



**Wydarzenie:** XVII BIEG SYLWESTROWY  
**Organizator:** Stowarzyszenie Rowerowa Brzoza  
**Data:** 2023-12-31  
**Miejsce:** Brzoza  
**Dystans:** 5 km

## NORDIC WALKING

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KOLBERG Kamila</b>	<b>339</b>	KIJKOWE TRZEMESZNO	K36-45	1			Kijkowe Trzemeszno	00:00:01	00:16:18	00:31:38	<b>00:34:32.05</b>	<b>00:34:33.75</b>		6:54	8.7 (100%)
2	<b>WOJTANIS Magdalena</b>	<b>30</b>	TORUŃ NORDIC TEAM	K36-45	2			TORUŃ NORDIC TEAM	00:00:01	00:16:37	00:32:23	<b>00:35:19.20</b>	<b>00:35:21.00</b>	+00:00:47 (2.2%)	7:03	8.5 (97.7%)
3	<b>KEDZIERSKA Agnieszka</b>	<b>338</b>	KIJKOWE TRZEMESZNO	K46-55	1			Kijkowe Trzemeszno	00:00:00	00:16:39	00:32:35	<b>00:35:38.25</b>	<b>00:35:39.20</b>	+00:01:06 (3.1%)	7:07	8.4 (96.6%)
4	<b>OLEJNICZAK Aleksandra</b>	<b>425</b>	KIJKOWE TRZEMESZNO	K35	1			Kijkowe Trzemeszno	00:00:02	00:17:20	00:33:55	<b>00:37:00.65</b>	<b>00:37:03.05</b>	+00:02:28 (6.7%)	7:24	8.1 (93.1%)
5	<b>GABRYSZAK Magdalena</b>	<b>349</b>		K36-45	3				00:00:03	00:17:45	00:34:22	<b>00:37:31.45</b>	<b>00:37:35.20</b>	+00:02:59 (8.0%)	7:30	8 (92.0%)
6	<b>POTRZEBOWSKA Agata</b>	<b>25</b>	LIFE BALANCE PLACE	K36-45	4			Life Balance Place	00:00:02	00:17:34	00:34:28	<b>00:37:42.50</b>	<b>00:37:45.05</b>	+00:03:10 (8.4%)	7:32	8 (92.0%)
7	<b>LEWANDOWSKA Renata</b>	<b>320</b>	LIFE BALANCE PLACE	K46-55	2			Life Balance Place	00:00:03	00:18:11	00:35:43	<b>00:39:01.35</b>	<b>00:39:04.90</b>	+00:04:29 (11.5%)	7:48	7.7 (88.5%)
8	<b>MARTYNOWICZ Maria</b>	<b>498</b>		K46-55	3				00:00:04	00:18:59	00:36:08	<b>00:39:23.15</b>	<b>00:39:28.05</b>	+00:04:51 (12.3%)	7:52	7.6 (87.4%)
9	<b>PIECHOWSKA Magdalena</b>	<b>108</b>		K36-45	5				00:00:02	00:18:30	00:36:04	<b>00:39:24.75</b>	<b>00:39:26.75</b>	+00:04:52 (12.4%)	7:52	7.6 (87.4%)
10	<b>JARCZEWSKA Renata</b>	<b>275</b>		K56+	1				00:00:02	00:18:32	00:36:12	<b>00:39:35.10</b>	<b>00:39:37.65</b>	+00:05:03 (12.8%)	7:55	7.6 (87.4%)
11	<b>PIETRZAK Monika</b>	<b>256</b>	TORUŃ NORDIC TEAM	K36-45	6			TORUŃ NORDIC TEAM	00:00:05	00:18:53	00:36:41	<b>00:39:56.55</b>	<b>00:40:01.80</b>	+00:05:24 (13.5%)	7:59	7.5 (86.2%)
12	<b>PALUSZEK Anna</b>	<b>355</b>		K46-55	4				00:00:03	00:18:28	00:36:30	<b>00:39:58.20</b>	<b>00:40:01.90</b>	+00:05:26 (13.6%)	7:59	7.5 (86.2%)
13	<b>WYSOCKA Kinga</b>	<b>318</b>	LIFE BALANCE PLACE	K46-55	5			Life Balance Place	00:00:03	00:18:59	00:36:42	<b>00:40:04.00</b>	<b>00:40:07.95</b>	+00:05:31 (13.8%)	8:00	7.5 (86.2%)
