



Wydarzenie: XVII BIEG SYLWESTROWY
Organizator: Stowarzyszenie Rowerowa Brzoza
Data: 2023-12-31
Miejsce: Brzoza
Dystans: 5 km

NORDIC WALKING

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PRZYBORKIEWICZ Kriss	484	TORUŃ NORDIC TEAM	M46-55	1			TORUŃ NORDIC TEAM	00:00:01	00:15:33	00:30:34	00:33:26.75	00:33:28.15		6:41	9 (100%)
2	KOLBERG Kamila	339	KIJKOWE TRZEMESZNO	K36-45	1			Kijkowe Trzemeszno	00:00:01	00:16:18	00:31:38	00:34:32.05	00:34:33.75	+00:01:05 (3.2%)	6:54	8.7 (96.7%)
3	LASSOTA Tomasz	260	TORUŃ NORDIC TEAM	M36-45	1			TORUŃ NORDIC TEAM	00:00:01	00:16:07	00:31:38	00:34:37.60	00:34:39.30	+00:01:10 (3.4%)	6:55	8.7 (96.7%)
4	SKIERA Kris	471	LIFE BALANCE PLACE	M46-55	2			Life Balance Place	00:00:00	00:16:12	00:31:56	00:34:53.35	00:34:54.20	+00:01:26 (4.1%)	6:58	8.6 (95.6%)
5	KRAJNIK Jacek	206	LIFE BALANCE PLACE	M46-55	3			Life Balance Place	00:00:02	00:16:20	00:32:06	00:35:05.20	00:35:07.45	+00:01:38 (4.7%)	7:01	8.6 (95.6%)
6	GWIAZDOWSKI Krzysztof	10		M46-55	4				00:00:03	00:16:35	00:32:20	00:35:13.00	00:35:16.05	+00:01:46 (5.0%)	7:02	8.5 (94.4%)
7	POTRZEBOWSKI Marek	24	LIFE BALANCE PLACE	M36-45	2			Life Balance Place	00:00:01	00:16:19	00:32:20	00:35:14.50	00:35:16.00	+00:01:47 (5.1%)	7:02	8.5 (94.4%)
8	WOJTANIS Magdalena	30	TORUŃ NORDIC TEAM	K36-45	2			TORUŃ NORDIC TEAM	00:00:01	00:16:37	00:32:23	00:35:19.20	00:35:21.00	+00:01:52 (5.3%)	7:03	8.5 (94.4%)
9	KEDZIERSKA Agnieszka	338	KIJKOWE TRZEMESZNO	K46-55	1			Kijkowe Trzemeszno	00:00:00	00:16:39	00:32:35	00:35:38.25	00:35:39.20	+00:02:11 (6.1%)	7:07	8.4 (93.3%)
10	KUSA Piotr	303	LIFE BALANCE PLACE	M36-45	3			Life Balance Place	00:00:02	00:16:52	00:33:36	00:36:44.45	00:36:46.85	+00:03:17 (9.0%)	7:20	8.2 (91.1%)
11	OLEJNICZAK Aleksandra	425	KIJKOWE TRZEMESZNO	K35	1			Kijkowe Trzemeszno	00:00:02	00:17:20	00:33:55	00:37:00.65	00:37:03.05	+00:03:33 (9.6%)	7:24	8.1 (90.0%)
12	GABRYSZAK Magdalena	349		K36-45	3				00:00:03	00:17:45	00:34:22	00:37:31.45	00:37:35.20	+00:04:04 (10.9%)	7:30	8 (88.9%)
13	WÓDKOWSKI Łukasz	486		M35	1				00:00:01	00:17:11	00:34:20	00:37:31.55	00:37:33.15	+00:04:04 (10.9%)	7:30	8 (88.9%)
14	POTRZEBOWSKA Agata	25	LIFE BALANCE PLACE	K36-45	4			Life Balance Place	00:00:02	00:17:34	00:34:28	00:37:42.50	00:37:45.05	+00:04:15 (11.3%)	7:32	8 (88.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	POLAK Paweł	18	TORUŃ NORDIC TEAM	M35	2			TORUŃ NORDIC TEAM	00:00:06	00:18:28	00:35:35	00:38:43.70	00:38:50.30	+00:05:16 (13.6%)	7:44	7.7 (85.6%)
16	TRZCIŃSKI Eugeniusz	283		M56+	1				00:00:02	00:17:55	00:35:25	00:38:53.30	00:38:55.90	+00:05:26 (14.0%)	7:46	7.7 (85.6%)
