



NORDIC WALKING

B4SPORT

Wydarzenie: XV BIEG SYLWESTROWY
Organizator: Rowerowa Brzoza
Data: 2021-12-31
Miejsce: Brzoza
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
1	NAGOW Michał	135	M46-55	1	W Sylwestra na sportowo			00:30:38	01:01:46	01:02:05.35	01:02:28.05		6:32	9.2 (100%)
2	PRZYBORKIEWICZ Kriss	252	M46-55	2	W Sylwestra na sportowo	W Sylwestra na sportowo		00:30:52	01:01:47	01:02:08.05	01:02:29.85	+00:00:01 (0.0%)	6:32	9.2 (100%)
3	SKIERA Krzysztof	244	M36-45	1	Łączy nas pasję			00:30:55	01:03:21	01:03:53.90	01:04:16.95	+00:01:48 (2.8%)	6:43	8.9 (96.7%)
4	POTRZEBOWSKI Marek	57	M36-45	2	Łączy nas pasję	Łączy nas pasję		00:31:21	01:04:24	01:04:49.75	01:05:12.60	+00:02:44 (4.2%)	6:49	8.8 (95.7%)
5	KOLBERG Kamila	238	K36-45	1		Kijkowe Trzemeszno		00:32:09	01:04:33	01:04:57.00	01:05:19.15	+00:02:51 (4.4%)	6:50	8.8 (95.7%)
6	SZYCHOWSKI Jarosław	154	M35	1		TKKF Kolejarz Bydgoszcz		00:33:28	01:07:58	01:08:26.30	01:08:50.05	+00:06:22 (9.2%)	7:12	8.3 (90.2%)
7	TRZCIŃSKI Eugeniusz	160	M56+	1	W Sylwestra na sportowo			00:33:20	01:08:35	01:08:57.35	01:09:26.45	+00:06:58 (10.0%)	7:15	8.3 (90.2%)
8	DEMBKOWSKI Ryszard	287	M56+	2				00:32:24	01:08:41	01:09:04.95	01:09:27.05	+00:06:59 (10.1%)	7:16	8.3 (90.2%)
9	POTRZEBOWSKA Agata	45	K36-45	2	Łączy nas pasję	Łączy nas pasję		00:34:04	01:09:34	01:10:01.40	01:10:25.00	+00:07:56 (11.3%)	7:22	8.1 (88.0%)
10	CIESIELSKI Krzysztof	53	M56+	3		FAST WALKER		00:34:33	01:10:01	01:10:28.30	01:10:48.75	+00:08:20 (11.8%)	7:25	8.1 (88.0%)
11	MALAK Robert	9	M46-55	3		Niezzeszony		00:36:08	01:13:21	01:13:47.60	01:14:09.80	+00:11:41 (15.8%)	7:46	7.7 (83.7%)
12	KACZMAREK Jarosław	163	M46-55	4				00:36:09	01:13:19	01:13:48.50	01:14:17.95	+00:11:49 (15.9%)	7:46	7.7 (83.7%)
13	MAŁKIEWICZ Jacek	172	M56+	4				00:36:03	01:13:25	01:13:53.90	01:14:20.65	+00:11:52 (16.0%)	7:46	7.7 (83.7%)
14	MINISZEWSKA Irena	278	K36-45	3				00:36:20	01:13:43	01:14:09.90	01:14:34.20	+00:12:06 (16.2%)	7:48	7.7 (83.7%)
15	MISUN-NOWAK Katarzyna	228	K36-45	4				00:37:06	01:13:46	01:14:12.35	01:14:35.95	+00:12:07 (16.3%)	7:48	7.7 (83.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Split 4.9km	Split 9.4km	Czas		Różn	Tempo min/km	Tempo km/h
											netto 9.5km	brutto 9.5km			
16	GÓRAL Marzena	220		K46-55	1				00:37:08	01:13:47	01:14:14.30	01:14:42.80	+00:12:14 (16.4%)	7:48	7.7 (83.7%)
17	MARTINEZ MENENDEZ Jose Ramon	202		M36-45	3				00:37:19	01:13:48	01:14:15.35	01:14:43.90	+00:12:15 (16.4%)	7:48	7.7 (83.7%)
