



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓLMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	BAGIŃSKA Dorota	75	SŁAWKOWSKIE WŁÓCZYKIJE	K-50	1	01:06:46.45		6:40	9 (100%)
2	RZEPKA Małgorzata	61	-	K-50	2	01:07:43.95	+00:00:57 (1.4%)	6:46	8.9 (98.9%)
3	NOGA Dorota	74		K-30	1	01:10:33.70	+00:03:47 (5.4%)	7:03	8.5 (94.4%)
4	MANDRYSZ Aleksandra	36		K-40	1	01:10:34.70	+00:03:48 (5.4%)	7:03	8.5 (94.4%)
5	GERLE-KOTULA Anna	63		K-30	2	01:11:03.80	+00:04:17 (6.0%)	7:06	8.4 (93.3%)
6	KUŁAKOWSKA Halina	43	KATOWICKI NORDIC WALKING	K-40	2	01:11:26.70	+00:04:40 (6.5%)	7:08	8.4 (93.3%)
7	PIECHOCZEK-NIEZGODA Lucyna	32		K-40	3	01:12:15.15	+00:05:28 (7.6%)	7:13	8.3 (92.2%)
8	MILERT Jolanta	1	NORDIC WALKING LYSKI	K-40	4	01:12:22.20	+00:05:35 (7.7%)	7:14	8.3 (92.2%)
9	PORSZKE Magdalena	70		K-30	3	01:12:31.40	+00:05:44 (7.9%)	7:15	8.3 (92.2%)
10	POPIOŁKIEWICZ Małgorzata	50		K-40	5	01:15:53.05	+00:09:06 (12.0%)	7:35	7.9 (87.8%)
11	RÓŻEWICZ Ewa	86	PANCE	K-60	1	01:16:49.80	+00:10:03 (13.1%)	7:40	7.8 (86.7%)
12	MARONDEL Katarzyna	76		K-30	4	01:17:18.55	+00:10:32 (13.6%)	7:43	7.8 (86.7%)
13	NIESTRÓJ Sylwia	72		K-50	3	01:20:04.50	+00:13:18 (16.6%)	8:00	7.5 (83.3%)
14	LISZKA Ilona	87	OFIARY KAMIEŃCA	K-40	6	01:20:07.95	+00:13:21 (16.7%)	8:00	7.5 (83.3%)
15	CZERWIK Ilona	47		K-40	7	01:20:18.90	+00:13:32 (16.9%)	8:01	7.5 (83.3%)
16	KOPCZYŃSKA Agata	18	#HUTATEAM	K-30	5	01:20:37.90	+00:13:51 (17.2%)	8:03	7.4 (82.2%)
17	HAZELBUSZ Joanna	51		K-40	8	01:20:48.30	+00:14:01 (17.4%)	8:04	7.4 (82.2%)
18	KRUPA Diana	68	ORŁY Z KNUROWA	K-40	9	01:20:48.40	+00:14:01 (17.4%)	8:04	7.4 (82.2%)
19	KOWALCZYK Grażyna	13		K-50	4	01:21:08.10	+00:14:21 (17.7%)	8:06	7.4 (82.2%)
20	LUDWIG Patrycja	8	LECYMY DURŚ	K-30	6	01:21:20.65	+00:14:34 (17.9%)	8:08	7.4 (82.2%)
21	SZYJKA Katarzyna	21	HCP	K-40	10	01:21:26.90	+00:14:40 (18.0%)	8:08	7.4 (82.2%)
22	BABCZUK Katarzyna	67	ORŁY Z KNUROWA	K-40	11	01:21:53.00	+00:15:06 (18.5%)	8:11	7.3 (81.1%)
23	KUCHTA-SKALEC Agnieszka	59		K-40	12	01:22:01.00	+00:15:14 (18.6%)	8:12	7.3 (81.1%)
24	JANUSZEWSKA-ZENOWICZ Anna	26		K-50	5	01:22:01.80	+00:15:15 (18.6%)	8:12	7.3 (81.1%)
25	KIDAWA Bożena	66		K-60	2	01:22:29.10	+00:15:42 (19.0%)	8:14	7.3 (81.1%)
26	MAŁKA Irena	25		K-60	3	01:23:50.30	+00:17:03 (20.4%)	8:23	7.2 (80.0%)
27	FELKEL Aldona	27	#HUTATEAM	K-50	6	01:23:54.45	+00:17:08 (20.4%)	8:23	7.2 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