14	<b>KUSA Karolina</b>	<b>304</b>	LIFE BALANCE PLACE	K36-45	7			Life Balance Place	00:00:03	00:19:08	00:37:11	<b>00:40:34.30</b>	<b>00:40:37.45</b>	+00:06:02 (14.9%)	8:06	7.4 (85.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	<b>STANKOWSKA Marzena</b>	<b>371</b>	KIJKOWE TRZEMESZNO	K46-55	6		Kijkowe Trzemeszno	00:00:04	00:19:15	00:37:21	<b>00:40:39.55</b>	<b>00:40:44.35</b>	+00:06:07 (15.1%)	8:07	7.4 (85.1%)
16	<b>MINISZEWSKA Irena</b>	<b>368</b>		K36-45	8			00:00:03	00:19:01	00:37:13	<b>00:40:45.80</b>	<b>00:40:49.20</b>	+00:06:13 (15.3%)	8:09	7.4 (85.1%)
17	<b>FRYZIAK Monika</b>	<b>21</b>		K46-55	7			00:00:05	00:19:14	00:37:38	<b>00:40:57.20</b>	<b>00:41:02.75</b>	+00:06:25 (15.7%)	8:11	7.3 (83.9%)
18	<b>KALISKA Lidka</b>	<b>350</b>		K46-55	8			00:00:03	00:19:09	00:37:41	<b>00:41:08.90</b>	<b>00:41:11.95</b>	+00:06:36 (16.1%)	8:13	7.3 (83.9%)
19	<b>GÓRAL Marzena</b>	<b>324</b>		K46-55	9			00:00:07	00:19:35	00:38:16	<b>00:41:51.80</b>	<b>00:41:59.70</b>	+00:07:19 (17.5%)	8:22	7.2 (82.8%)
20	<b>POCIOT Małgorzata</b>	<b>388</b>	BRZOZA BIEGA	K35	2		Brzoza Biega	00:00:08	00:20:53	00:39:27	<b>00:43:01.95</b>	<b>00:43:10.60</b>	+00:08:29 (19.7%)	8:36	7 (80.5%)
21	<b>WRUK Justyna</b>	<b>367</b>		K46-55	10			00:00:04	00:20:33	00:39:37	<b>00:43:16.50</b>	<b>00:43:20.50</b>	+00:08:44 (20.2%)	8:39	6.9 (79.3%)
22	<b>ADAMSKA-MARCINIAK Monika</b>	<b>312</b>		K36-45	9			00:00:01	00:20:16	00:40:10	<b>00:44:03.30</b>	<b>00:44:05.25</b>	+00:09:31 (21.6%)	8:48	6.8 (78.2%)
23	<b>ZALEWSKA Żaneta</b>	<b>362</b>		K46-55	11			00:00:08	00:22:00	00:40:46	<b>00:44:19.25</b>	<b>00:44:27.40</b>	+00:09:47 (22.1%)	8:51	6.8 (78.2%)
24	<b>AMROSZ Roksana</b>	<b>369</b>		K36-45	10			00:00:12	00:21:52	00:40:47	<b>00:44:20.55</b>	<b>00:44:33.00</b>	+00:09:48 (22.1%)	8:52	6.8 (78.2%)
25	<b>NOIŃSKA-MACIŃSKA Marzena</b>	<b>265</b>		K36-45	11			00:00:09	00:21:05	00:40:57	<b>00:44:42.25</b>	<b>00:44:51.70</b>	+00:10:10 (22.7%)	8:56	6.7 (77.0%)
26	<b>POLIWODZIŃSKA Agnieszka</b>	<b>142</b>	TEAMOCHAL	K36-45	12		TEAMOCHAL	00:00:05	00:21:28	00:41:44	<b>00:45:33.00</b>	<b>00:45:38.70</b>	+00:11:00 (24.2%)	9:06	6.6 (75.9%)
27	<b>POMORSKA Anna</b>	<b>8</b>		K56+	2			00:00:00	00:22:29	00:43:38	<b>00:45:36.75</b>	<b>00:45:37.45</b>	+00:11:04 (24.3%)	9:07	6.6 (75.9%)
