyna	96	STOWARZYSZENIE TRANSPLANTACJI SERCA	OPEN -K	13	00:31:19	00:53:02.51	+00:20:57 (39.5%)	10:06	5.9 (60.2%)
23	MACHAJEK Krzysztof	100	STOWARZYSZENIE TRANSPLANTACJI SERCA	OPEN -M	10	00:31:10	00:53:35.35	+00:21:30 (40.1%)	10:12	5.9 (60.2%)
24	RATAJCZAK Marta	105	METRACO	OPEN -K	14	00:31:40	00:54:50.75	+00:22:45 (41.5%)	10:26	5.7 (58.2%)
25	SIUDMAK Mariola	112	METRACO	OPEN -K	15	00:31:43	00:54:50.86	+00:22:46 (41.5%)	10:26	5.7 (58.2%)
26	BAZUKIWEICZ Sylwia	82		OPEN -K	16	00:32:25	00:56:35.53	+00:24:30 (43.3%)	10:46	5.6 (57.1%)

Znaleziono 26 wynik(ów)