17	LEWANDOWSKA Renata	320	LIFE BALANCE PLACE	K46-55	2			Life Balance Place	00:00:03	00:18:11	00:35:43	00:39:01.35	00:39:04.90	+00:05:34 (14.3%)	7:48	7.7 (85.6%)
18	MACIŃSKI Waldemar	16		M36-45	4				00:00:04	00:18:39	00:36:02	00:39:14.35	00:39:18.90	+00:05:47 (14.8%)	7:50	7.6 (84.4%)
19	MARTYNOWICZ Maria	498		K46-55	3				00:00:04	00:18:59	00:36:08	00:39:23.15	00:39:28.05	+00:05:56 (15.1%)	7:52	7.6 (84.4%)
20	PIECHOWSKA Magdalena	108		K36-45	5				00:00:02	00:18:30	00:36:04	00:39:24.75	00:39:26.75	+00:05:58 (15.1%)	7:52	7.6 (84.4%)
21	JARCZEWSKA Renata	275		K56+	1				00:00:02	00:18:32	00:36:12	00:39:35.10	00:39:37.65	+00:06:08 (15.5%)	7:55	7.6 (84.4%)
22	ŻBIKOWSKI Ryszard	65		M56+	2				00:00:03	00:18:39	00:36:19	00:39:39.75	00:39:42.80	+00:06:13 (15.7%)	7:55	7.6 (84.4%)
23	SIÓDMIAK Sławomir	80		M46-55	5				00:00:03	00:18:59	00:36:25	00:39:47.95	00:39:51.00	+00:06:21 (16.0%)	7:57	7.5 (83.3%)
24	PIETRZAK Monika	256	TORUŃ NORDIC TEAM	K36-45	6			TORUŃ NORDIC TEAM	00:00:05	00:18:53	00:36:41	00:39:56.55	00:40:01.80	+00:06:29 (16.3%)	7:59	7.5 (83.3%)
25	PALUSZEK Anna	355		K46-55	4				00:00:03	00:18:28	00:36:30	00:39:58.20	00:40:01.90	+00:06:31 (16.3%)	7:59	7.5 (83.3%)
26	OLEJNICZAK Tomasz	193		M46-55	6				00:00:03	00:18:52	00:36:37	00:39:58.55	00:40:01.70	+00:06:31 (16.3%)	7:59	7.5 (83.3%)
27	WYSOCKA Kinga	318	LIFE BALANCE PLACE	K46-55	5			Life Balance Place	00:00:03	00:18:59	00:36:42	00:40:04.00	00:40:07.95	+00:06:37 (16.5%)	8:00	7.5 (83.3%)
28	KUPER Mariusz	67		M36-45	5				00:00:08	00:18:48	00:36:44	00:40:10.30	00:40:18.50	+00:06:43 (16.7%)	8:02	7.5 (83.3%)
29	MALAK Robert	351		M46-55	7				00:00:03	00:18:40	00:36:42	00:40:10.70	00:40:13.75	+00:06:43 (16.8%)	8:02	7.5 (83.3%)
30	CIESIELSKI Krzysztof	26		M56+	3				00:00:02	00:19:01	00:36:49	00:40:12.55	00:40:14.55	+00:06:45 (16.8%)	8:02	7.5 (83.3%)
31	LEWANDOWSKI Maciej	248		M35	3				00:00:04	00:18:53	00:36:50	00:40:14.10	00:40:18.90	+00:06:47 (16.9%)	8:02	7.5 (83.3%)
32	STAWNIAK Karol	209		M56+	4				00:00:04	00:18:57	00:37:08	00:40:32.50	00:40:36.90	+00:07:05 (17.5%)	8:06	7.4 (82.2%)
33	KUSA Karolina	304	LIFE BALANCE PLACE	K36-45	7			Life Balance Place	00:00:03	00:19:08	00:37:11	00:40:34.30	00:40:37.45	+00:07:07 (17.6%)	8:06	7.4 (82.2%)
34	KRYSZTOFIAK Czesław	330		M56+	5				00:00:04	00:18:57	00:37:10	00:40:36.15	00:40:40.70	+00:07:09 (17.6%)	8:07	7.4 (82.2%)
35	KRZYSZTOF Jachimiak	323		M36-45	6				00:00:07	00:19:04	00:37:24	00:40:36.45	00:40:44.25	+00:07:09 (17.6%)	8:07	7.4 (82.2%)
