

NORDIC WALKING - 5 KM

B4SPORT



Wydarzenie: 4. BIEG KORCZAKA
Organizator: Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej
Data: 2023-04-22
Miejsce: Police
Dystans: 5 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Półmetek 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	RAJEWSKI Sebastian	368	NW CZŁAPSKI TEAM	M50	1	00:16:25	00:33:35.55	00:33:35.55		6:43	8.9 (100%)
2	MASŁYK Małgorzata	348		K50	1	00:17:38	00:35:24.65	00:35:24.65	+00:01:49 (5.1%)	7:04	8.5 (95.5%)
3	MASŁYK Dariusz	349		M60+	1	00:17:47	00:35:39.00	00:35:39.00	+00:02:03 (5.8%)	7:07	8.4 (94.4%)
4	FILIPIAK Przemysław	312		M40	1	00:18:31	00:37:08.15	00:37:08.15	+00:03:32 (9.5%)	7:25	8.1 (91.0%)
5	MURAWSKA Wioletta	356	KB DZIK POLICE	K50	2	00:18:32	00:37:26.85	00:37:26.85	+00:03:51 (10.3%)	7:29	8 (89.9%)
6	OLEJNIK Marzena	361		K50	3	00:18:51	00:37:54.25	00:37:54.25	+00:04:18 (11.4%)	7:34	7.9 (88.8%)
7	SOWISZ Adrianna	379	SOWISZ TEAM	K20	1	00:19:02	00:38:22.95	00:38:22.95	+00:04:47 (12.5%)	7:40	7.8 (87.6%)
8	ZDANUK Artur	398	EKSPEDYCJA NORDIC TEAM SZCZECIN	M50	2	00:19:01	00:38:45.05	00:38:45.05	+00:05:09 (13.3%)	7:45	7.7 (86.5%)
9	MISIEWICZ Bożena	354		K60+	1	00:19:13	00:38:53.65	00:38:53.65	+00:05:18 (13.6%)	7:46	7.7 (86.5%)
10	STAŃCZAK Marcin	380	IDĘ DALEJ	M30	1	00:19:05	00:39:00.55	00:39:00.55	+00:05:25 (13.9%)	7:48	7.7 (86.5%)
11	BŁĄD-WASZKIEWICZ Wanda	306		K40	1	00:19:19	00:39:17.90	00:39:17.90	+00:05:42 (14.5%)	7:51	7.6 (85.4%)
12	WEINAR Wojciech	392	OLA & WOJTEK	M30	2	00:19:13	00:39:27.75	00:39:27.75	+00:05:52 (14.9%)	7:53	7.6 (85.4%)
13	WARKOCZYŃSKI Marcin	393		M40	2	00:19:40	00:40:19.05	00:40:19.05	+00:06:43 (16.7%)	8:03	7.4 (83.1%)
14	SKORNIA Krzysztof	376	GRUPA AZOTY "POLICE"	M40	3	00:19:48	00:40:41.05	00:40:41.05	+00:07:05 (17.4%)	8:08	7.4 (83.1%)

