



Wydarzenie: XVI BIEG SYLWESTROWY
Organizator: Stowarzyszenie Rowerowa Brzoza
Data: 2022-12-31
Miejsce: Brzoza
Dystans: 5 km

NORDIC WALKING

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KRAJNIK Jacek	409	LIFE BALANCE PLACE	M46-55	1			Life Balance Place	00:00:00	00:16:21	00:32:22	00:35:22.85	00:35:23.45		7:04	8.5 (100%)
2	KOLBERG Kamila	337		K36-45	1				00:00:00	00:16:35	00:32:35	00:35:31.55	00:35:32.40	+00:00:08 (0.4%)	7:06	8.4 (98.8%)
3	KUSA Piotr	393	LIFE BALANCE PLACE	M36-45	1			Life Balance Place	00:00:00	00:16:46	00:32:55	00:35:59.30	00:35:59.60	+00:00:36 (1.7%)	7:11	8.3 (97.6%)
4	KĘDZIERSKA Agnieszka	336		K46-55	1				00:00:00	00:16:57	00:33:05	00:36:11.45	00:36:12.30	+00:00:48 (2.2%)	7:14	8.3 (97.6%)
5	NOWAKOWSKI Grzegorz	232		M36-45	2				00:00:01	00:17:02	00:33:19	00:36:25.45	00:36:27.00	+00:01:02 (2.9%)	7:17	8.2 (96.5%)
6	WOJTANIS Magdalena	45		K36-45	2				00:00:02	00:17:02	00:33:23	00:36:29.75	00:36:32.05	+00:01:06 (3.1%)	7:17	8.2 (96.5%)
7	POTRZEBOWSKA Agata	121	LIFE BALANCE PLACE	K36-45	3			Life Balance Place	00:00:01	00:17:22	00:34:15	00:37:22.90	00:37:24.15	+00:02:00 (5.4%)	7:28	8 (94.1%)
8	GABRYSZAK Magdalena	247	ROWEROWA BRZOZA	K36-45	4			Rowerowa Brzoza	00:00:04	00:17:51	00:34:32	00:37:43.40	00:37:48.05	+00:02:20 (6.2%)	7:32	8 (94.1%)
9	POTRZEBOWSKI Marek	122	LIFE BALANCE PLACE	M36-45	3			Life Balance Place	00:00:01	00:17:02	00:34:29	00:37:46.00	00:37:47.60	+00:02:23 (6.3%)	7:33	7.9 (92.9%)
10	ĆWIKLIŃSKA Anna	407	AKADEMIA MISTRZÓW SPORTU	K36-45	5			Akademia Mistrzów Sportu	00:00:01	00:17:51	00:34:50	00:38:02.80	00:38:04.25	+00:02:39 (7.0%)	7:36	7.9 (92.9%)
11	MACIŃSKI Waldemar	175	ANTIDOTUM	M36-45	4			Antidotum	00:00:05	00:18:29	00:35:34	00:38:44.70	00:38:50.35	+00:03:21 (8.7%)	7:44	7.7 (90.6%)
12	PIECHOWSKA Magdalena	133		K36-45	6				00:00:02	00:18:13	00:35:32	00:38:48.55	00:38:51.05	+00:03:25 (8.8%)	7:45	7.7 (90.6%)
13	STEMPNIAK Anna	112		K46-55	2				00:00:02	00:18:26	00:35:51	00:39:14.65	00:39:16.85	+00:03:51 (9.8%)	7:50	7.6 (89.4%)
14	CIESIELSKI Krzysztof	68		M56+	1				00:00:00	00:18:38	00:36:09	00:39:28.85	00:39:29.70	+00:04:06 (10.4%)	7:53	7.6 (89.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	STAWNIAK Karol	178		M56+	2			00:00:06	00:18:28	00:36:12	00:39:39.95	00:39:46.25	+00:04:17 (10.8%)	7:55	7.6 (89.4%)
16	FRYZIAK Monika	37		K46-55	3			00:00:01	00:18:27	00:36:17	00:39:45.20	00:39:46.30	+00:04:22 (11.0%)	7:57	7.5 (88.2%)
17	TRZCIŃSKI Eugeniusz	426		M56+	3			00:00:07	00:18:43	00:36:26	00:39:48.55	00:39:55.95	+00:04:25 (11.1%)	7:57	7.5 (88.2%)
