

NORDIC WALKING

B4SPORT
INTELEGENY ZAWODY SPORTOWE

Wydarzenie: XII Ćwierćmaraton Bielika
Organizator: Gmina Kołbaskowo
Data: 2023-05-27
Miejsce: Kołbaskowo
Dystans: 10.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	MIESZKANIEC GMINY	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	SZAMOTULSKI Henryk	78		M-40	1		01:05:36.30	01:05:36.30		6:14	9.6 (100%)
2	DOŁĘGOWSKI Marek	36	UKS WYSPA	M-50	1		01:11:03.45	01:11:03.51	+00:05:27 (7.7%)	6:46	8.9 (92.7%)
3	LUDWICZAK Dariusz	29	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-50	2		01:11:33.91	01:11:33.91	+00:05:57 (8.3%)	6:48	8.8 (91.7%)
4	LUDWICZAK Andżelika	28	EKSPEDYCJA NORDIC TEAM SZCZECIN	K-40	1		01:12:37.90	01:12:37.90	+00:07:01 (9.7%)	6:54	8.7 (90.6%)
5	CHOJNACKI Paweł	62	GEBERIT TEAM	M-50	3		01:13:26.63	01:13:30.26	+00:07:53 (10.7%)	6:59	8.6 (89.6%)
6	MASŁYK Małgorzata	50		K-50	1		01:14:34.74	01:14:37.82	+00:09:01 (12.1%)	7:06	8.4 (87.5%)
7	MASŁYK Dariusz	51		M-60	1		01:15:37.13	01:15:42.08	+00:10:05 (13.3%)	7:12	8.3 (86.5%)
8	KARPIENIA Ewa	54	K.S. VICTORIA POTĘGOWO	K-50	2		01:17:04.37	01:17:07.82	+00:11:31 (14.9%)	7:20	8.2 (85.4%)
9	KAMIŃSKA Magdalena	52	PUM SZCZECIN	K-40	2		01:18:52.25	01:18:55.05	+00:13:18 (16.9%)	7:30	8 (83.3%)
10	STRZELEC Tomasz	17	KB HERMES GRYFINO	M-40	2		01:19:02.12	01:19:02.12	+00:13:25 (17.0%)	7:31	8 (83.3%)
11	ŚWIERCZ Ewa	80		K-40	3		01:19:15.22	01:19:19.66	+00:13:43 (17.3%)	7:32	7.9 (82.3%)
12	WERBOWICZ Piotr	89		M-40	3		01:19:23.51	01:19:36.72	+00:14:00 (17.6%)	7:33	7.9 (82.3%)
13	STANIEWSKI Piotr	46	EKSPEDYCJA NORDIC TEAM SZCZECIN	M-50	4	Tak	01:20:20.78	01:20:20.78	+00:14:44 (18.3%)	7:39	7.8 (81.3%)
14	ZIÓLKOWSKA Sylwia	25	IDE DALEJ	K-50	3		01:20:39.80	01:20:42.80	+00:15:06 (18.7%)	7:40	7.8 (81.3%)

