



NORDIC WALKING GLIWICKI - 10KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: Półmaraton Gliwicki 2017
Organiser: Fundacja Bieg Rzeźnika
Date: 2017-10-22
Place: Gliwice
Distance: 10 km

Classification: Mieszkańki Gliwic

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	SMOLARCZYK Dorota	3071	MŁODE WILKI	K-40	1	00:02:13	00:29:09	00:40:43	01:09:59.85	01:12:13.40		7:00	8.6 (100%)
2	KOZUB Patrycja	3094	CERTUM	K-20	1	00:02:43	00:32:16	00:45:09	01:17:34.30	01:20:18.10	+00:07:34 (9.8%)	7:45	7.7 (89.5%)
3	TYCZEWSKA Teresa	3014		K-40	5	00:02:47	00:32:55	00:46:16	01:20:24.05	01:23:11.95	+00:10:24 (12.9%)	8:02	7.5 (87.2%)
4	TRACZEWSKA Magdalena	3082		K-30	5	00:02:52	00:34:08	00:47:59	01:22:37.80	01:25:30.00	+00:12:37 (15.3%)	8:15	7.3 (84.9%)
5	KIDAWA Bożena	3024		K-60	1	00:02:46	00:34:18	00:48:03	01:23:01.75	01:25:48.20	+00:13:01 (15.7%)	8:18	7.2 (83.7%)
6	WINKIEWICZ Jolanta	3056		K-50	2	00:02:47	00:34:27	00:48:19	01:23:10.15	01:25:57.50	+00:13:10 (15.8%)	8:19	7.2 (83.7%)
7	WĘGRZYNOWICZ Estera	3007		K-30	6	00:02:55	00:35:42	00:49:58	01:23:35.80	01:26:31.05	+00:13:35 (16.3%)	8:21	7.2 (83.7%)
8	SARRÉ Joanna	3039	SPORT-RELAKS NASZA SZKÓŁKA PŁYWANIA	K-60	2	00:02:56	00:34:15	00:48:08	01:24:23.55	01:27:19.60	+00:14:23 (17.1%)	8:26	7.1 (82.6%)
9	MAZIUK Ewa	3045		K-40	7	00:02:51	00:35:52	00:50:07	01:25:30.30	01:28:21.85	+00:15:30 (18.1%)	8:33	7 (81.4%)
10	MIZERA Beata	3006		K-40	8	00:02:55	00:35:49	00:50:03	01:25:34.80	01:28:29.95	+00:15:34 (18.2%)	8:33	7 (81.4%)
11	SOBCZAK-KOSIŃSKA Sylwia	3049		K-30	7	00:02:51	00:35:55	00:50:08	01:25:46.05	01:28:37.60	+00:15:46 (18.4%)	8:34	7 (81.4%)
12	SKONIECZNA Magdalena	3017	BUKATEAM	K-30	8	00:02:48	00:35:13	00:49:20	01:25:52.20	01:28:40.65	+00:15:52 (18.5%)	8:35	7 (81.4%)
13	DOMARADZKA Karolina	3037		K-20	2	00:02:51	00:36:40	00:50:53	01:26:02.25	01:28:53.30	+00:16:02 (18.6%)	8:36	7 (81.4%)
14	KOZŁOWSKA Karina	3029		K-40	9	00:02:43	00:35:14	00:49:52	01:26:11.80	01:28:55.55	+00:16:11 (18.8%)	8:37	7 (81.4%)

Place	Participant	Number	Club	Category	MCat	Start time	10_km 4.3km	15_km 6km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
15	TURCZYN Jolanta	3053		K-50	5	00:02:49	00:36:33	00:51:05	01:27:58.75	01:30:48.15	+00:17:58 (20.4%)	8:47	6.8 (79.1%)
16	MAŁKA Irena	3068	NIEZRZESZONA	K-60	3	00:02:45	00:37:11	00:51:58	01:28:35.00	01:31:20.10	+00:18:35 (21.0%)	8:51	6.8 (79.1%)
17	WOJDAT Hanna	3054		K-40	10	00:02:59	00:37:05	00:51:50	01:28:43.65	01:31:43.40	+00:18:43 (21.1%)	8:52	6.8 (79.1%)
18	KOWAL Sylwia	3064	-	K-40	13	00:02:47	00:38:55	00:53:59	01:29:39.55	01:32:26.85	+00:19:39 (21.9%)	8:57	6.7 (77.9%)
19	LISOWSKA Agnieszka	3027		K-18	1	00:02:52	00:38:09	00:53:05	01:29:44.45	01:32:36.70	+00:19:44 (22.0%)	8:58	6.7 (77.9%)
20	JASIŃSKA Justyna	3063		K-30	11	00:02:47	00:38:56	00:53:59	01:30:08.50	01:32:55.80	+00:20:08 (22.3%)	9:00	6.7 (77.9%)
21	PURTAK Anna	3032		K-50	8	00:02:48	00:38:13	00:53:07	01:31:10.95	01:33:59.20	+00:21:11 (23.2%)	9:07	6.6 (76.7%)
22	RAJTOR Dominika	3084		K-30	15	00:02:44	00:38:57	00:54:37	01:34:25.50	01:37:09.90	+00:24:25 (25.9%)	9:26	6.4 (74.4%)
23	GÓRNIAK Alicja	3052	NIZRZESZONY	K-40	18	00:02:46	00:39:02	00:54:47	01:34:51.85	01:37:38.35	+00:24:52 (26.2%)	9:29	6.3 (73.3%)
24	GÓRAL Małgorzata	3051	NIEZRZESZONY	K-40	19	00:02:46	00:39:03	00:54:47	01:34:51.90	01:37:38.30	+00:24:52 (26.2%)	9:29	6.3 (73.3%)
25	KOTOWSKA Karolina	3001	ETISOFT RUNNING TEAM	K-30	17	00:02:56	00:40:26	00:56:22	01:37:36.10	01:40:32.40	+00:27:36 (28.3%)	9:45	6.1 (70.9%)
26	JAKUBIAK Izabella	3073		K-40	20	00:02:51	00:40:16	00:56:30	01:38:27.25	01:41:18.70	+00:28:27 (28.9%)	9:50	6.1 (70.9%)
27	WIRSKA Magdalena	3059		K-30	18	00:02:43	00:40:33	00:56:56	01:38:56.90	01:41:40.85	+00:28:57 (29.3%)	9:53	6.1 (70.9%)
28	PARUZEL Julianna	3042	BPK	K-30	19	00:02:52	00:41:59	00:58:02	01:39:17.90	01:42:10.70	+00:29:18 (29.5%)	9:55	6 (69.8%)
29	HILKNER-BUKOWSKA Dorota	3043		K-50	9	00:02:53	00:41:57	00:57:58	01:39:18.85	01:42:11.95	+00:29:19 (29.5%)	9:55	6 (69.8%)
30	PŁONKA Janina	3009		K-60	4	00:02:48	00:41:24	00:58:02	01:39:44.20	01:42:32.30	+00:29:44 (29.8%)	9:58	6 (69.8%)
31	HAŁA-WAWRZAK Alicja	3070		K-40	22	00:02:49	00:41:57	00:58:47	01:43:23.05	01:46:12.75	+00:33:23 (32.3%)	10:20	5.8 (67.4%)

Total 31 results.