



NORDIC WALKING ŁĄDUJE NA OSOWEJ - 5 KM

B4SPORT

Wydarzenie: Łąduj na Osowej
Organizator: Klub Sportowy Olimpia Osowa
Data: 2018-09-30
Miejsce: Gdańsk
Dystans: 5 km



Klasyfikacja: K40-49

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czer. kartki | Start_All 2.5km | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------|-------|-------------------------------------|-----------|------|--------------|--------------------|----------------------|-------------------|-----------------|---------------|
| 1 | JÓŻWIAK Marianna | 63 | SERCE NORDICA WŁOCŁAWEK | K40-49 | 1 | | 00:18:21 | 00:37:08.95 | | 7:25 | 8.1 (100%) |
| 2 | SKABARA-PIS Tamara | 132 | ELITETEAM.PL | K40-49 | 2 | | 00:18:56 | 00:38:15.35 | +00:01:06 (2.9%) | 7:39 | 7.8 (96.3%) |
| 3 | GÓZDŹ Aleksandra | 46 | | K40-49 | 3 | | 00:19:07 | 00:38:35.50 | +00:01:26 (3.7%) | 7:43 | 7.8 (96.3%) |
| 4 | PANEK Aneta | 114 | | K40-49 | 4 | | 00:19:22 | 00:39:09.75 | +00:02:00 (5.1%) | 7:49 | 7.7 (95.1%) |
| 5 | KUNCEWICZ Monika | 83 | | K40-49 | 5 | | 00:20:10 | 00:40:11.95 | +00:03:03 (7.6%) | 8:02 | 7.5 (92.6%) |
| 6 | MACIĄŻEK Jolanta | 92 | | K40-49 | 6 | | 00:20:18 | 00:41:15.15 | +00:04:06 (9.9%) | 8:15 | 7.3 (90.1%) |
| 7 | WAWRZYŃIAK Anna | 169 | FACE NORDIC WALKING TEAM | K40-49 | 7 | | 00:20:14 | 00:41:29.45 | +00:04:20 (10.5%) | 8:17 | 7.2 (88.9%) |
| 8 | GRZELAK Beata | 50 | | K40-49 | 8 | | 00:20:51 | 00:41:33.30 | +00:04:24 (10.6%) | 8:18 | 7.2 (88.9%) |
| 9 | KEDZIERSKA Edyta | 211 | OLIMPIA OSOWA/ POLSKA FEDERACJA NW | K40-49 | 9 | | 00:20:18 | 00:41:54.15 | +00:04:45 (11.3%) | 8:22 | 7.2 (88.9%) |
| 10 | KARLIKOWSKA Joanna | 68 | KARLIKOWSCY TEAM | K40-49 | 10 | | 00:20:35 | 00:41:55.50 | +00:04:46 (11.4%) | 8:23 | 7.2 (88.9%) |
| 11 | ROKICKA-HEBEL Magdalena | 122 | | K40-49 | 11 | | 00:20:55 | 00:42:30.90 | +00:05:21 (12.6%) | 8:30 | 7.1 (87.7%) |
| 12 | ZUBEK Ania | 182 | | K40-49 | 12 | | 00:21:41 | 00:43:14.95 | +00:06:06 (14.1%) | 8:39 | 6.9 (85.2%) |
| 13 | ĆWIKLIŃSKA Iwona | 21 | | K40-49 | 13 | | 00:22:11 | 00:43:51.25 | +00:06:42 (15.3%) | 8:46 | 6.8 (84.0%) |
| 14 | NOWAK Beata | 106 | | K40-49 | 14 | | 00:22:12 | 00:43:53.00 | +00:06:44 (15.3%) | 8:46 | 6.8 (84.0%) |
| 15 | GÓRA Beata | 45 | | K40-49 | 15 | | 00:22:12 | 00:44:13.30 | +00:07:04 (16.0%) | 8:50 | 6.8 (84.0%) |
| 16 | GOMÓŁKA-BIGUS Monika | 44 | | K40-49 | 16 | | 00:22:23 | 00:44:55.25 | +00:07:46 (17.3%) | 8:59 | 6.7 (82.7%) |
| 17 | DYBUK Agnieszka | 29 | | K40-49 | 17 | | 00:22:48 | 00:44:58.25 | +00:07:49 (17.4%) | 8:59 | 6.7 (82.7%) |
| 18 | DUDZICZ Izabela | 27 | | K40-49 | 18 | | 00:23:00 | 00:46:25.45 | +00:09:16 (20.0%) | 9:17 | 6.5 (80.2%) |
| 19 | KAPITAŃSKA Joanna | 66 | ZSM | K40-49 | 19 | | 00:23:23 | 00:47:18.20 | +00:10:09 (21.5%) | 9:27 | 6.3 (77.8%) |
| 20 | ŚLIWIŃSKA Ewa | 151 | KLUB NW PATYCZAKI GRUDZIĄDZ | K40-49 | 20 | | 00:23:33 | 00:47:31.65 | +00:10:22 (21.8%) | 9:30 | 6.3 (77.8%) |
| 21 | GOŁEMBOWSKA Sylwia | 43 | LEJDIS | K40-49 | 21 | | 00:23:55 | 00:48:44.30 | +00:11:35 (23.8%) | 9:44 | 6.2 (76.5%) |
| 22 | CHOIŃSKA-NOWAK Sylwia | 17 | | K40-49 | 22 | | 00:23:45 | 00:48:45.15 | +00:11:36 (23.8%) | 9:45 | 6.2 (76.5%) |
| 23 | WESOŁOWSKA Anna | 173 | NORDIC WALKING PUCK | K40-49 | 23 | | 00:26:15 | 00:49:14.95 | +00:12:06 (24.6%) | 9:50 | 6.1 (75.3%) |
| 24 | OSTOLSKA Magdalena | 113 | | K40-49 | 24 | | 00:24:47 | 00:49:16.70 | +00:12:07 (24.6%) | 9:51 | 6.1 (75.3%) |
| 25 | HOCZYK Anna | 56 | LEJDIS | K40-49 | 25 | | 00:24:49 | 00:49:58.35 | +00:12:49 (25.7%) | 9:59 | 6 (74.1%) |
| 26 | BEŁCZYŃSKA Edyta | 5 | KLUB SPORTOWY ELBLĄSKIE WŁÓCZY-KIJE | K40-49 | 26 | | 00:25:15 | 00:50:46.85 | +00:13:37 (26.8%) | 10:09 | 5.9 (72.8%) |
| 27 | ŚLIWIŃSKA Edyta | 150 | 1971 | K40-49 | 27 | | 00:25:53 | 00:51:45.70 | +00:14:36 (28.2%) | 10:21 | 5.8 (71.6%) |

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|-----|--------------------------|------------|---------------------|-----------|------|--------------|--------------------|-----------------------|-------------------|-----------------|---------------|
| 28 | WAZ Teresa | 171 | NORDIC WALKING PUCK | K40-49 | 28 | | 00:26:19 | 00:52:55.00 | +00:15:46 (29.8%) | 10:35 | 5.7 (70.4%) |
| 29 | DYBOWSKA Bożena | 28 | NORDIC WALKING PUCK | K40-49 | 29 | | 00:26:21 | 00:52:55.50 | +00:15:46 (29.8%) | 10:35 | 5.7 (70.4%) |
| DQ | GRZELCZYK Marzena | 189 | | K40-49 | | 1 | 00:19:58 DQ | 00:41:11.20 DQ | | - | -(0.0%) |

Znaleziono 30 wynik(ów)