



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VIII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2022-10-22
Gliwice
10N km

NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańki Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	RZEPKA Małgorzata	61	-	K-50	2	01:07:43.95		6:46	8.9 (100%)
2	KOPCZYŃSKA Agata	18	#HUTATEAM	K-30	5	01:20:37.90	+00:12:53 (16.0%)	8:03	7.4 (83.1%)
3	KIDAWA Bożena	66		K-60	2	01:22:29.10	+00:14:45 (17.9%)	8:14	7.3 (82.0%)
4	MAŁKA Irena	25		K-60	3	01:23:50.30	+00:16:06 (19.2%)	8:23	7.2 (80.9%)
5	FELKEL Aldona	27	#HUTATEAM	K-50	6	01:23:54.45	+00:16:10 (19.3%)	8:23	7.2 (80.9%)
6	KOMANDER Joanna	40	JOMAR RUNNERS	K-50	7	01:25:09.75	+00:17:25 (20.5%)	8:30	7 (78.7%)
7	WINKIEWICZ Jolanta	71		K-50	8	01:25:33.35	+00:17:49 (20.8%)	8:33	7 (78.7%)
8	MARSZAŁ Janina	45		K-60	4	01:26:26.05	+00:18:42 (21.6%)	8:38	6.9 (77.5%)
9	ZABAWSKA Aleksandra	83		K-40	14	01:29:21.55	+00:21:37 (24.2%)	8:56	6.7 (75.3%)
10	RYFIAK-KOWALCZYK Marta	88		K-40	15	01:30:01.60	+00:22:17 (24.8%)	9:00	6.7 (75.3%)
11	ZIMNY Kasia	78		K-40	16	01:31:13.35	+00:23:29 (25.8%)	9:07	6.6 (74.2%)
12	POTRAWA Patrycja	90	MOMO RUNNING TEAM	K-30	10	01:31:15.55	+00:23:31 (25.8%)	9:07	6.6 (74.2%)
13	KRAKOWCZYK Justyna	89	MOMO RUNNING TEAM	K-40	17	01:31:15.80	+00:23:31 (25.8%)	9:07	6.6 (74.2%)
14	RESEL Iwona	22	#HUTATEAM	K-50	13	01:31:52.20	+00:24:08 (26.3%)	9:11	6.5 (73.0%)
15	MACYSZYN Beata	57	GLIWICE	K-50	15	01:32:25.75	+00:24:41 (26.7%)	9:14	6.5 (73.0%)
16	ZIELONKA Barbara	3		K-60	5	01:33:20.25	+00:25:36 (27.4%)	9:20	6.4 (71.9%)
17	WITRAK Aleksandra	30		K-40	20	01:34:49.05	+00:27:05 (28.6%)	9:28	6.3 (70.8%)
18	GRIEGER-GORCZYŃSKA Ewa	29		K-40	21	01:34:49.15	+00:27:05 (28.6%)	9:28	6.3 (70.8%)
19	SARRE Joanna	53		K-60	6	01:37:08.20	+00:29:24 (30.3%)	9:42	6.2 (69.7%)
20	KOTOWSKA Karolina	54	SLOW JOGGING GLIWICE	K-30	11	01:37:28.25	+00:29:44 (30.5%)	9:44	6.2 (69.7%)
21	MARZEC Janina	7		K-60	7	01:41:00.95	+00:33:17 (32.9%)	10:06	5.9 (66.3%)

Znaleziono 21 wynik(ów)