

**Wydarzenie:** VI PKO Półmaraton Gliwicki 2019  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2019-10-26  
**Miejsce:** Gliwice  
**Dystans:** 10N km

Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 9.9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>RÓŻEWICZ Ewa</b>	<b>3080</b>	PANCE	K-50	1	00:01:51	00:36:25	01:13:51	<b>01:16:49.50</b>	<b>01:18:41.05</b>		7:41	7.8 (100%)
2	<b>URBANOWICZ Aleksandra</b>	<b>3107</b>	KTB 'PRZEZ LAS 'GLIWICE	K-50	2	00:02:08	00:38:14	01:15:59	<b>01:18:57.65</b>	<b>01:21:06.15</b>	+00:02:08 (2.7%)	7:53	7.6 (97.4%)
3	<b>SZCZOBARCZYK Małgorzata</b>	<b>3134</b>		K-50	3	00:01:35	00:36:58	01:16:41	<b>01:19:42.40</b>	<b>01:21:18.30</b>	+00:02:52 (3.6%)	7:58	7.5 (96.2%)
4	<b>WODARZ Bernadeta</b>	<b>3116</b>		K-50	4	00:01:51	00:38:33	01:18:44	<b>01:21:55.05</b>	<b>01:23:46.20</b>	+00:05:05 (6.2%)	8:11	7.3 (93.6%)
5	<b>PACYNA Danuta</b>	<b>3066</b>		K-50	5	00:02:17	00:40:43	01:19:09	<b>01:22:14.20</b>	<b>01:24:31.25</b>	+00:05:24 (6.6%)	8:13	7.3 (93.6%)
6	<b>PODGÓRSKA Joanna</b>	<b>3072</b>		K-50	6	00:01:38	00:38:54	01:19:33	<b>01:22:34.25</b>	<b>01:24:13.00</b>	+00:05:44 (7.0%)	8:15	7.3 (93.6%)
7	<b>PĘCHERCZYK Anna</b>	<b>3067</b>	#CZELADZBIEGA	K-50	7	00:02:18	00:40:48	01:21:35	<b>01:24:50.80</b>	<b>01:27:09.30</b>	+00:08:01 (9.5%)	8:29	7.1 (91.0%)
8	<b>BODZENTA Ewa</b>	<b>3005</b>		K-50	8	00:02:12	00:40:41	01:21:58	<b>01:25:12.15</b>	<b>01:27:24.80</b>	+00:08:22 (9.8%)	8:31	7 (89.7%)
9	<b>BOJDA Danuta</b>	<b>3006</b>	KE-KO TEAM	K-50	9	00:01:52	00:40:40	01:22:18	<b>01:25:41.30</b>	<b>01:27:33.55</b>	+00:08:51 (10.3%)	8:34	7 (89.7%)
10	<b>MRÓWKA Ilona</b>	<b>3062</b>		K-50	10	00:02:02	00:41:37	01:22:56	<b>01:26:14.15</b>	<b>01:28:16.90</b>	+00:09:24 (10.9%)	8:37	7 (89.7%)
11	<b>PIĄTEK Irena</b>	<b>3068</b>		K-50	11	00:02:02	00:41:49	01:24:54	<b>01:28:16.60</b>	<b>01:30:18.95</b>	+00:11:27 (13.0%)	8:49	6.8 (87.2%)
12	<b>ZIÓŁKOWSKA Jolanta</b>	<b>3125</b>		K-50	12	00:01:52	00:42:20	01:24:50	<b>01:28:18.70</b>	<b>01:30:11.55</b>	+00:11:29 (13.0%)	8:49	6.8 (87.2%)
13	<b>BIEGUN Maria</b>	<b>3003</b>		K-50	13	00:02:11	00:42:13	01:25:16	<b>01:28:44.25</b>	<b>01:30:55.25</b>	+00:11:54 (13.4%)	8:52	6.8 (87.2%)
14	<b>MACYSZYN Beata</b>	<b>3131</b>		K-50	14	00:02:03	00:41:57	01:25:19	<b>01:28:45.35</b>	<b>01:30:48.40</b>	+00:11:55 (13.4%)	8:52	6.8 (87.2%)
15	<b>ZIELIŃSKA Urszula</b>	<b>3122</b>		K-50	15	00:02:17	00:42:38	01:26:21	<b>01:29:43.70</b>	<b>01:32:00.90</b>	+00:12:54 (14.4%)	8:58	6.7 (85.9%)
16	<b>SMOTER-ALKER Elżbieta</b>	<b>3089</b>	ALKER TEAM	K-50	16	00:01:49	00:42:55	01:27:43	<b>01:31:19.25</b>	<b>01:33:08.95</b>	+00:14:29 (15.9%)	9:07	6.6 (84.6%)
17	<b>SEWERYN Iwona</b>	<b>3085</b>	KOBIETY DLA KOBIET	K-50	17	00:02:19	00:45:30	01:30:50	<b>01:34:34.80</b>	<b>01:36:54.45</b>	+00:17:45 (18.8%)	9:27	6.3 (80.8%)
18	<b>KWIECIEŃ Urszula</b>	<b>3047</b>		K-50	18	00:02:13	00:47:27	01:35:36	<b>01:39:22.40</b>	<b>01:41:36.20</b>	+00:22:32 (22.7%)	9:56	6 (76.9%)
19	<b>KOZDROWICZ Anna</b>	<b>3044</b>		K-50	19	00:02:13	00:47:27	01:35:56	<b>01:39:43.00</b>	<b>01:41:56.55</b>	+00:22:53 (23.0%)	9:58	6 (76.9%)
20	<b>DOMARADZKA Mirella</b>	<b>3016</b>		K-50	20	00:02:15	00:48:50	01:40:00	<b>01:43:56.60</b>	<b>01:46:11.75</b>	+00:27:07 (26.1%)	10:23	5.8 (74.4%)
21	<b>WIŚNIEWSKA Marzanna</b>	<b>3111</b>		K-50	21	00:02:10	00:49:50	01:40:58	<b>01:45:05.55</b>	<b>01:47:15.70</b>	+00:28:16 (26.9%)	10:30	5.7 (73.1%)

Znaleziono 21 wynik(ów)