36	SZYMANIK Lesław	319	LIFE BALANCE PLACE	M56+	6			Life Balance Place	00:00:03	00:19:09	00:37:11	00:40:37.40	00:40:41.35	+00:07:10 (17.7%)	8:07	7.4 (82.2%)

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37	STANKOWSKA Marzena	371	KIJKOWE TRZEMESZNO	K46-55	6			Kijkowe Trzemeszno	00:00:04	00:19:15	00:37:21	00:40:39.55	00:40:44.35	+00:07:12 (17.7%)	8:07	7.4 (82.2%)
38	MINISZEWSKA Irena	368		K36-45	8				00:00:03	00:19:01	00:37:13	00:40:45.80	00:40:49.20	+00:07:19 (18.0%)	8:09	7.4 (82.2%)
39	WONIAKOWSKI Czesław	175		M56+	7				00:00:06	00:19:26	00:37:36	00:40:54.05	00:41:00.35	+00:07:27 (18.2%)	8:10	7.3 (81.1%)
40	FRYZIAK Monika	21		K46-55	7				00:00:05	00:19:14	00:37:38	00:40:57.20	00:41:02.75	+00:07:30 (18.3%)	8:11	7.3 (81.1%)
41	ZAKOSCIELNY Krzysztof	446		M56+	8				00:00:04	00:19:20	00:37:40	00:41:00.90	00:41:05.80	+00:07:34 (18.5%)	8:12	7.3 (81.1%)
42	KALISKA Lidka	350		K46-55	8				00:00:03	00:19:09	00:37:41	00:41:08.90	00:41:11.95	+00:07:42 (18.7%)	8:13	7.3 (81.1%)
43	GÓRAL Marzena	324		K46-55	9				00:00:07	00:19:35	00:38:16	00:41:51.80	00:41:59.70	+00:08:25 (20.1%)	8:22	7.2 (80.0%)
44	POCIOT Małgorzata	388	BRZOZA BIEGA	K35	2			Brzoza Biega	00:00:08	00:20:53	00:39:27	00:43:01.95	00:43:10.60	+00:09:35 (22.3%)	8:36	7 (77.8%)
45	WRUK Justyna	367		K46-55	10				00:00:04	00:20:33	00:39:37	00:43:16.50	00:43:20.50	+00:09:49 (22.7%)	8:39	6.9 (76.7%)
46	ADAMSKA-MARCINIAK Monika	312		K36-45	9				00:00:01	00:20:16	00:40:10	00:44:03.30	00:44:05.25	+00:10:36 (24.1%)	8:48	6.8 (75.6%)
47	ZALEWSKA Żaneta	362		K46-55	11				00:00:08	00:22:00	00:40:46	00:44:19.25	00:44:27.40	+00:10:52 (24.5%)	8:51	6.8 (75.6%)
48	AMROSZ Roksana	369		K36-45	10				00:00:12	00:21:52	00:40:47	00:44:20.55	00:44:33.00	+00:10:53 (24.6%)	8:52	6.8 (75.6%)
49	NOIŃSKA-MACIŃSKA Marzena	265		K36-45	11				00:00:09	00:21:05	00:40:57	00:44:42.25	00:44:51.70	+00:11:15 (25.2%)	8:56	6.7 (74.4%)
50	POLIWODZIŃSKA Agnieszka	142	TEAMOCHAL	K36-45	12			TEAMOCHAL	00:00:05	00:21:28	00:41:44	00:45:33.00	00:45:38.70	+00:12:06 (26.6%)	9:06	6.6 (73.3%)
51	POMORSKA Anna	8		K56+	2				00:00:00	00:22:29	00:43:38	00:45:36.75	00:45:37.45	+00:12:10 (26.7%)	9:07	6.6 (73.3%)
52	CHUDECKA Beata	326		K36-45	13				00:00:04	00:21:24	00:41:45	00:45:37.65	00:45:42.25	+00:12:10 (26.7%)	9:07	6.6 (73.3%)
53	BOŻEK Mariusz	29		M56+	9				00:00:09	00:21:58	00:42:15	00:45:58.05	00:46:07.40	+00:12:31 (27.2%)	9:11	6.5 (72.2%)
54	SZADKOWSKA Joanna	492		K56+	3				00:00:05	00:22:02	00:42:19	00:46:01.55	00:46:07.40	+00:12:34 (27.3%)	9:12	6.5 (72.2%)
