

NORDIC WALKING ŁĄDUJE NA OSOWEJ - 5 KM

B4SPORT

Wydarzenie: Łąduj na Osowej
Organizator: Klub Sportowy Olimpia Osowa
Data: 2018-09-30
Miejsce: Gdańsk
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	YANKOVSKIY Dmitriy	180	KLUB SPORTOWY DED	M40-49	1		00:15:43	00:32:01.15		6:24	9.4 (100%)
2	BRZozowski Piotr	13	AKTYWNI POSTOMINO	M18-39	1		00:16:15	00:33:03.20	+00:01:02 (3.1%)	6:36	9.1 (96.8%)
3	TOPOREK Rafał	158	NWPL/ LUKI TEAM SIELDCE	M- Niepełnosprawni(B)	1		00:16:29	00:33:15.45	+00:01:14 (3.7%)	6:39	9 (95.7%)
4	SANIUK Edward	129	FACE NORDIC WALKING TEAM	M65-69	1		00:17:06	00:34:19.70	+00:02:18 (6.7%)	6:52	8.7 (92.6%)
5	KOPCZEWSKI Dariusz	74	FACE NORDIC WALKING TEAM	M50-59	1		00:17:20	00:35:33.45	+00:03:32 (10.0%)	7:06	8.4 (89.4%)
6	RĘBOWSKI Tomasz	121	ACTIVE FAMILY PASŁĘK	M18-39	2		00:17:20	00:35:38.35	+00:03:37 (10.2%)	7:07	8.4 (89.4%)
7	ŚWISŁOCKI Bogdan	155	FACE NORDIC WALKING TEAM	M50-59	2		00:17:41	00:36:04.95	+00:04:03 (11.3%)	7:13	8.3 (88.3%)
8	WITKOWSKI Piotr	176	OPEC GDYNIA	M18-39	3		00:17:39	00:36:09.55	+00:04:08 (11.4%)	7:13	8.3 (88.3%)
9	SZPILMAN Katarzyna	141		K50-59	1		00:17:57	00:36:39.25	+00:04:38 (12.6%)	7:19	8.2 (87.2%)
10	KAPTEJNA Robert	67	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M40-49	2		00:18:25	00:37:01.60	+00:05:00 (13.5%)	7:24	8.1 (86.2%)
11	JÓŻWIAK Marianna	63	SERCE NORDICA WŁOCŁAWEK	K40-49	1		00:18:21	00:37:08.95	+00:05:07 (13.8%)	7:25	8.1 (86.2%)
12	SZYMAŃSKI Stefan	146	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	M70+	1		00:18:30	00:37:21.20	+00:05:20 (14.3%)	7:28	8 (85.1%)
13	ŚLEDZIEWSKI Bogdan	148		M40-49	3		00:18:20	00:37:27.40	+00:05:26 (14.5%)	7:29	8 (85.1%)
14	SZYMANOWSKA Anna	143	TEAM ELIT LĘBORK	K50-59	2		00:18:24	00:37:27.65	+00:05:26 (14.5%)	7:29	8 (85.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
15	GÓZDŹ Dominik	47		M-Junior	1		00:18:55	00:37:41.70	+00:05:40 (15.1%)	7:32	8 (85.1%)
16	SZYMANOWSKI Eugeniusz	144	ELIT TEAM LĘBORK	M60-64	1		00:18:49	00:38:06.30	+00:06:05 (16.0%)	7:37	7.9 (84.0%)
17	SKABARA-PIS Tamara	132	ELITETEAM.PL	K40-49	2		00:18:56	00:38:15.35	+00:06:14 (16.3%)	7:39	7.8 (83.0%)
18	GÓZDŹ Aleksandra	46		K40-49	3		00:19:07	00:38:35.50	+00:06:34 (17.0%)	7:43	7.8 (83.0%)
19	CHUDZIŃSKI Andrzej	20	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M65-69	2		00:18:55	00:38:38.15	+00:06:37 (17.1%)	7:43	7.8 (83.0%)
20	JANISZEWSKI Marek	59	ACTIVE FAMILY PASŁĘK	M-Junior	2		00:19:17	00:38:44.85	+00:06:43 (17.4%)	7:45	7.7 (81.9%)
