



NORDIC WALKING - 5 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: 5. BIEG KORCZAKA
Organizator: Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej
Data: 2024-04-20
Miejsce: Police
Dystans: 5 km

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Półmetek 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	ZGRAJA Katarzyna	296	BIEGACZE ŚWINOUJŚCIE	K50	1	DRUŻYNA KRÓLA MACIUSIA	00:19:09	00:39:01.30	00:39:03.65		7:48	7.7 (100%)
2	BŁĄD-WASZKIEWICZ Wanda	206	KS POGODNI NORDIKOWCY	K40	1		00:20:18	00:41:42.50	00:41:43.65	+00:02:40 (6.4%)	8:20	7.2 (93.5%)
3	BULASIŃSKA Irena	208	BAJKOWE PP8	K50	2	Bajkowe PP8	00:20:52	00:42:06.40	00:42:09.25	+00:03:05 (7.3%)	8:25	7.1 (92.2%)
4	JURCZYK Anna	219	EKSPEDYCJA NORDIC TEAM SZCZECIN	K30	1	DRUŻYNA KRÓLA MACIUSIA	00:21:20	00:42:38.60	00:42:40.55	+00:03:36 (8.5%)	8:31	7 (90.9%)
5	OLEJNIK Marzena	259		K50	3		00:21:20	00:42:42.65	00:42:44.70	+00:03:41 (8.6%)	8:32	7 (90.9%)
6	STACHOWICZ-HAWRYLAK Sylwia	273	DRUŻYNA KORCZAKA	K50	4	Drużyna Korczaka	00:21:10	00:43:13.95	00:43:14.85	+00:04:11 (9.7%)	8:38	6.9 (89.6%)
7	SZUBERT-ADAMSKA Ewelina	278	FUTYMKA TEAM	K50	5	Futymka Team	00:21:40	00:44:05.05	00:44:07.40	+00:05:03 (11.5%)	8:49	6.8 (88.3%)
8	NATALCZYK Ewelina	255		K30	2		00:22:56	00:44:41.95	00:44:46.75	+00:05:43 (12.8%)	8:56	6.7 (87.0%)
9	GÓRSKA Agnieszka	217		K40	2		00:22:04	00:44:44.60	00:44:47.15	+00:05:43 (12.8%)	8:56	6.7 (87.0%)
10	MALINOWSKA Marzena	244	FUTYMKA TEAM	K50	6	Futymka Team	00:22:40	00:46:05.30	00:46:06.85	+00:07:03 (15.3%)	9:13	6.5 (84.4%)
11	AMBROZIEWICZ Monika	201		K40	3		00:23:10	00:46:20.05	00:46:25.55	+00:07:21 (15.9%)	9:16	6.5 (84.4%)
12	PROTASIEWICZ Agnieszka	264		K40	4		00:23:04	00:46:46.75	00:46:50.55	+00:07:46 (16.6%)	9:21	6.4 (83.1%)
13	NOWAKOWSKA Adriana	258	DRUŻYNA KORCZAKA	K40	5	Drużyna Korczaka	00:23:08	00:46:46.50	00:46:51.00	+00:07:47 (16.6%)	9:21	6.4 (83.1%)
14	SZYMANEK Bogusława	280		K60+	1		00:23:06	00:47:10.60	00:47:13.45	+00:08:09 (17.3%)	9:26	6.4 (83.1%)

