

# NORDIC WALKING

B4SPORT

**Wydarzenie:** X BIEG NA K2  
**Organizator:** Stowarzyszenie K2 Partners  
**Data:** 2020-10-11  
**Miejsce:** Szczecin  
**Dystans:** 8.611 m km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik                    | Numer | Klub                            | Kategoria | Mkat | Czas netto<br>8.611km | Czas brutto<br>8.611km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------|-------|---------------------------------|-----------|------|-----------------------|------------------------|-------------------|-----------------|---------------|
| 1   | ROMANOWICZ Piotr            | 1005  |                                 |           |      | 00:54:43.00           | 00:54:43.00            |                   | 6:21            | 9.4 (100%)    |
| 2   | DOŁĘGOWSKI Marek            | 1065  | BKS MANIAK WOLIN                |           |      | 00:58:06.00           | 00:58:06.00            | +00:03:23 (5.8%)  | 6:44            | 8.9 (94.7%)   |
| 3   | KAŻMIERCZAK Norbert         | 1063  | TUPTUP TEAM                     |           |      | 01:00:40.00           | 01:00:40.00            | +00:05:57 (9.8%)  | 7:02            | 8.5 (90.4%)   |
| 4   | GUZIKOWSKI Tomasz           | 1014  | GUZIK TEAM                      |           |      | 01:02:12.00           | 01:02:12.00            | +00:07:29 (12.0%) | 7:13            | 8.3 (88.3%)   |
| 5   | BASZURO Marcin              | 1009  | MUFFINKOWE MORSY                |           |      | 01:03:51.00           | 01:03:51.00            | +00:09:08 (14.3%) | 7:24            | 8.1 (86.2%)   |
| 6   | ZDANUK Artur                | 1067  | EKSPEDYCJA NORDIC TEAM SZCZECIN |           |      | 01:05:30.00           | 01:05:30.00            | +00:10:47 (16.5%) | 7:36            | 7.9 (84.0%)   |
| 7   | ZIÓŁKOWSKA Sylwia           | 1025  | PUSZCZYK BUKOWY                 |           |      | 01:05:58.00           | 01:05:58.00            | +00:11:15 (17.1%) | 7:39            | 7.8 (83.0%)   |
| 8   | HAWRYLAK Marcin             | 1036  | BBL SZCZECIN                    |           |      | 01:06:09.00           | 01:06:09.00            | +00:11:26 (17.3%) | 7:40            | 7.8 (83.0%)   |
| 9   | STAROSTA-KLECZEWSKA Izabela | 1042  |                                 |           |      | 01:06:23.00           | 01:06:23.00            | +00:11:40 (17.6%) | 7:42            | 7.8 (83.0%)   |
| 10  | KAMIŃSKA Magdalena          | 1029  | PUM SZCZECIN                    |           |      | 01:07:32.00           | 01:07:32.00            | +00:12:49 (19.0%) | 7:50            | 7.7 (81.9%)   |
| 11  | KUBIK Krystian              | 1047  | RUNGRYF GRYFICE                 |           |      | 01:08:43.00           | 01:08:43.00            | +00:14:00 (20.4%) | 7:58            | 7.5 (79.8%)   |
| 12  | MAKAREWICZ Rafał            | 1034  | MUFFINKOWE MORSY                |           |      | 01:09:01.00           | 01:09:01.00            | +00:14:18 (20.7%) | 8:00            | 7.5 (79.8%)   |
| 13  | TERAN Ana                   | 1066  |                                 |           |      | 01:09:02.00           | 01:09:02.00            | +00:14:19 (20.7%) | 8:01            | 7.5 (79.8%)   |
| 14  | SEŃ Agata                   | 1012  |                                 |           |      | 01:09:54.00           | 01:09:54.00            | +00:15:11 (21.7%) | 8:07            | 7.4 (78.7%)   |