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15	KARLIKOWSKI Łukasz	323		M30	3	00:20:00	00:40:52.70	00:40:52.70	+00:07:17 (17.8%)	8:10	7.3 (82.0%)
16	KRUŻBERSKA Katarzyna	333		K20	2	00:20:57	00:41:07.55	00:41:07.55	+00:07:32 (18.3%)	8:13	7.3 (82.0%)
17	MALINOWSKA Marzena	346		K50	4	00:20:10	00:41:08.90	00:41:08.90	+00:07:33 (18.4%)	8:13	7.3 (82.0%)
18	SZUBERT-ADAMSKA Ewelina	386	FUTYMKA TEAM	K50	5	00:20:30	00:41:28.45	00:41:28.45	+00:07:52 (19.0%)	8:17	7.2 (80.9%)
19	MARCINKOWSKI Tomasz	347		M30	4	00:21:07	00:41:33.05	00:41:33.05	+00:07:57 (19.2%)	8:18	7.2 (80.9%)
20	SZYMANEK Bogusława	388	WALKING WARRIORS	K60+	2	00:20:41	00:41:53.80	00:41:53.80	+00:08:18 (19.8%)	8:22	7.2 (80.9%)
21	GÓRSKA Agnieszka	316		K40	2	00:20:44	00:42:02.55	00:42:02.55	+00:08:27 (20.1%)	8:24	7.1 (79.8%)
22	BUJNOWSKA Anita	307		K30	1	00:21:10	00:42:10.10	00:42:10.10	+00:08:34 (20.3%)	8:26	7.1 (79.8%)
23	MUSZKIET-SOBAŃSKA Agnieszka	357	MUFFINKOWE MORSY	K40	3	00:21:06	00:42:59.85	00:42:59.85	+00:09:24 (21.9%)	8:35	7 (78.7%)
24	SOWISZ Danuta	378	SOWISZ TEAM	K50	6	00:21:40	00:43:01.00	00:43:01.00	+00:09:25 (21.9%)	8:36	7 (78.7%)
25	SOROCZYŃSKA Maja	377		K20	3	00:21:29	00:43:01.15	00:43:01.15	+00:09:25 (21.9%)	8:36	7 (78.7%)
26	SAJEWICZ Magdalena	371	WALKING WARRIORS	K30	2	00:21:22	00:43:15.35	00:43:15.35	+00:09:39 (22.3%)	8:39	6.9 (77.5%)
27	LEWANDOWSKA Dorota	336		K40	4	00:21:29	00:43:16.40	00:43:16.40	+00:09:40 (22.4%)	8:39	6.9 (77.5%)
28	JURCZYK Anna	322	FUTYMKA TEAM	K30	3	00:21:21	00:43:33.80	00:43:33.80	+00:09:58 (22.9%)	8:42	6.9 (77.5%)
29	FUTYMA Karolina	314	FUTYMKA TEAM	K30	4	00:21:29	00:43:47.95	00:43:47.95	+00:10:12 (23.3%)	8:45	6.9 (77.5%)
30	PARCHIMOWICZ Janusz	365		M60+	2	00:21:23	00:44:10.35	00:44:10.35	+00:10:34 (24.0%)	8:50	6.8 (76.4%)
31	FALEŃSKI Rafał	311		M40	4	00:21:28	00:44:11.80	00:44:11.80	+00:10:36 (24.0%)	8:50	6.8 (76.4%)
32	KARPOW Adriana	325		K40	5	00:21:52	00:44:13.35	00:44:13.35	+00:10:37 (24.0%)	8:50	6.8 (76.4%)
33	MATWIEJCZUK Agnieszka	350	FUTYMKA TEAM	K40	6	00:21:51	00:44:17.80	00:44:17.80	+00:10:42 (24.2%)	8:51	6.8 (76.4%)
34	BETKER Adam	302	NSP ELAN VITAL	M20	1	00:22:12	00:44:19.55	00:44:19.55	+00:10:44 (24.2%)	8:51	6.8 (76.4%)
35	NOWAK Aneta	360		K50	7	00:22:53	00:44:20.75	00:44:20.75	+00:10:45 (24.2%)	8:52	6.8 (76.4%)
36	MAZIUK Elżbieta	351		K50	8	00:22:04	00:44:42.35	00:44:42.35	+00:11:06 (24.9%)	8:56	6.7 (75.3%)
37	ŁUKOMSKA-MOCYDLARZ Anna	342		K40	7	00:22:27	00:44:53.35	00:44:53.35	+00:11:17 (25.2%)	8:58	6.7 (75.3%)

