



# NORDIC WALKING GLIWICKI - 10KM

B4SPORT

**Wydarzenie:** VII PÓŁMARATON GLIWICKI  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2021-10-17  
**Miejsce:** Gliwice  
**Dystans:** 10N km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ROMANOWSKI Daniel	2067	KATOWICKI NORDIC WALKING	M-20	1	00:00:01	00:15:32	00:40:25	01:03:46.30	01:03:48.15		6:22	9.4 (100%)
2	MAŁKA Marian	2040		M-60	1	00:00:02	00:16:47	00:42:37	01:06:34.40	01:06:37.15	+00:02:48 (4.2%)	6:39	9 (95.7%)
3	RZEPKA Małgorzata	2072	KB ORŁY Z KNUROWA	K-40	1	00:00:04	00:17:11	00:43:22	01:07:43.15	01:07:47.15	+00:03:56 (5.8%)	6:46	8.9 (94.7%)
4	SADOWSKI Tomasz	2108	HARPAGAN SOSNOWIEC	M-40	1	00:00:02	00:16:58	00:43:29	01:08:29.30	01:08:31.45	+00:04:43 (6.9%)	6:50	8.8 (93.6%)
5	GRABOWSKI Krzysztof	2014		M-40	2	00:00:02	00:17:29	00:44:18	01:08:50.40	01:08:52.95	+00:05:04 (7.4%)	6:53	8.7 (92.6%)
6	RÓŻEWICZ Dariusz	2068	PANCE	M-50	1	00:00:03	00:18:09	00:46:36	01:12:38.65	01:12:42.10	+00:08:52 (12.2%)	7:15	8.3 (88.3%)
7	MARCHEWKA Andrzej	2043		M-60	2	00:00:04	00:18:12	00:46:33	01:12:50.80	01:12:55.10	+00:09:04 (12.5%)	7:17	8.2 (87.2%)
8	UKLEJA Anna	2090		K-30	1	00:00:06	00:19:37	00:48:46	01:14:40.50	01:14:46.95	+00:10:54 (14.6%)	7:28	8 (85.1%)
9	MANDRYSZ Aleksandra	2042	NORDIC WALKING LYSKI	K-40	2	00:00:03	00:18:59	00:48:12	01:14:50.25	01:14:54.00	+00:11:03 (14.8%)	7:29	8 (85.1%)
10	RÓŻEWICZ Ewa	2069	PANCE	K-60	1	00:00:02	00:19:16	00:48:25	01:15:04.95	01:15:07.85	+00:11:18 (15.1%)	7:30	8 (85.1%)
11	PIECHOCZEK-NIEZGODA Lucyna	2062		K-40	3	00:00:03	00:18:58	00:48:12	01:15:12.00	01:15:15.15	+00:11:25 (15.2%)	7:31	8 (85.1%)
12	RZEPKA Tomasz	2073	-	M-50	2	00:00:04	00:19:07	00:48:22	01:15:39.20	01:15:44.00	+00:11:52 (15.7%)	7:33	7.9 (84.0%)
13	TYCZEWSKI Jacek	2089		M-40	3	00:00:08	00:19:14	00:48:32	01:16:12.20	01:16:20.85	+00:12:25 (16.3%)	7:37	7.9 (84.0%)
14	MERKEL Sabina	2048	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-40	4	00:00:05	00:19:38	00:49:18	01:16:28.00	01:16:33.80	+00:12:41 (16.6%)	7:38	7.8 (83.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 10km	brutto 10km			
15	<b>KLIMAS Patrycja</b>	<b>2022</b>		K-40	5	00:00:18	00:20:47		<b>01:16:31.55</b>	<b>01:16:50.50</b>	+00:12:45 (16.7%)	7:39	7.8 (83.0%)