28	<b>CHUDECKA Beata</b>	<b>326</b>		K36-45	13			00:00:04	00:21:24	00:41:45	<b>00:45:37.65</b>	<b>00:45:42.25</b>	+00:11:05 (24.3%)	9:07	6.6 (75.9%)
29	<b>SZADKOWSKA Joanna</b>	<b>492</b>		K56+	3			00:00:05	00:22:02	00:42:19	<b>00:46:01.55</b>	<b>00:46:07.40</b>	+00:11:29 (25.0%)	9:12	6.5 (74.7%)
30	<b>WIŚNIEWSKA Elżbieta</b>	<b>389</b>	ROWEROWA BRZOZA	K56+	4		Rowerowa Brzoza	00:00:05	00:22:01	00:42:19	<b>00:46:02.15</b>	<b>00:46:07.70</b>	+00:11:30 (25.0%)	9:12	6.5 (74.7%)
31	<b>SPYCHAŁSKA Anna</b>	<b>229</b>		K36-45	14			00:00:05	00:22:13	00:42:21	<b>00:46:03.25</b>	<b>00:46:08.95</b>	+00:11:31 (25.0%)	9:12	6.5 (74.7%)
32	<b>GALICKA Nina</b>	<b>427</b>	AKADEMIA MISTRZÓW SPORTU	K35	3		Akademia Mistrzów Sportu	00:00:07	00:22:34	00:42:27	<b>00:46:09.95</b>	<b>00:46:17.45</b>	+00:11:37 (25.2%)	9:13	6.5 (74.7%)
33	<b>MOSUR-GALICKA Angelina</b>	<b>426</b>	AKADEMIA MISTRZÓW SPORTU	K46-55	12		Akademia Mistrzów Sportu	00:00:06	00:22:34	00:42:28	<b>00:46:10.40</b>	<b>00:46:17.15</b>	+00:11:38 (25.2%)	9:14	6.5 (74.7%)
34	<b>PIK Barbara</b>	<b>267</b>		K56+	5			00:00:09	00:22:54	00:42:50	<b>00:46:27.25</b>	<b>00:46:36.65</b>	+00:11:55 (25.7%)	9:17	6.5 (74.7%)
35	<b>BYSTRZYŃSKA Emilia</b>	<b>332</b>		K36-45	15			00:00:03	00:22:18	00:42:47	<b>00:46:35.05</b>	<b>00:46:38.95</b>	+00:12:03 (25.9%)	9:19	6.4 (73.6%)

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36	<b>MALEC Justyna</b>	<b>254</b>		K36-45	16				00:00:08	00:22:15	00:42:56	<b>00:46:47.00</b>	<b>00:46:55.50</b>	+00:12:14 (26.2%)	9:21	6.4 (73.6%)
37	<b>CIELECKA-WĄTOROWSKA Joanna</b>	<b>281</b>		K46-55	13				00:00:12	00:22:29	00:43:33	<b>00:47:37.95</b>	<b>00:47:50.20</b>	+00:13:05 (27.5%)	9:31	6.3 (72.4%)
38	<b>PIÓRKOWSKA Hanna</b>	<b>328</b>		K36-45	17				00:00:05	00:22:35	00:43:41	<b>00:47:47.25</b>	<b>00:47:53.15</b>	+00:13:15 (27.7%)	9:33	6.3 (72.4%)
39	<b>RADKOWSKA Ewa</b>	<b>475</b>		K46-55	14				00:00:07	00:24:10	00:46:54	<b>00:51:21.35</b>	<b>00:51:28.55</b>	+00:16:49 (32.8%)	10:16	5.8 (66.7%)
40	<b>BARTOSZYŃSKA Aleksandra</b>	<b>488</b>		K36-45	18				00:00:06	00:24:11	00:46:52	<b>00:51:21.65</b>	<b>00:51:28.40</b>	+00:16:49 (32.8%)	10:16	5.8 (66.7%)
41	<b>BUTOWSKA Anna</b>	<b>196</b>		K46-55	15				00:00:10	00:23:37	00:47:01	<b>00:51:43.25</b>	<b>00:51:53.60</b>	+00:17:11 (33.2%)	10:20	5.8 (66.7%)
	<b>KOSIŃSKA Karolina</b>	<b>438</b>		K36-45					DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 42 wynik(ów)