



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

NORDIC WALKING DLA BIAŁO-CZERWONEJ

DLA BIAŁO - CZERWONEJ
Stowarzyszenie Brzoza Biega, Rowerowa Brzoza
2021-11-14
Bydgoszcz
11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1km	10km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	GWIZDAŁA Zbigniew	26	BIAŁO CZERWONY NIEZWYCIĘŻONY	M46-55	1	00:12:27	01:02:47	01:10:44.15	01:10:59.20		6:25	9.3 (100%)
2	KURDUBSKI Daniel	20	WKB MARATOŃCZYK WŁOCŁAWEK	M36-45	1	00:13:08	01:06:10	01:14:30.50	01:14:46.30	+00:03:47 (5.1%)	6:46	8.9 (95.7%)
3	MIELECKA Agnieszka	70	DOMAR TEAM	K46-55	1	00:13:13	01:07:27	01:15:43.05	01:15:58.35	+00:04:59 (6.6%)	6:53	8.7 (93.5%)
4	SKIERA Kris	27	ŁĄCZĄ NAS PASJE BYDGOSZCZ	M36-45	2	00:14:04	01:07:53	01:15:51.60	01:16:07.20	+00:05:08 (6.7%)	6:53	8.7 (93.5%)
5	PRZYBORKIEWICZ Kriss	57	BIAŁO CZERWONY NIEZWYCIĘŻONY	M46-55	2	00:13:22	01:07:42	01:15:55.40	01:16:11.30	+00:05:12 (6.8%)	6:54	8.7 (93.5%)
6	STRYCYŃSKI Piotr	31	WŁÓCZYKIJE GDYNIA	M46-55	3	00:13:40	01:08:20	01:16:59.05	01:17:17.45	+00:06:18 (8.2%)	6:59	8.6 (92.5%)
7	NAGOW Michał	18	BIAŁO CZERWONY NIEZWYCIĘŻONY	M46-55	4	00:13:27	01:09:14	01:17:57.35	01:18:14.30	+00:07:15 (9.3%)	7:05	8.5 (91.4%)
8	POTRZEBOWSKI Marek	11	ŁĄCZĄ NAS PASJE BYDGOSZCZ	M36-45	3	00:13:36	01:09:16	01:18:06.20	01:18:24.30	+00:07:25 (9.5%)	7:06	8.5 (91.4%)
9	MUCHA Marcin	41	ŁĄCZĄ NAS PASJE BYDGOSZCZ	M36-45	4	00:14:10	01:09:44	01:18:19.15	01:18:36.65	+00:07:37 (9.7%)	7:07	8.4 (90.3%)
10	NIETUPSKI Dariusz	69	WŁÓCZYKIJE GDYNIA	M46-55	5	00:14:04	01:09:49	01:18:34.05	01:18:51.90	+00:07:52 (10.0%)	7:08	8.4 (90.3%)
11	SAFANDOWSKA Małgorzata	32	WKB MARATOŃCZYK WŁOCŁAWEK	K36-45	1	00:14:00	01:09:52	01:18:48.00	01:19:03.00	+00:08:03 (10.2%)	7:09	8.4 (90.3%)
12	NOWAKOWSKI Grzegorz	64	DEAF GARMIN_GIANT	M36-45	5	00:14:00	01:10:11	01:19:04.80	01:19:21.40	+00:08:22 (10.5%)	7:11	8.3 (89.2%)
13	GORZEL Łukasz	22	ŁĄCZĄ NAS PASJE BYDGOSZCZ	M1-35	1	00:14:11	01:10:41	01:19:36.55	01:19:53.05	+00:08:53 (11.1%)	7:14	8.3 (89.2%)
14	JÓŻWIAK Marianna	6	SERCE NORDICA WŁOCŁAWEK	K46-55	2	00:14:11	01:11:00	01:19:51.80	01:20:08.80	+00:09:09 (11.4%)	7:15	8.3 (89.2%)
15	GAWLIK Wojciech	68	IWSPSZ	M36-45	6	00:14:05	01:11:29	01:20:55.70	01:21:12.30	+00:10:13 (12.6%)	7:21	8.2 (88.2%)

