

NORDIC WALKING DLA SENIORÓW 5KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: Familijny Poznań, Polska Federacja Nordic Waking
Date: 2015-08-30
Place: Poznań
Distance: 5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	PRZYMUSIŃSKI Piotr	18		M 60-64	1	00:04:37	00:25:50	00:30:27		5:10	11.6 (100%)
2	SCHUPKE Stanisław	2		M 60-64	2	00:04:37	00:26:36	00:31:13	+00:00:46 (2.9%)	5:19	11.3 (97.4%)
3	PIDUCH Jan	31		M 65-69	1	00:04:37	00:26:46	00:31:23	+00:00:56 (3.5%)	5:21	11.2 (96.6%)
4	GRZYWOCZ Irena	20		K 60-64	1	00:03:29	00:26:51	00:30:20	+00:01:01 (3.8%)	5:22	11.2 (96.6%)
5	ANGIELCZYK Małgorzata	48		K 60-64	2	00:03:30	00:27:38	00:31:08	+00:01:48 (6.5%)	5:31	10.9 (94.0%)
6	KOBYLIŃSKI Piotr	43		M 60-64	3	00:04:37	00:28:02	00:32:39	+00:02:12 (7.8%)	5:36	10.7 (92.2%)
7	PRZYBYŁAK Stanisław	28		M 65-69	2	00:04:38	00:28:16	00:32:54	+00:02:26 (8.6%)	5:39	10.6 (91.4%)
8	ADAMEK-BOBER Anna	58		K 60-64	3	00:03:29	00:28:28	00:31:57	+00:02:38 (9.3%)	5:41	10.5 (90.5%)
9	OLSZEWSKI Wojciech	53		M 60-64	4	00:04:37	00:28:56	00:33:33	+00:03:06 (10.7%)	5:47	10.4 (89.7%)
10	JURDZIŃSKI Edmund	51		M 70+	1	00:04:39	00:29:44	00:34:23	+00:03:54 (13.1%)	5:56	10.1 (87.1%)
11	SCHUPKE Maria	1		K 60-64	4	00:03:29	00:29:45	00:33:14	+00:03:55 (13.2%)	5:57	10.1 (87.1%)
12	SAMULSKA Zofia	14		K 60-64	5	00:03:29	00:31:13	00:34:42	+00:05:23 (17.2%)	6:14	9.6 (82.8%)
13	WALIGÓRSKA-WOWCZAK Krystyna	45		K 65-69	1	00:03:31	00:31:18	00:34:49	+00:05:28 (17.5%)	6:15	9.6 (82.8%)
14	BOBER Czesław	57		M 70+	2	00:04:39	00:32:38	00:37:17	+00:06:48 (20.8%)	6:31	9.2 (79.3%)
15	DĄBROWSKI Henryk	40		M 65-69	3	00:04:38	00:32:40	00:37:18	+00:06:50 (20.9%)	6:32	9.2 (79.3%)
16	HOMAN Maria	61		K 65-69	2	00:03:31	00:35:45	00:39:16	+00:09:55 (27.7%)	7:09	8.4 (72.4%)
17	KACZMAREK Leon	37		M 65-69	4	00:04:39	00:38:15	00:42:54	+00:12:25 (32.5%)	7:39	7.8 (67.2%)
18	PAWELCZYK Beata	13		K 60-64	6	00:03:31	00:39:22	00:42:53	+00:13:32 (34.4%)	7:52	7.6 (65.5%)
19	GARSZTKA Maria	15		K 65-69	3	00:03:30	00:40:34	00:44:04	+00:14:44 (36.3%)	8:06	7.4 (63.8%)

Total 19 results.