21	TOPOREK Aleksandra	159	NWPL/ LUKI TEAM SIELDCE	K- Niepełnosprawni(B)	1		00:19:23	00:39:08.35	+00:07:07 (18.2%)	7:49	7.7 (81.9%)
22	PANEK Aneta	114		K40-49	4		00:19:22	00:39:09.75	+00:07:08 (18.2%)	7:49	7.7 (81.9%)
23	MALINOWSKA Monika	94	LKS ZANTYR SZTUM	K18-39	1		00:19:20	00:39:12.75	+00:07:11 (18.3%)	7:50	7.6 (80.9%)
24	ZWIERZ Andrzej	183	ACTIVE FAMILY PASŁĘK	M60-64	2		00:19:17	00:39:18.85	+00:07:17 (18.6%)	7:51	7.6 (80.9%)
25	WIĘCKOWSKI Janusz	175	TKKF 'KUBUŚ' SIERPC	M40-49	4		00:18:44	00:39:25.30	+00:07:24 (18.8%)	7:53	7.6 (80.9%)
26	URBAŃSKI Stefan	165	NW PATYCZAKI GRUDZIĄDZ	M50-59	3		00:19:15	00:39:38.55	+00:07:37 (19.2%)	7:55	7.6 (80.9%)
27	KOŁPAK Jan	70	LKS ZANTYR SZTUM	M70+	2		00:19:33	00:39:44.85	+00:07:43 (19.4%)	7:57	7.5 (79.8%)
28	NIECHOĆKO Agata	103	EKIPA ZRYW	K18-39	2		00:19:18	00:39:47.15	+00:07:46 (19.5%)	7:57	7.5 (79.8%)
29	KUSIAK Włodzimierz	85	CHODZĘ Z KIJAMI.PL TEAM ELITE	M65-69	3		00:19:30	00:39:49.20	+00:07:48 (19.6%)	7:57	7.5 (79.8%)
30	SULECKA Gabriela	185		K- Niepełnosprawni(B)	2		00:20:03	00:39:58.35	+00:07:57 (19.9%)	7:59	7.5 (79.8%)
31	WAWRZY尼亚K Igor	170	FACE NORDIC WALKIG TEAM	M-Dzieci	1		00:19:38	00:40:00.70	+00:07:59 (20.0%)	8:00	7.5 (79.8%)
32	TOPOREK Paulina	160	NWPL/ LUKI TEAM SIELDCE	K-Dzieci	1		00:19:33	00:40:05.05	+00:08:03 (20.1%)	8:01	7.5 (79.8%)
33	KUNCEWICZ Monika	83		K40-49	5		00:20:10	00:40:11.95	+00:08:10 (20.3%)	8:02	7.5 (79.8%)
34	GOŁEBIĘWSKI Andrzej	42	KLB NW PATYCZAKI GRUDZIĄDZ	M60-64	3		00:19:42	00:40:12.35	+00:08:11 (20.4%)	8:02	7.5 (79.8%)
35	RĘBOWSKI Mateusz	119	ACTIVE FAMILY PASŁĘK	M-Dzieci	2		00:19:40	00:40:14.60	+00:08:13 (20.4%)	8:03	7.5 (79.8%)
36	KANIECKI Tadeusz	65	NW PATYCZAKI	M65-69	4		00:19:34	00:40:18.90	+00:08:17 (20.6%)	8:03	7.4 (78.7%)
37	DANA Kazimiera	22	KLUB NW PATYCZAKI GRUDZIĄDZ	K65-69	1		00:20:06	00:40:30.60	+00:08:29 (21.0%)	8:06	7.4 (78.7%)

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38	KRAWIEC Łukasz	81	KRAWIEC ELITE	M18-39	4		00:19:48	00:40:32.80	+00:08:31 (21.0%)	8:06	7.4 (78.7%)
39	HIRSCH Krystyna	55	OPEC GDYNIA	K50-59	3		00:20:04	00:40:45.90	+00:08:44 (21.5%)	8:09	7.4 (78.7%)
40	MAZUR Aleksandra	96	KREATIVSPORT	K18-39	3		00:19:50	00:40:47.90	+00:08:46 (21.5%)	8:09	7.4 (78.7%)
41	JÓŹWIAK Łukasz	62	SERCE NORDICA WŁOCŁAWEK	M- Niepełnosprawni(B)	2		00:20:09	00:40:49.95	+00:08:48 (21.6%)	8:10	7.3 (77.7%)
