

NORDIC WALKING ŁĄDUJE NA OSOWEJ - 10 KM

B4SPORT

Wydarzenie: Łąduj na Osowej
Organizator: Klub Sportowy Olimpia Osowa
Data: 2018-09-30
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	ROGALSKI Piotr	230	GDYNIA MOJE MIASTO	M40-59	1		00:16:45	00:33:39	00:50:38	01:06:52.65		6:41	9 (100%)
2	WOROCH Roman	238	KSMETRACOPOLKOWICE	M60+	1		00:16:45	00:33:39	00:50:37	01:07:12.35	+00:00:19 (0.5%)	6:43	8.9 (98.9%)
3	NACZK Leonard	224	DYNAMIC	M40-59	2		00:17:01	00:34:33	00:52:30	01:10:27.15	+00:03:34 (5.1%)	7:02	8.5 (94.4%)
4	GRZEGORCZYK Marcin Joachim	207	TRI-SEA WŁADYSŁAWOWO / DYNAMIC	M18-39	1		00:17:14	00:35:06	00:53:10	01:11:32.60	+00:04:39 (6.5%)	7:09	8.4 (93.3%)
5	KOWALCZUK Robert	218	ELITE TEAM	M40-59	3		00:17:45	00:36:28	00:55:34	01:14:51.10	+00:07:58 (10.7%)	7:29	8 (88.9%)
6	KONCEWICZ Marek	213	ELITE TEAM	M40-59	4		00:18:31	00:37:40	00:57:11	01:16:54.25	+00:10:01 (13.0%)	7:41	7.8 (86.7%)
7	KONKOL Andrzej	215	KREATIVSPORT	M60+	2		00:18:48	00:38:06	00:57:37	01:17:26.55	+00:10:33 (13.6%)	7:44	7.7 (85.6%)
8	SZYMAŃSKA Monika	236		K18-39	1		00:19:37	00:39:20	00:58:55	01:18:21.85	+00:11:29 (14.7%)	7:50	7.7 (85.6%)
9	CZAJKA Urszula	202		K60+	1		00:19:01	00:38:36	00:58:36	01:18:34.20	+00:11:41 (14.9%)	7:51	7.6 (84.4%)
10	PLEWIŃSKI Rafał	228	MAMY TO!	M18-39	2		00:18:27	00:38:16	00:58:27	01:18:36.60	+00:11:43 (14.9%)	7:51	7.6 (84.4%)
11	KONCEWICZ Aneta	214	ELITE TEAM	K18-39	2		00:19:23	00:39:21	00:59:24	01:18:52.20	+00:11:59 (15.2%)	7:53	7.6 (84.4%)
12	TRIEBWASSER Jacek	237		M40-59	5		00:19:27	00:38:57	00:58:51	01:19:02.75	+00:12:10 (15.4%)	7:54	7.6 (84.4%)
13	MICHAŁOWSKA Sylwia	220	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K40-59	1		00:19:58	00:39:52	00:59:35	01:19:11.45	+00:12:18 (15.5%)	7:55	7.6 (84.4%)
14	PIOTROWSKI Krzysztof	239	NEW FACE NORDIC WALKING	M60+	3		00:19:46	00:39:39	00:59:50	01:20:20.45	+00:13:27 (16.8%)	8:02	7.5 (83.3%)

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15	RUPIŃSKA Agnieszka	232	DREAM TEAM	K40-59	2		00:20:00	00:40:38	01:01:56	01:22:37.35	+00:15:44 (19.1%)	8:15	7.3 (81.1%)
16	LATOSIŃSKA Kamila	219		K18-39	3		00:20:35	00:41:27	01:02:51	01:23:18.40	+00:16:25 (19.7%)	8:19	7.2 (80.0%)
17	FOLWARSKA Martyna	204		K18-39	4		00:20:20	00:41:14	01:02:43	01:23:40.65	+00:16:48 (20.1%)	8:22	7.2 (80.0%)
18	KONOPKO Paweł	216		M40-59	6		00:20:22	00:41:37	01:02:59	01:23:41.05	+00:16:48 (20.1%)	8:22	7.2 (80.0%)
19	KALANKIEWICZ Dariusz	210	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M40-59	7		00:20:15	00:41:05	01:02:42	01:24:15.80	+00:17:23 (20.6%)	8:25	7.1 (78.9%)
20	SYNAK Leszek	233		M40-59	8		00:20:30	00:41:51	01:04:03	01:26:29.20	+00:19:36 (22.7%)	8:39	6.9 (76.7%)
21	KALSKI Eugeniusz	188		M60+	4		00:20:31	00:42:01	01:04:12	01:26:41.10	+00:19:48 (22.8%)	8:40	6.9 (76.7%)
22	PANEK Elwira	225		K40-59	3		00:21:16	00:43:16	01:05:32	01:27:43.15	+00:20:50 (23.8%)	8:46	6.8 (75.6%)
23	KOPCZYŃSKI Mariusz	217	NIEZRZESZONY	M60+	5		00:21:15	00:43:24	01:05:32	01:28:14.95	+00:21:22 (24.2%)	8:49	6.8 (75.6%)
24	ROZMUS Jolanta	231	FACE NORDIC WALKING TEAM	K60+	2		00:21:40	00:43:46	01:06:05	01:28:36.00	+00:21:43 (24.5%)	8:51	6.8 (75.6%)
25	GRYSS-GRABAN Małgorzata	206		K18-39	5		00:21:57	00:43:53	01:06:12	01:28:36.75	+00:21:44 (24.5%)	8:51	6.8 (75.6%)
26	FAHRENHOLZ Rafał	203	NIEZRZESZONY	M60+	6		00:21:24	00:43:57	01:07:14	01:31:07.75	+00:24:15 (26.6%)	9:06	6.6 (73.3%)
27	PIELICH Grzegorz	227		M40-59	9		00:23:08	00:46:46	01:10:26	01:33:53.60	+00:27:00 (28.8%)	9:23	6.4 (71.1%)
28	KOLASIŃSKA Joanna	212		K40-59	4		00:23:11	00:46:50	01:11:07	01:34:51.75	+00:27:59 (29.5%)	9:29	6.3 (70.0%)
29	MISIEK Monika	222		K18-39	6		00:24:32	00:48:13	01:11:43	01:35:00.10	+00:28:07 (29.6%)	9:30	6.3 (70.0%)
30	MODELSKA Hanna	223		K40-59	5		00:24:29	00:49:29	01:14:24	01:39:42.00	+00:32:49 (32.9%)	9:58	6 (66.7%)
31	MIŁOSZ Jolanta	221		K40-59	6		00:25:18	00:51:17	01:16:47	01:42:59.70	+00:36:07 (35.1%)	10:18	5.8 (64.4%)
32	POBŁOCKA Maria	229		K60+	3		00:24:54	00:50:14	01:16:42	01:43:54.65	+00:37:02 (35.6%)	10:23	5.8 (64.4%)
33	PIELICH Iwona	226		K40-59	7		00:30:13	00:56:23	01:22:04	01:48:40.85	+00:41:48 (38.5%)	10:52	5.5 (61.1%)
34	TELEZYŃSKI Andrzej	200		M60+	7		00:27:19	00:55:49	01:24:24	01:54:22.10	+00:47:29 (41.5%)	11:26	5.2 (57.8%)

Znaleziono 34 wynik(ów)