



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	CYRUS Bogdan	42		M-50	1	00:59:37.45		5:57	10.1 (100%)
2	ROMANOWSKI Daniel	28	KATOWICKI NORDIC WALKING	M-20	1	01:00:52.60	+00:01:15 (2.1%)	6:05	9.9 (98.0%)
3	MAŁKA Marian	4		M-60	1	01:04:31.55	+00:04:54 (7.6%)	6:27	9.3 (92.1%)
4	SADOWSKI Tomasz	91	CZELADZKIE KIJE	M-40	1	01:04:32.80	+00:04:55 (7.6%)	6:27	9.3 (92.1%)
5	BAGIŃSKA Dorota	75	SŁAWKOWSKIE WŁÓCZYKIJE	K-50	1	01:06:46.45	+00:07:09 (10.7%)	6:40	9 (89.1%)
6	GRABOWSKI Krzysztof	38		M-50	2	01:07:31.80	+00:07:54 (11.7%)	6:45	8.9 (88.1%)
7	FUDALI Ryszard	69	SAINT-GOBAIN SQUAD	M-60	2	01:07:43.40	+00:08:05 (12.0%)	6:46	8.9 (88.1%)
8	RZEPKA Małgorzata	61	-	K-50	2	01:07:43.95	+00:08:06 (12.0%)	6:46	8.9 (88.1%)
9	NOGA Dorota	74		K-30	1	01:10:33.70	+00:10:56 (15.5%)	7:03	8.5 (84.2%)
10	MANDRYSZ Aleksandra	36		K-40	1	01:10:34.70	+00:10:57 (15.5%)	7:03	8.5 (84.2%)
11	KOPIEC Dawid	16	AKTYWNI RYDUŁTOWY	M-40	2	01:10:35.60	+00:10:58 (15.5%)	7:03	8.5 (84.2%)
12	RÓŻEWICZ Dariusz	85	PANCE	M-60	3	01:10:38.65	+00:11:01 (15.6%)	7:03	8.5 (84.2%)
13	GERLE-KOTULA Anna	63		K-30	2	01:11:03.80	+00:11:26 (16.1%)	7:06	8.4 (83.2%)
14	KŁYSZ Wojciech	73		M-40	3	01:11:11.60	+00:11:34 (16.3%)	7:07	8.4 (83.2%)
15	KUŁAKOWSKA Halina	43	KATOWICKI NORDIC WALKING	K-40	2	01:11:26.70	+00:11:49 (16.5%)	7:08	8.4 (83.2%)
16	WOJTUNIK Andrzej	35		M-60	4	01:12:09.40	+00:12:31 (17.4%)	7:12	8.3 (82.2%)
17	PIECHOCZEK-NIEZGODA Lucyna	32		K-40	3	01:12:15.15	+00:12:37 (17.5%)	7:13	8.3 (82.2%)
18	MILERT Jolanta	1	NORDIC WALKING LYSKI	K-40	4	01:12:22.20	+00:12:44 (17.6%)	7:14	8.3 (82.2%)
19	PORSZKE Magdalena	70		K-30	3	01:12:31.40	+00:12:53 (17.8%)	7:15	8.3 (82.2%)
20	RZEŹNICZEK Czesław	55		M-50	3	01:13:17.50	+00:13:40 (18.6%)	7:19	8.2 (81.2%)
21	TYCZEWSKI Jacek	15	LUX TORPEDA MAŁOPOLSKA	M-40	4	01:14:42.00	+00:15:04 (20.2%)	7:28	8 (79.2%)
22	RZEPKA Tomasz	62	-	M-50	4	01:15:39.35	+00:16:01 (21.2%)	7:33	7.9 (78.2%)
23	POPIOŁKIEWICZ Małgorzata	50		K-40	5	01:15:53.05	+00:16:15 (21.4%)	7:35	7.9 (78.2%)
24	RÓŻEWICZ Ewa	86	PANCE	K-60	1	01:16:49.80	+00:17:12 (22.4%)	7:40	7.8 (77.2%)
25	SZKAMRUK Janusz	37	EXTREMALNI RZEŹNICY NA RELAKSIE	M-60	5	01:16:50.30	+00:17:12 (22.4%)	7:41	7.8 (77.2%)
26	MARONDEL Katarzyna	76		K-30	4	01:17:18.55	+00:17:41 (22.9%)	7:43	7.8 (77.2%)
27	TRAUTMANN Piotr	82		M-50	5	01:17:54.95	+00:18:17 (23.5%)	7:47	7.7 (76.2%)