28	KOMANDER Joanna	40	JOMAR RUNNERS	K-50	7	01:25:09.75	+00:18:23 (21.6%)	8:30	7 (77.8%)
29	WINKIEWICZ Jolanta	71		K-50	8	01:25:33.35	+00:18:46 (22.0%)	8:33	7 (77.8%)
30	MARSZAŁ Janina	45		K-60	4	01:26:26.05	+00:19:39 (22.7%)	8:38	6.9 (76.7%)
31	TWARDAWA Agnieszka	17		K-30	7	01:27:07.65	+00:20:21 (23.4%)	8:42	6.9 (76.7%)
32	SIDOR Anna	48		K-40	13	01:27:55.80	+00:21:09 (24.1%)	8:47	6.8 (75.6%)
33	SPENDE Anna	49		K-30	8	01:27:56.75	+00:21:10 (24.1%)	8:47	6.8 (75.6%)
34	PIERNIKARCZYK Mirela	46		K-30	9	01:27:57.00	+00:21:10 (24.1%)	8:47	6.8 (75.6%)
35	SMORZ Gabriela	5		K-50	9	01:28:06.70	+00:21:20 (24.2%)	8:48	6.8 (75.6%)
36	JURETKO Aneta	60		K-50	10	01:28:40.00	+00:21:53 (24.7%)	8:52	6.8 (75.6%)
37	ZABAWSKA Aleksandra	83		K-40	14	01:29:21.55	+00:22:35 (25.3%)	8:56	6.7 (74.4%)
38	SZROBARCZYK Małgorzata	33		K-50	11	01:29:46.35	+00:22:59 (25.6%)	8:58	6.7 (74.4%)
39	TRAUTMANN Bogusława	81		K-50	12	01:29:49.65	+00:23:03 (25.7%)	8:58	6.7 (74.4%)
40	RYFIAK-KOWALCZYK Marta	88		K-40	15	01:30:01.60	+00:23:15 (25.8%)	9:00	6.7 (74.4%)
41	ZIMNY Kasia	78		K-40	16	01:31:13.35	+00:24:26 (26.8%)	9:07	6.6 (73.3%)
42	POTRAWA Patrycja	90	MOMO RUNNING TEAM	K-30	10	01:31:15.55	+00:24:29 (26.8%)	9:07	6.6 (73.3%)
43	KRAKOWCZYK Justyna	89	MOMO RUNNING TEAM	K-40	17	01:31:15.80	+00:24:29 (26.8%)	9:07	6.6 (73.3%)
44	BIAŁEK Daria	31		K-40	18	01:31:42.90	+00:24:56 (27.2%)	9:10	6.5 (72.2%)
45	RESEL Iwona	22	#HUTATEAM	K-50	13	01:31:52.20	+00:25:05 (27.3%)	9:11	6.5 (72.2%)
46	WÓJCIKIEWICZ Bernadeta	9	RUNAWAYS	K-50	14	01:32:17.55	+00:25:31 (27.6%)	9:13	6.5 (72.2%)
47	MACYSZYN Beata	57	GLIWICE	K-50	15	01:32:25.75	+00:25:39 (27.8%)	9:14	6.5 (72.2%)
48	SNOCHOWSKA Agata	12	SZOMBIERKI CHODZĄ I BIEGAJĄ	K-40	19	01:32:37.70	+00:25:51 (27.9%)	9:15	6.5 (72.2%)
49	ZIELONKA Barbara	3		K-60	5	01:33:20.25	+00:26:33 (28.5%)	9:20	6.4 (71.1%)
50	WITRAK Aleksandra	30		K-40	20	01:34:49.05	+00:28:02 (29.6%)	9:28	6.3 (70.0%)
51	GRIEGER-GORCZYŃSKA Ewa	29		K-40	21	01:34:49.15	+00:28:02 (29.6%)	9:28	6.3 (70.0%)
52	SARRE Joanna	53		K-60	6	01:37:08.20	+00:30:21 (31.3%)	9:42	6.2 (68.9%)
53	KOTOWSKA Karolina	54	SLOW JOGGING GLIWICE	K-30	11	01:37:28.25	+00:30:41 (31.5%)	9:44	6.2 (68.9%)
54	KARĘŁ Katarzyna	14		K-40	22	01:40:39.00	+00:33:52 (33.7%)	10:03	6 (66.7%)
55	MARZEC Janina	7		K-60	7	01:41:00.95	+00:34:14 (33.9%)	10:06	5.9 (65.6%)

Znaleziono 55 wynik(ów)