

# NORDIC WALKING DLA SENIORÓW 5KM

B4SPORT  
INTELEGENE ZAWODY SPORTOWE

**Organiser:** Familijny Poznań, Polska Federacja Nordic Waking  
**Date:** 2015-08-30  
**Place:** Poznań  
**Distance:** 5 km



Classification: K 65-69

Place	Participant	Number	Club	Category	MCat	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>WALIGÓRSKA-WOWCZAK Krystyna</b>	<b>45</b>		K 65-69	1	00:03:31	<b>00:31:18</b>	<b>00:34:49</b>		6:15	9.6 (100%)
2	<b>HOMAN Maria</b>	<b>61</b>		K 65-69	2	00:03:31	<b>00:35:45</b>	<b>00:39:16</b>	+00:04:27 (12.4%)	7:09	8.4 (87.5%)
3	<b>GARSZTKA Maria</b>	<b>15</b>		K 65-69	3	00:03:30	<b>00:40:34</b>	<b>00:44:04</b>	+00:09:16 (22.8%)	8:06	7.4 (77.1%)

Total 3 results.