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28	NIESTRÓJ Sylwia	72		K-50	3	01:20:04.50	+00:20:27 (25.5%)	8:00	7.5 (74.3%)
29	LISZKA Ilona	87	OFIARY KAMIEŃCA	K-40	6	01:20:07.95	+00:20:30 (25.6%)	8:00	7.5 (74.3%)
30	CZERWIK Ilona	47		K-40	7	01:20:18.90	+00:20:41 (25.8%)	8:01	7.5 (74.3%)
31	KOPCZYŃSKA Agata	18	#HUTATEAM	K-30	5	01:20:37.90	+00:21:00 (26.1%)	8:03	7.4 (73.3%)
32	HAZELBUSZ Joanna	51		K-40	8	01:20:48.30	+00:21:10 (26.2%)	8:04	7.4 (73.3%)
33	KRUPA Diana	68	ORŁY Z KNUROWA	K-40	9	01:20:48.40	+00:21:10 (26.2%)	8:04	7.4 (73.3%)
34	KOWALCZYK Grażyna	13		K-50	4	01:21:08.10	+00:21:30 (26.5%)	8:06	7.4 (73.3%)
35	LUDWIG Patrycja	8	LECYMY DURŚ	K-30	6	01:21:20.65	+00:21:43 (26.7%)	8:08	7.4 (73.3%)
36	GAMRACY Leszek	2	UTW GLIWICE	M-60	6	01:21:25.85	+00:21:48 (26.8%)	8:08	7.4 (73.3%)
37	SZYJKA Katarzyna	21	HCP	K-40	10	01:21:26.90	+00:21:49 (26.8%)	8:08	7.4 (73.3%)
38	JAWORSKI Andrzej	6		M-50	6	01:21:33.40	+00:21:55 (26.9%)	8:09	7.4 (73.3%)
39	GRABIŃSKI Lech	52	BŁYSKAWICA SARNÓW	M-60	7	01:21:47.50	+00:22:10 (27.1%)	8:10	7.3 (72.3%)
40	BABCZUK Katarzyna	67	ORŁY Z KNUROWA	K-40	11	01:21:53.00	+00:22:15 (27.2%)	8:11	7.3 (72.3%)
41	SKALEC Damian	58		M-30	1	01:22:00.00	+00:22:22 (27.3%)	8:12	7.3 (72.3%)
42	KUCHTA-SKALEC Agnieszka	59		K-40	12	01:22:01.00	+00:22:23 (27.3%)	8:12	7.3 (72.3%)
43	JANUSZEWSKA-ZENOWICZ Anna	26		K-50	5	01:22:01.80	+00:22:24 (27.3%)	8:12	7.3 (72.3%)
44	KIDAWA Bożena	66		K-60	2	01:22:29.10	+00:22:51 (27.7%)	8:14	7.3 (72.3%)
45	KURPIOS Piotr	84		M-30	2	01:23:22.10	+00:23:44 (28.5%)	8:20	7.2 (71.3%)
46	SIEJKO Janusz Adam	19		M-60	8	01:23:43.55	+00:24:06 (28.8%)	8:22	7.2 (71.3%)
47	MAŁKA Irena	25		K-60	3	01:23:50.30	+00:24:12 (28.9%)	8:23	7.2 (71.3%)
48	FELKEL Aldona	27	#HUTATEAM	K-50	6	01:23:54.45	+00:24:17 (28.9%)	8:23	7.2 (71.3%)
49	KIDAWA Marian	65		M-60	9	01:24:36.95	+00:24:59 (29.5%)	8:27	7.1 (70.3%)
50	PAWLIK Andrzej	80		M-60	10	01:25:08.00	+00:25:30 (30.0%)	8:30	7 (69.3%)
51	KOMANDER Joanna	40	JOMAR RUNNERS	K-50	7	01:25:09.75	+00:25:32 (30.0%)	8:30	7 (69.3%)
52	LUDYGA Krystian	44		M-50	7	01:25:12.10	+00:25:34 (30.0%)	8:31	7 (69.3%)
53	WINKIEWICZ Jolanta	71		K-50	8	01:25:33.35	+00:25:55 (30.3%)	8:33	7 (69.3%)
54	DYRLAGA Stanisław	56		M-60	11	01:25:43.60	+00:26:06 (30.4%)	8:34	7 (69.3%)
55	MARSZAŁ Janina	45		K-60	4	01:26:26.05	+00:26:48 (31.0%)	8:38	6.9 (68.3%)
56	TWARDAWA Agnieszka	17		K-30	7	01:27:07.65	+00:27:30 (31.6%)	8:42	6.9 (68.3%)