16	<b>LIBARDI-KŁYŚ Sylwia</b>	<b>2033</b>		K-60	2	00:00:02	00:19:07	00:48:42	<b>01:16:36.35</b>	<b>01:16:39.10</b>	+00:12:50 (16.8%)	7:39	7.8 (83.0%)
17	<b>MARONDEL Katarzyna</b>	<b>2044</b>	SILESIA NORDIC TEAM	K-30	2	00:00:04	00:19:16	00:48:53	<b>01:16:46.15</b>	<b>01:16:50.55</b>	+00:12:59 (16.9%)	7:40	7.8 (83.0%)
18	<b>KOCEL Grzegorz</b>	<b>2023</b>	NORDIC WALKING LYSKI	M-40	4	00:00:04	00:19:11	00:49:12	<b>01:17:17.40</b>	<b>01:17:22.00</b>	+00:13:31 (17.5%)	7:43	7.8 (83.0%)
19	<b>GIERADA Mateusz</b>	<b>2011</b>		M-30	1	00:00:05	00:20:04	00:49:54	<b>01:17:49.40</b>	<b>01:17:54.60</b>	+00:14:03 (18.1%)	7:46	7.7 (81.9%)
20	<b>OWCZAREK Marcin</b>	<b>2056</b>		M-50	3	00:00:21	00:20:00	00:50:08	<b>01:17:52.05</b>	<b>01:18:13.60</b>	+00:14:05 (18.1%)	7:47	7.7 (81.9%)
21	<b>KUCZERA Beata</b>	<b>2029</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-30	3	00:00:06	00:19:58	00:50:12	<b>01:17:52.85</b>	<b>01:17:59.10</b>	+00:14:06 (18.1%)	7:47	7.7 (81.9%)
22	<b>JANCEWICZ Adam</b>	<b>2018</b>	BSM IT CROWD	M-50	4	00:00:04	00:20:13	00:50:16	<b>01:18:03.65</b>	<b>01:18:08.55</b>	+00:14:17 (18.3%)	7:48	7.7 (81.9%)
23	<b>STAROSTKA Andrzej</b>	<b>2104</b>	PKO BANK POLSKI BIEGAJMY RAZEM	M-60	3	00:00:03	00:19:43		<b>01:18:24.85</b>	<b>01:18:28.55</b>	+00:14:38 (18.7%)	7:50	7.7 (81.9%)
24	<b>LASKA Jadwiga</b>	<b>2032</b>		K-50	1	00:00:05	00:21:14	00:52:15	<b>01:20:36.55</b>	<b>01:20:42.40</b>	+00:16:50 (20.9%)	8:03	7.4 (78.7%)
25	<b>MILERT Jolanta</b>	<b>2050</b>	NORDIC WALKING LYSKI	K-40	6	00:00:03	00:20:19	00:52:10	<b>01:20:38.65</b>	<b>01:20:42.35</b>	+00:16:52 (20.9%)	8:03	7.4 (78.7%)
26	<b>TRAUTMANN Piotr</b>	<b>2088</b>		M-50	5	00:00:04	00:20:06		<b>01:20:40.95</b>	<b>01:20:45.55</b>	+00:16:54 (21.0%)	8:04	7.4 (78.7%)
27	<b>GAMRACY Leszek</b>	<b>2010</b>	PZLAM	M-60	4	00:00:16	00:20:14	00:50:58	<b>01:20:59.35</b>	<b>01:21:15.70</b>	+00:17:13 (21.3%)	8:05	7.4 (78.7%)
28	<b>LISZKA Ilona</b>	<b>2036</b>		K-40	7	00:00:04	00:20:51	00:52:25	<b>01:21:28.95</b>	<b>01:21:33.35</b>	+00:17:42 (21.7%)	8:08	7.4 (78.7%)
