

NORDIC WALKING 5.6KM

B4SPORT



Event:
Organiser:
Date:
Place:
Distance:

Bieg Niepodległości Nieporęt
Gmina Nieporęt
2025-11-11
Nieporęt
5.6 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5.6km	Czas brutto 5.6km	Gap	Pace min/km	Pace km/h
1	ZDUNEK Jacek	252		OPEN M	1	00:40:19.65	00:40:25.25		7:11	8.3 (100%)
2	KIELEK - MATYSIAK Kamila	226		OPEN K	1	00:40:23.10	00:40:28.55	+00:00:03 (0.1%)	7:12	8.3 (100%)
3	CHOJNOWSKA Grażyna	258		OPEN K	2	00:42:19.00	00:42:22.15	+00:01:56 (4.6%)	7:33	7.9 (95.2%)
4	TOMCZAK Ewa	439		OPEN K	3	00:45:45.00	00:45:48.00	+00:05:22 (11.7%)	8:10	7.3 (88.0%)
5	KOZOŃ Barbara	254		OPEN K	4	00:45:59.35	00:46:03.40	+00:05:38 (12.2%)	8:12	7.3 (88.0%)
6	OLSZEWSKA Elżbieta	249		OPEN K	5	00:47:45.40	00:47:49.75	+00:07:24 (15.5%)	8:31	7 (84.3%)
7	WRÓBEL Lucyna	248		OPEN K	6	00:48:01.90	00:48:04.65	+00:07:39 (15.9%)	8:34	7 (84.3%)
8	MACHNACKI Michał	162		OPEN M	2	00:48:11.80	00:48:17.75	+00:07:52 (16.3%)	8:36	7 (84.3%)
8	MACHNACKA Urszula	139		OPEN K	7	00:48:11.50	00:48:17.75	+00:07:52 (16.3%)	8:36	7 (84.3%)
10	KOPERSKA Zofia	345		OPEN K	8	00:49:34.75	00:49:37.60	+00:09:12 (18.6%)	8:51	6.8 (81.9%)
11	JAROS Arkadiusz	259		OPEN M	3	00:49:34.05	00:49:38.80	+00:09:13 (18.6%)	8:51	6.8 (81.9%)
12	GAJDA Magdalena	257		OPEN K	9	00:50:09.15	00:50:14.00	+00:09:48 (19.5%)	8:57	6.7 (80.7%)
13	SZCZEPANOWSKA Iwona	247		OPEN K	10	00:52:15.20	00:52:19.15	+00:11:53 (22.7%)	9:19	6.4 (77.1%)
14	DZIĘGIELEWSKI Jan	348		OPEN M	4	00:52:16.60	00:52:19.55	+00:11:54 (22.8%)	130:40	0.5 (6.0%)
15	BORKOWSKA Maria	250		OPEN K	11	01:04:01.30	01:04:04.15	+00:23:38 (36.9%)	11:25	5.2 (62.7%)

Total 15 results.