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38	PILAWSKA Małgorzata	366		K50	9	00:22:06	00:45:00.10	00:45:00.10	+00:11:24 (25.4%)	9:00	6.7 (75.3%)
39	KAROL Agnieszka	324	TEAM KAROLKI	K50	10	00:22:03	00:45:24.80	00:45:24.80	+00:11:49 (26.0%)	9:04	6.6 (74.2%)
40	ORLIŃSKA Natalia	363		K40	8	00:23:15	00:45:25.60	00:45:25.60	+00:11:50 (26.1%)	9:05	6.6 (74.2%)
41	ORLIŃSKA Magdalena	364		K40	9	00:23:19	00:45:34.90	00:45:34.90	+00:11:59 (26.3%)	9:06	6.6 (74.2%)
42	KONCZIOLA Maria	330	NIE DOTYCZY	K60+	3	00:23:02	00:45:35.85	00:45:35.85	+00:12:00 (26.3%)	9:07	6.6 (74.2%)
43	ZEMANKIEWICZ Łukasz	399	DRUŻYNA KORCZAKA	M40	5	00:22:29	00:45:47.80	00:45:47.80	+00:12:12 (26.6%)	9:09	6.6 (74.2%)
44	JANEK Justyna	320		K30	5	00:23:19	00:46:04.00	00:46:04.00	+00:12:28 (27.1%)	9:12	6.5 (73.0%)
45	STEINKA Bożka	381		K60+	4	00:22:57	00:46:04.25	00:46:04.25	+00:12:28 (27.1%)	9:12	6.5 (73.0%)
46	GÓRSKI Michał	317		M30	5	00:23:19	00:46:04.85	00:46:04.85	+00:12:29 (27.1%)	9:12	6.5 (73.0%)
47	SAJEWICZ Piotr	372	WALKING WARRIORS	M50	3	00:22:52	00:46:07.95	00:46:07.95	+00:12:32 (27.2%)	9:13	6.5 (73.0%)
48	BIERNACKA Helena Biernacka	305	NIEZRZESZONA	K60+	5	00:22:59	00:46:15.55	00:46:15.55	+00:12:40 (27.4%)	9:15	6.5 (73.0%)
49	ŁUKOJC Bernardetta	341		K50	11	00:23:02	00:46:23.60	00:46:23.60	+00:12:48 (27.6%)	9:16	6.5 (73.0%)
50	UFNIARZ Grzegorz	391		M40	6	00:23:28	00:46:31.45	00:46:31.45	+00:12:55 (27.8%)	9:18	6.4 (71.9%)
51	ROSIŃSKA Karolina	370		K30	6	00:23:25	00:46:43.65	00:46:43.65	+00:13:08 (28.1%)	9:20	6.4 (71.9%)
52	MIKLAS Aleksandra	353	WALKING WARRIORS	K30	7	00:23:16	00:46:51.00	00:46:51.00	+00:13:15 (28.3%)	9:22	6.4 (71.9%)
53	KOZA Joanna	331		K40	10	00:23:44	00:46:53.45	00:46:53.45	+00:13:17 (28.4%)	9:22	6.4 (71.9%)
54	WOLSKA Sylwia	395		K40	11	00:23:12	00:47:16.75	00:47:16.75	+00:13:41 (28.9%)	9:27	6.3 (70.8%)
55	FORCZMAŃSKA Angelika	313	SOSW NR 1 DNR	K20	4	00:23:15	00:47:25.15	00:47:25.15	+00:13:49 (29.2%)	9:29	6.3 (70.8%)
56	ZAJĄC Bożena	396	LEGENDARY POWER SZEWC	K60+	6	00:24:42	00:47:57.95	00:47:57.95	+00:14:22 (30.0%)	9:35	6.3 (70.8%)
57	KRAWCZYK Barbara	332	FUTYMKA TEAM	K50	12	00:23:43	00:48:48.05	00:48:48.05	+00:15:12 (31.2%)	9:45	6.1 (68.5%)
58	KLITYŃSKA Agnieszka	328		K40	12	00:24:06	00:49:02.40	00:49:02.40	+00:15:26 (31.5%)	9:48	6.1 (68.5%)
59	LITWINIAK Izabela	338	FUTYMKA TEAM	K40	13	00:24:51	00:49:28.30	00:49:28.30	+00:15:52 (32.1%)	9:53	6.1 (68.5%)
60	MICHALAK Monika	352	FUTYMKA TEAM	K40	14	00:24:41	00:49:28.55	00:49:28.55	+00:15:53 (32.1%)	9:53	6.1 (68.5%)