29	<b>BARON Magdalena</b>	<b>2002</b>		K-40	8	00:00:06	00:21:42	00:53:08	<b>01:21:35.60</b>	<b>01:21:42.25</b>	+00:17:49 (21.8%)	8:09	7.4 (78.7%)
30	<b>SZYJKA Katarzyna</b>	<b>2085</b>	HIRSCHVOGEL	K-40	9	00:00:11	00:21:26	00:53:13	<b>01:22:31.05</b>	<b>01:22:42.95</b>	+00:18:44 (22.7%)	8:15	7.3 (77.7%)
31	<b>MUSZYŃSKI Dariusz</b>	<b>2101</b>	ELZAB ACTIVE TEAM	M-50	6	00:00:18	00:21:52	00:53:36	<b>01:22:35.95</b>	<b>01:22:54.60</b>	+00:18:49 (22.8%)	8:15	7.3 (77.7%)
32	<b>JAWORSKI Andrzej</b>	<b>2020</b>		M-50	7	00:00:04	00:21:12	00:53:17	<b>01:23:06.20</b>	<b>01:23:11.15</b>	+00:19:19 (23.3%)	8:18	7.2 (76.6%)
33	<b>NOWAK Danuta</b>	<b>2051</b>	ELZAB ACTIVE TEAM	K-40	10	00:00:02	00:21:21	00:53:50	<b>01:23:10.20</b>	<b>01:23:12.95</b>	+00:19:23 (23.3%)	8:19	7.2 (76.6%)
34	<b>SYMELA-BOCHEŃSKA Katarzyna</b>	<b>2082</b>		K-40	11	00:00:15	00:22:05	00:53:49	<b>01:23:15.05</b>	<b>01:23:30.85</b>	+00:19:28 (23.4%)	8:19	7.2 (76.6%)
35	<b>GRABIŃSKI Lech</b>	<b>2013</b>	BŁYSKAWICA SARNÓW	M-60	5	00:00:20	00:21:40	00:54:06	<b>01:24:06.50</b>	<b>01:24:27.30</b>	+00:20:20 (24.2%)	8:24	7.1 (75.5%)
36	<b>FELKEL Aldona</b>	<b>2009</b>	#HUTATEAM	K-50	2	00:00:07	00:21:47	00:54:16	<b>01:24:26.65</b>	<b>01:24:33.75</b>	+00:20:40 (24.5%)	8:26	7.1 (75.5%)
37	<b>SZROBARCZYK Małgorzata</b>	<b>2084</b>		K-50	3	00:00:02	00:21:22	00:54:22	<b>01:24:29.05</b>	<b>01:24:31.90</b>	+00:20:42 (24.5%)	8:26	7.1 (75.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	KOWALCZYK Grażyna	2107		K-50	4	00:00:01	00:20:51	00:53:32	01:24:48.80	01:24:50.65	+00:21:02 (24.8%)	8:28	7.1 (75.5%)
39	MAŁKA Irena	2041		K-60	3	00:00:04	00:21:48	00:54:32	01:24:50.00	01:24:54.50	+00:21:03 (24.8%)	8:29	7.1 (75.5%)
40	CZERWIK Ilona	2006		K-40	12	00:00:14	00:21:37	00:54:13	01:24:55.20	01:25:10.00	+00:21:08 (24.9%)	8:29	7.1 (75.5%)
41	PASTERNAK Anna	2059	OPEL ACTIVE TEAM	K-40	13	00:00:12	00:22:51	00:55:45	01:24:57.00	01:25:09.95	+00:21:10 (24.9%)	8:29	7.1 (75.5%)
42	SZKAMRUK Bogusława	2083	EXTREMALNE OTK NA RELAKSIE	K-60	4	00:00:09	00:21:46	00:54:48	01:25:02.80	01:25:12.75	+00:21:16 (25.0%)	8:30	7.1 (75.5%)
43	POPIOŁKIEWICZ Małgorzata	2100		K-30	4	00:00:15	00:23:10	00:57:34	01:25:03.60	01:25:19.05	+00:21:17 (25.0%)	8:30	7.1 (75.5%)