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							netto 10.5km	brutto 10.5km			
15	OLEJNIK Marzena	68		K-50	4		01:20:42.13	01:20:46.55	+00:15:10 (18.8%)	7:41	7.8 (81.3%)
16	KAROLAK Andrzej	44		M-60	2		01:20:58.95	01:21:02.66	+00:15:26 (19.1%)	7:42	7.8 (81.3%)
17	BŁĄD-WASZKIEWICZ Wanda	63		K-40	4		01:21:24.80	01:21:24.86	+00:15:48 (19.4%)	7:45	7.7 (80.2%)
18	TOLKO Piotr	81	EKSPEDYCJA TEAM	M-50	5		01:21:35.55	01:21:35.55	+00:15:59 (19.6%)	7:46	7.7 (80.2%)
19	ABRAMOWICZ Małgorzata	1	EKSPEDYCJA NORDIC TEAM SZCZECIN	K-30	1		01:22:39.71	01:22:43.09	+00:17:06 (20.7%)	7:52	7.6 (79.2%)
20	STAŃCZAK Marcin	10	IDĘ DALEJ	M-30	1		01:23:24.26	01:23:29.58	+00:17:53 (21.4%)	7:56	7.6 (79.2%)
21	WARKOCZYŃSKI Marcin	5		M-40	4		01:24:03.10	01:24:08.12	+00:18:31 (22.0%)	8:00	7.5 (78.1%)
22	LEWIŃSKI Krzysztof	61	EKSPEDYCJA NORDIC TEAM	M-60	3		01:24:27.19	01:24:32.69	+00:18:56 (22.4%)	8:02	7.5 (78.1%)
23	MISIEWICZ Bożena	45		K-60	1		01:25:17.66	01:25:17.71	+00:19:41 (23.1%)	8:07	7.4 (77.1%)
24	BASZURO Marcin	15		M-30	2		01:27:40.93	01:27:47.68	+00:22:11 (25.3%)	8:20	7.2 (75.0%)
25	BARTOSIŃSKI Piotr	48	TIME55	M-50	6		01:27:44.12	01:27:50.95	+00:22:14 (25.3%)	8:21	7.2 (75.0%)
26	WOJCIECHOWSKA Barbara	6		K-50	5		01:28:07.05	01:28:07.05	+00:22:30 (25.5%)	8:23	7.1 (74.0%)
27	GÓRSKA Agnieszka	3		K-40	5		01:28:11.30	01:28:16.86	+00:22:40 (25.7%)	8:23	7.1 (74.0%)
28	HUK Marek	65	ROWEROWE KOŁBASKOWO	M-40	5	Tak	01:28:27.47	01:28:27.47	+00:22:51 (25.8%)	8:25	7.1 (74.0%)
29	SURDACKA Joanna	71		K-50	6		01:28:22.74	01:28:32.34	+00:22:56 (25.9%)	8:24	7.1 (74.0%)
30	SURDACKI Jerzy	70	DRUŻYNA SZPIKU	M-50	7		01:28:23.51	01:28:32.65	+00:22:56 (25.9%)	8:25	7.1 (74.0%)
31	SZYMANEK Bogusława	26	WALKING WARRIORS	K-60	2		01:29:36.56	01:29:40.71	+00:24:04 (26.8%)	8:32	7 (72.9%)
32	SZEWCUK Małgorzata	84	KS POGODNI NORDICOWCY SZCZECIN	K-50	7		01:29:56.95	01:29:59.91	+00:24:23 (27.1%)	8:33	7 (72.9%)
33	BARYŁA Dorota	35	UKS WOLIN	K-50	8		01:30:26.69	01:30:29.98	+00:24:53 (27.5%)	8:36	7 (72.9%)
34	PODHAJNA Agnieszka	18	IDĘ DALEJ	K-40	6		01:32:03.88	01:32:09.97	+00:26:33 (28.8%)	8:46	6.8 (70.8%)
35	BIENIEWICZ Ewa	59		K-50	9		01:33:01.65	01:33:05.94	+00:27:29 (29.5%)	8:51	6.8 (70.8%)
36	MARIAŃSKA-FOJUT Agata	56		K-40	7		01:34:07.18	01:34:11.25	+00:28:34 (30.3%)	8:57	6.7 (69.8%)
37	DRĄCZKOWSKA Grażyna	60		K-60	3		01:34:14.07	01:34:19.62	+00:28:43 (30.4%)	8:58	6.7 (69.8%)