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61	ZDANKIEWICZ Olga	397		K40	15	00:23:53	00:49:33.45	00:49:33.45	+00:15:57 (32.2%)	9:54	6.1 (68.5%)
62	KASPRZAK Elżbieta	326		K60+	7	00:24:17	00:49:34.85	00:49:34.85	+00:15:59 (32.2%)	9:54	6.1 (68.5%)
63	GAZECKA Krystyna	315		K60+	8	00:24:25	00:49:38.35	00:49:38.35	+00:16:02 (32.3%)	9:55	6 (67.4%)
64	STRZELCZAK-CYBULSKA Agnieszka	382		K40	16	00:24:43	00:49:43.25	00:49:43.25	+00:16:07 (32.4%)	9:56	6 (67.4%)
65	SĘK Dominik	374	SOSW NR 1 DNR	M20	2	00:23:12	00:49:57.50	00:49:57.50	+00:16:21 (32.8%)	9:59	6 (67.4%)
66	SWJATECKI Jerzy	400	ZESPOL SZKOL ELELEKTRYCZNIK ELEKTRONICZNY	M60+	3	00:24:37	00:49:59.90	00:49:59.90	+00:16:24 (32.8%)	9:59	6 (67.4%)
67	PRZYBYSZ Urszula	367		K20	5	00:24:53	00:50:03.70	00:50:03.70	+00:16:28 (32.9%)	10:00	6 (67.4%)
68	JAGUSZEWSKA Sylwia	319		K40	17	00:24:37	00:50:31.10	00:50:31.10	+00:16:55 (33.5%)	10:06	5.9 (66.3%)
69	ŁACINA Karolina	339		K40	18	00:25:04	00:50:45.20	00:50:45.20	+00:17:09 (33.8%)	10:09	5.9 (66.3%)
70	WOJDAK Żaneta	394		K30	8	00:25:08	00:50:50.35	00:50:50.35	+00:17:14 (33.9%)	10:10	5.9 (66.3%)
71	CEBEREK-PŁOTCZYK Marcelina	308		K60+	9	00:25:12	00:50:52.15	00:50:52.15	+00:17:16 (34.0%)	10:10	5.9 (66.3%)
72	SZYDELSKA Krystyna	387	NORDICOWELOVE	K60+	10	00:25:11	00:51:06.65	00:51:06.65	+00:17:31 (34.3%)	10:13	5.9 (66.3%)
73	SWINARSKI Jan	385	NIRDICOWE LOVE	M60+	4	00:25:11	00:51:07.75	00:51:07.75	+00:17:32 (34.3%)	10:13	5.9 (66.3%)
74	KNAP Sylwia	329		K30	9	00:25:38	00:51:41.70	00:51:41.70	+00:18:06 (35.0%)	10:20	5.8 (65.2%)
75	KWIATKOWSKA Angelika	335	SOSW NR 1 DNR	K20	6	00:25:49	00:52:06.90	00:52:06.90	+00:18:31 (35.5%)	10:25	5.8 (65.2%)
76	ROSIK Joanna	369		K60+	11	00:25:59	00:52:11.65	00:52:11.65	+00:18:36 (35.6%)	10:26	5.7 (64.0%)
77	MACIASZCZYK Zbigniew	343		M60+	5	00:25:59	00:52:13.50	00:52:13.50	+00:18:37 (35.7%)	10:26	5.7 (64.0%)
78	MAJCHROWSKA Magdalena	344		K30	10	00:25:54	00:52:23.15	00:52:23.15	+00:18:47 (35.9%)	10:28	5.7 (64.0%)
79	TARGOSIŃSKA Wioletta	389		K40	19	00:25:54	00:52:24.40	00:52:24.40	+00:18:48 (35.9%)	10:28	5.7 (64.0%)
80	CIEŚLAK Adam	309	LEGENDARY POWER SZEWC	M60+	6	00:26:06	00:52:41.20	00:52:41.20	+00:19:05 (36.2%)	10:32	5.7 (64.0%)
81	CIEŚLAK Helena	310	LEGENDARY POWER SZEWC	K50	13	00:26:02	00:52:42.00	00:52:42.00	+00:19:06 (36.3%)	10:32	5.7 (64.0%)
82	BETKER Anna	303	KS ZADYSZKA	K40	20	00:26:05	00:53:04.05	00:53:04.05	+00:19:28 (36.7%)	10:36	5.7 (64.0%)
83	AMBROZIEWICZ Monika	300		K40	21	00:26:49	00:54:09.45	00:54:09.45	+00:20:33 (38.0%)	10:49	5.5 (61.8%)

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84	OLSZEWSKA Kamila	362		K30	11	00:26:48	00:54:10.90	00:54:10.90	+00:20:35 (38.0%)	10:50	5.5 (61.8%)
85	GURGACZ Gabriela	318	WALKING WARRIORS	K40	22	00:28:06	00:56:32.00	00:56:32.00	+00:22:56 (40.6%)	11:18	5.3 (59.6%)
86	SAJEWICZ Bożena	373	WALKING WARRIORS	K60+	12	00:28:58	00:57:50.40	00:57:50.40	+00:24:14 (41.9%)	11:34	5.2 (58.4%)
87	BAK Katarzyna	301	FUTYMKA TEAM	K40	23	00:28:29	00:58:03.30	00:58:03.30	+00:24:27 (42.1%)	11:36	5.2 (58.4%)
88	JANOWSKA-PASZKOWSKA Joanna	321		K40	24	00:28:37	00:58:43.25	00:58:43.25	+00:25:07 (42.8%)	11:44	5.1 (57.3%)
Przekroczony limit czasu: 01:00:00											
89	SUSZCZEWSKA Bogumiła	384	WALKING WARRIORS	K60+	13	00:29:15	01:00:29.35	01:00:29.35	+00:26:53 (44.5%)	12:05	5 (56.2%)
90	NAZIMEK Mieczysława	358	WALKING WARRIORS	K60+	14	00:29:17	01:00:30.90	01:00:30.90	+00:26:55 (44.5%)	12:06	5 (56.2%)
91	NOWAK Mirosław	359	WALKING WARRIORS	M60+	7	00:29:16	01:00:31.20	01:00:31.20	+00:26:55 (44.5%)	12:06	5 (56.2%)

Znaleziono 91 wynik(ów)