44	KOPCZYŃSKA Agata	2026	#HUTATEAM	K-30	5	00:00:10	00:22:50	00:56:00	01:25:16.55	01:25:26.95	+00:21:30 (25.2%)	8:31	7 (74.5%)
45	ZIÓŁKOWSKA Jolanta	2098		K-60	5	00:00:11	00:22:39	00:55:37	01:25:47.25	01:25:58.45	+00:22:00 (25.7%)	8:34	7 (74.5%)
46	LUDYGA Krystian	2037		M-40	5	00:00:16	00:23:11	00:56:29	01:26:05.50	01:26:22.45	+00:22:19 (25.9%)	8:36	7 (74.5%)
47	OLSZEWSKA Jolanta	2054		K-40	14	00:00:05	00:21:41	00:55:30	01:26:30.10	01:26:35.50	+00:22:43 (26.3%)	8:39	6.9 (73.4%)
48	WINKIEWICZ Jolanta	2092		K-50	5	00:00:08	00:22:11	00:55:32	01:26:46.00	01:26:54.65	+00:22:59 (26.5%)	8:40	6.9 (73.4%)
49	PASTERNAK Katarzyna	2060		K-40	15	00:00:05	00:21:41	00:55:31	01:27:12.60	01:27:18.00	+00:23:26 (26.9%)	8:43	6.9 (73.4%)
50	TRAUTMANN Bogusia	2087		K-50	6	00:00:04	00:21:44	00:55:33	01:27:17.45	01:27:21.80	+00:23:31 (26.9%)	8:43	6.9 (73.4%)
51	HRYSZKIEWICZ Anna	2017	BSM IT CROWD	K-30	6	00:00:05	00:22:23	00:56:00	01:27:39.40	01:27:44.80	+00:23:53 (27.2%)	8:45	6.8 (72.3%)
52	NAWROT Tomasz	2102		M-30	2	00:00:03	00:22:00	00:56:22	01:27:48.75	01:27:52.30	+00:24:02 (27.4%)	8:46	6.8 (72.3%)
53	CEREMUGA Justyna	2004		K-30	7	00:00:03	00:21:59	00:56:22	01:27:49.05	01:27:52.40	+00:24:02 (27.4%)	8:46	6.8 (72.3%)
54	SIEJKO Janusz	2075		M-60	6	00:00:16	00:23:24	00:57:16	01:28:14.50	01:28:30.70	+00:24:28 (27.7%)	8:49	6.8 (72.3%)
55	JANUSZEWSKA-ZENOWICZ Anna	2019		K-50	7	00:00:12	00:23:21	00:57:21	01:28:14.60	01:28:26.65	+00:24:28 (27.7%)	8:49	6.8 (72.3%)
56	SNOCHOWSKA Agata	2079	SZOMBIERKI CHODZĄ I BIEGAJĄ	K-40	16	00:00:15	00:23:22	00:57:32	01:28:51.85	01:29:07.60	+00:25:05 (28.2%)	8:53	6.8 (72.3%)
57	SKOCZYKŁODA Roman	2077	STADION ŚLĄSKI	M-60	7	00:00:06	00:21:49	00:56:43	01:29:00.25	01:29:06.50	+00:25:13 (28.3%)	8:54	6.7 (71.3%)
58	MACYSZYN Beata	2038	GLIWICE	K-50	8	00:00:11	00:22:56	00:57:31	01:29:18.35	01:29:30.00	+00:25:32 (28.6%)	8:55	6.7 (71.3%)
59	SOBCZAK-KOSIŃSKA Sylwia	2080		K-30	8	00:00:13	00:23:11	00:57:32	01:29:44.30	01:29:57.90	+00:25:58 (28.9%)	8:58	6.7 (71.3%)
60	ZABAWSKA Aleksandra	2096		K-40	17	00:00:13	00:23:25		01:29:48.25	01:30:02.10	+00:26:01 (29.0%)	8:58	6.7 (71.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 10km	brutto 10km			