| 14  | BUJNOWSKA Anita             | 1010  |                                 |           |      | 01:09:54.00           | 01:09:54.00            | +00:15:11 (21.7%) | 8:07            | 7.4 (78.7%)   |
| 16  | OLEJNIK Marzena             | 1046  |                                 |           |      | 01:10:17.00           | 01:10:17.00            | +00:15:34 (22.1%) | 8:09            | 7.4 (78.7%)   |
| 17  | WOŹNIAK Iwona               | 1022  |                                 |           |      | 01:10:58.00           | 01:10:58.00            | +00:16:15 (22.9%) | 8:14            | 7.3 (77.7%)   |
| 18  | LEDZION Robert              | 1061  |                                 |           |      | 01:11:14.00           | 01:11:14.00            | +00:16:31 (23.2%) | 8:16            | 7.3 (77.7%)   |
| 19  | LEBIODA Alicja              | 1004  |                                 |           |      | 01:11:17.00           | 01:11:17.00            | +00:16:34 (23.2%) | 8:16            | 7.2 (76.6%)   |
| 20  | GABERT Beata                | 1007  | RAZ SZCZECIN                    |           |      | 01:11:33.00           | 01:11:33.00            | +00:16:50 (23.5%) | 8:18            | 7.2 (76.6%)   |
| 21  | MARCHIEL Lena               | 1031  |                                 |           |      | 01:11:53.00           | 01:11:53.00            | +00:17:10 (23.9%) | 8:20            | 7.2 (76.6%)   |
| 22  | PARCHIMOWICZ Janusz         | 1002  |                                 |           |      | 01:12:44.00           | 01:12:44.00            | +00:18:01 (24.8%) | 8:26            | 7.1 (75.5%)   |
| 23  | SIKORA Magdalena            | 1030  |                                 |           |      | 01:13:24.00           | 01:13:24.00            | +00:18:41 (25.5%) | 8:31            | 7 (74.5%)     |
| 24  | MAŁKOWSKA Ewa               | 1028  |                                 |           |      | 01:13:40.00           | 01:13:40.00            | +00:18:57 (25.7%) | 8:33            | 7 (74.5%)     |
| 25  | BŁĄD-WASZKIEWICZ Wanda      | 1032  | INCOM POLSKA                    |           |      | 01:13:44.00           | 01:13:44.00            | +00:19:01 (25.8%) | 8:33            | 7 (74.5%)     |
| 26  | GŁOWACKA Aleksandra         | 1053  |                                 |           |      | 01:14:19.00           | 01:14:19.00            | +00:19:36 (26.4%) | 8:37            | 7 (74.5%)     |
| 27  | BASIAK Katarzyna            | 1044  |                                 |           |      | 01:14:50.00           | 01:14:50.00            | +00:20:07 (26.9%) | 8:41            | 6.9 (73.4%)   |
| 27  | TRELIŃSKA Edyta             | 1006  |                                 |           |      | 01:14:50.00           | 01:14:50.00            | +00:20:07 (26.9%) | 8:41            | 6.9 (73.4%)   |
| 29  | ŻOŁNO Magdalena             | 1037  |                                 |           |      | 01:15:35.00           | 01:15:35.00            | +00:20:52 (27.6%) | 8:46            | 6.8 (72.3%)   |

| Msc | Zawodnik                                   | Numer       | Klub                | Kategoria | Mkat | Czas netto         | Czas brutto        | Różn              | Tempo min/km | Tempo km/h  |
|-----|--|-------------|---------------------|-----------|------|--------------------|--------------------|-------------------|--------------|-------------|