42	GRABOWSKA Joanna	49		K50-59	4		00:20:30	00:41:03.60	+00:09:02 (22.0%)	8:12	7.3 (77.7%)
43	MACIĄŻEK Jolanta	92		K40-49	6		00:20:18	00:41:15.15	+00:09:14 (22.4%)	8:15	7.3 (77.7%)
44	WAWRZYNIAK Anna	169	FACE NORDIC WALKING TEAM	K40-49	7		00:20:14	00:41:29.45	+00:09:28 (22.8%)	8:17	7.2 (76.6%)
45	GRZELAK Beata	50		K40-49	8		00:20:51	00:41:33.30	+00:09:32 (22.9%)	8:18	7.2 (76.6%)
46	TATAREWICZ Arkadiusz	156		M18-39	5		00:20:20	00:41:39.95	+00:09:38 (23.2%)	8:20	7.2 (76.6%)
47	SZYMAŃSKA Lucyna	145	XV KOŁO POLSKIEGO ZWIĄZKU EMERYTÓW W DYWITACH	K65-69	2		00:20:29	00:41:44.35	+00:09:43 (23.3%)	8:21	7.2 (76.6%)
48	DANA Andrzej	23	KLUB NW PATYCZAKI GRUDZIĄDZ	M65-69	5		00:20:12	00:41:48.55	+00:09:47 (23.4%)	8:21	7.2 (76.6%)
49	KEDZIERSKA Edyta	211	OLIMPIA OSOWA/ POLSKA FEDERACJA NW	K40-49	9		00:20:18	00:41:54.15	+00:09:53 (23.6%)	8:22	7.2 (76.6%)
50	KARLIKOWSKA Joanna	68	KARLIKOWSCY TEAM	K40-49	10		00:20:35	00:41:55.50	+00:09:54 (23.6%)	8:23	7.2 (76.6%)
51	DAROSZEWSKA Krystyna	24	SERCE NORDICA WŁOCŁAWEK	K60-64	1		00:21:06	00:42:06.95	+00:10:05 (24.0%)	8:25	7.1 (75.5%)
52	YANKOVSKAYA Aleksandra	178	KLUB SPORTOWY DED	K18-39	4		00:20:03	00:42:13.45	+00:10:12 (24.2%)	8:26	7.1 (75.5%)
53	ROKICKA-HEBEL Magdalena	122		K40-49	11		00:20:55	00:42:30.90	+00:10:29 (24.7%)	8:30	7.1 (75.5%)
54	WALKOWICZ Karolina	168		K18-39	5		00:21:09	00:42:46.80	+00:10:45 (25.2%)	8:33	7 (74.5%)
55	SZWECHOWICZ Wojciech	142		M40-49	5		00:21:03	00:42:49.75	+00:10:48 (25.2%)	8:34	7 (74.5%)
56	ROKOSZ Robert	123		M40-49	6		00:21:30	00:43:03.10	+00:11:01 (25.6%)	8:36	7 (74.5%)
57	LEBIODA Ryszard	88	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M50-59	4		00:21:55	00:43:06.20	+00:11:05 (25.7%)	8:37	7 (74.5%)
58	ZUBEK Ania	182		K40-49	12		00:21:41	00:43:14.95	+00:11:13 (26.0%)	8:39	6.9 (73.4%)
59	MIRUSZEWSKA Magdalena	99	OPEC GDYNIA	K18-39	6		00:21:29	00:43:21.30	+00:11:20 (26.1%)	8:40	6.9 (73.4%)
60	SIKORRA Janina	131	'ORŁY WICKO'	K70+	1		00:21:41	00:43:27.85	+00:11:26 (26.3%)	8:41	6.9 (73.4%)

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61	FOLWARSKA Małgorzata	35	FACE NORDIC WALKING TEAM	K60-64	2		00:21:23	00:43:43.20	+00:11:42 (26.8%)	8:44	6.9 (73.4%)
62	ĆWIKLIŃSKA Iwona	21		K40-49	13		00:22:11	00:43:51.25	+00:11:50 (27.0%)	8:46	6.8 (72.3%)
63	NOWAK Beata	106		K40-49	14		00:22:12	00:43:53.00	+00:11:51 (27.0%)	8:46	6.8 (72.3%)
64	KONKOL Zofia	72	KREATIVSPORT	K-Dzieci	2		00:21:30	00:43:54.45	+00:11:53 (27.1%)	8:46	6.8 (72.3%)