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16	GWIZDAŁA Bartosz	25	biaŁo CZERWONY NIEZWYCIĘŻONY	M1-35	2	00:14:37	01:12:55	01:21:50.35	01:22:07.15	+00:11:07 (13.6%)	7:26	8.1 (87.1%)
17	GRABOWSKA-UFNOWSKA Justyna	30	biaŁo CZERWONY NIEZWYCIĘŻONY	K36-45	2	00:14:37	01:13:11	01:21:55.00	01:22:11.00	+00:11:11 (13.6%)	7:26	8.1 (87.1%)
18	POTRZEBOWSKA Agata	10	ŁĄCZĄ NAS PASJE BYDGOSZCZ	K36-45	3	00:14:38	01:14:40	01:24:02.05	01:24:19.30	+00:13:20 (15.8%)	7:38	7.9 (84.9%)
19	ZUZA-WITKOWSKA Anna	9	KTR MASA TURYSTYCZNA	K46-55	3	00:15:41	01:16:34	01:26:08.25	01:26:27.65	+00:15:28 (17.9%)	7:49	7.7 (82.8%)
20	GAŁĄZKA Paweł	24		M56+	1	00:15:31	01:16:44	01:26:15.60	01:26:33.50	+00:15:34 (18.0%)	7:50	7.7 (82.8%)
21	CIESIELSKI Krzysztof	2	FAST WALKER	M56+	2	00:15:28	01:16:53	01:26:18.70	01:26:34.70	+00:15:35 (18.0%)	7:50	7.6 (81.7%)
22	ŻYGENDA Robert	29	WŁÓCZYKIJE GDYNIA	M46-55	6	00:15:17	01:17:17	01:26:38.50	01:26:59.30	+00:16:00 (18.4%)	7:52	7.6 (81.7%)
23	REJMAK Marek	39	WŁÓCZYKIJE GDYNIA	M56+	3	00:15:27	01:17:18	01:26:39.60	01:26:59.45	+00:16:00 (18.4%)	7:52	7.6 (81.7%)
24	KACZMAREK Jarek	16		M46-55	7	00:15:44	01:17:36	01:26:58.85	01:27:21.15	+00:16:21 (18.7%)	7:54	7.6 (81.7%)
25	LUDWINIAK Bogdan	7		M46-55	8	00:15:19	01:17:25	01:27:12.05	01:27:30.10	+00:16:30 (18.9%)	7:55	7.6 (81.7%)
26	BUDAJ Agnieszka	65		K1-35	1	00:16:43	01:20:40	01:28:27.15	01:28:46.75	+00:17:47 (20.0%)	8:02	7.5 (80.6%)
27	ZIELIŃSKA Jolanta	58		K56+	1	00:15:54	01:18:39	01:28:41.45	01:28:58.90	+00:17:59 (20.2%)	8:03	7.4 (79.6%)
28	BUDAJ Agnieszka	68		K1-35	2	00:16:30	01:19:56	01:29:44.15	01:30:03.70	+00:19:04 (21.2%)	8:09	7.4 (79.6%)
29	BRAUN Aneta	40		K36-45	4	00:15:57	01:20:16	01:30:04.25	01:30:20.90	+00:19:21 (21.4%)	8:11	7.3 (78.5%)
30	LEWANDOWSKI Marek	44	LIFE BALANCE PLACE	M46-55	9	00:16:06	01:20:21	01:30:27.25	01:30:51.85	+00:19:52 (21.9%)	8:13	7.3 (78.5%)
31	ŻYGENDA Anna	38	WŁÓCZYKIJE GDYNIA	K46-55	4	00:16:55	01:20:53	01:31:01.95	01:31:22.35	+00:20:23 (22.3%)	8:16	7.3 (78.5%)
32	MINISZEWSKA Irena	52		K36-45	5	00:16:11	01:21:12	01:31:09.35	01:31:27.55	+00:20:28 (22.4%)	8:17	7.2 (77.4%)
33	CZEKRYSEW Andrzej	21	SERCE NORDICA WŁOCŁAWEK	M56+	4	00:16:33	01:21:33	01:31:21.20	01:31:43.90	+00:20:44 (22.6%)	8:18	7.2 (77.4%)
34	JÓŻWIAK Łukasz	5	SERCE NORDICA WŁOCŁAWEK	M46-55	10	00:16:39	01:21:47	01:31:52.10	01:32:14.30	+00:21:15 (23.0%)	8:21	7.2 (77.4%)
35	KACZMAREK Zofia	15		K56+	2	00:16:20	01:22:13	01:32:29.60	01:32:51.00	+00:21:51 (23.5%)	8:24	7.1 (76.3%)
36	KOWALCZYK Bogusława	33		K36-45	6	00:17:22	01:22:37	01:32:47.50	01:33:12.60	+00:22:13 (23.8%)	8:26	7.1 (76.3%)
37	LEWANDOWSKA Renata	43	LIFE BALANCE PLACE	K46-55	5	00:17:07	01:22:43	01:32:59.00	01:33:23.20	+00:22:24 (24.0%)	8:27	7.1 (76.3%)
38	NOWAKOWSKA Marta	63	DEAF GARMIN_CUBE	K1-35	3	00:16:17	01:23:14	01:33:34.50	01:33:53.35	+00:22:54 (24.4%)	8:30	7.1 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	1km	10km	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