61	<b>JURETKO Aneta</b>	<b>2021</b>		K-50	9	00:00:09	00:23:22		<b>01:29:53.50</b>	<b>01:30:02.85</b>	+00:26:07 (29.1%)	8:59	6.7 (71.3%)
62	<b>RYFIAK-KOWALCZYK Marta</b>	<b>2070</b>		K-30	9	00:00:14	00:23:26	00:58:05	<b>01:29:54.50</b>	<b>01:30:08.70</b>	+00:26:08 (29.1%)	8:59	6.7 (71.3%)
63	<b>OCHMAN Aleksandra</b>	<b>2052</b>	OPEL ACTIVE TEAM	K-40	18	00:00:12	00:23:08	00:57:38	<b>01:29:54.80</b>	<b>01:30:07.70</b>	+00:26:08 (29.1%)	8:59	6.7 (71.3%)
64	<b>PAWLIK Andrzej</b>	<b>2061</b>		M-60	8	00:00:09	00:23:03	00:57:35	<b>01:29:58.70</b>	<b>01:30:08.50</b>	+00:26:12 (29.1%)	8:59	6.7 (71.3%)
65	<b>BABCZUK Katarzyna</b>	<b>2001</b>		K-40	19	00:00:12	00:23:48	00:57:58	<b>01:30:10.80</b>	<b>01:30:22.85</b>	+00:26:24 (29.3%)	9:01	6.7 (71.3%)
66	<b>GRONDYS Michał</b>	<b>2015</b>		M-40	6	00:00:11	00:23:24	00:58:45	<b>01:30:32.45</b>	<b>01:30:43.95</b>	+00:26:46 (29.6%)	9:03	6.6 (70.2%)
67	<b>GRONDYS Sylwia</b>	<b>2016</b>		K-40	20	00:00:10	00:23:25	00:58:46	<b>01:30:33.55</b>	<b>01:30:44.25</b>	+00:26:47 (29.6%)	9:03	6.6 (70.2%)
68	<b>DOMARADZKA Karolina</b>	<b>2129</b>		K-30	10	00:00:17	00:23:50	00:59:10	<b>01:30:34.20</b>	<b>01:30:51.95</b>	+00:26:47 (29.6%)	9:03	6.6 (70.2%)
69	<b>CZARNIAKOWSKA Marzena</b>	<b>2005</b>		K-30	11	00:00:11	00:23:57	00:59:16	<b>01:30:35.65</b>	<b>01:30:46.70</b>	+00:26:49 (29.6%)	9:03	6.6 (70.2%)
70	<b>REWERS Marzena</b>	<b>2103</b>	LILA TEAM	K-40	21	00:00:13	00:23:49	00:58:01	<b>01:30:36.35</b>	<b>01:30:49.40</b>	+00:26:50 (29.6%)	9:03	6.6 (70.2%)
71	<b>SIDOR Anna</b>	<b>2074</b>		K-40	22	00:00:14	00:23:11	00:57:35	<b>01:31:00.00</b>	<b>01:31:14.85</b>	+00:27:13 (29.9%)	9:06	6.6 (70.2%)
72	<b>PIERNIKARCZYK Mirela</b>	<b>2063</b>		K-30	12	00:00:15	00:23:13	00:57:35	<b>01:31:00.20</b>	<b>01:31:15.20</b>	+00:27:13 (29.9%)	9:06	6.6 (70.2%)
73	<b>ZARAŚ-HEREJ Urszula</b>	<b>2097</b>		K-40	23	00:00:06	00:22:20	00:57:45	<b>01:31:01.65</b>	<b>01:31:07.65</b>	+00:27:15 (29.9%)	9:06	6.6 (70.2%)
74	<b>ONYSZKIEWICZ Iwona</b>	<b>2055</b>		K-30	13	00:00:12	00:23:17	00:59:05	<b>01:31:10.15</b>	<b>01:31:22.20</b>	+00:27:23 (30.1%)	9:07	6.6 (70.2%)