65	KONKOL Katarzyna	73	KREATIVSPORT	K-Dzieci	3		00:21:30	00:43:56.85	+00:11:55 (27.1%)	8:47	6.8 (72.3%)
66	FORMELA Andrzej	37	ACTIVE FAMILY PASŁĘK	M50-59	5		00:21:29	00:44:01.65	+00:12:00 (27.3%)	8:48	6.8 (72.3%)
67	KĘDZIA Marek	186		M65-69	6		00:21:02	00:44:03.85	+00:12:02 (27.3%)	8:48	6.8 (72.3%)
68	GÓRA Beata	45		K40-49	15		00:22:12	00:44:13.30	+00:12:12 (27.6%)	8:50	6.8 (72.3%)
69	FOLWARSKA Zofia	34		K-Dzieci	4		00:21:46	00:44:19.30	+00:12:18 (27.8%)	8:51	6.8 (72.3%)
70	JEŻOWSKA Marzena	60		K18-39	7		00:21:54	00:44:32.80	+00:12:31 (28.1%)	8:54	6.7 (71.3%)
71	BURLIŃSKA Anna	15	ACTIVE FAMILY PASŁĘK	K18-39	8		00:21:45	00:44:43.05	+00:12:41 (28.4%)	8:56	6.7 (71.3%)
72	MIŁKOWSKA Jolanta	97		K-Niepełnosprawni(B)	3		00:22:12	00:44:48.35	+00:12:47 (28.5%)	8:57	6.7 (71.3%)
73	LEBIODA Krystyna	87	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K50-59	5		00:22:24	00:44:50.10	+00:12:48 (28.6%)	8:58	6.7 (71.3%)
74	GOMÓŁKA-BIGUS Monika	44		K40-49	16		00:22:23	00:44:55.25	+00:12:54 (28.7%)	8:59	6.7 (71.3%)
75	URBAN Zdzisława	164		K70+	2		00:21:52	00:44:55.85	+00:12:54 (28.7%)	8:59	6.7 (71.3%)
76	RĘBOWSKA Agnieszka	118	ACTIVE FAMILY PASŁĘK	K-Niepełnosprawni(B)	4		00:22:13	00:44:57.65	+00:12:56 (28.8%)	8:59	6.7 (71.3%)
77	DYBUK Agnieszka	29		K40-49	17		00:22:48	00:44:58.25	+00:12:57 (28.8%)	8:59	6.7 (71.3%)
78	RUPIŃSKI Kamil	125	GIMNAZJUM NR 18 W GDAŃSKU	M-Junior	3		00:21:18	00:45:20.85	+00:13:19 (29.4%)	9:04	6.6 (70.2%)
79	KONKOL Krystyna	71	KREATIVSPORT	K50-59	6		00:22:26	00:45:22.45	+00:13:21 (29.4%)	9:04	6.6 (70.2%)
80	SYNAK Joanna	137		K18-39	9		00:22:29	00:45:29.85	+00:13:28 (29.6%)	9:05	6.6 (70.2%)
81	WESOŁOWSKA Aleksandra	174		K50-59	7		00:23:03	00:45:34.95	+00:13:33 (29.8%)	9:07	6.6 (70.2%)
82	NIEDZIAŁEK Magdalena	104		K18-39	10		00:23:14	00:45:37.70	+00:13:36 (29.8%)	9:07	6.6 (70.2%)
83	PRZEDWOJEWSKA Róża	117	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K65-69	3		00:22:37	00:45:45.70	+00:13:44 (30.0%)	9:09	6.6 (70.2%)

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84	BACA Katarzyna	2		K50-59	8		00:23:03	00:45:46.55	+00:13:45 (30.1%)	9:09	6.6 (70.2%)
85	SZCZEŚNIAK Władysław	140		M70+	3		00:22:19	00:45:55.95	+00:13:54 (30.3%)	9:11	6.5 (69.1%)
86	CHOJNICKA Zofia	18		K70+	3		00:22:02	00:45:57.35	+00:13:56 (30.3%)	9:11	6.5 (69.1%)
87	UTRATA Mirosław	167	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	M60-64	4		00:22:19	00:46:04.85	+00:14:03 (30.5%)	9:13	6.5 (69.1%)
