



## NORDIC WALKING - 5KM

B4SPORT

**Wydarzenie:** XIII Bieg Charytatywny im. chor. Kazimierza Masiowskiego  
**Organizator:** Stowarzyszenie Sportowe Grupa Biegowa Rundorfina, Gmina Czaplinek  
**Data:** 2023-03-12  
**Miejsce:** Czaplinek  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>PYREK Krzysztof</b>	<b>188</b>	1 RBLOG	M-Open	1	00:16:21	<b>00:34:08.90</b>		6:49	8.8 (100%)
2	<b>WOJTCZAK Roman</b>	<b>192</b>	LECH CZAPLINEK	M-Open	2	00:18:16	<b>00:36:55.50</b>	+00:02:46 (7.5%)	7:23	8.1 (92.0%)
3	<b>WOJTCZAK Urszula</b>	<b>191</b>	CZAPELKI	K-Open	1	00:18:16	<b>00:36:56.05</b>	+00:02:47 (7.5%)	7:23	8.1 (92.0%)
4	<b>BANY Mirela</b>	<b>161</b>		K-Open	2	00:19:41	<b>00:39:39.75</b>	+00:05:30 (13.9%)	7:55	7.6 (86.4%)
5	<b>KNITTER Monika</b>	<b>177</b>		K-Open	3	00:19:41	<b>00:39:40.80</b>	+00:05:31 (13.9%)	7:56	7.6 (86.4%)
6	<b>NIEDŹWIEDŹ Ewa</b>	<b>183</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	4	00:19:38	<b>00:40:34.30</b>	+00:06:25 (15.8%)	8:06	7.4 (84.1%)
7	<b>KARCZ Ryszard</b>	<b>176</b>		M-Open	3	00:21:36	<b>00:43:03.45</b>	+00:08:54 (20.7%)	8:36	7 (79.5%)
8	<b>HRYBOWICZ Joanna</b>	<b>171</b>	RUNDORFINA	K-Open	5	00:21:20	<b>00:43:41.65</b>	+00:09:32 (21.8%)	8:44	6.9 (78.4%)
9	<b>PODGÓRSKA Agata</b>	<b>187</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open	6	00:21:45	<b>00:44:15.75</b>	+00:10:06 (22.9%)	8:51	6.8 (77.3%)
10	<b>KRANC Anna</b>	<b>180</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	7	00:22:42	<b>00:45:10.25</b>	+00:11:01 (24.4%)	9:02	6.6 (75.0%)
11	<b>ILCZYSZYN Magdalena</b>	<b>172</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	8	00:23:24	<b>00:48:04.05</b>	+00:13:55 (29.0%)	9:36	6.2 (70.5%)
12	<b>KOWALSKA Grażyna</b>	<b>178</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	9	00:24:24	<b>00:49:36.40</b>	+00:15:27 (31.2%)	9:55	6 (68.2%)
13	<b>KOZŁOWSKI Piotr</b>	<b>109</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	M-Open	4	00:25:42	<b>00:50:13.30</b>	+00:16:04 (32.0%)	10:02	6 (68.2%)
14	<b>OSTRYCH Iwona</b>	<b>185</b>		K-Open	10	00:24:26	<b>00:50:52.20</b>	+00:16:43 (32.9%)	10:10	5.9 (67.0%)
15	<b>DERKACZ Renata</b>	<b>165</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	11	00:26:00	<b>00:51:01.25</b>	+00:16:52 (33.1%)	10:12	5.9 (67.0%)
16	<b>KOZŁOWSKA Emilia</b>	<b>179</b>	KLUB SPORTOWY HUSARIA SZCZECINEK	K-Open	12	00:25:42	<b>00:51:16.65</b>	+00:17:07 (33.4%)	10:15	5.9 (67.0%)
17	<b>JAŃCZAK Krystyna</b>	<b>173</b>		K-Open	13	00:26:01	<b>00:51:18.65</b>	+00:17:09 (33.4%)	10:15	5.8 (65.9%)
18	<b>OBUCHOWICZ Mariola</b>	<b>184</b>		K-Open	14	00:26:02	<b>00:51:19.60</b>	+00:17:10 (33.5%)	10:15	5.8 (65.9%)
19	<b>ROMANÓW Małgorzata</b>	<b>190</b>		K-Open	15	00:26:02	<b>00:51:19.85</b>	+00:17:10 (33.5%)	10:15	5.8 (65.9%)
20	<b>ZIARNIK Danuta</b>	<b>193</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	16	00:26:02	<b>00:51:50.45</b>	+00:17:41 (34.1%)	10:22	5.8 (65.9%)
21	<b>RAŚ Katarzyna</b>	<b>189</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	K-Open	17	00:26:15	<b>00:52:03.90</b>	+00:17:55 (34.4%)	10:24	5.8 (65.9%)
22	<b>CZERPANIAK Dorota</b>	<b>164</b>	NWT BŁYSKAWICE KALISZ POMORSKI	K-Open	18	00:25:55	<b>00:52:05.10</b>	+00:17:56 (34.4%)	10:25	5.8 (65.9%)
23	<b>BOŃKOWSKA Agata</b>	<b>89</b>		K-Open	19	00:27:20	<b>00:53:52.25</b>	+00:19:43 (36.6%)	10:46	5.6 (63.6%)
24	<b>BOŃKOWSKA Karolina</b>	<b>162</b>		K-Open	20	00:27:21	<b>00:53:53.35</b>	+00:19:44 (36.6%)	10:46	5.6 (63.6%)
25	<b>BETLEJA Ewa</b>	<b>88</b>		K-Open	21	00:27:43	<b>00:56:24.60</b>	+00:22:15 (39.5%)	11:16	5.3 (60.2%)
26	<b>BEDOSŁAW Piotr</b>	<b>195</b>		M-Open	5	00:27:44	<b>00:56:25.30</b>	+00:22:16 (39.5%)	11:17	5.3 (60.2%)
27	<b>BOŃKOWSKI Cezar</b>	<b>163</b>	RUNDORFINA	M-Open	6	00:31:16	<b>00:59:41.60</b>	+00:25:32 (42.8%)	11:56	5 (56.8%)

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28	<b>GOŁUCKA Małgorzata</b>	<b>169</b>		K-Open	22	00:31:31	<b>01:03:30.30</b>	+00:29:21 (46.2%)	12:42	4.7 (53.4%)
	<b>JAWDYŃSKA Teresa</b>	<b>174</b>		K-Open		DNF	<b>DNF</b>		-	- (0.0%)
	<b>JĘDRZEJSKA Ewa</b>	<b>175</b>		K-Open		DNF	<b>DNF</b>		-	- (0.0%)

Znaleziono 30 wynik(ów)