55	WIŚNIEWSKA Elżbieta	389	ROWEROWA BRZOZA	K56+	4			Rowerowa Brzoza	00:00:05	00:22:01	00:42:19	00:46:02.15	00:46:07.70	+00:12:35 (27.3%)	9:12	6.5 (72.2%)
56	SPYCHAŁSKA Anna	229		K36-45	14				00:00:05	00:22:13	00:42:21	00:46:03.25	00:46:08.95	+00:12:36 (27.4%)	9:12	6.5 (72.2%)
57	GALICKA Nina	427	AKADEMIA MISTRZÓW SPORTU	K35	3			Akademia Mistrzów Sportu	00:00:07	00:22:34	00:42:27	00:46:09.95	00:46:17.45	+00:12:43 (27.6%)	9:13	6.5 (72.2%)

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58	MOSUR-GALICKA Angelina	426	AKADEMIA MISTRZÓW SPORTU	K46-55	12			Akademia Mistrzów Sportu	00:00:06	00:22:34	00:42:28	00:46:10.40	00:46:17.15	+00:12:43 (27.6%)	9:14	6.5 (72.2%)
59	KOSIŃSKI Franciszek	437		M35	4				00:00:07	00:22:26	00:42:42	00:46:26.85	00:46:34.60	+00:13:00 (28.0%)	9:17	6.5 (72.2%)
60	PIK Barbara	267		K56+	5				00:00:09	00:22:54	00:42:50	00:46:27.25	00:46:36.65	+00:13:00 (28.0%)	9:17	6.5 (72.2%)
61	PIK Bogusław	268		M56+	10				00:00:09	00:22:34	00:42:58	00:46:33.10	00:46:42.45	+00:13:06 (28.2%)	9:18	6.4 (71.1%)
62	BYSTRZYŃSKA Emilia	332		K36-45	15				00:00:03	00:22:18	00:42:47	00:46:35.05	00:46:38.95	+00:13:08 (28.2%)	9:19	6.4 (71.1%)
63	KRZYŻANOWSKI Mariusz	392		M46-55	8				00:00:06	00:22:17	00:42:51	00:46:35.40	00:46:42.15	+00:13:08 (28.2%)	9:19	6.4 (71.1%)
64	KAPELIŃSKI Stanisław	372		M56+	11				00:00:05	00:22:18	00:43:01	00:46:44.05	00:46:49.70	+00:13:17 (28.4%)	9:20	6.4 (71.1%)
65	MALEC Justyna	254		K36-45	16				00:00:08	00:22:15	00:42:56	00:46:47.00	00:46:55.50	+00:13:20 (28.5%)	9:21	6.4 (71.1%)
66	CIELECKA-WĄTOROWSKA Joanna	281		K46-55	13				00:00:12	00:22:29	00:43:33	00:47:37.95	00:47:50.20	+00:14:11 (29.8%)	9:31	6.3 (70.0%)
67	PIÓRKOWSKA Hanna	328		K36-45	17				00:00:05	00:22:35	00:43:41	00:47:47.25	00:47:53.15	+00:14:20 (30.0%)	9:33	6.3 (70.0%)
68	RADKOWSKA Ewa	475		K46-55	14				00:00:07	00:24:10	00:46:54	00:51:21.35	00:51:28.55	+00:17:54 (34.9%)	10:16	5.8 (64.4%)
69	BARTOSZYŃSKA Aleksandra	488		K36-45	18				00:00:06	00:24:11	00:46:52	00:51:21.65	00:51:28.40	+00:17:54 (34.9%)	10:16	5.8 (64.4%)
70	. .	509							00:00:10	00:23:37	00:47:01	00:51:43.15	00:51:53.60	+00:18:16 (35.3%)	10:20	5.8 (64.4%)
71	BUTOWSKA Anna	196		K46-55	15				00:00:10	00:23:37	00:47:01	00:51:43.25	00:51:53.60	+00:18:16 (35.3%)	10:20	5.8 (64.4%)
72	WOŁOSZYN Kazimierz	454		M56+	12				00:00:09	00:23:32	00:46:53	00:51:49.50	00:51:59.40	+00:18:22 (35.5%)	10:21	5.8 (64.4%)
73	SPYCHAŁSKI Jacek	228		M56+	13				00:00:00	00:24:01	00:48:13	00:52:54.95	00:52:54.95	+00:19:28 (36.8%)	10:34	5.7 (63.3%)
	KOSIŃSKA Karolina	438		K36-45					DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 74 wynik(ów)