



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	UKLEJA Anna	2090		K-30	1	00:00:06	00:19:37	00:48:46	01:14:40.50	01:14:46.95		7:28	8 (100%)
2	MARONDEL Katarzyna	2044	SILESIA NORDIC TEAM	K-30	2	00:00:04	00:19:16	00:48:53	01:16:46.15	01:16:50.55	+00:02:05 (2.7%)	7:40	7.8 (97.5%)
3	KUCZERA Beata	2029	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	K-30	3	00:00:06	00:19:58	00:50:12	01:17:52.85	01:17:59.10	+00:03:12 (4.1%)	7:47	7.7 (96.3%)
4	POPIOŁKIEWICZ Małgorzata	2100		K-30	4	00:00:15	00:23:10	00:57:34	01:25:03.60	01:25:19.05	+00:10:23 (12.2%)	8:30	7.1 (88.8%)
5	KOPCZYŃSKA Agata	2026	#HUTATEAM	K-30	5	00:00:10	00:22:50	00:56:00	01:25:16.55	01:25:26.95	+00:10:36 (12.4%)	8:31	7 (87.5%)
6	HRYSZKIEWICZ Anna	2017	BSM IT CROWD	K-30	6	00:00:05	00:22:23	00:56:00	01:27:39.40	01:27:44.80	+00:12:58 (14.8%)	8:45	6.8 (85.0%)
7	CEREMUGA Justyna	2004		K-30	7	00:00:03	00:21:59	00:56:22	01:27:49.05	01:27:52.40	+00:13:08 (15.0%)	8:46	6.8 (85.0%)
8	SOBCZAK-KOSIŃSKA Sylwia	2080		K-30	8	00:00:13	00:23:11	00:57:32	01:29:44.30	01:29:57.90	+00:15:03 (16.8%)	8:58	6.7 (83.8%)
9	RYFIAK-KOWALCZYK Marta	2070		K-30	9	00:00:14	00:23:26	00:58:05	01:29:54.50	01:30:08.70	+00:15:14 (16.9%)	8:59	6.7 (83.8%)
10	DOMARADZKA Karolina	2129		K-30	10	00:00:17	00:23:50	00:59:10	01:30:34.20	01:30:51.95	+00:15:53 (17.5%)	9:03	6.6 (82.5%)
11	CZARNIAKOWSKA Marzena	2005		K-30	11	00:00:11	00:23:57	00:59:16	01:30:35.65	01:30:46.70	+00:15:55 (17.6%)	9:03	6.6 (82.5%)
12	PIERNIKARCZYK Mirela	2063		K-30	12	00:00:15	00:23:13	00:57:35	01:31:00.20	01:31:15.20	+00:16:19 (17.9%)	9:06	6.6 (82.5%)
13	ONYSZKIEWICZ Iwona	2055		K-30	13	00:00:12	00:23:17	00:59:05	01:31:10.15	01:31:22.20	+00:16:29 (18.1%)	9:07	6.6 (82.5%)
14	SPENDE Anna	2081		K-30	14	00:00:14	00:24:06	01:00:42	01:33:49.10	01:34:03.85	+00:19:08 (20.4%)	9:22	6.4 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	2.5km	6.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	KORNAŚ Anna	2027		K-30	15	00:00:12	00:23:50	01:00:28	01:34:33.65	01:34:46.25	+00:19:53 (21.0%)	9:27	6.3 (78.8%)
16	PROKWITE Martyna	2064		K-30	16	00:00:17	00:25:26	01:03:11	01:36:51.85	01:37:09.30	+00:22:11 (22.9%)	9:41	6.2 (77.5%)
17	MATYJASZEK Marta	2047		K-30	17	00:00:17	00:25:26	01:03:11	01:36:52.35	01:37:09.35	+00:22:11 (22.9%)	9:41	6.2 (77.5%)
18	KOTOWSKA Karolina	2028	SLOW JOGGING GLIWICE	K-30	18	00:00:09	00:25:15	01:04:06	01:40:03.65	01:40:12.95	+00:25:23 (25.4%)	10:00	6 (75.0%)

Znaleziono 18 wynik(ów)