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								netto 5km	brutto 5km			
15	FUTYMA Karolina	216	FUTYMKA TEAM	K30	3	Futymka Team	00:23:18	00:47:16.00	00:47:17.75	+00:08:14 (17.4%)	9:27	6.3 (81.8%)
16	MATWIEJCZUK Agnieszka	246	FUTYMKA TEAM	K40	6	Futymka Team	00:23:44	00:47:49.25	00:47:51.70	+00:08:48 (18.4%)	9:33	6.3 (81.8%)
17	WESOŁOWSKA Urszula	288		K40	7		00:24:03	00:48:37.75	00:48:40.75	+00:09:37 (19.8%)	9:43	6.2 (80.5%)
18	SAJEWICZ Magdalena	268	WALKING WARRIORS	K30	4	Walking Warriors	00:24:20	00:49:22.05	00:49:25.50	+00:10:21 (21.0%)	9:52	6.1 (79.2%)
19	NOWAKOWSKA Wioleta	257	BAJKOWE PP8	K40	8	Bajkowe PP8	00:24:36	00:49:20.30	00:49:26.65	+00:10:23 (21.0%)	9:52	6.1 (79.2%)
20	KUPIDURA Zenia	235	BAJKOWEPP8	K60+	2	Bajkowe PP8	00:21:45	00:49:45.85	00:49:48.00	+00:10:44 (21.6%)	9:57	6 (77.9%)
21	WRÓBEL Olga	290	FUTYMKA TEAM	K40	9	Futymka Team	00:25:02	00:49:53.40	00:49:57.00	+00:10:53 (21.8%)	9:58	6 (77.9%)
22	MIKLAS Aleksandra	250	WALKING WARRIORS	K40	10	Walking Warriors	00:24:53	00:50:02.65	00:50:09.00	+00:11:05 (22.1%)	10:00	6 (77.9%)
23	PILAWSKA Małgorzata	263		K50	7		00:25:06	00:50:06.25	00:50:15.95	+00:11:12 (22.3%)	10:01	6 (77.9%)
24	KOZA Joanna	230	MORSOWE LOVE	K40	11		00:25:20	00:51:20.20	00:51:25.95	+00:12:22 (24.1%)	10:16	5.8 (75.3%)
25	ŁUKOJĆ Bernadetta	240		K50	8		00:25:39	00:52:01.25	00:52:03.15	+00:12:59 (25.0%)	10:24	5.8 (75.3%)
26	KRZYWANIA Helena	232		K40	12		00:26:27	00:52:03.85	00:52:13.10	+00:13:09 (25.2%)	10:24	5.8 (75.3%)
27	ŁAGÓDKA Natalia	239	BAJKOWE PP8	K30	5	Bajkowe PP8	00:26:24	00:52:25.20	00:52:32.95	+00:13:29 (25.7%)	10:29	5.7 (74.0%)
28	KABECKA Magdalena	211	BAJKOWE PP8	K30	6		00:26:27	00:52:29.90	00:52:37.60	+00:13:33 (25.8%)	10:29	5.7 (74.0%)
29	WOLSKA-RAJCHEL Maria	289	ARIELKA TEAM	K30	7		00:26:43	00:52:34.45	00:52:44.65	+00:13:41 (25.9%)	10:30	5.7 (74.0%)
30	ORDAK Anna	260	BAJKOWEPP8	K40	13		00:26:22	00:52:43.60	00:52:49.85	+00:13:46 (26.1%)	10:32	5.7 (74.0%)
31	FORCZMAŃSKA Angelika	213	DRUŻYNA KORCZAKA	K20	1	Drużyna Korczaka	00:26:40	00:52:52.45	00:52:54.50	+00:13:50 (26.2%)	10:34	5.7 (74.0%)
32	PRZYBYSZ Urszula	265		K20	2		00:26:35	00:53:35.15	00:53:38.20	+00:14:34 (27.2%)	10:43	5.6 (72.7%)
33	WRZESZCZ Paulina	291		K20	3		00:26:57	00:53:39.95	00:53:45.50	+00:14:41 (27.3%)	10:43	5.6 (72.7%)
34	TREMBECKA Renata	283	ARIELKA TEAM	K60+	3		00:27:04	00:53:37.65	00:53:48.55	+00:14:44 (27.4%)	10:43	5.6 (72.7%)
35	TARKOWSKA Ewa	282	BAJKOWE PP8	K40	14		00:27:28	00:54:11.15	00:54:18.00	+00:15:14 (28.1%)	10:50	5.5 (71.4%)
36	MOLENDASabina	252	BAJKOWE PP8	K40	15	Bajkowe PP8	00:27:28	00:54:11.15	00:54:18.40	+00:15:14 (28.1%)	10:50	5.5 (71.4%)
37	WANDYSZEWSKA Barbara	286	BAJKOWE PP8	K40	16	Bajkowe PP8	00:27:29	00:54:11.20	00:54:18.45	+00:15:14 (28.1%)	10:50	5.5 (71.4%)

