

NORDIC WALKING - 5KM

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Biegu i Nordic Walking w ramach „Naukowo-Sportowego Pikniku Lotniczego”
Organizator: Lotnicza Akademia Wojskowa
Data: 2023-05-27
Miejsce: Dęblin
Dystans: 5 km



Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	TUZIMEK Agata	137	KUR-TEAM	OPEN -K	1	00:34:30.95		6:54	8.7 (100%)
2	KUTA Anna	117	LAW	OPEN -K	2	00:38:06.65	+00:03:35 (9.4%)	7:37	7.9 (90.8%)
3	GOTOWAŁA Justyna	108	KUR-TEAM	OPEN -K	3	00:38:32.05	+00:04:01 (10.4%)	7:42	7.8 (89.7%)
4	KUTA Marta	118	KUR-TEAM	OPEN -K	4	00:39:35.00	+00:05:04 (12.8%)	7:55	7.6 (87.4%)
5	SKWAREK Krystyna	133	KUR-TEAM	OPEN -K	5	00:40:18.30	+00:05:47 (14.4%)	8:03	7.4 (85.1%)
6	NIEZABITOWSKA Renata	122	KUR-TEAM	OPEN -K	6	00:41:49.40	+00:07:18 (17.5%)	8:21	7.2 (82.8%)
7	KAMIŃSKA Halina	111	KUR-TEAM	OPEN -K	7	00:41:49.50	+00:07:18 (17.5%)	8:21	7.2 (82.8%)
8	MARZYSZ Marzena	121	SPSP	OPEN -K	8	00:41:56.85	+00:07:25 (17.7%)	8:23	7.2 (82.8%)
9	CENDROWSKA Hanna	104	LAW	OPEN -K	9	00:42:03.95	+00:07:33 (17.9%)	8:24	7.1 (81.6%)
10	OSIAK Izabela	124		OPEN -K	10	00:42:07.55	+00:07:36 (18.1%)	8:25	7.1 (81.6%)
11	JÓWKO Karolina	110	KUR-TEAM	OPEN -K	11	00:43:04.75	+00:08:33 (19.9%)	8:36	7 (80.5%)
12	GRABOWSKA Małgorzata	109	NORDIC WALKERS DĘBLIN	OPEN -K	12	00:43:17.15	+00:08:46 (20.3%)	8:39	6.9 (79.3%)
13	OGONOWSKA Ewa	123	LAW	OPEN -K	13	00:44:16.75	+00:09:45 (22.0%)	8:51	6.8 (78.2%)
14	KOWALSKA Dorota	115	LAW DĘBLIN	OPEN -K	14	00:44:28.30	+00:09:57 (22.4%)	8:53	6.7 (77.0%)
15	KULISZ Beata	116	SPSP	OPEN -K	15	00:45:09.00	+00:10:38 (23.6%)	9:01	6.6 (75.9%)
16	PYSZCZAK Natalia	129	KUR-TEAM	OPEN -K	16	00:45:09.15	+00:10:38 (23.6%)	9:01	6.6 (75.9%)
17	PYSZCZAK Joanna	127	KUR-TEAM	OPEN -K	17	00:45:09.30	+00:10:38 (23.6%)	9:01	6.6 (75.9%)
18	BANY Marta	101	NORDIC WALKERS DĘBLIN	OPEN -K	18	00:45:10.55	+00:10:39 (23.6%)	9:02	6.6 (75.9%)
19	FAGAS Edyta	106		OPEN -K	19	00:46:39.05	+00:12:08 (26.0%)	9:19	6.4 (73.6%)
20	POŁOWSKA Joanna	126		OPEN -K	20	00:46:39.10	+00:12:08 (26.0%)	9:19	6.4 (73.6%)
21	RODAK Bożena	130	LAW DĘBLIN	OPEN -K	21	00:46:39.30	+00:12:08 (26.0%)	9:19	6.4 (73.6%)
22	GŁOWACKA Julia	107		OPEN -K	22	00:48:11.75	+00:13:40 (28.4%)	9:38	6.2 (71.3%)
23	KOŚLAK Anna	113		OPEN -K	23	00:49:33.35	+00:15:02 (30.3%)	9:54	6.1 (70.1%)
24	STASIAK Agnieszka	134	KUR-TEAM	OPEN -K	24	00:50:04.60	+00:15:33 (31.1%)	10:00	6 (69.0%)
25	PŁUCHOWSKA Bernadetta	125	KUR-TEAM	OPEN -K	25	00:50:05.40	+00:15:34 (31.1%)	10:01	6 (69.0%)

Znaleziono 25 wynik(ów)