



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XVI BIEG SYLWESTROWY
Stowarzyszenie Rowerowa Brzoza
2022-12-31
Brzoza
5 km

NORDIC WALKING

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KOLBERG Kamila	337		K36-45	1				00:00:00	00:16:35	00:32:35	00:35:31.55	00:35:32.40		7:06	8.4 (100%)
2	KĘDZIERSKA Agnieszka	336		K46-55	1				00:00:00	00:16:57	00:33:05	00:36:11.45	00:36:12.30	+00:00:39 (1.8%)	7:14	8.3 (98.8%)
3	WOJTANIS Magdalena	45		K36-45	2				00:00:02	00:17:02	00:33:23	00:36:29.75	00:36:32.05	+00:00:58 (2.7%)	7:17	8.2 (97.6%)
4	POTRZEBOWSKA Agata	121	LIFE BALANCE PLACE	K36-45	3		Life Balance Place		00:00:01	00:17:22	00:34:15	00:37:22.90	00:37:24.15	+00:01:51 (5.0%)	7:28	8 (95.2%)
5	GABRYSZAK Magdalena	247	ROWEROWA BRZOZA	K36-45	4		Rowerowa Brzoza		00:00:04	00:17:51	00:34:32	00:37:43.40	00:37:48.05	+00:02:11 (5.8%)	7:32	8 (95.2%)
6	ĆWIKLIŃSKA Anna	407	AKADEMIA MISTRZÓW SPORTU	K36-45	5		Akademia Mistrzów Sportu		00:00:01	00:17:51	00:34:50	00:38:02.80	00:38:04.25	+00:02:31 (6.6%)	7:36	7.9 (94.0%)
7	PIECHOWSKA Magdalena	133		K36-45	6				00:00:02	00:18:13	00:35:32	00:38:48.55	00:38:51.05	+00:03:17 (8.5%)	7:45	7.7 (91.7%)
8	STEMPNIAK Anna	112		K46-55	2				00:00:02	00:18:26	00:35:51	00:39:14.65	00:39:16.85	+00:03:43 (9.5%)	7:50	7.6 (90.5%)
9	FRYZIAK Monika	37		K46-55	3				00:00:01	00:18:27	00:36:17	00:39:45.20	00:39:46.30	+00:04:13 (10.6%)	7:57	7.5 (89.3%)
10	MINISZEWSKA Irena	325		K36-45	7				00:00:03	00:18:53	00:36:57	00:40:22.50	00:40:26.45	+00:04:50 (12.0%)	8:04	7.4 (88.1%)
11	WILBRANDT Katarzyna	324	GOSIR OSIELSKO	K36-45	8		GOSiR Osielsko		00:00:01	00:19:30	00:37:30	00:40:59.70	00:41:01.60	+00:05:28 (13.3%)	8:11	7.3 (86.9%)
12	NOWAKOWSKA Marta	231		K35	1				00:00:02	00:19:31	00:38:08	00:41:33.40	00:41:35.90	+00:06:01 (14.5%)	8:18	7.2 (85.7%)
13	KWIATKOWSKA Elżbieta	377		K46-55	4				00:00:02	00:19:45	00:38:50	00:42:26.45	00:42:29.40	+00:06:54 (16.3%)	8:29	7.1 (84.5%)
14	ADAMSKA MARCINIAK Monika	7		K35	2				00:00:03	00:19:49	00:38:57	00:42:36.80	00:42:40.10	+00:07:05 (16.6%)	8:31	7 (83.3%)