|     |  |             |                     |           |      | 8.611km            | 8.611km            |                   |              |             |
| 30  | <b>CETERA Janusz</b>                       | <b>1011</b> |                     |           |      | <b>01:16:15.00</b> | <b>01:16:15.00</b> | +00:21:32 (28.2%) | 8:51         | 6.8 (72.3%) |
| 31  | <b>GÓRSKA Agnieszka</b>                    | <b>1003</b> | SZALONE WILCZYCE    |           |      | <b>01:16:24.00</b> | <b>01:16:24.00</b> | +00:21:41 (28.4%) | 8:52         | 6.8 (72.3%) |
| 32  | <b>ŁOBODZIŃSKA Wanda</b>                   | <b>1069</b> | RAZ SZCZECIN        |           |      | <b>01:16:52.00</b> | <b>01:16:52.00</b> | +00:22:09 (28.8%) | 8:55         | 6.7 (71.3%) |
| 33  | <b>PODAHJNA Agnieszka</b>                  | <b>1023</b> |                     |           |      | <b>01:17:20.00</b> | <b>01:17:20.00</b> | +00:22:37 (29.2%) | 8:58         | 6.7 (71.3%) |
| 34  | <b>KAŻMIERSKI Andrzej</b>                  | <b>1033</b> |                     |           |      | <b>01:18:25.00</b> | <b>01:18:25.00</b> | +00:23:42 (30.2%) | 9:06         | 6.6 (70.2%) |
| 35  | <b>MUSZKIET - Sobańska Agnieszka</b>       | <b>1043</b> | MUFFINKOWE MORSY    |           |      | <b>01:18:53.00</b> | <b>01:18:53.00</b> | +00:24:10 (30.6%) | 9:09         | 6.5 (69.1%) |
| 36  | <b>SZCZERBIŃSKA Barbara</b>                | <b>1059</b> |                     |           |      | <b>01:19:16.00</b> | <b>01:19:16.00</b> | +00:24:33 (31.0%) | 9:12         | 6.5 (69.1%) |
| 37  | <b>TEREJ Sebastian</b>                     | <b>1026</b> |                     |           |      | <b>01:19:26.00</b> | <b>01:19:26.00</b> | +00:24:43 (31.1%) | 9:13         | 6.5 (69.1%) |
| 38  | <b>HETMAŃSKA Diana</b>                     | <b>1038</b> | LOVELASY            |           |      | <b>01:19:51.00</b> | <b>01:19:51.00</b> | +00:25:08 (31.5%) | 9:16         | 6.5 (69.1%) |
| 39  | <b>DĄBROWSKA-TEREJ Magdalena</b>           | <b>1024</b> |                     |           |      | <b>01:19:57.00</b> | <b>01:19:57.00</b> | +00:25:14 (31.6%) | 9:17         | 6.5 (69.1%) |
| 40  | <b>KĘSKA-PLĄSEK Małgorzata</b>             | <b>1016</b> | LOVELASY            |           |      | <b>01:20:08.00</b> | <b>01:20:08.00</b> | +00:25:25 (31.7%) | 9:18         | 6.4 (68.1%) |
| 41  | <b>OSICA Elżbieta</b>                      | <b>1041</b> |                     |           |      | <b>01:22:06.00</b> | <b>01:22:06.00</b> | +00:27:23 (33.4%) | 9:32         | 6.3 (67.0%) |
| 42  | <b>DROZDEK Joanna</b>                      | <b>1027</b> | KOMPAS TEAM         |           |      | <b>01:22:23.00</b> | <b>01:22:23.00</b> | +00:27:40 (33.6%) | 9:34         | 6.3 (67.0%) |
| 43  | <b>PIĘNKOWSKA Katarzyna</b>                | <b>1060</b> | NIE                 |           |      | <b>01:23:35.00</b> | <b>01:23:35.00</b> | +00:28:52 (34.5%) | 9:42         | 6.2 (66.0%) |
| 44  | <b>BASKA Magdalena</b>                     | <b>1064</b> |                     |           |      | <b>01:23:42.00</b> | <b>01:23:42.00</b> | +00:28:59 (34.6%) | 9:43         | 6.2 (66.0%) |
| 45  | <b>WOŹNIAK Karolina</b>                    | <b>1057</b> |                     |           |      | <b>01:24:26.00</b> | <b>01:24:26.00</b> | +00:29:43 (35.2%) | 9:48         | 6.1 (64.9%) |
| 46  | <b>BASZURO Krystyna</b>                    | <b>1008</b> | MUFFINKOWE MORSY    |           |      | <b>01:24:36.00</b> | <b>01:24:36.00</b> | +00:29:53 (35.3%) | 9:49         | 6.1 (64.9%) |
