



## NORDIC WALKING - 5KM

B4SPORT

**Wydarzenie:** XIV Bieg Charytatywny im. chor. Kazimierza Masiowskiego  
**Organizator:** STOWARZYSZENIE SPORTOWE GRUPA BIEGOWA RUNDORFINA  
**Data:** 2024-03-10  
**Miejsce:** Siemczyno  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	NAWROCKI Jakub	80		OPEN -M	1	00:05:55.25		1:11	50.7 (100%)
2	POŁUBIAK Paweł	92	NW CZŁAPSKI TEAM	OPEN -M	2	00:36:31.35	+00:30:36 (83.8%)	7:18	8.2 (16.2%)
3	WOJTCZAK Urszula	121	CZAPELKA	OPEN -K	1	00:39:29.60	+00:33:34 (85.0%)	7:53	7.6 (15.0%)
4	GORTAT Bogumił	33	NORDA MASTERS	OPEN -M	3	00:40:13.70	+00:34:18 (85.3%)	8:02	7.5 (14.8%)
5	WOJTCZAK Roman	122	LECH CZAPLINEK	OPEN -M	4	00:44:41.40	+00:38:46 (86.8%)	8:56	6.7 (13.2%)
6	PIETRZYK Anna	91	CBL KALISZ POMORSKI	OPEN -K	2	00:45:54.60	+00:39:59 (87.1%)	9:10	6.5 (12.8%)
7	HRYBOWICZ Joanna	38	RUNDORFINA	OPEN -K	3	00:45:57.80	+00:40:02 (87.1%)	9:11	6.5 (12.8%)
8	KARCZ Ryszard	46	CBL KALISZ POMORSKI	OPEN -M	5	00:46:58.85	+00:41:03 (87.4%)	9:23	6.4 (12.6%)
9	WITCZAK Dorota	119	BŁYSKAWICE N.W TEAM	OPEN -K	4	00:47:23.70	+00:41:28 (87.5%)	9:28	6.3 (12.4%)
10	FURMAN Bożena	25	BŁYSKAWICE N.W TEAM	OPEN -K	5	00:47:34.90	+00:41:39 (87.6%)	9:30	6.3 (12.4%)
11	MAZUR Milena	77		OPEN -K	6	00:48:16.05	+00:42:20 (87.7%)	9:39	6.2 (12.2%)
12	EFFENBERG NAWROT Renata	23	CBL KALISZ POMORSKI	OPEN -K	7	00:49:09.60	+00:43:14 (88.0%)	9:49	6.1 (12.0%)
13	ILCZYSZYN Magdalena	39	BŁYSKAWICE N.W TEAM	OPEN -K	8	00:50:04.35	+00:44:09 (88.2%)	10:00	6 (11.8%)
14	KILIJĄNSKA Ewa	52		OPEN -K	9	00:50:05.05	+00:44:09 (88.2%)	10:01	6 (11.8%)
15	MICHALSKA Małgorzata	78	KIJKIŻANKI SZCZECINEK	OPEN -K	10	00:50:36.80	+00:44:41 (88.3%)	10:07	5.9 (11.6%)
16	WIŚNIK Agnieszka	118	KIJKIŻANKI SZCZECINEK	OPEN -K	11	00:50:37.65	+00:44:42 (88.3%)	10:07	5.9 (11.6%)
17	SUSKA Renata	108	PRZEDSZKOLE PUBLICZNE W CZAPLINKU	OPEN -K	12	00:50:47.65	+00:44:52 (88.3%)	10:09	5.9 (11.6%)
18	MAŃKOWSKA Anna	74	CBL KALISZ POMORSKI	OPEN -K	13	00:50:48.45	+00:44:53 (88.3%)	10:09	5.9 (11.6%)
19	OLCZAK Anna	86	CBL KALISZ POMORSKI	OPEN -K	14	00:51:43.65	+00:45:48 (88.6%)	10:20	5.8 (11.4%)
20	POMAGALSKA Barbara	93	CBL KALISZ POMORSKI	OPEN -K	15	00:51:45.25	+00:45:50 (88.6%)	10:21	5.8 (11.4%)
21	GRZYBOWSKA Emilia	35	CBL KALISZ POMORSKI	OPEN -K	16	00:51:47.55	+00:45:52 (88.6%)	10:21	5.8 (11.4%)
22	OBUCHOWICZ Mariola	83		OPEN -K	17	00:52:06.25	+00:46:11 (88.6%)	10:25	5.8 (11.4%)
23	ROMANÓW Małgorzata	97		OPEN -K	18	00:52:06.35	+00:46:11 (88.6%)	10:25	5.8 (11.4%)
24	ZAKRZEWSKA Krystyna	124		OPEN -K	19	00:52:42.70	+00:46:47 (88.8%)	10:32	5.7 (11.2%)
25	KOWALSKA Grażyna	58	BŁYSKAWICE N.W TEAM	OPEN -K	20	00:53:33.80	+00:47:38 (88.9%)	10:42	5.6 (11.0%)
26	ZIARNIK Danuta	126	BŁYSKAWICE N.W TEAM	OPEN -K	21	00:54:46.50	+00:48:51 (89.2%)	10:57	5.5 (10.8%)
27	ROMANÓW Mariusz	98		OPEN -M	6	00:55:53.75	+00:49:58 (89.4%)	11:10	5.4 (10.7%)

