



NORDIC WALKING - 5 KM

B4SPORT

Wydarzenie:
Organizator:

4. BIEG KORCZAKA
Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla
Dzieci Niepełnosprawnych Ruchowo w Policach im.
Marii Grzegorzewskiej

Data:
Miejsce:
Dystans:

2023-04-22
Police
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K50

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Póímetek 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|-----------------------|-----------|------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | MASŁYK Małgorzata | 348 | | K50 | 1 | 00:17:38 | 00:35:24.65 | 00:35:24.65 | | 7:04 | 8.5 (100%) |
| 2 | MURAWSKA Wioletta | 356 | KB DZIK POLICE | K50 | 2 | 00:18:32 | 00:37:26.85 | 00:37:26.85 | +00:02:02 (5.4%) | 7:29 | 8 (94.1%) |
| 3 | OLEJNIK Marzena | 361 | | K50 | 3 | 00:18:51 | 00:37:54.25 | 00:37:54.25 | +00:02:29 (6.6%) | 7:34 | 7.9 (92.9%) |
| 4 | MALINOWSKA Marzena | 346 | | K50 | 4 | 00:20:10 | 00:41:08.90 | 00:41:08.90 | +00:05:44 (13.9%) | 8:13 | 7.3 (85.9%) |
| 5 | SZUBERT-ADAMSKA Ewelina | 386 | FUTYMKA TEAM | K50 | 5 | 00:20:30 | 00:41:28.45 | 00:41:28.45 | +00:06:03 (14.6%) | 8:17 | 7.2 (84.7%) |
| 6 | SOWISZ Danuta | 378 | SOWISZ TEAM | K50 | 6 | 00:21:40 | 00:43:01.00 | 00:43:01.00 | +00:07:36 (17.7%) | 8:36 | 7 (82.4%) |
| 7 | NOWAK Aneta | 360 | | K50 | 7 | 00:22:53 | 00:44:20.75 | 00:44:20.75 | +00:08:56 (20.1%) | 8:52 | 6.8 (80.0%) |
| 8 | MAZIUK Elżbieta | 351 | | K50 | 8 | 00:22:04 | 00:44:42.35 | 00:44:42.35 | +00:09:17 (20.8%) | 8:56 | 6.7 (78.8%) |
| 9 | PILAWSKA Małgorzata | 366 | | K50 | 9 | 00:22:06 | 00:45:00.10 | 00:45:00.10 | +00:09:35 (21.3%) | 9:00 | 6.7 (78.8%) |
| 10 | KAROL Agnieszka | 324 | TEAM KAROLKI | K50 | 10 | 00:22:03 | 00:45:24.80 | 00:45:24.80 | +00:10:00 (22.0%) | 9:04 | 6.6 (77.6%) |
| 11 | ŁUKOJĆ Bernadetta | 341 | | K50 | 11 | 00:23:02 | 00:46:23.60 | 00:46:23.60 | +00:10:58 (23.7%) | 9:16 | 6.5 (76.5%) |
| 12 | KRAWCZYK Barbara | 332 | FUTYMKA TEAM | K50 | 12 | 00:23:43 | 00:48:48.05 | 00:48:48.05 | +00:13:23 (27.4%) | 9:45 | 6.1 (71.8%) |
| 13 | CIEŚLAK Helena | 310 | LEGENDARY POWER SZEWC | K50 | 13 | 00:26:02 | 00:52:42.00 | 00:52:42.00 | +00:17:17 (32.8%) | 10:32 | 5.7 (67.1%) |

Znaleziono 13 wynik(ów)