75	<b>MALINOWSKA-FILIPEK Agnieszka</b>	<b>2039</b>		K-40	24	00:00:07	00:23:29	00:58:48	<b>01:31:30.55</b>	<b>01:31:38.20</b>	+00:27:44 (30.3%)	9:09	6.6 (70.2%)
76	<b>SARRE Joanna</b>	<b>2099</b>	SPORT RELAKS NASZA SZKÓŁKA PŁYWANIA	K-60	6	00:00:19	00:23:03	00:58:05	<b>01:31:36.50</b>	<b>01:31:56.40</b>	+00:27:50 (30.4%)	9:09	6.6 (70.2%)
77	<b>OCHUDLO Gabriela</b>	<b>2053</b>	#HUTATEAM	K-50	10	00:00:08	00:23:26	00:58:44	<b>01:31:38.95</b>	<b>01:31:47.65</b>	+00:27:52 (30.4%)	9:09	6.5 (69.1%)
78	<b>KOMANDER Joanna</b>	<b>2025</b>	JOMAR RUNNERS	K-50	11	00:00:06	00:22:49	00:58:39	<b>01:31:41.15</b>	<b>01:31:47.90</b>	+00:27:54 (30.4%)	9:10	6.5 (69.1%)
79	<b>ROJEK Urszula</b>	<b>2066</b>		K-40	25	00:00:09	00:23:36	00:59:11	<b>01:31:48.35</b>	<b>01:31:57.35</b>	+00:28:02 (30.5%)	9:10	6.5 (69.1%)
80	<b>MARONDEL Jan</b>	<b>2045</b>		M-60	9	00:00:07	00:23:04	00:58:25	<b>01:31:57.35</b>	<b>01:32:05.20</b>	+00:28:11 (30.6%)	9:11	6.5 (69.1%)
81	<b>RAJS Ewelina</b>	<b>2065</b>	WRŚ	K-40	26	00:00:06	00:23:10	00:58:54	<b>01:32:03.60</b>	<b>01:32:10.55</b>	+00:28:17 (30.7%)	9:12	6.5 (69.1%)
82	<b>KOLCZYŃSKA Barbara</b>	<b>2024</b>	ELZAB ACTIVE TEAM	K-40	27	00:00:02	00:22:32	00:58:45	<b>01:32:16.15</b>	<b>01:32:18.80</b>	+00:28:29 (30.9%)	9:13	6.5 (69.1%)
83	<b>GRZELAK Małgorzata</b>	<b>2106</b>		K-50	12	00:00:11	00:23:19	00:59:08	<b>01:32:37.35</b>	<b>01:32:48.40</b>	+00:28:51 (31.1%)	9:15	6.5 (69.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas		Różn	Tempo min/km	Tempo km/h
									netto 10km	brutto 10km			
84	WÓJCIK Rozalia	2095		K-60	7	00:00:06	00:23:09	00:58:53	01:32:49.40	01:32:56.25	+00:29:03 (31.3%)	9:16	6.5 (69.1%)
85	RYKOWSKA Marzena	2071		K-40	28	00:00:08	00:24:37	01:00:53	01:33:29.60	01:33:37.95	+00:29:43 (31.8%)	9:20	6.4 (68.1%)
86	SPENDE Anna	2081		K-30	14	00:00:14	00:24:06	01:00:42	01:33:49.10	01:34:03.85	+00:30:02 (32.0%)	9:22	6.4 (68.1%)
87	SMORZ Gabriela	2078		K-40	29	00:00:20	00:24:45	01:01:24	01:33:51.70	01:34:11.70	+00:30:05 (32.1%)	9:23	6.4 (68.1%)
88	GŁUCH-KWACZAŁA Bogumiła	2012		K-40	30	00:00:19	00:24:44	01:01:25	01:33:52.90	01:34:12.50	+00:30:06 (32.1%)	9:23	6.4 (68.1%)
89	KURPIOS Piotr	2031		M-30	3	00:00:15	00:24:48	01:01:48	01:34:20.55	01:34:36.15	+00:30:34 (32.4%)	9:26	6.4 (68.1%)