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							netto 10.5km	brutto 10.5km			
38	MUSZKIET-SOBAŃSKA Agnieszka	73		K-40	8		01:35:20.70	01:35:25.55	+00:29:49 (31.3%)	9:04	6.6 (68.8%)
39	MATWIEJCZUK Agnieszka	76	FUTYMKA TEAM	K-40	9		01:35:25.37	01:35:34.28	+00:29:57 (31.4%)	9:05	6.6 (68.8%)
40	KOWALSKA Joanna	69		K-40	10		01:35:37.67	01:35:44.41	+00:30:08 (31.5%)	9:06	6.6 (68.8%)
41	FUTYMA Karolina	12	FUTYMKA TEAM	K-30	2		01:37:05.56	01:37:15.38	+00:31:39 (32.5%)	9:14	6.5 (67.7%)
42	KRUPOWIES Jerzy	55		M-60	4		01:37:20.53	01:37:31.06	+00:31:54 (32.7%)	9:16	6.5 (67.7%)
43	SIELICKA Agnieszka	40		K-50	10		01:38:32.34	01:38:38.52	+00:33:02 (33.5%)	9:23	6.4 (66.7%)
44	PARCHIMOWICZ Janusz	2		M-60	5		01:39:03.24	01:39:08.49	+00:33:32 (33.8%)	9:26	6.4 (66.7%)
45	SZCZERBIŃSKA Barbara	39	LEGENDARY POWER SZEWC GRYFINO	K-60	4		01:39:05.58	01:39:13.00	+00:33:36 (33.9%)	9:26	6.4 (66.7%)
46	MEDYŃSKI Andrzej	7		M-60	6		01:41:00.28	01:41:05.14	+00:35:28 (35.1%)	9:37	6.2 (64.6%)
47	MIKLAS Aleksandra	24	WALKING WARRIORS	K-30	3	Tak	01:41:12.47	01:41:20.19	+00:35:43 (35.3%)	9:38	6.2 (64.6%)
48	DYBOWSKA Daria	82	DGS DIAGNOSTICS	K-40	11		01:41:44.54	01:41:57.14	+00:36:20 (35.7%)	9:41	6.2 (64.6%)
49	ŚWIST Joanna	22	DGS DIAGNOSTICS	K-30	4		01:41:57.39	01:41:57.39	+00:36:21 (35.7%)	9:42	6.2 (64.6%)
50	FIEDOROWICZ Natalia	85	DGS	K-30	5		01:41:44.39	01:41:57.61	+00:36:21 (35.7%)	9:41	6.2 (64.6%)
51	GENDA Jadwiga	49	TIME55	K-60	5		01:42:24.69	01:42:32.23	+00:36:55 (36.0%)	9:45	6.2 (64.6%)
52	CHMIEL Monika	90		K-40	12		01:42:26.27	01:42:36.53	+00:37:00 (36.1%)	9:45	6.2 (64.6%)
53	DYJAK Kornelia	64		K-30	6		01:42:27.03	01:42:36.62	+00:37:00 (36.1%)	9:45	6.1 (63.5%)
54	GÓRNA Marta	67		K-40	13		01:42:25.63	01:42:36.73	+00:37:00 (36.1%)	9:45	6.2 (64.6%)
55	WARTALSKA Daria	88	DGS	K-30	7		01:42:48.78	01:43:01.06	+00:37:24 (36.3%)	9:47	6.1 (63.5%)
56	GEBOSZ Olimpia	86	DGS	K-30	8		01:42:49.61	01:43:01.21	+00:37:24 (36.3%)	9:47	6.1 (63.5%)
57	SCHMIDT Agnieszka	33	BRAK	K-50	11	Tak	01:42:55.98	01:43:03.32	+00:37:27 (36.3%)	9:48	6.1 (63.5%)
58	SUSZCZEWSKA Bogumiła	34	WALKING WARRIORS	K-60	6	Tak	01:44:13.90	01:44:20.52	+00:38:44 (37.1%)	9:55	6 (62.5%)
59	BASZURO Krystyna	13		K-60	7		01:44:12.52	01:44:21.52	+00:38:45 (37.1%)	9:55	6 (62.5%)
60	KLITYŃSKA Agnieszka	74	FUTYMKA TEAM	K-40	14		01:46:01.43	01:46:10.83	+00:40:34 (38.2%)	10:05	5.9 (61.5%)