57	SIDOR Anna	48		K-40	13	01:27:55.80	+00:28:18 (32.2%)	8:47	6.8 (67.3%)
58	SPENDE Anna	49		K-30	8	01:27:56.75	+00:28:19 (32.2%)	8:47	6.8 (67.3%)
59	PIERNIKARCZYK Mirela	46		K-30	9	01:27:57.00	+00:28:19 (32.2%)	8:47	6.8 (67.3%)
60	SMORZ Gabriela	5		K-50	9	01:28:06.70	+00:28:29 (32.3%)	8:48	6.8 (67.3%)
61	JURETKO Aneta	60		K-50	10	01:28:40.00	+00:29:02 (32.8%)	8:52	6.8 (67.3%)
62	ZABAWSKA Aleksandra	83		K-40	14	01:29:21.55	+00:29:44 (33.3%)	8:56	6.7 (66.3%)
63	SZROBARCZYK Małgorzata	33		K-50	11	01:29:46.35	+00:30:08 (33.6%)	8:58	6.7 (66.3%)
64	TRAUTMANN Bogusława	81		K-50	12	01:29:49.65	+00:30:12 (33.6%)	8:58	6.7 (66.3%)
65	RYFIAK-KOWALCZYK Marta	88		K-40	15	01:30:01.60	+00:30:24 (33.8%)	9:00	6.7 (66.3%)
66	ZIMNY Kasia	78		K-40	16	01:31:13.35	+00:31:35 (34.6%)	9:07	6.6 (65.3%)
67	POTRAWA Patrycja	90	MOMO RUNNING TEAM	K-30	10	01:31:15.55	+00:31:38 (34.7%)	9:07	6.6 (65.3%)
68	KRAKOWCZYK Justyna	89	MOMO RUNNING TEAM	K-40	17	01:31:15.80	+00:31:38 (34.7%)	9:07	6.6 (65.3%)
69	MARONDEL Jan	77		M-60	12	01:31:39.50	+00:32:02 (34.9%)	9:09	6.5 (64.4%)
70	BIAŁEK Daria	31		K-40	18	01:31:42.90	+00:32:05 (35.0%)	9:10	6.5 (64.4%)
71	ZEGZUŁA Łukasz	23	HUTA TIM	M-40	5	01:31:51.80	+00:32:14 (35.1%)	9:11	6.5 (64.4%)

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72	RESEL Iwona	22	#HUTATEAM	K-50	13	01:31:52.20	+00:32:14 (35.1%)	9:11	6.5 (64.4%)
73	WÓJCIKIEWICZ Bernadeta	9	RUNAWAYS	K-50	14	01:32:17.55	+00:32:40 (35.4%)	9:13	6.5 (64.4%)
74	MACYSZYN Beata	57	GLIWICE	K-50	15	01:32:25.75	+00:32:48 (35.5%)	9:14	6.5 (64.4%)
75	SNOCHOWSKA Agata	12	SZOMBIERKI CHODZĄ I BIEGAJĄ	K-40	19	01:32:37.70	+00:33:00 (35.6%)	9:15	6.5 (64.4%)
76	ZIELONKA Barbara	3		K-60	5	01:33:20.25	+00:33:42 (36.1%)	9:20	6.4 (63.4%)
77	WITRAK Aleksandra	30		K-40	20	01:34:49.05	+00:35:11 (37.1%)	9:28	6.3 (62.4%)
78	GRIEGER-GORCZYŃSKA Ewa	29		K-40	21	01:34:49.15	+00:35:11 (37.1%)	9:28	6.3 (62.4%)
79	ZIMNY Marcin	79		M-40	6	01:35:19.35	+00:35:41 (37.5%)	9:31	6.3 (62.4%)
80	SARRE Joanna	53		K-60	6	01:37:08.20	+00:37:30 (38.6%)	9:42	6.2 (61.4%)
81	KOTOWSKA Karolina	54	SLOW JOGGING GLIWICE	K-30	11	01:37:28.25	+00:37:50 (38.8%)	9:44	6.2 (61.4%)
82	PRZEPIERSKI Piotr	41		M-50	8	01:38:00.85	+00:38:23 (39.2%)	9:48	6.1 (60.4%)
83	KARĘŁ Katarzyna	14		K-40	22	01:40:39.00	+00:41:01 (40.8%)	10:03	6 (59.4%)
84	MARZEC Janina	7		K-60	7	01:41:00.95	+00:41:23 (41.0%)	10:06	5.9 (58.4%)
85	NOWAK Ryszard	24		M-60	13				(0.0%)

Znaleziono 85 wynik(ów)