90	WIETRZYCKA Anna	2091		K-40	31	00:00:14	00:24:47	01:01:49	01:34:21.85	01:34:36.00	+00:30:35 (32.4%)	9:26	6.4 (68.1%)
91	BOJCZUK Marta	2003		K-40	32	00:00:14	00:24:48	01:01:49	01:34:30.70	01:34:45.40	+00:30:44 (32.5%)	9:27	6.3 (67.0%)
92	KORNAŚ Anna	2027		K-30	15	00:00:12	00:23:50	01:00:28	01:34:33.65	01:34:46.25	+00:30:47 (32.6%)	9:27	6.3 (67.0%)
93	LIBERSKA Elwira	2034		K-40	33	00:00:10	00:24:19	01:01:23	01:35:32.10	01:35:42.65	+00:31:45 (33.2%)	9:33	6.3 (67.0%)
94	WOŹNIAK Anna	2094		K-40	34	00:00:10	00:24:21	01:01:24	01:35:32.55	01:35:42.55	+00:31:46 (33.3%)	9:33	6.3 (67.0%)
95	PROKWITE Martyna	2064		K-30	16	00:00:17	00:25:26	01:03:11	01:36:51.85	01:37:09.30	+00:33:05 (34.2%)	9:41	6.2 (66.0%)
96	MATYJASZEK Marta	2047		K-30	17	00:00:17	00:25:26	01:03:11	01:36:52.35	01:37:09.35	+00:33:06 (34.2%)	9:41	6.2 (66.0%)
97	KUKLA Marzena	2030	ORINORDIC	K-40	35	00:00:13	00:24:45	01:03:51	01:36:52.80	01:37:06.65	+00:33:06 (34.2%)	9:41	6.2 (66.0%)
98	SKLARZYK Barbara	2076	#HUTATEAM	K-50	13	00:00:08	00:24:13	01:02:54	01:36:58.70	01:37:06.75	+00:33:12 (34.2%)	9:41	6.2 (66.0%)
99	KOTOWSKA Karolina	2028	SLOW JOGGING GLIWICE	K-30	18	00:00:09	00:25:15	01:04:06	01:40:03.65	01:40:12.95	+00:36:17 (36.3%)	10:00	6 (63.8%)
100	DZIEDZIC Anna	2007		K-40	36	00:00:13	00:24:48	01:03:51	01:41:28.20	01:41:41.75	+00:37:41 (37.2%)	10:08	5.9 (62.8%)
101	DZIEDZIC Paweł	2008		M-40	7	00:00:12	00:26:24	01:05:45	01:41:28.55	01:41:41.50	+00:37:42 (37.2%)	10:08	5.9 (62.8%)
102	DOMARADZKA Mirella	2130		K-50	14	00:00:16	00:25:29	01:05:31	01:43:01.75	01:43:18.40	+00:39:15 (38.1%)	10:18	5.8 (61.7%)
103	MĘTEL Irena	2049	#HUTATEAM	K-50	15	00:00:07	00:25:40	01:05:39	01:43:11.60	01:43:19.05	+00:39:25 (38.2%)	10:19	5.8 (61.7%)
104	LISZEWSKA-KRZYWY Maria	2035	REHAFIT PILATES STUDIO	K-50	16	00:00:11	00:26:23	01:07:30	01:44:27.35	01:44:38.65	+00:40:41 (38.9%)	10:26	5.7 (60.6%)
105	MARZEC Janina	2046		K-60	8	00:00:09	00:26:34	01:08:08	01:46:26.25	01:46:35.55	+00:42:39 (40.1%)	10:38	5.6 (59.6%)
106	OLENIACZ Jakub	2105		M-30	4	00:00:19	00:44:37		02:13:58.30	02:14:18.05	+01:10:12 (52.4%)	13:23	4.5 (47.9%)

Znaleziono 106 wynik(ów)