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61	TRAWIŃSKA Leokadia	47		K-60	8	Tak	01:46:02.78	01:46:10.90	+00:40:34 (38.2%)	10:05	5.9 (61.5%)
62	FRANKOWSKA Małgorzata	75	FUTYMKA TEAM	K-50	12	Tak	01:46:02.28	01:46:11.24	+00:40:34 (38.2%)	10:05	5.9 (61.5%)
63	SYPNIEWSKA Anna	42		K-60	9	Tak	01:46:03.06	01:46:11.45	+00:40:35 (38.2%)	10:06	5.9 (61.5%)
64	PRZYBYSZ Urszula	21	DGS	K-18	1		01:46:10.72	01:46:21.69	+00:40:45 (38.3%)	10:06	5.9 (61.5%)
65	LINHARD Bożena	11		K-60	10		01:46:32.66	01:46:36.64	+00:41:00 (38.5%)	10:08	5.9 (61.5%)
66	PASTERNAK Katarzyna	27		K-50	13		01:46:25.72	01:46:36.70	+00:41:00 (38.5%)	10:08	5.9 (61.5%)
67	MICHALAK Monika	77	FUTYMKA TEAM	K-40	15		01:46:31.20	01:46:41.82	+00:41:05 (38.5%)	10:08	5.9 (61.5%)
68	LITWINIAK Izabela	16	FUTYMKA TEAM	K-40	16		01:47:32.58	01:47:40.56	+00:42:04 (39.1%)	10:14	5.9 (61.5%)
69	BASZURO Tomasz	14		M-60	7		01:49:23.75	01:49:29.00	+00:43:52 (40.1%)	10:25	5.8 (60.4%)
70	CEBEREK-PŁOTCZYK Marcelina	57		K-60	11		01:51:11.30	01:51:18.89	+00:45:42 (41.1%)	10:35	5.7 (59.4%)
71	JANOWSKA-PASZKOWSKA Joanna	58		K-40	17		01:52:59.37	01:53:05.82	+00:47:29 (42.0%)	10:45	5.6 (58.3%)
72	KOBYLIŃSKA-HUK Dorota	72		K-40	18	Tak	01:53:50.09	01:54:00.60	+00:48:24 (42.5%)	10:50	5.5 (57.3%)
73	KOBYLIŃSKI Maciej	66	ROWEROWE KOŁBASKOWO	M-40	6		01:53:50.98	01:54:01.29	+00:48:24 (42.5%)	10:50	5.5 (57.3%)
74	ŻABOKLICKA Monika	32		K-50	14		01:54:10.96	01:54:18.84	+00:48:42 (42.6%)	10:52	5.5 (57.3%)
75	SZULC Magdalena	30		K-60	12		01:54:11.96	01:54:19.18	+00:48:42 (42.6%)	10:52	5.5 (57.3%)
76	WERESZCZYŃKA Agnieszka	38		K-40	19		01:55:19.55	01:55:29.08	+00:49:52 (43.2%)	10:58	5.5 (57.3%)
77	WŁADKOWSKA Agnieszka	43		K-40	20		01:55:16.37	01:55:29.34	+00:49:53 (43.2%)	10:58	5.5 (57.3%)
78	CZERKAWSKA Wanda	23	NIEMA	K-60	13		01:58:21.97	01:58:24.38	+00:52:48 (44.6%)	11:16	5.3 (55.2%)
79	HEBLEWSKA Jolanta	20	DGS	K-50	15		01:58:53.49	01:59:05.44	+00:53:29 (44.9%)	11:19	5.3 (55.2%)
80	ŁUCZYŃSKA Agnieszka	87	DGS	K-40	21		01:58:53.32	01:59:05.51	+00:53:29 (44.9%)	11:19	5.3 (55.2%)

Znaleziono 80 wynik(ów)