



**Wydarzenie:** XVII BIEG SYLWESTROWY  
**Organizator:** Stowarzyszenie Rowerowa Brzoza  
**Data:** 2023-12-31  
**Miejsce:** Brzoza  
**Dystans:** 5 km

## NORDIC WALKING

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: K46-55

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KEDZIERSKA Agnieszka</b>	<b>338</b>	KIJKOWE TRZEMESZNO	K46-55	1		Kijkowe Trzemeszno		00:00:00	00:16:39	00:32:35	<b>00:35:38.25</b>	<b>00:35:39.20</b>		7:07	8.4 (100%)
2	<b>LEWANDOWSKA Renata</b>	<b>320</b>	LIFE BALANCE PLACE	K46-55	2		Life Balance Place		00:00:03	00:18:11	00:35:43	<b>00:39:01.35</b>	<b>00:39:04.90</b>	+00:03:23 (8.7%)	7:48	7.7 (91.7%)
3	<b>MARTYNOWICZ Maria</b>	<b>498</b>		K46-55	3				00:00:04	00:18:59	00:36:08	<b>00:39:23.15</b>	<b>00:39:28.05</b>	+00:03:44 (9.5%)	7:52	7.6 (90.5%)
4	<b>PALUSZEK Anna</b>	<b>355</b>		K46-55	4				00:00:03	00:18:28	00:36:30	<b>00:39:58.20</b>	<b>00:40:01.90</b>	+00:04:19 (10.8%)	7:59	7.5 (89.3%)
5	<b>WYSOCKA Kinga</b>	<b>318</b>	LIFE BALANCE PLACE	K46-55	5		Life Balance Place		00:00:03	00:18:59	00:36:42	<b>00:40:04.00</b>	<b>00:40:07.95</b>	+00:04:25 (11.1%)	8:00	7.5 (89.3%)
6	<b>STANKOWSKA Marzena</b>	<b>371</b>	KIJKOWE TRZEMESZNO	K46-55	6		Kijkowe Trzemeszno		00:00:04	00:19:15	00:37:21	<b>00:40:39.55</b>	<b>00:40:44.35</b>	+00:05:01 (12.4%)	8:07	7.4 (88.1%)
7	<b>FRYZIAK Monika</b>	<b>21</b>		K46-55	7				00:00:05	00:19:14	00:37:38	<b>00:40:57.20</b>	<b>00:41:02.75</b>	+00:05:18 (13.0%)	8:11	7.3 (86.9%)
8	<b>KALISKA Lidka</b>	<b>350</b>		K46-55	8				00:00:03	00:19:09	00:37:41	<b>00:41:08.90</b>	<b>00:41:11.95</b>	+00:05:30 (13.4%)	8:13	7.3 (86.9%)
9	<b>GÓRAL Marzena</b>	<b>324</b>		K46-55	9				00:00:07	00:19:35	00:38:16	<b>00:41:51.80</b>	<b>00:41:59.70</b>	+00:06:13 (14.9%)	8:22	7.2 (85.7%)
10	<b>WRUK Justyna</b>	<b>367</b>		K46-55	10				00:00:04	00:20:33	00:39:37	<b>00:43:16.50</b>	<b>00:43:20.50</b>	+00:07:38 (17.6%)	8:39	6.9 (82.1%)
11	<b>ZALEWSKA Żaneta</b>	<b>362</b>		K46-55	11				00:00:08	00:22:00	00:40:46	<b>00:44:19.25</b>	<b>00:44:27.40</b>	+00:08:41 (19.6%)	8:51	6.8 (81.0%)
12	<b>MOSUR-GALICKA Angelina</b>	<b>426</b>	AKADEMIA MISTRZÓW SPORTU	K46-55	12		Akademia Mistrzów Sportu		00:00:06	00:22:34	00:42:28	<b>00:46:10.40</b>	<b>00:46:17.15</b>	+00:10:32 (22.8%)	9:14	6.5 (77.4%)
13	<b>CIELECKA-WATOROWSKA Joanna</b>	<b>281</b>		K46-55	13				00:00:12	00:22:29	00:43:33	<b>00:47:37.95</b>	<b>00:47:50.20</b>	+00:11:59 (25.2%)	9:31	6.3 (75.0%)
14	<b>RADKOWSKA Ewa</b>	<b>475</b>		K46-55	14				00:00:07	00:24:10	00:46:54	<b>00:51:21.35</b>	<b>00:51:28.55</b>	+00:15:43 (30.6%)	10:16	5.8 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	<b>BUTOWSKA Anna</b>	<b>196</b>		K46-55	15				00:00:10	00:23:37	00:47:01	<b>00:51:43.25</b>	<b>00:51:53.60</b>	+00:16:05 (31.1%)	10:20	5.8 (69.0%)

Znaleziono 15 wynik(ów)