



**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-23  
**Miejsce:** Gliwice  
**Dystans:** 10 km

## NORDIC WALKING GLIWICKI 2016 - 10KM

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

| Msc | Zawodnik                    | Numer       | Klub                        | Kategoria | Mkat | Czas startu | Czas netto 10km    | Czas brutto 10km   | Różn      | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------------|-----------------------------|-----------|------|-------------|--------------------|--------------------|-----------|--------------|------------|
| 1   | <b>POGODA Franciszek</b>    | <b>3052</b> | AEROMED CKZIU GLIWICE       | M-50      | 2    | 00:00:12    | <b>01:09:46.10</b> | <b>01:09:58.70</b> |           | 6:58         | 8.6        |
| 2   | <b>MAŁKA Marian</b>         | <b>3069</b> | NIEZRZESZONY                | M-50      | 4    | 00:00:07    | <b>01:12:27.25</b> | <b>01:12:34.95</b> | +00:02:41 | 7:14         | 8.3        |
| 3   | <b>TYCZEWSKI Jacek</b>      | <b>3023</b> |                             | M-30      | 1    | 00:00:14    | <b>01:15:09.95</b> | <b>01:15:24.05</b> | +00:05:23 | 7:31         | 8          |
| 4   | <b>SKONIECZNY Sebastian</b> | <b>3041</b> | BUKATEAM                    | M-30      | 2    | 00:00:09    | <b>01:15:50.55</b> | <b>01:15:59.65</b> | +00:06:04 | 7:35         | 7.9        |
| 5   | <b>OWCZAREK Marcin</b>      | <b>3073</b> |                             | M-50      | 7    | 00:00:15    | <b>01:18:04.20</b> | <b>01:18:19.65</b> | +00:08:18 | 7:48         | 7.7        |
| 6   | <b>JAWORSKI Andrzej</b>     | <b>3055</b> |                             | M-50      | 8    | 00:00:02    | <b>01:19:45.40</b> | <b>01:19:47.40</b> | +00:09:59 | 7:58         | 7.5        |
| 7   | <b>GĘBCZYK Władysław</b>    | <b>3047</b> | GLIWICKI KLUB KOLEKCJONERÓW | M-60      | 2    | 00:00:15    | <b>01:20:21.35</b> | <b>01:20:36.40</b> | +00:10:35 | 8:02         | 7.5        |
| 8   | <b>KRAKOWCZYK Zygmunt</b>   | <b>3062</b> |                             | M-60      | 3    | 00:00:11    | <b>01:21:49.05</b> | <b>01:22:00.10</b> | +00:12:02 | 8:10         | 7.3        |
| 9   | <b>WYROZUMSKI Wojciech</b>  | <b>4</b>    |                             | M-30      | 3    | 00:00:13    | <b>01:21:54.05</b> | <b>01:22:07.90</b> | +00:12:07 | 8:11         | 7.3        |
| 10  | <b>KIDAWA Marian</b>        | <b>3048</b> |                             | M-60      | 5    | 00:00:03    | <b>01:24:18.80</b> | <b>01:24:22.50</b> | +00:14:32 | 8:25         | 7.1        |
| 11  | <b>GAMRACY Leszek</b>       | <b>3053</b> | UTW GLIWICE                 | M-60      | 6    | 00:00:03    | <b>01:25:14.05</b> | <b>01:25:17.50</b> | +00:15:27 | 8:31         | 7          |
| 12  | <b>LISOWSKI Mirosław</b>    | <b>3011</b> | GLIWICKI KLUB KOLEKCJONERÓW | M-40      | 4    | 00:00:18    | <b>01:25:15.55</b> | <b>01:25:34.10</b> | +00:15:29 | 8:31         | 7          |
| 13  | <b>SKOTNICKI Michał</b>     | <b>3003</b> |                             | M-50      | 10   | 00:00:16    | <b>01:26:22.80</b> | <b>01:26:39.25</b> | +00:16:36 | 8:38         | 6.9        |
| 14  | <b>BENTKOWSKI Lesław</b>    | <b>3058</b> |                             | M-70      | 1    | 00:00:14    | <b>01:28:11.65</b> | <b>01:28:26.30</b> | +00:18:25 | 8:49         | 6.8        |
| 15  | <b>LEŚ Michał</b>           | <b>3033</b> |                             | M-40      | 5    | 00:00:03    | <b>01:30:58.55</b> | <b>01:31:02.25</b> | +00:21:12 | 9:05         | 6.6        |
| 16  | <b>KOTYLAK Wojciech</b>     | <b>3061</b> | SPORT-RELAKS GLIWICE        | M-50      | 11   | 00:00:17    | <b>01:35:12.60</b> | <b>01:35:30.25</b> | +00:25:26 | 9:31         | 6.3        |
| 17  | <b>HUZAREWICZ Marek</b>     | <b>3070</b> |                             | M-40      | 6    | 00:00:18    | <b>01:37:29.15</b> | <b>01:37:48.05</b> | +00:27:43 | 9:45         | 6.2        |

Znaleziono 17 wynik(ów)