

# NORDIC WALKING 9 KM - „PARASZYNEK TRAIL”

B4SPORT  
INTELEGENTE ZAWODY SPORTOWE

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

I Bieg i Marsz Nordic Walking „Paraszynek Trail”  
Fundacja Active Age  
2022-09-18  
PARSZYNEK  
9 km



Klasyfikacja: OPEN-K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 9km	Różn	Tempo min/km	Tempo km/h
1	<b>PLICHTA Agnieszka</b>	<b>36</b>		OPEN-K	1	<b>01:11:56.20</b>		7:59	7.5 (100%)
2	<b>ŁOCOŃ Sylwia</b>	<b>55</b>		OPEN-K	2	<b>01:12:59.20</b>	+00:01:03 (1.4%)	8:06	7.4 (98.7%)
3	<b>ROPELA Monika</b>	<b>43</b>	WOLF TEAM	OPEN-K	3	<b>01:15:53.90</b>	+00:03:57 (5.2%)	8:25	7.1 (94.7%)
4	<b>GAWART Anna</b>	<b>9</b>		OPEN-K	4	<b>01:16:25.00</b>	+00:04:28 (5.9%)	8:29	7.1 (94.7%)
5	<b>BRONK Grażyna</b>	<b>6</b>		OPEN-K	5	<b>01:20:06.20</b>	+00:08:10 (10.2%)	8:54	6.7 (89.3%)
6	<b>GÓRA Helena</b>	<b>11</b>		OPEN-K	6	<b>01:20:07.45</b>	+00:08:11 (10.2%)	8:54	6.7 (89.3%)
7	<b>PETTA Magdalena</b>	<b>35</b>		OPEN-K	7	<b>01:22:47.10</b>	+00:10:50 (13.1%)	9:11	6.5 (86.7%)
8	<b>BARBARA Żyłka</b>	<b>2</b>		OPEN-K	8	<b>01:22:54.85</b>	+00:10:58 (13.2%)	9:12	6.5 (86.7%)
9	<b>POBRUCKA Mirosława</b>	<b>38</b>		OPEN-K	9	<b>01:23:21.55</b>	+00:11:25 (13.7%)	9:15	6.5 (86.7%)
10	<b>KWIATKOWSKA Kamila</b>	<b>18</b>		OPEN-K	10	<b>01:26:50.70</b>	+00:14:54 (17.2%)	9:38	6.2 (82.7%)
11	<b>PŁOMIN Aleksandra</b>	<b>37</b>		OPEN-K	11	<b>01:26:51.65</b>	+00:14:55 (17.2%)	9:39	6.2 (82.7%)
12	<b>KOLENTA Joanna</b>	<b>15</b>	☺	OPEN-K	12	<b>01:26:52.40</b>	+00:14:56 (17.2%)	9:39	6.2 (82.7%)
13	<b>ADASZAK Edyta</b>	<b>1</b>		OPEN-K	13	<b>01:29:18.80</b>	+00:17:22 (19.5%)	9:55	6 (80.0%)
14	<b>PRUCHNIEWSKA Bożena</b>	<b>39</b>		OPEN-K	14	<b>01:34:03.50</b>	+00:22:07 (23.5%)	10:27	5.7 (76.0%)
15	<b>DOWNAR-ZAPOLSKA Anna</b>	<b>8</b>		OPEN-K	15	<b>01:37:20.25</b>	+00:25:24 (26.1%)	10:48	5.5 (73.3%)
16	<b>ŁATA-GARSKA Sylwia</b>	<b>21</b>		OPEN-K	16	<b>01:37:20.50</b>	+00:25:24 (26.1%)	10:48	5.5 (73.3%)
17	<b>PASTERNAK Agata</b>	<b>34</b>		OPEN-K	17	<b>01:37:58.55</b>	+00:26:02 (26.6%)	10:53	5.5 (73.3%)
18	<b>ZAWISŁAK Agnieszka</b>	<b>51</b>		OPEN-K	18	<b>01:38:00.80</b>	+00:26:04 (26.6%)	10:53	5.5 (73.3%)
19	<b>RACZKOWSKA Daria</b>	<b>40</b>		OPEN-K	19	<b>02:06:13.30</b>	+00:54:17 (43.0%)	14:01	4.3 (57.3%)

Znaleziono 19 wynik(ów)