88	FOLWARSKA Helena	33		K-Dzieci	5		00:23:55	00:46:15.90	+00:14:14 (30.8%)	9:15	6.5 (69.1%)
89	DYBUK Jolanta	30		K70+	4		00:22:51	00:46:17.90	+00:14:16 (30.8%)	9:15	6.5 (69.1%)
90	FOLWARSKI Andrzej	36	FACE NORDIC WALKING TEAM	M50-59	6		00:25:58	00:46:23.90	+00:14:22 (31.0%)	9:16	6.5 (69.1%)
91	DUDZICZ Izabela	27		K40-49	18		00:23:00	00:46:25.45	+00:14:24 (31.0%)	9:17	6.5 (69.1%)
92	KĘDZIA Elżbieta	161		K65-69	4		00:22:48	00:46:29.90	+00:14:28 (31.1%)	9:18	6.5 (69.1%)
93	YANKOVSKAYA Daria	179	KLUB SPORTOWY DED	K-Dzieci	6		00:22:50	00:46:31.95	+00:14:30 (31.2%)	9:18	6.4 (68.1%)
94	HINEBORG Bogumiła	54	KLUB NW PATYCZAKI GRUDZIĄDZ	K50-59	9		00:23:13	00:46:36.65	+00:14:35 (31.3%)	9:19	6.4 (68.1%)
95	BERDYS Anna	6	TITANIUM DENTAL TEAM	K18-39	11		00:23:06	00:46:54.65	+00:14:53 (31.7%)	9:23	6.4 (68.1%)
96	MYSZK Magdalena	100	DOGSFORD	K18-39	12		00:23:35	00:46:56.30	+00:14:55 (31.8%)	9:23	6.4 (68.1%)
97	GUMOWSKA Justyna	52	GUMISIE	K18-39	13		00:23:05	00:47:06.95	+00:15:05 (32.0%)	9:25	6.4 (68.1%)
98	WĄSOWSKA Monika	172	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K18-39	14		00:23:07	00:47:13.60	+00:15:12 (32.2%)	9:26	6.4 (68.1%)
99	KAPITAŃSKA Joanna	66	ZSM	K40-49	19		00:23:23	00:47:18.20	+00:15:17 (32.3%)	9:27	6.3 (67.0%)
100	MALINOWSKA Grażyna	95	LKS ZANTYR SZTUM	K65-69	5		00:23:34	00:47:27.80	+00:15:26 (32.5%)	9:29	6.3 (67.0%)
101	ŚLIWIŃSKA Ewa	151	KLUB NW PATYCZAKI GRUDZIĄDZ	K40-49	20		00:23:33	00:47:31.65	+00:15:30 (32.6%)	9:30	6.3 (67.0%)
102	LITWIN Alicja	91		K18-39	15		00:23:44	00:47:42.00	+00:15:40 (32.9%)	9:32	6.3 (67.0%)
103	BORZYSZKOWSKA Jolanta	12		K60-64	3		00:23:10	00:47:42.75	+00:15:41 (32.9%)	9:32	6.3 (67.0%)
104	NAZAREWICZ Barbara	102	KS 'ELBLĄSKIE WŁÓCZY-KIJE'	K70+	5		00:23:23	00:47:42.95	+00:15:41 (32.9%)	9:32	6.3 (67.0%)
105	SOSNA-KLEIN Urszula	135	NW NA RECEPTE	K60-64	4		00:23:20	00:47:44.35	+00:15:43 (32.9%)	9:32	6.3 (67.0%)
106	KOWNATKE - GRUBA Dorota	80	NORDIC WALKING PUCK	K18-39	16		00:23:32	00:47:58.00	+00:15:56 (33.2%)	9:35	6.3 (67.0%)

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107	KULCZYCKI Jan	82		M65-69	7		00:23:48	00:48:00.85	+00:15:59 (33.3%)	9:36	6.2 (66.0%)
108	SALEWICZ Jerzy	126	NW NA RECEPTE	M65-69	8		00:24:13	00:48:03.25	+00:16:02 (33.4%)	9:36	6.2 (66.0%)
109	KLEIN Aleksander	69	NW NA RECEPTE	M50-59	7		00:23:21	00:48:07.90	+00:16:06 (33.5%)	9:37	6.2 (66.0%)
110	GĄSIOREK Karolina	40	KIJO_ROLOWA GAŚKA	K18-39	17		00:23:58	00:48:27.65	+00:16:26 (33.9%)	9:41	6.2 (66.0%)