18	LEWANDOWSKI Maciej	288		M35	1			00:00:03	00:18:48	00:36:30	00:39:52.85	00:39:56.65	+00:04:30 (11.3%)	7:58	7.5 (88.2%)
19	MINISZEWSKA Irena	325		K36-45	7			00:00:03	00:18:53	00:36:57	00:40:22.50	00:40:26.45	+00:04:59 (12.4%)	8:04	7.4 (87.1%)
20	ZAKOŚCIELNY Krzysztof	39		M56+	4			00:00:02	00:18:42	00:36:48	00:40:27.30	00:40:29.30	+00:05:04 (12.5%)	8:05	7.4 (87.1%)
21	KUPER Mariusz	124		M36-45	5			00:00:05	00:18:42	00:37:14	00:40:48.05	00:40:53.20	+00:05:25 (13.3%)	8:09	7.4 (87.1%)
22	POLAK Paweł	115		M35	2			00:00:06	00:19:37	00:37:37	00:40:56.60	00:41:03.10	+00:05:33 (13.6%)	8:11	7.3 (85.9%)
23	WILBRANDT Katarzyna	324	GOSIR OSIELSKO	K36-45	8		GOSiR Osielsko	00:00:01	00:19:30	00:37:30	00:40:59.70	00:41:01.60	+00:05:36 (13.7%)	8:11	7.3 (85.9%)
24	SIÓDZIAK Sławomir	168	AKADEMIA MISTRZÓW SPORTU	M36-45	6		Akademia Mistrzów Sportu	00:00:03	00:19:21	00:37:33	00:41:03.20	00:41:06.35	+00:05:40 (13.8%)	8:12	7.3 (85.9%)
25	WONIAKOWSKI Czesław	253		M56+	5			00:00:06	00:19:43	00:37:59	00:41:26.20	00:41:33.00	+00:06:03 (14.6%)	8:17	7.2 (84.7%)
26	NOWAKOWSKA Marta	231		K35	1			00:00:02	00:19:31	00:38:08	00:41:33.40	00:41:35.90	+00:06:10 (14.9%)	8:18	7.2 (84.7%)
27	OLEJNICZAK Tomasz	314		M46-55	2			00:00:05	00:19:57	00:38:39	00:42:13.30	00:42:19.05	+00:06:50 (16.2%)	8:26	7.1 (83.5%)
28	GRALIK Marek	129	KURATORIUM OŚWIATY W BYDGOSZCZY	M56+	6		Kuratorium Oświaty w Bydgoszczy	00:00:02	00:19:27	00:38:50	00:42:23.40	00:42:25.55	+00:07:00 (16.5%)	8:28	7.1 (83.5%)
29	KITKOWSKI Maciej	292		M46-55	3			00:00:05	00:20:14	00:38:54	00:42:24.25	00:42:29.25	+00:07:01 (16.6%)	8:28	7.1 (83.5%)
30	KWIATKOWSKA Elżbieta	377		K46-55	4			00:00:02	00:19:45	00:38:50	00:42:26.45	00:42:29.40	+00:07:03 (16.6%)	8:29	7.1 (83.5%)
31	ADAMSKA MARCINIAK Monika	7		K35	2			00:00:03	00:19:49	00:38:57	00:42:36.80	00:42:40.10	+00:07:13 (17.0%)	8:31	7 (82.4%)
32	WRUK Justyna	109	DIABELSKIE PIORUNY	K46-55	5		Diabelskie Pioruny	00:00:03	00:20:18	00:39:25	00:43:00.30	00:43:03.55	+00:07:37 (17.7%)	8:36	7 (82.4%)
33	PAŚ Katarzyna	97	CHARTY SZELEJEWO	K46-55	6		Charty Szelejewo	00:00:01	00:20:22	00:39:27	00:43:08.20	00:43:09.80	+00:07:45 (18.0%)	8:37	7 (82.4%)
34	ZALEWSKA Alina	320		K36-45	9			00:00:02	00:20:19	00:39:46	00:43:30.15	00:43:32.50	+00:08:07 (18.7%)	8:42	6.9 (81.2%)
35	WIŚNIEWSKA Elżbieta	63	ROWEROWA BRZOZA	K56+	1		Rowerowa Brzoza	00:00:04	00:20:24	00:39:49	00:43:32.45	00:43:37.40	+00:08:09 (18.7%)	8:42	6.9 (81.2%)
36	KUSA Karolina	394	LIFE BALANCE PLACE	K36-45	10		Life Balance Place	00:00:02	00:20:29	00:40:29	00:44:10.00	00:44:12.85	+00:08:47 (19.9%)	8:50	6.8 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
