

# NORDIC WALKING - 5,25 KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Wydarzenie:** Jesienny Bieg Przełajowy z Okazji 70-lecia Huty Miedzi Legnica  
**Organizator:** EVENTS GROUP SP. Z O.O.  
**Data:** 2023-09-09  
**Miejsce:** Legnica  
**Dystans:** 5.25 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3km	Czas netto 5.25km	Różn	Tempo min/km	Tempo km/h
1	<b>ROŻYNEK Miron</b>	<b>108</b>	KGHM METRACO POLKOWICE	OPEN -M	1	00:18:25	<b>00:32:04.86</b>		6:06	9.8 (100%)
2	<b>DUDZIEC Tomasz</b>	<b>86</b>		OPEN -M	2	00:20:09	<b>00:34:45.35</b>	+00:02:40 (7.7%)	6:37	9.1 (92.9%)
3	<b>KRZYK Mateusz</b>	<b>95</b>		OPEN -M	3	00:21:39	<b>00:37:21.53</b>	+00:05:16 (14.1%)	7:06	8.4 (85.7%)
4	<b>LUCH Katarzyna</b>	<b>97</b>		OPEN -K	1	00:21:53	<b>00:38:26.39</b>	+00:06:21 (16.5%)	7:19	8.2 (83.7%)
5	<b>DUDEK Leszek</b>	<b>65</b>		OPEN -M	4	00:22:27	<b>00:39:30.92</b>	+00:07:26 (18.8%)	7:31	8 (81.6%)
6	<b>JEDNORAŁ Gabriela</b>	<b>119</b>	CENTRALA KGHM	OPEN -K	2	00:23:20	<b>00:40:11.57</b>	+00:08:06 (20.2%)	7:39	7.8 (79.6%)
7	<b>DĄBROWSKA Sylwia</b>	<b>84</b>		OPEN -K	3	00:23:05	<b>00:40:14.82</b>	+00:08:09 (20.3%)	7:39	7.8 (79.6%)
8	<b>DUDZIEC Agnieszka</b>	<b>85</b>		OPEN -K	4	00:23:09	<b>00:40:24.41</b>	+00:08:19 (20.6%)	7:41	7.8 (79.6%)
9	<b>GOGÓŁ Jolanta</b>	<b>88</b>		OPEN -K	5	00:23:09	<b>00:40:51.51</b>	+00:08:46 (21.5%)	7:46	7.7 (78.6%)
10	<b>MAJCHRZAK Michał</b>	<b>101</b>	BOROSZÓW CHODZI	OPEN -M	5	00:23:07	<b>00:40:51.54</b>	+00:08:46 (21.5%)	7:46	7.7 (78.6%)
11	<b>GARLIŃSKI Józef</b>	<b>120</b>		OPEN -M	6	00:24:07	<b>00:42:04.29</b>	+00:09:59 (23.7%)	8:00	7.5 (76.5%)
12	<b>KOZŁOWSKI Paweł</b>	<b>94</b>		OPEN -M	7	00:23:27	<b>00:42:47.07</b>	+00:10:42 (25.0%)	8:08	7.4 (75.5%)
13	<b>BARUCIAK Piotr</b>	<b>81</b>		OPEN -M	8	00:24:51	<b>00:43:01.60</b>	+00:10:56 (25.4%)	8:11	7.3 (74.5%)
14	<b>OLEJARZ Marta</b>	<b>104</b>		OPEN -K	6	00:25:16	<b>00:43:36.54</b>	+00:11:31 (26.4%)	8:18	7.2 (73.5%)
15	<b>WNĘK Ewa</b>	<b>116</b>		OPEN -K	7	00:24:41	<b>00:43:44.71</b>	+00:11:39 (26.7%)	8:19	7.2 (73.5%)
16	<b>ZAWADZKA Maria</b>	<b>62</b>	KGHM METRACO POLKOWICE	OPEN -K	8	00:25:51	<b>00:44:31.01</b>	+00:12:26 (27.9%)	8:28	7.1 (72.4%)
17	<b>BILIŃSKA Aleksandra</b>	<b>83</b>		OPEN -K	9	00:25:45	<b>00:44:41.86</b>	+00:12:36 (28.2%)	8:30	7 (71.4%)
18	<b>GRANEK Andrzej</b>	<b>117</b>		OPEN -M	9	00:25:38	<b>00:45:21.55</b>	+00:13:16 (29.3%)	8:38	6.9 (70.4%)
19	<b>KUBERO Honorata</b>	<b>118</b>		OPEN -K	10	00:25:37	<b>00:45:21.75</b>	+00:13:16 (29.3%)	8:38	6.9 (70.4%)
20	<b>STACHYRA Jadwiga</b>	<b>128</b>		OPEN -K	11	00:29:49	<b>00:51:15.13</b>	+00:19:10 (37.4%)	9:45	6.1 (62.2%)
21	<b>SMOLIŃSKA Beata</b>	<b>113</b>		OPEN -K	12	00:30:09	<b>00:51:17.41</b>	+00:19:12 (37.5%)	9:46	6.1 (62.2%)
22	<b>KSIŃSKA-MACHAJEK Krystyna</b>	<b>96</b>	STOWARZYSZENIE TRANSPLANTACJI SERCA	OPEN -K	13	00:31:19	<b>00:53:02.51</b>	+00:20:57 (39.5%)	10:06	5.9 (60.2%)
23	<b>MACHAJEK Krzysztof</b>	<b>100</b>	STOWARZYSZENIE TRANSPLANTACJI SERCA	OPEN -M	10	00:31:10	<b>00:53:35.35</b>	+00:21:30 (40.1%)	10:12	5.9 (60.2%)
24	<b>RATAJCZAK Marta</b>	<b>105</b>	METRACO	OPEN -K	14	00:31:40	<b>00:54:50.75</b>	+00:22:45 (41.5%)	10:26	5.7 (58.2%)
25	<b>SIUDMAK Mariola</b>	<b>112</b>	METRACO	OPEN -K	15	00:31:43	<b>00:54:50.86</b>	+00:22:46 (41.5%)	10:26	5.7 (58.2%)
26	<b>BAZUKIWEICZ Sylwia</b>	<b>82</b>		OPEN -K	16	00:32:25	<b>00:56:35.53</b>	+00:24:30 (43.3%)	10:46	5.6 (57.1%)

Znaleziono 26 wynik(ów)