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15	WRUK Justyna	109	DIABELSKIE PIORUNY	K46-55	5			Diabelskie Pioruny	00:00:03	00:20:18	00:39:25	00:43:00.30	00:43:03.55	+00:07:28 (17.4%)	8:36	7 (83.3%)
16	PAŚ Katarzyna	97	CHARTY SZELEJEWO	K46-55	6			Charty Szelejewo	00:00:01	00:20:22	00:39:27	00:43:08.20	00:43:09.80	+00:07:36 (17.6%)	8:37	7 (83.3%)
17	ZALEWSKA Alina	320		K36-45	9				00:00:02	00:20:19	00:39:46	00:43:30.15	00:43:32.50	+00:07:58 (18.3%)	8:42	6.9 (82.1%)
18	WIŚNIEWSKA Elżbieta	63	ROWEROWA BRZOZA	K56+	1			Rowerowa Brzoza	00:00:04	00:20:24	00:39:49	00:43:32.45	00:43:37.40	+00:08:00 (18.4%)	8:42	6.9 (82.1%)
19	KUSA Karolina	394	LIFE BALANCE PLACE	K36-45	10			Life Balance Place	00:00:02	00:20:29	00:40:29	00:44:10.00	00:44:12.85	+00:08:38 (19.6%)	8:50	6.8 (81.0%)
20	RYDELSKA Kinga	29		K46-55	7				00:00:11	00:21:07	00:40:32	00:44:13.80	00:44:25.10	+00:08:42 (19.7%)	8:50	6.8 (81.0%)
21	POLIWODZIŃSKA Agnieszka	119	FKS WISŁA FORDON	K36-45	11			FKS WISŁA FORDON	00:00:07	00:21:05	00:40:38	00:44:18.90	00:44:26.60	+00:08:47 (19.8%)	8:51	6.8 (81.0%)
22	PIECZKA Aneta	135	ANTIDOTUM	K35	3			Antidotum	00:00:06	00:21:05	00:40:48	00:44:28.05	00:44:34.55	+00:08:56 (20.1%)	8:53	6.7 (79.8%)
23	BULIK-FRONTCZAK Katarzyna	201		K36-45	12				00:00:11	00:21:05	00:40:44	00:44:28.50	00:44:39.70	+00:08:56 (20.1%)	8:53	6.7 (79.8%)
24	WOJTYSIAK-MAŁECKA Katarzyna	451		K36-45	13				00:00:01	00:20:18	00:40:31	00:44:33.80	00:44:35.55	+00:09:02 (20.3%)	8:54	6.7 (79.8%)
25	ZALEWSKA Oliwia	318	DIABELSKIE PIORUNY	K35	4			Diabelskie Pioruny	00:00:08	00:21:00	00:41:08	00:45:14.95	00:45:22.95	+00:09:43 (21.5%)	9:02	6.6 (78.6%)
26	GONDEK Barbara	500		K36-45	14				00:00:12	00:21:34	00:42:06	00:46:03.20	00:46:15.50	+00:10:31 (22.9%)	9:12	6.5 (77.4%)
27	BARTOSZYŃSKA Aleksandra	146		K36-45	15				00:00:11	00:21:35	00:42:06	00:46:03.40	00:46:15.05	+00:10:31 (22.9%)	9:12	6.5 (77.4%)
28	KARŁOWSKA Renata	321		K46-55	8				00:00:03	00:21:46	00:42:25	00:46:18.55	00:46:22.50	+00:10:47 (23.3%)	9:15	6.5 (77.4%)
29	SPYCHALSKA Anna	278		K36-45	16				00:00:08	00:22:41	00:42:59	00:46:52.75	00:47:01.70	+00:11:21 (24.2%)	9:22	6.4 (76.2%)
29	JUNKA Małgorzata	303		K46-55	9				00:00:08	00:22:42	00:43:00	00:46:52.75	00:47:01.50	+00:11:21 (24.2%)	9:22	6.4 (76.2%)
31	GRABOWSKA Joanna	302		K46-55	10				00:00:08	00:22:41	00:43:01	00:46:53.55	00:47:02.10	+00:11:22 (24.2%)	9:22	6.4 (76.2%)
32	ZABŁOCKA Maria	263		K46-55	11				00:00:03	00:22:16	00:43:08	00:47:02.05	00:47:05.10	+00:11:30 (24.5%)	9:24	6.4 (76.2%)
33	TULIBACKA Ewelina	492		K36-45	17				00:00:04	00:22:13	00:43:03	00:47:04.95	00:47:09.05	+00:11:33 (24.5%)	9:24	6.4 (76.2%)
34	MOSUR-GALICKA Angelina	65	AKADEMIA MISTRZÓW SPORTU	K46-55	12			Akademia Mistrzów Sportu	00:00:04	00:22:10	00:43:19	00:47:10.55	00:47:15.35	+00:11:39 (24.7%)	9:26	6.4 (76.2%)
35	GALICKA Nina	391	AKADEMIA MISTRZÓW SPORTU	K35	5			Akademia Mistrzów Sportu	00:00:04	00:22:11	00:43:20	00:47:11.20	00:47:15.30	+00:11:39 (24.7%)	9:26	6.4 (76.2%)