37	RYDELSKA Kinga	29		K46-55	7				00:00:11	00:21:07	00:40:32	00:44:13.80	00:44:25.10	+00:08:50 (20.0%)	8:50	6.8 (80.0%)
38	POLIWODZIŃSKA Agnieszka	119	FKS WISŁA FORDON	K36-45	11		FKS WISŁA FORDON		00:00:07	00:21:05	00:40:38	00:44:18.90	00:44:26.60	+00:08:56 (20.2%)	8:51	6.8 (80.0%)
39	STACHURA Michał	125		M46-55	4				00:00:11	00:21:03	00:40:42	00:44:27.40	00:44:38.90	+00:09:04 (20.4%)	8:53	6.7 (78.8%)
40	PIECZKA Aneta	135	ANTIDOTUM	K35	3		Antidotum		00:00:06	00:21:05	00:40:48	00:44:28.05	00:44:34.55	+00:09:05 (20.4%)	8:53	6.7 (78.8%)
41	BULIK-FRONTCZAK Katarzyna	201		K36-45	12				00:00:11	00:21:05	00:40:44	00:44:28.50	00:44:39.70	+00:09:05 (20.4%)	8:53	6.7 (78.8%)
42	WOJTYSIAK-MAŁECKA Katarzyna	451		K36-45	13				00:00:01	00:20:18	00:40:31	00:44:33.80	00:44:35.55	+00:09:10 (20.6%)	8:54	6.7 (78.8%)
43	ZALEWSKA Oliwia	318	DIABELSKIE PIORUNY	K35	4		Diabelskie Pioruny		00:00:08	00:21:00	00:41:08	00:45:14.95	00:45:22.95	+00:09:52 (21.8%)	9:02	6.6 (77.6%)
44	SZYPURA Jarosław	132		M36-45	7				00:00:07	00:21:46	00:41:58	00:45:48.10	00:45:55.20	+00:10:25 (22.8%)	9:09	6.6 (77.6%)
45	GONDEK Barbara	500		K36-45	14				00:00:12	00:21:34	00:42:06	00:46:03.20	00:46:15.50	+00:10:40 (23.2%)	9:12	6.5 (76.5%)
46	BARTOSZYŃSKA Aleksandra	146		K36-45	15				00:00:11	00:21:35	00:42:06	00:46:03.40	00:46:15.05	+00:10:40 (23.2%)	9:12	6.5 (76.5%)
47	KARŁOWSKA Renata	321		K46-55	8				00:00:03	00:21:46	00:42:25	00:46:18.55	00:46:22.50	+00:10:55 (23.6%)	9:15	6.5 (76.5%)
48	SPYCHALSKA Anna	278		K36-45	16				00:00:08	00:22:41	00:42:59	00:46:52.75	00:47:01.70	+00:11:29 (24.5%)	9:22	6.4 (75.3%)
48	JUNKA Małgorzata	303		K46-55	9				00:00:08	00:22:42	00:43:00	00:46:52.75	00:47:01.50	+00:11:29 (24.5%)	9:22	6.4 (75.3%)
50	GRABOWSKA Joanna	302		K46-55	10				00:00:08	00:22:41	00:43:01	00:46:53.55	00:47:02.10	+00:11:30 (24.5%)	9:22	6.4 (75.3%)
51	ZABŁOCKA Maria	263		K46-55	11				00:00:03	00:22:16	00:43:08	00:47:02.05	00:47:05.10	+00:11:39 (24.8%)	9:24	6.4 (75.3%)
52	TULIBACKA Ewelina	492		K36-45	17				00:00:04	00:22:13	00:43:03	00:47:04.95	00:47:09.05	+00:11:42 (24.9%)	9:24	6.4 (75.3%)
53	MOSUR-GALICKA Angelina	65	AKADEMIA MISTRZÓW SPORTU	K46-55	12		Akademia Mistrzów Sportu		00:00:04	00:22:10	00:43:19	00:47:10.55	00:47:15.35	+00:11:47 (25.0%)	9:26	6.4 (75.3%)
54	GALICKA Nina	391	AKADEMIA MISTRZÓW SPORTU	K35	5		Akademia Mistrzów Sportu		00:00:04	00:22:11	00:43:20	00:47:11.20	00:47:15.30	+00:11:48 (25.0%)	9:26	6.4 (75.3%)
55	KRANZ Anna	257		K36-45	18				00:00:01	00:21:41	00:43:09	00:47:16.80	00:47:17.90	+00:11:53 (25.2%)	9:27	6.3 (74.1%)