| 47  | <b>REMTER Antje</b>                        | <b>1056</b> |                     |           |      | <b>01:24:46.00</b> | <b>01:24:46.00</b> | +00:30:03 (35.5%) | 9:50         | 6.1 (64.9%) |
| 48  | <b>WOŹNIAK Małgorzata</b>                  | <b>1013</b> | ROWING RUNNING TEAM |           |      | <b>01:25:32.00</b> | <b>01:25:32.00</b> | +00:30:49 (36.0%) | 9:55         | 6 (63.8%)   |
| 49  | <b>KLITYŃSKA Agnieszka</b>                 | <b>1020</b> |                     |           |      | <b>01:26:20.00</b> | <b>01:26:20.00</b> | +00:31:37 (36.6%) | 10:01        | 6 (63.8%)   |
| 50  | <b>ŁABĘDŹ Małgorzata</b>                   | <b>1021</b> |                     |           |      | <b>01:26:25.00</b> | <b>01:26:25.00</b> | +00:31:42 (36.7%) | 10:02        | 6 (63.8%)   |
| 51  | <b>BIELECKA Monika</b>                     | <b>1055</b> | TUPTUP TEAM         |           |      | <b>01:28:32.00</b> | <b>01:28:32.00</b> | +00:33:49 (38.2%) | 10:16        | 5.8 (61.7%) |
| 52  | <b>GANDURSKA - Trzeciakiewicz Karolina</b> | <b>1035</b> | MUFFINKOWE MORSY    |           |      | <b>01:29:25.00</b> | <b>01:29:25.00</b> | +00:34:42 (38.8%) | 10:23        | 5.8 (61.7%) |
| 53  | <b>CIECIOROWSKI Robert</b>                 | <b>1015</b> | MUFFINKOWE MORSY    |           |      | <b>01:29:27.00</b> | <b>01:29:27.00</b> | +00:34:44 (38.8%) | 10:23        | 5.8 (61.7%) |
| 54  | <b>ZAENSCH Arne</b>                        | <b>1068</b> | CITYRUNNER BERLIN   |           |      | <b>01:29:30.00</b> | <b>01:29:30.00</b> | +00:34:47 (38.9%) | 10:23        | 5.8 (61.7%) |
| 55  | <b>DONNER Andreas</b>                      | <b>1062</b> | CITYRUNNER BERLIN   |           |      | <b>01:29:39.00</b> | <b>01:29:39.00</b> | +00:34:56 (39.0%) | 10:24        | 5.8 (61.7%) |
| 56  | <b>SCHALLER Ronny</b>                      | <b>1054</b> |                     |           |      | <b>01:29:53.00</b> | <b>01:29:53.00</b> | +00:35:10 (39.1%) | 10:26        | 5.7 (60.6%) |
| 57  | <b>TURSKA Marta</b>                        | <b>1048</b> |                     |           |      | <b>01:30:23.00</b> | <b>01:30:23.00</b> | +00:35:40 (39.5%) | 10:29        | 5.7 (60.6%) |
| 58  | <b>SĘDEREK Izabella</b>                    | <b>1050</b> |                     |           |      | <b>01:30:37.00</b> | <b>01:30:37.00</b> | +00:35:54 (39.6%) | 10:31        | 5.7 (60.6%) |
| 59  | <b>SZPYRA Krystyna</b>                     | <b>1018</b> |                     |           |      | <b>01:32:24.00</b> | <b>01:32:24.00</b> | +00:37:41 (40.8%) | 10:43        | 5.6 (59.6%) |
| 60  | <b>ZIĘTARSKA Gabriela</b>                  | <b>1017</b> |                     |           |      | <b>01:34:41.00</b> | <b>01:34:41.00</b> | +00:39:58 (42.2%) | 10:59        | 5.5 (58.5%) |
| 61  | <b>ZIĘTARSKI Marcin</b>                    | <b>1052</b> |                     |           |      | <b>01:34:48.00</b> | <b>01:34:48.00</b> | +00:40:05 (42.3%) | 11:00        | 5.5 (58.5%) |
| 62  | <b>LITWINIAK Izabela</b>                   | <b>1039</b> |                     |           |      | <b>01:38:49.00</b> | <b>01:38:49.00</b> | +00:44:06 (44.6%) | 11:28        | 5.2 (55.3%) |
| 62  | <b>FUTUMA Karolina</b>                     | <b>1040</b> |                     |           |      | <b>01:38:49.00</b> | <b>01:38:49.00</b> | +00:44:06 (44.6%) | 11:28        | 5.2 (55.3%) |

Znaleziono 63 wynik(ów)