111	GOŁEMBOWSKA Sylwia	43	LEJDIS	K40-49	21		00:23:55	00:48:44.30	+00:16:43 (34.3%)	9:44	6.2 (66.0%)
112	CHOIŃSKA-NOWAK Sylwia	17		K40-49	22		00:23:45	00:48:45.15	+00:16:44 (34.3%)	9:45	6.2 (66.0%)
113	SOSIŃSKA Aleksandra	134	LEJDIS	K-Dzieci	7		00:23:57	00:48:45.85	+00:16:44 (34.3%)	9:45	6.2 (66.0%)
114	KUSIAK Maria	86		K65-69	6		00:24:13	00:49:04.60	+00:17:03 (34.8%)	9:48	6.1 (64.9%)
115	OGONOWSKA Edyta	107	KLUB NW PATYCZAKI - GRUDZIĄDZ	K50-59	10		00:24:25	00:49:05.50	+00:17:04 (34.8%)	9:49	6.1 (64.9%)
116	WESOŁOWSKA Anna	173	NORDIC WALKING PUCK	K40-49	23		00:26:15	00:49:14.95	+00:17:13 (35.0%)	9:50	6.1 (64.9%)
117	OSTOLSKA Magdalena	113		K40-49	24		00:24:47	00:49:16.70	+00:17:15 (35.0%)	9:51	6.1 (64.9%)
118	ŚWISŁOCKA Ewa	154	FACE NORDIC WALKING TEAM	K50-59	11		00:24:24	00:49:34.00	+00:17:32 (35.4%)	9:54	6.1 (64.9%)
119	YANKOVSKIY Maksim	181	KLUB SPORTOWY DED	M-Dzieci	3		00:24:04	00:49:34.95	+00:17:33 (35.4%)	9:55	6.1 (64.9%)
120	BAZICHOWSKA Aurelia	4	GUMISIE	K50-59	12		00:24:17	00:49:38.05	+00:17:36 (35.5%)	9:55	6 (63.8%)
121	HOCZYK Anna	56	LEJDIS	K40-49	25		00:24:49	00:49:58.35	+00:17:57 (35.9%)	9:59	6 (63.8%)
122	RUMKOWSKA Beata	124		K18-39	18		00:24:51	00:50:21.40	+00:18:20 (36.4%)	10:04	6 (63.8%)
123	BEŁCZYŃSKA Edyta	5	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K40-49	26		00:25:15	00:50:46.85	+00:18:45 (36.9%)	10:09	5.9 (62.8%)
124	BOBROWSKA Małgorzata	8		K18-39	19		00:24:13	00:51:07.95	+00:19:06 (37.4%)	10:13	5.9 (62.8%)
125	SPŁAWNIK Jolanta	136		K50-59	13		00:24:06	00:51:19.35	+00:19:18 (37.6%)	10:15	5.8 (61.7%)
126	OPALIŃSKA Krystyna	112	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K70+	6		00:25:47	00:51:25.75	+00:19:24 (37.7%)	10:17	5.8 (61.7%)
127	ŚLIWIŃSKA Edyta	150	1971	K40-49	27		00:25:53	00:51:45.70	+00:19:44 (38.1%)	10:21	5.8 (61.7%)
128	BOBROWSKA Gabriela	9		K-Dzieci	8		00:24:54	00:51:47.10	+00:19:45 (38.2%)	10:21	5.8 (61.7%)
129	SKWIOT Irena	133	LEJDIS	K65-69	7		00:25:32	00:51:50.25	+00:19:49 (38.2%)	10:22	5.8 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
130	KOWNATKE Rafał	79	NORDIC WALKING PUCK	M18-39	6		00:25:23	00:51:52.70	+00:19:51 (38.3%)	10:22	5.8 (61.7%)
131	JAGIEŁŁOWICZ Maria	57		K60-64	5		00:26:19	00:52:49.15	+00:20:48 (39.4%)	10:33	5.7 (60.6%)
132	WAZ Teresa	171	NORDIC WALKING PUCK	K40-49	28		00:26:19	00:52:55.00	+00:20:53 (39.5%)	10:35	5.7 (60.6%)
