

# NORDIC WALKING - 5KM

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

## Wydarzenie:

Biegu i Nordic Walking w ramach „Naukowo-Sportowego  
Pikniku Lotniczego”

## Organizator:

Lotnicza Akademia Wojskowa

## Data:

2023-05-27

## Miejsce:

Dęblin

## Dystans:

5 km



Klasyfikacja: OPEN -M

| Msc | Zawodnik                   | Numer      | Klub                     | Kategoria | Mkat | Czas netto 5km     | Różn              | Tempo min/km | Tempo km/h  |
|-----|----------------------------|------------|--------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 1   | <b>TUZIMEK Jakub</b>       | <b>138</b> | KUR-TEAM                 | OPEN -M   | 1    | <b>00:34:16.35</b> |                   | 6:51         | 8.8 (100%)  |
| 2   | <b>PYSZCZAK Piotr</b>      | <b>128</b> | KUR-TEAM                 | OPEN -M   | 2    | <b>00:34:30.75</b> | +00:00:14 (0.7%)  | 6:54         | 8.7 (98.9%) |
| 3   | <b>ŻMUDA Jerzy</b>         | <b>141</b> | GORZYCE CHODZI Z KIJKAMI | OPEN -M   | 3    | <b>00:34:51.55</b> | +00:00:35 (1.7%)  | 6:58         | 8.6 (97.7%) |
| 4   | <b>KUTA Dariusz</b>        | <b>119</b> | KUR-TEAM                 | OPEN -M   | 4    | <b>00:38:10.75</b> | +00:03:54 (10.2%) | 7:38         | 7.9 (89.8%) |
| 5   | <b>MAJEWSKI Jan</b>        | <b>120</b> | GORZYCE CHODZI Z KIJKAMI | OPEN -M   | 5    | <b>00:38:28.70</b> | +00:04:12 (10.9%) | 7:41         | 7.8 (88.6%) |
| 6   | <b>SEKITA Tomasz</b>       | <b>131</b> | NIEZRZESZONY             | OPEN -M   | 6    | <b>00:42:15.50</b> | +00:07:59 (18.9%) | 8:27         | 7.1 (80.7%) |
| 7   | <b>WOJCIECHOWSKI Jakub</b> | <b>139</b> | KUR-TEAM                 | OPEN -M   | 7    | <b>00:44:46.70</b> | +00:10:30 (23.5%) | 8:57         | 6.7 (76.1%) |
| 8   | <b>SKRODZKI Mateusz</b>    | <b>132</b> |                          | OPEN -M   | 8    | <b>00:48:11.65</b> | +00:13:55 (28.9%) | 9:38         | 6.2 (70.5%) |
| 9   | <b>KOŚLAK Paweł</b>        | <b>114</b> |                          | OPEN -M   | 9    | <b>00:49:33.00</b> | +00:15:16 (30.8%) | 9:54         | 6.1 (69.3%) |

Znaleziono 9 wynik(ów)