39	KWIATKOWSKA Elżbieta	3		K46-55	6	00:16:08	01:23:10	01:33:54.85	01:34:13.70	+00:23:14 (24.7%)	8:32	7 (75.3%)
40	GDAŃSKA Aneta	19		K46-55	7	00:17:38	01:24:24	01:34:33.20	01:34:53.70	+00:23:54 (25.2%)	8:35	7 (75.3%)
41	SZKUTNIK Wioletta	47	LIFE BALANCE PLACE	K46-55	8	00:17:01	01:25:25	01:36:18.60	01:36:42.20	+00:25:43 (26.6%)	8:45	6.9 (74.2%)
42	RUJNER Marek	46	KTR MASA TURYSTYCZNA	M56+	5	00:17:19	01:26:42	01:37:15.40	01:37:42.75	+00:26:43 (27.4%)	8:50	6.8 (73.1%)
43	BONKOWSKA Barbara	28	SERCE NORDICA WŁOCŁAWEK	K46-55	9	00:17:27	01:26:32	01:37:23.15	01:37:45.80	+00:26:46 (27.4%)	8:51	6.8 (73.1%)
44	POLAK Paweł	62	SOLANKOWI BIEGACZE	M1-35	3	00:18:03	01:27:32	01:38:26.60	01:38:48.30	+00:27:49 (28.2%)	8:56	6.7 (72.0%)
45	ŚPICA Wioletta	49	LIFE BALANCE PLACE	K36-45	7	00:17:29	01:27:36	01:38:31.85	01:38:55.55	+00:27:56 (28.2%)	8:57	6.7 (72.0%)
46	ŚPICA Dariusz	48	LIFE BALANCE PLACE	M56+	6	00:17:38	01:27:42	01:38:37.05	01:38:55.70	+00:27:56 (28.2%)	8:57	6.7 (72.0%)
47	FUS Agnieszka	55		K46-55	10	00:17:59	01:28:47	01:40:09.85	01:40:31.70	+00:29:32 (29.4%)	9:06	6.6 (71.0%)
48	RAFIŃSKA Wioleta	36	ROWEROWA BRZOZA	K46-55	11	00:18:06	01:30:03	01:41:01.25	01:41:26.35	+00:30:27 (30.0%)	9:11	6.5 (69.9%)
49	WIŚNIEWSKA Elżbieta	1	ROWEROWA BRZOZA	K46-55	12	00:17:35	01:29:58	01:41:06.35	01:41:32.15	+00:30:32 (30.1%)	9:11	6.5 (69.9%)
50	RUJNER Klara	12	KTR MASA TURYSTYCZNA	K46-55	13	00:17:57	01:29:55	01:41:13.95	01:41:33.65	+00:30:34 (30.1%)	9:12	6.5 (69.9%)
51	MURKOCIŃSKA Dorota	56		K36-45	8	00:18:11	01:30:03	01:41:12.20	01:41:34.20	+00:30:35 (30.1%)	9:12	6.5 (69.9%)
52	CZEKRYSEW Małgorzata	23	SERCE NORDICA WŁOCŁAWEK	K46-55	14	00:19:25	01:35:46	01:47:05.50	01:47:29.35	+00:36:30 (34.0%)	9:44	6.2 (66.7%)
53	NIEWIADOMSKA Zofia	51	SERCE NORDICA WŁOCŁAWEK	K56+	3	00:19:21	01:35:46	01:47:07.10	01:47:30.70	+00:36:31 (34.0%)	9:44	6.2 (66.7%)
54	WEGNEROWSKA Izabela	45	LIFE BALANCE PLACE	K46-55	15	00:19:32	01:40:14	01:52:56.20	01:53:20.40	+00:42:21 (37.4%)	10:16	5.8 (62.4%)
55	BIELSKA Anna	53	LIFE BALANCE PLACE	K46-55	16	00:19:36	01:40:16	01:52:59.55	01:53:20.75	+00:42:21 (37.4%)	10:16	5.8 (62.4%)
56	RAFIŃSKI Robert	35	ROWEROWA BRZOZA	M46-55	11	00:17:47	01:38:50	01:53:05.20	01:53:31.20	+00:42:32 (37.5%)	10:16	5.8 (62.4%)
57	WOŁOSZYN Kazimierz	13	ROWEROWA BRZOZA	M56+	7	00:17:45	01:38:51	01:53:04.10	01:53:31.30	+00:42:32 (37.5%)	10:16	5.8 (62.4%)
57	GRABOWSKI Piotr	66	ROWEROWA BRZOZA	M46-55	12	00:17:47	01:38:52	01:53:05.60	01:53:31.30	+00:42:32 (37.5%)	10:16	5.8 (62.4%)
59	SZOTA Anna	59	KTR MASA TURYSTYCZNA	K36-45	9	00:22:11	01:51:44	02:05:58.55	02:06:19.10	+00:55:19 (43.8%)	11:27	5.2 (55.9%)
60	WITKOWSKI Dariusz	8	KTR MASA TURYSTYCZNA	M56+	8	00:22:03	01:51:37	02:05:52.50	02:06:19.70	+00:55:20 (43.8%)	11:26	5.2 (55.9%)
DQ	BOŻEK Mariusz	34	ROWEROWA BRZOZA	M56+		00:15:23 DQ	01:13:42 DQ	01:21:51.85 DQ	DQ		0:00	8.1 (87.1%)

Znaleziono 61 wynik(ów)