133	DYBOWSKA Bożena	28	NORDIC WALKING PUCK	K40-49	29		00:26:21	00:52:55.50	+00:20:54 (39.5%)	10:35	5.7 (60.6%)
134	JÓŹWIAK Dominik	61	SERCE NORDICA WŁOCLAWEK	M18-39	7		00:26:19	00:53:12.55	+00:21:11 (39.8%)	10:38	5.6 (59.6%)
135	UTRATA Halina	166	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K60-64	6		00:26:42	00:53:29.20	+00:21:28 (40.1%)	10:41	5.6 (59.6%)
136	GUMOWSKA Lena	51	GUMISIE	K-Dzieci	9		00:25:51	00:53:40.00	+00:21:38 (40.3%)	10:44	5.6 (59.6%)
137	GÓŹDŹ Zuzanna	48		K-Dzieci	10		00:25:20	00:54:00.75	+00:21:59 (40.7%)	10:48	5.6 (59.6%)
138	BAJDA Henryk	187		M65-69	9		00:26:20	00:54:01.20	+00:22:00 (40.7%)	10:48	5.6 (59.6%)
139	KAŁAMAJSKA Barbara	64	NW PATYCZAKI GRUDZIĄDZ	K60-64	7		00:26:20	00:54:03.85	+00:22:02 (40.8%)	10:48	5.5 (58.5%)
140	PATOŁA Kazimiera	115		K70+	7		00:26:03	00:54:34.60	+00:22:33 (41.3%)	10:54	5.5 (58.5%)
141	JAGIEŁŁOWICZ Wojciech	58		M65-69	10		00:27:40	00:55:46.60	+00:23:45 (42.6%)	11:09	5.4 (57.4%)
142	ADAMCZYK Ewa	1	SZALONY GDAŃSK BIEGA	K18-39	20		00:28:09	00:55:49.40	+00:23:48 (42.6%)	11:09	5.4 (57.4%)
143	GUMOWSKI Mariusz	53	GUMISIE	M18-39	8		00:29:03	00:56:52.25	+00:24:51 (43.7%)	11:22	5.3 (56.4%)
144	MIŁOSZ Halina	98	AKADEMIA TRZECIEGO WIEKU	K65-69	8		00:30:02	01:02:39.25	+00:30:38 (48.9%)	12:31	4.8 (51.1%)
145	CHUDZIŃSKA Grażyna	19	KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE	K65-69	9		00:30:13	01:03:27.90	+00:31:26 (49.5%)	12:41	4.7 (50.0%)
146	BURLIŃSKI Xawery	16	ACTIVE FAMILY PASŁĘK	M-Dzieci	4		00:30:18	01:10:12.85	+00:38:11 (54.4%)	14:02	4.3 (45.7%)
147	OLSZEWSKA Zuza	109		K-Dzieci	11		00:33:54	01:11:41.15	+00:39:40 (55.3%)	14:20	4.2 (44.7%)
148	OLSZEWSKA Ewa	108		K18-39	21		00:33:56	01:11:41.20	+00:39:40 (55.3%)	14:20	4.2 (44.7%)
149	BURLIŃSKA Katarzyna	14	ACTIVE FAMILY PASŁĘK	K-Dzieci	12		00:34:44	01:12:53.35	+00:40:52 (56.1%)	14:34	4.1 (43.6%)
150	BOJKE Olgierd	10		M50-59	8		00:33:53	01:20:37.90	+00:48:36 (60.3%)	16:07	3.7 (39.4%)
151	BORZESZKOWSKA Małgorzata	11		K50-59	14		00:33:53	01:20:38.20	+00:48:37 (60.3%)	16:07	3.7 (39.4%)
DQ	GRZELCZYK Marzena	189		K40-49		1	00:19:58 DQ	00:41:11.20 DQ		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czer. kartki	Start_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
	GAŁEK Andrzej	184	TAK OSOWA				00:20:23 DNF	DNF		-	- (0.0%)
	BIĘKOWSKA Iwona	7	AKADEMIA TRZECIEGO WIEKU				00:30:42 DNF	DNF		-	- (0.0%)
	PODJASKA Karolina	116					DNF	DNF		-	- (0.0%)

Znaleziono 155 wynik(ów)