



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

V Radan Półmaraton Gliwicki 2018
Fundacja Bieg Rzeźnika
2018-11-04
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkanki Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 9.9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SZAJNOWSKA Agnieszka	1681	ZDROWE KROKI PM 4	K-40	1	00:01:41	00:35:24	01:12:45	01:15:37.45	01:17:18.70		7:33	7.9 (100%)
2	KIDAWA Bożena	1602		K-60	1	00:01:35	00:39:29	01:20:19	01:23:36.25	01:25:11.35	+00:07:58 (9.5%)	8:21	7.2 (91.1%)
3	TYCZEWSKA Teresa	1692		K-40	4	00:01:37	00:40:01	01:21:52	01:25:11.05	01:26:48.55	+00:09:33 (11.2%)	8:31	7 (88.6%)
4	PLUSCZOK Renata	1663		K-30	8	00:01:47	00:41:16	01:22:56	01:26:11.50	01:27:59.25	+00:10:34 (12.3%)	8:37	7 (88.6%)
5	TRACZEWSKA Magdalena	1689		K-30	10	00:01:46	00:40:38	01:23:06	01:26:24.45	01:28:10.70	+00:10:47 (12.5%)	8:38	6.9 (87.3%)
6	ZDROJEWSKA Agata	1700		K-30	11	00:01:48	00:41:16	01:23:08	01:26:26.00	01:28:14.90	+00:10:48 (12.5%)	8:38	6.9 (87.3%)
7	KRZYŻANIAK Maria	1641	KAMA	K-50	3	00:01:29	00:40:40	01:22:38	01:27:11.20	01:28:40.40	+00:11:33 (13.3%)	8:43	6.9 (87.3%)
8	MAŁKA Irena	1649		K-60	2	00:01:19	00:41:36	01:23:51	01:27:13.85	01:28:33.55	+00:11:36 (13.3%)	8:43	6.9 (87.3%)
9	WINIARSKA Jolanta	1603		K-40	7	00:01:28	00:41:42	01:24:26	01:27:53.45	01:29:22.00	+00:12:16 (14.0%)	8:47	6.8 (86.1%)
10	KOWAL Sylwia	1637	JUSTYNA-SYLWIA	K-40	8	00:01:45	00:44:58	01:25:37	01:28:44.60	01:30:30.50	+00:13:07 (14.8%)	8:52	6.8 (86.1%)
11	SZPIECHOWICZ Sylwia	1683		K-30	12	00:00:33	00:41:27	01:25:15	01:28:52.40	01:29:26.35	+00:13:14 (14.9%)	8:53	6.8 (86.1%)
12	PIĄTEK Irena	1661		K-50	5	00:00:33	00:41:28	01:25:16	01:28:52.75	01:29:26.60	+00:13:15 (14.9%)	8:53	6.8 (86.1%)
13	ROSIŃSKA Wirginia	1672		K-30	13	00:01:26	00:44:11	01:25:48	01:28:59.75	01:30:25.95	+00:13:22 (15.0%)	8:53	6.7 (84.8%)
14	DOMARADZKA Karolina	1618		K-20	1	00:01:34	00:43:21	01:26:08	01:29:33.40	01:31:07.80	+00:13:55 (15.6%)	8:57	6.7 (84.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_15_km 5km	20_km 9.9km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	SARRÉ Joanna	1674	SPORTRELAKS	K-60	3	00:01:38	00:42:06	01:26:18	01:29:55.60	01:31:34.10	+00:14:18 (15.9%)	8:59	6.7 (84.8%)
16	ARBASZEWSKA Agnieszka	1601		K-40	11	00:01:19	00:42:01	01:27:42	01:31:14.95	01:32:34.90	+00:15:37 (17.1%)	9:07	6.6 (83.5%)
17	JASIŃSKA Justyna	1630	JUSTYNA-SYLWIA	K-40	12	00:01:45	00:44:59	01:28:17	01:31:36.40	01:33:21.85	+00:15:58 (17.4%)	9:09	6.6 (83.5%)
18	PURTAK Anna	1670		K-50	8	00:01:39	00:43:39	01:28:31	01:31:59.35	01:33:39.10	+00:16:21 (17.8%)	9:12	6.5 (82.3%)
19	SOBCZAK-KOSIŃSKA Sylwia	1679		K-30	15	00:01:28	00:43:35	01:28:31	01:32:04.65	01:33:33.20	+00:16:27 (17.9%)	9:12	6.5 (82.3%)
20	JAKUSZEWSKA Ewa	1629		K-60	5	00:01:35	00:45:34	01:28:51	01:32:19.85	01:33:55.60	+00:16:42 (18.1%)	9:14	6.5 (82.3%)
21	ALEKSANDROWICZ Małgorzata	1610		K-50	9	00:01:38	00:43:52	01:29:55	01:33:30.70	01:35:09.60	+00:17:53 (19.1%)	9:21	6.4 (81.0%)
22	KOWALCZYK Maya	1638	MOMO RESTAURANT & COCKTAIL BAR	K-50	10	00:00:28	00:45:19	01:32:32	01:36:16.50	01:36:45.05	+00:20:39 (21.4%)	9:37	6.2 (78.5%)
23	ODOSZEWSKA Barbara	1655	PNEUMOKOKI	K-30	18	00:01:44	00:46:48	01:32:47	01:36:37.40	01:38:21.90	+00:20:59 (21.7%)	9:39	6.2 (78.5%)
24	GENISZEWSKA Emilia	1622	GRYFNE FRELKI	K-30	19	00:01:44	00:46:48	01:32:47	01:36:37.80	01:38:22.10	+00:21:00 (21.7%)	9:39	6.2 (78.5%)
25	DOMARADZKA Mirella	1619		K-50	12	00:01:31	00:46:47	01:36:14	01:40:06.55	01:41:38.35	+00:24:29 (24.5%)	10:00	6 (75.9%)
26	KOTOWSKA Karolina	1635	ETISOFT RUNNING TEAM	K-30	21	00:01:47	00:48:59	01:38:41	01:42:35.50	01:44:22.55	+00:26:58 (26.3%)	10:15	5.8 (73.4%)
27	PŁONKA Janina	1664		K-60	6	00:01:46	00:49:02	01:40:17	01:44:21.80	01:46:08.10	+00:28:44 (27.5%)	10:26	5.7 (72.2%)
28	LISOWSKA Agnieszka	1644		K-18	1	00:01:44	00:47:33	01:41:35	01:45:44.20	01:47:28.85	+00:30:06 (28.5%)	10:34	5.7 (72.2%)

Znaleziono 28 wynik(ów)