



Wydarzenie: XVII BIEG SYLWESTROWY
Organizator: Stowarzyszenie Rowerowa Brzoza
Data: 2023-12-31
Miejsce: Brzoza
Dystans: 5 km

NORDIC WALKING

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mężczyźni

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Czas startu	Split 2.4km	Split 4.9km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	PRZYBORKIEWICZ Kriss	484	TORUŃ NORDIC TEAM	M46-55	1			TORUŃ NORDIC TEAM	00:00:01	00:15:33	00:30:34	00:33:26.75	00:33:28.15		6:41	9 (100%)
2	LASSOTA Tomasz	260	TORUŃ NORDIC TEAM	M36-45	1			TORUŃ NORDIC TEAM	00:00:01	00:16:07	00:31:38	00:34:37.60	00:34:39.30	+00:01:10 (3.4%)	6:55	8.7 (96.7%)
3	SKIERA Kris	471	LIFE BALANCE PLACE	M46-55	2			Life Balance Place	00:00:00	00:16:12	00:31:56	00:34:53.35	00:34:54.20	+00:01:26 (4.1%)	6:58	8.6 (95.6%)
4	KRAJNIK Jacek	206	LIFE BALANCE PLACE	M46-55	3			Life Balance Place	00:00:02	00:16:20	00:32:06	00:35:05.20	00:35:07.45	+00:01:38 (4.7%)	7:01	8.6 (95.6%)
5	GWIAZDOWSKI Krzysztof	10		M46-55	4				00:00:03	00:16:35	00:32:20	00:35:13.00	00:35:16.05	+00:01:46 (5.0%)	7:02	8.5 (94.4%)
6	POTRZEBOWSKI Marek	24	LIFE BALANCE PLACE	M36-45	2			Life Balance Place	00:00:01	00:16:19	00:32:20	00:35:14.50	00:35:16.00	+00:01:47 (5.1%)	7:02	8.5 (94.4%)
7	KUSA Piotr	303	LIFE BALANCE PLACE	M36-45	3			Life Balance Place	00:00:02	00:16:52	00:33:36	00:36:44.45	00:36:46.85	+00:03:17 (9.0%)	7:20	8.2 (91.1%)
8	WÓDKOWSKI Łukasz	486		M35	1				00:00:01	00:17:11	00:34:20	00:37:31.55	00:37:33.15	+00:04:04 (10.9%)	7:30	8 (88.9%)
9	POLAK Paweł	18	TORUŃ NORDIC TEAM	M35	2			TORUŃ NORDIC TEAM	00:00:06	00:18:28	00:35:35	00:38:43.70	00:38:50.30	+00:05:16 (13.6%)	7:44	7.7 (85.6%)
10	TRZCIŃSKI Eugeniusz	283		M56+	1				00:00:02	00:17:55	00:35:25	00:38:53.30	00:38:55.90	+00:05:26 (14.0%)	7:46	7.7 (85.6%)
11	MACIŃSKI Waldemar	16		M36-45	4				00:00:04	00:18:39	00:36:02	00:39:14.35	00:39:18.90	+00:05:47 (14.8%)	7:50	7.6 (84.4%)
12	ŻBIKOWSKI Ryszard	65		M56+	2				00:00:03	00:18:39	00:36:19	00:39:39.75	00:39:42.80	+00:06:13 (15.7%)	7:55	7.6 (84.4%)
13	SIÓDMIAK Sławomir	80		M46-55	5				00:00:03	00:18:59	00:36:25	00:39:47.95	00:39:51.00	+00:06:21 (16.0%)	7:57	7.5 (83.3%)
14	OLEJNICZAK Tomasz	193		M46-55	6				00:00:03	00:18:52	00:36:37	00:39:58.55	00:40:01.70	+00:06:31 (16.3%)	7:59	7.5 (83.3%)
15	KUPER Mariusz	67		M36-45	5				00:00:08	00:18:48	00:36:44	00:40:10.30	00:40:18.50	+00:06:43 (16.7%)	8:02	7.5 (83.3%)

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16	MALAK Robert	351		M46-55	7				00:00:03	00:18:40	00:36:42	00:40:10.70	00:40:13.75	+00:06:43 (16.8%)	8:02	7.5 (83.3%)
17	CIESIELSKI Krzysztof	26		M56+	3				00:00:02	00:19:01	00:36:49	00:40:12.55	00:40:14.55	+00:06:45 (16.8%)	8:02	7.5 (83.3%)
18	LEWANDOWSKI Maciej	248		M35	3				00:00:04	00:18:53	00:36:50	00:40:14.10	00:40:18.90	+00:06:47 (16.9%)	8:02	7.5 (83.3%)
19	STAWNIAK Karol	209		M56+	4				00:00:04	00:18:57	00:37:08	00:40:32.50	00:40:36.90	+00:07:05 (17.5%)	8:06	7.4 (82.2%)
20	KRYSZTOFIAK Czesław	330		M56+	5				00:00:04	00:18:57	00:37:10	00:40:36.15	00:40:40.70	+00:07:09 (17.6%)	8:07	7.4 (82.2%)
21	KRZYSZTOF Jachimiak	323		M36-45	6				00:00:07	00:19:04	00:37:24	00:40:36.45	00:40:44.25	+00:07:09 (17.6%)	8:07	7.4 (82.2%)
22	SZYMANIK Lesław	319	LIFE BALANCE PLACE	M56+	6		Life Balance Place		00:00:03	00:19:09	00:37:11	00:40:37.40	00:40:41.35	+00:07:10 (17.7%)	8:07	7.4 (82.2%)
23	WONIAKOWSKI Czesław	175		M56+	7				00:00:06	00:19:26	00:37:36	00:40:54.05	00:41:00.35	+00:07:27 (18.2%)	8:10	7.3 (81.1%)
24	ZAKOSCIELNY Krzysztof	446		M56+	8				00:00:04	00:19:20	00:37:40	00:41:00.90	00:41:05.80	+00:07:34 (18.5%)	8:12	7.3 (81.1%)
25	BOŻEK Mariusz	29		M56+	9				00:00:09	00:21:58	00:42:15	00:45:58.05	00:46:07.40	+00:12:31 (27.2%)	9:11	6.5 (72.2%)
26	KOSIŃSKI Franciszek	437		M35	4				00:00:07	00:22:26	00:42:42	00:46:26.85	00:46:34.60	+00:13:00 (28.0%)	9:17	6.5 (72.2%)
27	PIK Bogusław	268		M56+	10				00:00:09	00:22:34	00:42:58	00:46:33.10	00:46:42.45	+00:13:06 (28.2%)	9:18	6.4 (71.1%)
28	KRZYŻANOWSKI Mariusz	392		M46-55	8				00:00:06	00:22:17	00:42:51	00:46:35.40	00:46:42.15	+00:13:08 (28.2%)	9:19	6.4 (71.1%)
29	KAPELIŃSKI Stanisław	372		M56+	11				00:00:05	00:22:18	00:43:01	00:46:44.05	00:46:49.70	+00:13:17 (28.4%)	9:20	6.4 (71.1%)
30	WOŁOSZYN Kazimierz	454		M56+	12				00:00:09	00:23:32	00:46:53	00:51:49.50	00:51:59.40	+00:18:22 (35.5%)	10:21	5.8 (64.4%)
31	SPYCHALSKI Jacek	228		M56+	13				00:00:00	00:24:01	00:48:13	00:52:54.95	00:52:54.95	+00:19:28 (36.8%)	10:34	5.7 (63.3%)

Znaleziono 31 wynik(ów)