

NORDIC WALKING - 5 KM

B4SPORT
INTELEGENTE ZAWODY SPORTOWE

Wydarzenie: VIII BIEG PRZEŁAJOWY im. chor. szt. Tadeusza
KŁOSKOWSKIEGO
Organizator: Fundacja "Sub ventum" w Słupsku
Data: 2023-09-23
Miejsce: Słupsk
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	BRZOZOWSKI Piotr	24	AKTYWNI POSTOMINO	OPEN -M	1	00:43:29.45	00:43:33.96		8:41	6.9 (100%)
2	WIELGAT Łukasz	180		OPEN -M	2	00:43:30.39	00:43:34.94	+00:00:00 (0.0%)	8:42	6.9 (100%)
3	GORTAT Bogumił	51	NORDA MASTERS	OPEN -M	3	00:43:57.95	00:44:02.73	+00:00:28 (1.1%)	8:47	6.8 (98.6%)
4	CHYLEWSKA Aleksandra	29		OPEN -K	1	00:48:21.81	00:48:32.09	+00:04:58 (10.2%)	9:40	6.2 (89.9%)
5	WOŁCZEK Henryk	185		OPEN -M	4	00:49:31.39	00:49:31.39	+00:05:57 (12.0%)	9:54	6.1 (88.4%)
6	ĆWIL Tomasz	36		OPEN -M	5	00:50:36.71	00:50:43.07	+00:07:09 (14.1%)	10:07	5.9 (85.5%)
7	GAWĘŁ Andrzej	46	POMERIDERS SLUPDK	OPEN -M	6	00:51:04.01	00:51:08.87	+00:07:34 (14.8%)	10:12	5.9 (85.5%)
8	ANTOSIK Grażyna	4	KS OLSZEWSKI I SYNOWIE	OPEN -K	2	00:52:08.60	00:52:14.09	+00:08:40 (16.6%)	10:25	5.8 (84.1%)
9	KOCOŃ Sylwia	86		OPEN -K	3	00:52:32.83	00:52:37.21	+00:09:03 (17.2%)	10:30	5.7 (82.6%)
10	DĄBROWSKA Romualda	35	SKRĘPOWANE	OPEN -K	4	00:52:59.55	00:53:03.68	+00:09:29 (17.9%)	10:35	5.7 (82.6%)
11	BRZEZIŃSKI Henryk	22		OPEN -M	7	00:53:30.46	00:53:35.98	+00:10:02 (18.7%)	10:42	5.6 (81.2%)
12	GAWĘŁ Iwona	47	POMERIDERS SLUPDK	OPEN -K	5	00:54:45.08	00:54:50.30	+00:11:16 (20.6%)	10:57	5.5 (79.7%)
13	OLECHNOWICZ Zbigniew	132	TUPOT USTKA	OPEN -M	8	00:54:52.49	00:54:58.98	+00:11:25 (20.8%)	10:58	5.5 (79.7%)
14	ĆWIL Karolina	8		OPEN -K	6	00:54:56.47	00:55:02.19	+00:11:28 (20.8%)	10:59	5.5 (79.7%)
15	RODZIEWICZ Wioletta	151		OPEN -K	7	00:56:18.37	00:56:22.70	+00:12:48 (22.7%)	11:15	5.3 (76.8%)
16	ADAMCZYK Aleksandra	1	SKRĘPOWANE	OPEN -K	8	00:58:47.80	00:58:53.25	+00:15:19 (26.0%)	11:45	5.1 (73.9%)
17	ŚMIGIEL Magdalena	172	SKRĘPOWANE	OPEN -K	9	00:59:17.16	00:59:23.29	+00:15:49 (26.6%)	11:51	5.1 (73.9%)
18	HABER Hubert	57	SANKTUARIUM ŚW. JÓZEFA OBLUBIEŃCA NMP	OPEN -M	9	00:59:15.70	00:59:24.16	+00:15:50 (26.7%)	11:51	5.1 (73.9%)
19	ANTOSIK Mikołaj	5	KS OLSZEWSKI I SYNOWIE	OPEN -M	10	01:00:20.69	01:00:27.13	+00:16:53 (27.9%)	12:04	5 (72.5%)
20	GÓRSKA Magdalena	53	WESOŁE KOPYTKA	OPEN -K	10	01:02:51.50	01:02:56.75	+00:19:22 (30.8%)	12:34	4.8 (69.6%)
21	BIENKOWSKA Alina	13	MODELKI	OPEN -K	11	01:05:52.59	01:05:59.00	+00:22:25 (34.0%)	13:10	4.6 (66.7%)
22	KENIG Renata	82	KS OLSZEWSKI I SYNOWIE	OPEN -K	12	01:06:31.86	01:06:38.25	+00:23:04 (34.6%)	13:18	4.5 (65.2%)
23	CHUDY Janina	28	KS OLSZEWSKI I SYNOWIE	OPEN -K	13	01:07:52.39	01:08:02.18	+00:24:28 (36.0%)	13:34	4.4 (63.8%)
24	KAŚNICKA Tamara	80		OPEN -K	14	01:08:49.86	01:08:57.82	+00:25:23 (36.8%)	13:45	4.4 (63.8%)
25	MIKULSKA Anna	120		OPEN -K	15	01:08:57.94	01:08:57.94	+00:25:23 (36.8%)	13:47	4.4 (63.8%)
26	JASKULSKA Margareta	62		OPEN -K	16	01:26:36.88	01:26:44.53	+00:43:10 (49.8%)	17:19	3.5 (50.7%)

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27	ŻYDZIANOWSKA Beata	196		OPEN -K	17	01:26:39.66	01:26:46.82	+00:43:12 (49.8%)	17:19	3.5 (50.7%)
28	KAMIŃSKA Jolanta	74		OPEN -K	18	01:38:48.40	01:38:56.41	+00:55:22 (56.0%)	19:45	3 (43.5%)
29	WIŚNIEWSKA Milena	214		OPEN -K	19	01:43:25.94	01:43:34.35	+01:00:00 (57.9%)	20:41	2.9 (42.0%)

Znaleziono 29 wynik(ów)