



NORDIC WALKING GLIWICKI - 10KM

B4SPORT

Event: VIII PÓŁMARATON GLIWICKI
Organiser: Fundacja Bieg Rzeźnika
Date: 2022-10-22
Place: Gliwice
Distance: 10N km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K-40

Place	Participant	Number	Club	Category	MCat	Net time 10km	Gap	Pace min/km	Pace km/h
1	MANDRYSZ Aleksandra	36		K-40	1	01:10:34.70		7:03	8.5 (100%)
2	KUŁAKOWSKA Halina	43	KATOWICKI NORDIC WALKING	K-40	2	01:11:26.70	+00:00:52 (1.2%)	7:08	8.4 (98.8%)
3	PIECHOCZEK-NIEZGODA Lucyna	32		K-40	3	01:12:15.15	+00:01:40 (2.3%)	7:13	8.3 (97.6%)
4	MILERT Jolanta	1	NORDIC WALKING LYSKI	K-40	4	01:12:22.20	+00:01:47 (2.5%)	7:14	8.3 (97.6%)
5	POPIOŁKIEWICZ Malgorzata	50		K-40	5	01:15:53.05	+00:05:18 (7.0%)	7:35	7.9 (92.9%)
6	LISZKA Ilona	87	OFIARY KAMIEŃCA	K-40	6	01:20:07.95	+00:09:33 (11.9%)	8:00	7.5 (88.2%)
7	CZERWIK Ilona	47		K-40	7	01:20:18.90	+00:09:44 (12.1%)	8:01	7.5 (88.2%)
8	HAZELBUSZ Joanna	51		K-40	8	01:20:48.30	+00:10:13 (12.7%)	8:04	7.4 (87.1%)
9	KRUPA Diana	68	ORŁY Z KNUROWA	K-40	9	01:20:48.40	+00:10:13 (12.7%)	8:04	7.4 (87.1%)
10	SZYJKA Katarzyna	21	HCP	K-40	10	01:21:26.90	+00:10:52 (13.3%)	8:08	7.4 (87.1%)
11	BABCZUK Katarzyna	67	ORŁY Z KNUROWA	K-40	11	01:21:53.00	+00:11:18 (13.8%)	8:11	7.3 (85.9%)
12	KUCHTA-SKALEC Agnieszka	59		K-40	12	01:22:01.00	+00:11:26 (13.9%)	8:12	7.3 (85.9%)
13	SIDOR Anna	48		K-40	13	01:27:55.80	+00:17:21 (19.7%)	8:47	6.8 (80.0%)
14	ZABAWSKA Aleksandra	83		K-40	14	01:29:21.55	+00:18:46 (21.0%)	8:56	6.7 (78.8%)
15	RYFIAK-KOWALCZYK Marta	88		K-40	15	01:30:01.60	+00:19:26 (21.6%)	9:00	6.7 (78.8%)
16	ZIMNY Kasia	78		K-40	16	01:31:13.35	+00:20:38 (22.6%)	9:07	6.6 (77.6%)
17	KRAKOWCZYK Justyna	89	MOMO RUNNING TEAM	K-40	17	01:31:15.80	+00:20:41 (22.7%)	9:07	6.6 (77.6%)
18	BIAŁEK Daria	31		K-40	18	01:31:42.90	+00:21:08 (23.0%)	9:10	6.5 (76.5%)
19	SNOCHOWSKA Agata	12	SZOMBIERKI CHODZĄ I BIEGAJĄ	K-40	19	01:32:37.70	+00:22:03 (23.8%)	9:15	6.5 (76.5%)
20	WITRAK Aleksandra	30		K-40	20	01:34:49.05	+00:24:14 (25.6%)	9:28	6.3 (74.1%)
21	GRIEGER-GORCZYŃSKA Ewa	29		K-40	21	01:34:49.15	+00:24:14 (25.6%)	9:28	6.3 (74.1%)
22	KARĘŁ Katarzyna	14		K-40	22	01:40:39.00	+00:30:04 (29.9%)	10:03	6 (70.6%)

Total 22 results.