56	KAWALERSKA Anna	323	GOSIR OSIELSKO	K46-55	13		GOSIR Osielsko		00:00:02	00:23:43	00:45:26	00:47:27.95	00:47:30.80	+00:12:05 (25.5%)	9:29	6.3 (74.1%)
57	KAWALERSKI Krzysztof	322	GOSIR OSIELSKO	M46-55	5		GOSIR Osielsko		00:00:08	00:22:32	00:44:15	00:48:20.25	00:48:29.20	+00:12:57 (26.8%)	9:40	6.2 (72.9%)
58	POMORSKA Anna	301		K56+	2				00:00:00	00:22:40	00:44:21	00:48:27.95	00:48:28.50	+00:13:05 (27.0%)	9:41	6.2 (72.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
59	WOŁOSZYN Kazimierz	489		M56+	7			Rowerowa Brzoza	00:00:03	00:23:59	00:45:49	00:48:36.20	00:48:39.70	+00:13:13 (27.2%)	9:43	6.2 (72.9%)
60	LESZCZYŃSKA Emilia	258		K46-55	14				00:00:04	00:22:44	00:44:21	00:48:40.40	00:48:44.80	+00:13:17 (27.3%)	9:44	6.2 (72.9%)
61	KITKOWSKA Magdalena	293		K46-55	15				00:00:04	00:22:51	00:44:40	00:48:44.00	00:48:48.90	+00:13:21 (27.4%)	9:44	6.2 (72.9%)
62	CIELECKA-WĄTOROWSKA Joanna	234		K46-55	16				00:00:07	00:22:57	00:44:47	00:48:58.50	00:49:06.35	+00:13:35 (27.8%)	9:47	6.1 (71.8%)
63	AMROSZ Roxana	233		K36-45	19				00:00:07	00:22:45	00:44:14	00:48:58.60	00:49:06.35	+00:13:35 (27.8%)	9:47	6.1 (71.8%)
64	BUTOWSKA Anna	270		K46-55	17				00:00:08	00:22:34	00:45:02	00:49:29.00	00:49:37.75	+00:14:06 (28.5%)	9:53	6.1 (71.8%)
65	WESÓŁ Violetta	313		K46-55	18				00:00:05	00:22:37	00:45:05	00:49:31.60	00:49:37.25	+00:14:08 (28.6%)	9:54	6.1 (71.8%)
66	ROHDE Danuta	449		K46-55	19				00:00:05	00:22:37	00:45:05	00:49:32.45	00:49:37.65	+00:14:09 (28.6%)	9:54	6.1 (71.8%)
67	SPYCHALSKI Jacek	279		M56+	8				00:00:09	00:23:43	00:45:26	00:49:38.60	00:49:48.45	+00:14:15 (28.7%)	9:55	6 (70.6%)
68	PIERZGALSKA Anita	77	ZAMULONE OSTRYGI	K46-55	20			Zamulone Ostrygi	00:00:09	00:23:35	00:45:32	00:49:43.10	00:49:52.90	+00:14:20 (28.8%)	9:56	6 (70.6%)
69	IWANIUK Anita	76	PĘDZĄCE CHOMIKI	K46-55	21			Pędzące Chomiki	00:00:09	00:23:35	00:45:33	00:49:43.25	00:49:53.00	+00:14:20 (28.8%)	9:56	6 (70.6%)
70	IWANIUK Jacek	75	PĘDZĄCE CHOMIKI	M46-55	6			Pędzące Chomiki	00:00:10	00:23:38	00:45:33	00:49:43.45	00:49:54.00	+00:14:20 (28.8%)	9:56	6 (70.6%)
71	PIERZGALSKI Jarek	73	ZAMULONE OSTRYGI	M46-55	7			Zamulone Ostrygi	00:00:10	00:23:38	00:45:34	00:49:44.65	00:49:54.80	+00:14:21 (28.9%)	9:56	6 (70.6%)
72	CHUDECKA Beata	114		K36-45	20				00:00:04	00:24:08	00:45:48	00:50:03.10	00:50:07.65	+00:14:40 (29.3%)	10:00	6 (70.6%)
73	CHUDZIŃSKI Jacek	425	FORWARD 50/34	M46-55	8			Forward 50/34	00:00:07	00:28:06	00:53:09	00:58:06.75	00:58:14.45	+00:22:43 (39.1%)	11:37	5.2 (61.2%)
74	KOCZĄB Roman	494		M56+	9				00:00:11	00:28:10	00:55:53	01:01:11.05	01:01:22.65	+00:25:48 (42.2%)	12:14	4.9 (57.6%)

Znaleziono 74 wynik(ów)