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36	KRANZ Anna	257		K36-45	18				00:00:01	00:21:41	00:43:09	00:47:16.80	00:47:17.90	+00:11:45 (24.9%)	9:27	6.3 (75.0%)
37	KAWALERSKA Anna	323	GOSIR OSIELSKO	K46-55	13		GOSiR Osielsko		00:00:02	00:23:43	00:45:26	00:47:27.95	00:47:30.80	+00:11:56 (25.2%)	9:29	6.3 (75.0%)
38	POMORSKA Anna	301		K56+	2				00:00:00	00:22:40	00:44:21	00:48:27.95	00:48:28.50	+00:12:56 (26.7%)	9:41	6.2 (73.8%)
39	LESZCZYŃSKA Emilia	258		K46-55	14				00:00:04	00:22:44	00:44:21	00:48:40.40	00:48:44.80	+00:13:08 (27.0%)	9:44	6.2 (73.8%)
40	KITKOWSKA Magdalena	293		K46-55	15				00:00:04	00:22:51	00:44:40	00:48:44.00	00:48:48.90	+00:13:12 (27.1%)	9:44	6.2 (73.8%)
41	CIELECKA-WĄTOROWSKA Joanna	234		K46-55	16				00:00:07	00:22:57	00:44:47	00:48:58.50	00:49:06.35	+00:13:26 (27.5%)	9:47	6.1 (72.6%)
42	AMROSZ Roxana	233		K36-45	19				00:00:07	00:22:45	00:44:14	00:48:58.60	00:49:06.35	+00:13:27 (27.5%)	9:47	6.1 (72.6%)
43	BUTOWSKA Anna	270		K46-55	17				00:00:08	00:22:34	00:45:02	00:49:29.00	00:49:37.75	+00:13:57 (28.2%)	9:53	6.1 (72.6%)
44	WESÓŁ Violetta	313		K46-55	18				00:00:05	00:22:37	00:45:05	00:49:31.60	00:49:37.25	+00:14:00 (28.3%)	9:54	6.1 (72.6%)
45	ROHDE Danuta	449		K46-55	19				00:00:05	00:22:37	00:45:05	00:49:32.45	00:49:37.65	+00:14:00 (28.3%)	9:54	6.1 (72.6%)
46	PIERZGALSKA Anita	77	ZAMULONE OSTRYGI	K46-55	20		Zamulone Ostrygi		00:00:09	00:23:35	00:45:32	00:49:43.10	00:49:52.90	+00:14:11 (28.5%)	9:56	6 (71.4%)
47	IWANIUK Anita	76	PĘDZĄCE CHOMIKI	K46-55	21		Pędzące Chomiki		00:00:09	00:23:35	00:45:33	00:49:43.25	00:49:53.00	+00:14:11 (28.5%)	9:56	6 (71.4%)
48	CHUDECKA Beata	114		K36-45	20				00:00:04	00:24:08	00:45:48	00:50:03.10	00:50:07.65	+00:14:31 (29.0%)	10:00	6 (71.4%)

Znaleziono 48 wynik(ów)