18	POLAK Paweł	99		M35	2	Solankowi Biegacze	Solankowi Biegacze		00:39:23	01:18:25	01:18:58.65	01:19:23.30	+00:16:55 (21.3%)	8:18	7.2 (78.3%)
19	KACZMAREK Aleksandra	197		K35	1				00:38:55	01:19:12	01:19:43.40	01:20:12.35	+00:17:44 (22.1%)	8:23	7.2 (78.3%)
20	KACZMAREK Zofia	164		K56+	1				00:38:58	01:19:16	01:19:48.65	01:20:16.60	+00:17:48 (22.2%)	8:24	7.1 (77.2%)
21	ZALEWSKA Oliwia	225		K35	2				00:39:55	01:20:41	01:21:14.35	01:21:35.60	+00:19:07 (23.4%)	8:33	7 (76.1%)
22	WOŁOSZYN Kazimierz	177		M56+	5	Rowerowa Brzoza	Rowerowa Brzoza		00:39:37	01:21:57	01:22:25.05	01:22:52.10	+00:20:24 (24.6%)	8:40	6.9 (75.0%)
23	KWIATKOWSKA Elżbieta	256		K46-55	2				00:40:11	01:22:30	01:23:02.70	01:23:28.25	+00:21:00 (25.2%)	8:44	6.9 (75.0%)
24	BOŻEK Mariusz	290		M56+	6	Rowerowa Brzoza	Rowerowa Brzoza		00:47:57	01:22:47	01:23:13.95	01:23:41.25	+00:21:13 (25.4%)	8:45	6.8 (73.9%)
25	WRUK Justyna	78		K46-55	3		Diabelskie Pioruny		00:41:58	01:23:52	01:24:24.10	01:24:44.35	+00:22:16 (26.3%)	8:53	6.8 (73.9%)
26	WESÓŁ Violetta	272		K46-55	4				00:41:33	01:24:10	01:24:39.35	01:24:57.05	+00:22:29 (26.5%)	8:54	6.7 (72.8%)
27	SAPA Dariusz	181		M46-55	5		Bydgoskie Żółwie		00:43:44	01:24:51	01:25:20.55	01:25:50.55	+00:23:22 (27.2%)	8:58	6.7 (72.8%)
28	ZALEWSKA Alina	224		K36-45	5		Diabelskie Pioruny		00:43:54	01:28:28	01:29:02.45	01:29:24.25	+00:26:56 (30.1%)	9:22	6.4 (69.6%)
29	KACZMAREK Kamila	207		K35	3				00:44:46	01:30:15	01:30:48.65	01:31:18.25	+00:28:50 (31.6%)	9:33	6.3 (68.5%)
30	MISUN Mariola	229		K56+	2		Akademia Mistrzów Sportu		00:45:56	01:31:50	01:32:22.70	01:32:46.60	+00:30:18 (32.7%)	9:43	6.2 (67.4%)
31	CZYŻEWSKI Piotr	56		M36-45	4				00:47:02	01:33:00	01:33:42.75	01:34:15.00	+00:31:46 (33.7%)	9:51	6.1 (66.3%)
32	GONDEK Barbara	273		K36-45	6				00:47:57	01:37:56	01:38:37.35	01:39:02.80	+00:36:34 (36.9%)	10:22	5.8 (63.0%)
33	RADKOWSKA Ewa	275		K46-55	5				00:47:58	01:37:58	01:38:38.80	01:39:03.70	+00:36:35 (36.9%)	10:22	5.8 (63.0%)
34	PERLIK Wiesław	182		M56+	7				00:49:16	01:39:00	01:39:44.90	01:40:15.55	+00:37:47 (37.7%)	10:29	5.7 (62.0%)
35	SMARUJ - SADOWSKA Janina	175		K56+	3				00:49:20	01:39:00	01:39:45.15	01:40:16.15	+00:37:48 (37.7%)	10:30	5.7 (62.0%)
36	BARTOSZYŃSKA Aleksandra	274		K35	4				01:38:22		01:40:25.00	01:40:25.00	+00:37:56 (37.8%)	10:34	5.7 (62.0%)
37	KAŻMIERSKI Dariusz	282		M56+	8						01:42:53.95	01:42:53.95	+00:40:25 (39.3%)	10:49	5.5 (59.8%)
DNC	RAFIŃSKI Robert	289		M46-55					00:48:00		00:49:21.90	00:49:48.65		0:00	11.6 (126.1%)

Znaleziono 38 wynik(ów)