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38	ŚWIDERSKA-KARLIKOWSKA Karolina	281		K40	17		00:27:21	00:54:19.20	00:54:24.50	+00:15:20 (28.2%)	10:51	5.5 (71.4%)
39	KOSZALSKA Marta	227		K40	18		00:27:24	00:54:20.40	00:54:28.65	+00:15:25 (28.3%)	10:52	5.5 (71.4%)
40	PARUS Magdalena	262		K50	9		00:27:20	00:54:43.00	00:54:53.00	+00:15:49 (28.8%)	10:56	5.5 (71.4%)
41	SADOWSKA Ewa	267	CHÓR PUM	K50	10		00:27:10	00:54:43.85	00:54:53.85	+00:15:50 (28.8%)	10:56	5.5 (71.4%)
42	KRAWCZYK Basia	231	FUTYMKA TEAM	K50	11	Futymka Team	00:26:39	00:54:59.60	00:55:01.65	+00:15:58 (29.0%)	10:59	5.5 (71.4%)
43	BAŃKOWSKA Magda	202	BAJKOWE PP8	K40	19		00:26:28	00:55:07.70	00:55:14.35	+00:16:10 (29.3%)	11:01	5.4 (70.1%)
44	MICHALAK Monika	249	FUTYMKA TEAM	K40	20	Futymka Team	00:27:24	00:55:12.65	00:55:16.55	+00:16:12 (29.3%)	11:02	5.4 (70.1%)
45	MIKOŁAJEK Wioletta	251		K50	12		00:27:38	00:55:48.45	00:55:53.85	+00:16:50 (30.1%)	11:09	5.4 (70.1%)
46	KOTARSKA Małgorzata	228		K60+	4		00:27:42	00:55:56.35	00:56:02.10	+00:16:58 (30.3%)	11:11	5.4 (70.1%)
47	NOWAK Aneta	256	FUTYMKA TEAM	K50	13	Futymka Team	00:27:43	00:55:57.55	00:56:02.40	+00:16:58 (30.3%)	11:11	5.4 (70.1%)
48	SZYDELSKA Krystyna	279		K60+	5		00:27:53	00:56:33.35	00:56:39.10	+00:17:35 (31.1%)	11:18	5.3 (68.8%)
49	KOTT Wanda	229		K60+	6		00:27:19	00:56:40.70	00:56:42.70	+00:17:39 (31.1%)	11:20	5.3 (68.8%)
50	KNAP Sylwia	224		K30	8		00:28:13	00:56:40.10	00:56:48.70	+00:17:45 (31.2%)	11:20	5.3 (68.8%)
51	SIKORA Magdalena	271		K40	21		00:28:08	00:57:36.60	00:57:47.95	+00:18:44 (32.4%)	11:31	5.2 (67.5%)
52	LITWINIAK Izabela	237	FUTYMKA TEAM	K50	14	Futymka Team	00:28:15	00:57:44.10	00:57:48.00	+00:18:44 (32.4%)	11:32	5.2 (67.5%)
53	ŻMUDA-SUPLICKA Iwona	298		K40	22		00:28:48	00:58:44.60	00:58:49.25	+00:19:45 (33.6%)	11:44	5.1 (66.2%)
54	MĄDRA Karolina	248		K40	23		00:28:51	00:58:45.20	00:58:49.70	+00:19:46 (33.6%)	11:45	5.1 (66.2%)
55	KASPRZAK Elżbieta	223	RUN EXPERT	K60+	7		00:28:39	00:59:45.10	00:59:49.30	+00:20:45 (34.7%)	11:57	5 (64.9%)
56	BETKER Anna	203	KS ZADYSZKA	K40	24		00:28:57	00:59:53.00	00:59:58.40	+00:20:54 (34.9%)	11:58	5 (64.9%)
Przekroczony limit czasu: 01:00:00												
57	SAJEWICZ Bożena	270	WALKING WARRIORS	K60+	8	Walking Warriors	00:30:18	01:01:49.65	01:01:54.20	+00:22:50 (36.9%)	12:21	4.9 (63.6%)
58	KOŁODZIEJ Sylwia	225	LELEMELKI	K50	15		00:30:25	01:02:15.20	01:02:23.40	+00:23:19 (37.4%)	12:27	4.8 (62.3%)
59	BRZEZIŃSKA Magdalena	207		K50	16		00:30:25	01:02:15.85	01:02:24.05	+00:23:20 (37.4%)	12:27	4.8 (62.3%)
60	KWIATKOWSKA Angelika	236	SOSW NR 1 DNR	K20	4	Drużyna Korczaka	00:30:35	01:02:18.50	01:02:25.45	+00:23:21 (37.4%)	12:27	4.8 (62.3%)

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61	KAPICA Anna	221	BAJKOWE PP8	K20	5	Bajkowe PP8	00:31:47	01:04:07.85	01:04:13.90	+00:25:10 (39.2%)	12:49	4.7 (61.0%)
62	BIKOWSKA Magdalena	205	BAJKOWE PP8	K20	6	Bajkowe PP8	00:31:45	01:04:07.15	01:04:14.55	+00:25:10 (39.2%)	12:49	4.7 (61.0%)
63	KAPICA Patrycja	220	BAJKOWE PP8	K40	25		00:31:46	01:04:08.20	01:04:15.75	+00:25:12 (39.2%)	12:49	4.7 (61.0%)
64	MAJCHEREK Paulina	243		K30	9		00:31:03	01:04:33.30	01:04:44.55	+00:25:40 (39.7%)	12:54	4.6 (59.7%)
65	FRĄCZAK Natalia	215	FUTYMKA TEAM	K20	7	Futymka Team	00:32:49	01:05:18.25	01:05:21.65	+00:26:18 (40.2%)	13:03	4.6 (59.7%)
66	FRĄCZAK Kinga	214	FUTYMKA TEAM	K20	8	Futymka Team	00:32:54	01:05:25.05	01:05:29.15	+00:26:25 (40.4%)	13:05	4.6 (59.7%)

Znaleziono 66 wynik(ów)