



NORDIC WALKING

B4SPORT

Wydarzenie: XV BIEG SYLWESTROWY
Organizator: Rowerowa Brzoza
Data: 2021-12-31
Miejsce: Brzoza
Dystans: 11 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer Klub | Kategoria | Mkat | Drużyna | Klub | Drużyna 1 | Split 4.9km | Split 9.4km | Czas netto 9.5km | Czas brutto 9.5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|-----------|------|-------------------------|-------------------------|-----------|-------------|-------------|--------------------|--------------------|-------------------|--------------|-------------|
| 1 | NAGOW Michał | 135 | M46-55 | 1 | W Sylwestra na sportowo | | | 00:30:38 | 01:01:46 | 01:02:05.35 | 01:02:28.05 | | 6:32 | 9.2 (100%) |
| 2 | PRZYBORKIEWICZ Kriss | 252 | M46-55 | 2 | W Sylwestra na sportowo | W Sylwestra na sportowo | | 00:30:52 | 01:01:47 | 01:02:08.05 | 01:02:29.85 | +00:00:01 (0.0%) | 6:32 | 9.2 (100%) |
| 3 | SKIERA Krzysztof | 244 | M36-45 | 1 | Łączy nas pasję | | | 00:30:55 | 01:03:21 | 01:03:53.90 | 01:04:16.95 | +00:01:48 (2.8%) | 6:43 | 8.9 (96.7%) |
| 4 | POTRZEBOWSKI Marek | 57 | M36-45 | 2 | Łączy nas pasję | Łączy nas pasję | | 00:31:21 | 01:04:24 | 01:04:49.75 | 01:05:12.60 | +00:02:44 (4.2%) | 6:49 | 8.8 (95.7%) |
| 5 | KOLBERG Kamila | 238 | K36-45 | 1 | | Kijkowe Trzemeszno | | 00:32:09 | 01:04:33 | 01:04:57.00 | 01:05:19.15 | +00:02:51 (4.4%) | 6:50 | 8.8 (95.7%) |
| 6 | SZYCHOWSKI Jarosław | 154 | M35 | 1 | | TKKF Kolejarz Bydgoszcz | | 00:33:28 | 01:07:58 | 01:08:26.30 | 01:08:50.05 | +00:06:22 (9.2%) | 7:12 | 8.3 (90.2%) |
| 7 | TRZCIŃSKI Eugeniusz | 160 | M56+ | 1 | W Sylwestra na sportowo | | | 00:33:20 | 01:08:35 | 01:08:57.35 | 01:09:26.45 | +00:06:58 (10.0%) | 7:15 | 8.3 (90.2%) |
| 8 | DEMBKOWSKI Ryszard | 287 | M56+ | 2 | | | | 00:32:24 | 01:08:41 | 01:09:04.95 | 01:09:27.05 | +00:06:59 (10.1%) | 7:16 | 8.3 (90.2%) |
| 9 | POTRZEBOWSKA Agata | 45 | K36-45 | 2 | Łączy nas pasję | Łączy nas pasję | | 00:34:04 | 01:09:34 | 01:10:01.40 | 01:10:25.00 | +00:07:56 (11.3%) | 7:22 | 8.1 (88.0%) |
| 10 | CIESIELSKI Krzysztof | 53 | M56+ | 3 | | FAST WALKER | | 00:34:33 | 01:10:01 | 01:10:28.30 | 01:10:48.75 | +00:08:20 (11.8%) | 7:25 | 8.1 (88.0%) |
| 11 | MALAK Robert | 9 | M46-55 | 3 | | Niezzeszony | | 00:36:08 | 01:13:21 | 01:13:47.60 | 01:14:09.80 | +00:11:41 (15.8%) | 7:46 | 7.7 (83.7%) |
| 12 | KACZMAREK Jarosław | 163 | M46-55 | 4 | | | | 00:36:09 | 01:13:19 | 01:13:48.50 | 01:14:17.95 | +00:11:49 (15.9%) | 7:46 | 7.7 (83.7%) |
| 13 | MAŁKIEWICZ Jacek | 172 | M56+ | 4 | | | | 00:36:03 | 01:13:25 | 01:13:53.90 | 01:14:20.65 | +00:11:52 (16.0%) | 7:46 | 7.7 (83.7%) |
| 14 | MINISZEWSKA Irena | 278 | K36-45 | 3 | | | | 00:36:20 | 01:13:43 | 01:14:09.90 | 01:14:34.20 | +00:12:06 (16.2%) | 7:48 | 7.7 (83.7%) |
| 15 | MISUN-NOWAK Katarzyna | 228 | K36-45 | 4 | | | | 00:37:06 | 01:13:46 | 01:14:12.35 | 01:14:35.95 | +00:12:07 (16.3%) | 7:48 | 7.7 (83.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Drużyna | Klub | Drużyna 1 | Split 4.9km | Split 9.4km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------------|------------|------|-----------|------|--------------------|--------------------------|-----------|-------------|-------------|--------------------|--------------------|-------------------|--------------|---------------|
| | | | | | | | | | | | netto 9.5km | brutto 9.5km | | | |