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28	<b>MAŚLAK Dorota</b>	<b>76</b>	CBL KALISZ POMORSKI	OPEN -K	22	<b>00:59:34.15</b>	+00:53:38 (90.1%)	11:54	5 (9.9%)
29	<b>KLIMOWSKA Grażyna</b>	<b>54</b>	BRAK	OPEN -K	23	<b>01:00:07.10</b>	+00:54:11 (90.2%)	12:01	5 (9.9%)
30	<b>BUCA Dorota</b>	<b>14</b>		OPEN -K	24	<b>01:00:35.55</b>	+00:54:40 (90.2%)	12:07	5 (9.9%)
31	<b>SZLOŃSKA-GETKA Katarzyna</b>	<b>115</b>		OPEN -K	25	<b>01:00:35.80</b>	+00:54:40 (90.2%)	12:07	5 (9.9%)
32	<b>KRYCZKA Krystyna</b>	<b>60</b>		OPEN -K	26	<b>01:00:53.50</b>	+00:54:58 (90.3%)	12:10	4.9 (9.7%)
33	<b>BANASIAK Aneta</b>	<b>5</b>	CBL KALISZ POMORSKI	OPEN -K	27	<b>01:02:00.95</b>	+00:56:05 (90.5%)	12:24	4.8 (9.5%)
34	<b>MARKOWSKA Agnieszka</b>	<b>75</b>	CBL KALISZ POMORSKI	OPEN -K	28	<b>01:02:01.55</b>	+00:56:06 (90.5%)	12:24	4.8 (9.5%)
35	<b>SZCZEPAŃSKI Hubert</b>	<b>111</b>	CBL KALISZ POMORSKI	OPEN -M	7	<b>01:02:21.85</b>	+00:56:26 (90.5%)	12:28	4.8 (9.5%)
36	<b>GAJEWSKA Krystyna</b>	<b>26</b>		OPEN -K	29	<b>01:02:22.75</b>	+00:56:27 (90.5%)	12:28	4.8 (9.5%)
37	<b>SZCZEPAŃSKA Agnieszka</b>	<b>110</b>	CBL KALISZ POMORSKI	OPEN -K	30	<b>01:02:24.05</b>	+00:56:28 (90.5%)	12:28	4.8 (9.5%)
38	<b>JANOWICZ Alina</b>	<b>40</b>	KIJKIŻANKI SZCZECINEK	OPEN -K	31	<b>01:02:28.15</b>	+00:56:32 (90.5%)	12:29	4.8 (9.5%)
39	<b>STODULSKA Bogumiła</b>	<b>106</b>	BŁYSKAWICE N.W TEAM	OPEN -K	32	<b>01:02:32.60</b>	+00:56:37 (90.5%)	12:30	4.8 (9.5%)
40	<b>PONIECKA Elwira</b>	<b>94</b>	BŁYSKAWICE N.W TEAM	OPEN -K	33	<b>01:02:32.85</b>	+00:56:37 (90.5%)	12:30	4.8 (9.5%)
41	<b>RAŚ Katarzyna</b>	<b>95</b>	BŁYSKAWICE N.W TEAM	OPEN -K	34	<b>01:02:33.60</b>	+00:56:38 (90.5%)	12:30	4.8 (9.5%)
42	<b>ZIÓŁKOWSKA Ktarzyna</b>	<b>128</b>		OPEN -K	35	<b>01:03:55.60</b>	+00:58:00 (90.7%)	12:47	4.7 (9.3%)
43	<b>MAJDAN Marta</b>	<b>71</b>		OPEN -K	36	<b>01:03:55.65</b>	+00:58:00 (90.7%)	12:47	4.7 (9.3%)
44	<b>JĘDRZEJEWSKA Ewa</b>	<b>43</b>		OPEN -K	37	<b>01:12:27.65</b>	+01:06:32 (91.8%)	14:29	4.1 (8.1%)
45	<b>RUMAK Grażyna</b>	<b>137</b>		OPEN -K	38	<b>01:12:29.30</b>	+01:06:34 (91.8%)	14:29	4.1 (8.1%)
46	<b>JAWDYŃSKA Teresa</b>	<b>41</b>		OPEN -K	39	<b>01:12:33.45</b>	+01:06:38 (91.8%)	14:30	4.1 (8.1%)
47	<b>CZEREPANIAK Dorota</b>	<b>19</b>	BŁYSKAWICE N.W TEAM	OPEN -K	40				(0.0%)
48	<b>GETKA Mariusz</b>	<b>29</b>		OPEN -M	8				(0.0%)

Znaleziono 48 wynik(ów)