| 16 | GÓRAL Marzena | 220 | | K46-55 | 1 | | | | 00:37:08 | 01:13:47 | 01:14:14.30 | 01:14:42.80 | +00:12:14 (16.4%) | 7:48 | 7.7 (83.7%) |
| 17 | MARTINEZ MENENDEZ Jose Ramon | 202 | | M36-45 | 3 | | | | 00:37:19 | 01:13:48 | 01:14:15.35 | 01:14:43.90 | +00:12:15 (16.4%) | 7:48 | 7.7 (83.7%) |
| 18 | POLAK Paweł | 99 | | M35 | 2 | Solankowi Biegacze | Solankowi Biegacze | | 00:39:23 | 01:18:25 | 01:18:58.65 | 01:19:23.30 | +00:16:55 (21.3%) | 8:18 | 7.2 (78.3%) |
| 19 | KACZMAREK Aleksandra | 197 | | K35 | 1 | | | | 00:38:55 | 01:19:12 | 01:19:43.40 | 01:20:12.35 | +00:17:44 (22.1%) | 8:23 | 7.2 (78.3%) |
| 20 | KACZMAREK Zofia | 164 | | K56+ | 1 | | | | 00:38:58 | 01:19:16 | 01:19:48.65 | 01:20:16.60 | +00:17:48 (22.2%) | 8:24 | 7.1 (77.2%) |
| 21 | ZALEWSKA Oliwia | 225 | | K35 | 2 | | | | 00:39:55 | 01:20:41 | 01:21:14.35 | 01:21:35.60 | +00:19:07 (23.4%) | 8:33 | 7 (76.1%) |
| 22 | WOŁOSZYN Kazimierz | 177 | | M56+ | 5 | Rowerowa Brzoza | Rowerowa Brzoza | | 00:39:37 | 01:21:57 | 01:22:25.05 | 01:22:52.10 | +00:20:24 (24.6%) | 8:40 | 6.9 (75.0%) |
| 23 | KWIATKOWSKA Elżbieta | 256 | | K46-55 | 2 | | | | 00:40:11 | 01:22:30 | 01:23:02.70 | 01:23:28.25 | +00:21:00 (25.2%) | 8:44 | 6.9 (75.0%) |
| 24 | BOŻEK Mariusz | 290 | | M56+ | 6 | Rowerowa Brzoza | Rowerowa Brzoza | | 00:47:57 | 01:22:47 | 01:23:13.95 | 01:23:41.25 | +00:21:13 (25.4%) | 8:45 | 6.8 (73.9%) |
| 25 | WRUK Justyna | 78 | | K46-55 | 3 | | Diabelskie Pioruny | | 00:41:58 | 01:23:52 | 01:24:24.10 | 01:24:44.35 | +00:22:16 (26.3%) | 8:53 | 6.8 (73.9%) |
| 26 | WESÓŁ Violetta | 272 | | K46-55 | 4 | | | | 00:41:33 | 01:24:10 | 01:24:39.35 | 01:24:57.05 | +00:22:29 (26.5%) | 8:54 | 6.7 (72.8%) |
| 27 | SAPA Dariusz | 181 | | M46-55 | 5 | | Bydgoskie Żółwie | | 00:43:44 | 01:24:51 | 01:25:20.55 | 01:25:50.55 | +00:23:22 (27.2%) | 8:58 | 6.7 (72.8%) |
| 28 | ZALEWSKA Alina | 224 | | K36-45 | 5 | | Diabelskie Pioruny | | 00:43:54 | 01:28:28 | 01:29:02.45 | 01:29:24.25 | +00:26:56 (30.1%) | 9:22 | 6.4 (69.6%) |
| 29 | KACZMAREK Kamila | 207 | | K35 | 3 | | | | 00:44:46 | 01:30:15 | 01:30:48.65 | 01:31:18.25 | +00:28:50 (31.6%) | 9:33 | 6.3 (68.5%) |
| 30 | MISUN Mariola | 229 | | K56+ | 2 | | Akademia Mistrzów Sportu | | 00:45:56 | 01:31:50 | 01:32:22.70 | 01:32:46.60 | +00:30:18 (32.7%) | 9:43 | 6.2 (67.4%) |
| 31 | CZYŻEWSKI Piotr | 56 | | M36-45 | 4 | | | | 00:47:02 | 01:33:00 | 01:33:42.75 | 01:34:15.00 | +00:31:46 (33.7%) | 9:51 | 6.1 (66.3%) |
| 32 | GONDEK Barbara | 273 | | K36-45 | 6 | | | | 00:47:57 | 01:37:56 | 01:38:37.35 | 01:39:02.80 | +00:36:34 (36.9%) | 10:22 | 5.8 (63.0%) |
| 33 | RADKOWSKA Ewa | 275 | | K46-55 | 5 | | | | 00:47:58 | 01:37:58 | 01:38:38.80 | 01:39:03.70 | +00:36:35 (36.9%) | 10:22 | 5.8 (63.0%) |
| 34 | PERLIK Wiesław | 182 | | M56+ | 7 | | | | 00:49:16 | 01:39:00 | 01:39:44.90 | 01:40:15.55 | +00:37:47 (37.7%) | 10:29 | 5.7 (62.0%) |
| 35 | SMARUJ - SADOWSKA Janina | 175 | | K56+ | 3 | | | | 00:49:20 | 01:39:00 | 01:39:45.15 | 01:40:16.15 | +00:37:48 (37.7%) | 10:30 | 5.7 (62.0%) |
| 36 | BARTOSZYŃSKA Aleksandra | 274 | | K35 | 4 | | | | 01:38:22 | | 01:40:25.00 | 01:40:25.00 | +00:37:56 (37.8%) | 10:34 | 5.7 (62.0%) |
| 37 | KAŻMIERSKI Dariusz | 282 | | M56+ | 8 | | | | | | 01:42:53.95 | 01:42:53.95 | +00:40:25 (39.3%) | 10:49 | 5.5 (59.8%) |
| DNC | RAFIŃSKI Robert | 289 | | M46-55 | | | | | 00:48:00 | | 00:49:21.90 | 00:49:48.65 | | 0:00 | 11.6 (126.1%) |

Znaleziono 38 wynik(ów)