



NWA NORDIC WALKING EUROPEAN CHAMPIONSHIP - 4 X 5KM

B4SPORT

Wydarzenie: INWA Nordic Walking European Championships 2023
Organizator: Polskie Zrzeszenie Nordic Walking, Gmina Jedlińsk
Data: 2023-09-03
Miejsce: Jedlińsk
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żółta kartka	Czerwona kartka	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	ALVAREZ BORRAS Ramon	164	SZTAFETA - M		1			00:28:44.80		5:44	10.4 (100%)
2	WOJTOWICZ Tomasz	275	SZTAFETA - M		2			00:28:49.65	+00:00:04 (0.3%)	5:45	10.4 (100%)
3	WITUCKI Jacek	146	SZTAFETA - M		3			00:29:02.95	+00:00:18 (1.0%)	5:48	10.3 (99.0%)
4	DZIEDZIEWICZ Andrzej	75	SZTAFETA - M		4			00:29:26.45	+00:00:41 (2.4%)	5:53	10.2 (98.1%)
5	MARCZAK Tomasz	246	SZTAFETA - MIKSTY		1			00:29:35.60	+00:00:50 (2.9%)	5:55	10.1 (97.1%)
6	MICHALEC Marcin	1	SZTAFETA - M		5	1		00:30:05.40	+00:01:20 (4.5%)	6:01	10 (96.2%)
7	KUŹMICZ Adam	236	SZTAFETA - M		6			00:30:06.90	+00:01:22 (4.5%)	6:01	10 (96.2%)
8	ROSAK Marcin	49	SZTAFETA - MIKSTY		2			00:30:12.70	+00:01:27 (4.8%)	6:02	9.9 (95.2%)
9	STĘPAK Piotr	306	SZTAFETA - M		7			00:30:22.85	+00:01:38 (5.4%)	6:04	9.9 (95.2%)
10	ROMANOWSKI Daniel	285	SZTAFETA - MIKSTY		3			00:30:29.45	+00:01:44 (5.7%)	6:05	9.8 (94.2%)
11	ORDZOWIAŁY Piotr	263	SZTAFETA - M		8			00:30:33.20	+00:01:48 (5.9%)	6:06	9.8 (94.2%)
12	SOSNOWSKA Agnieszka	301	SZTAFETA - MIKSTY		4			00:30:38.35	+00:01:53 (6.2%)	6:07	9.8 (94.2%)
13	WOJCIECHOWSKA Elżbieta	3	SZTAFETA - MIKSTY		5			00:30:41.35	+00:01:56 (6.3%)	6:08	9.8 (94.2%)
14	KABATA Jarosław	215	SZTAFETA - M		9			00:30:43.00	+00:01:58 (6.4%)	6:08	9.8 (94.2%)
15	CYRUS Bogdan	182	SZTAFETA - M		10	2		00:30:53.75	+00:02:08 (7.0%)	6:10	9.7 (93.3%)
16	KONIK Jacek	136	SZTAFETA - M		11			00:30:55.40	+00:02:10 (7.0%)	6:11	9.7 (93.3%)
17	ZDANOWICZ Arkadiusz	286	SZTAFETA - MIKSTY		6			00:31:16.95	+00:02:32 (8.1%)	6:15	9.6 (92.3%)
18	JANOCHA Robert	15	SZTAFETA - M		12	1		00:31:26.50	+00:02:41 (8.6%)	6:17	9.5 (91.3%)
19	ROŻYNEK Miron	287	SZTAFETY - MIKSTY 60+		1			00:31:32.80	+00:02:48 (8.9%)	6:18	9.5 (91.3%)
20	HAŁAS Marcin	205	SZTAFETA - M		13			00:31:36.70	+00:02:51 (9.1%)	6:19	9.5 (91.3%)
21	KUBISZYN Małgorzata	233	SZTAFETA - MIKSTY		7			00:31:43.20	+00:02:58 (9.4%)	6:20	9.5 (91.3%)
22	SZAMOTULSKI Henryk	312	SZTAFETA - M		14			00:31:47.75	+00:03:02 (9.6%)	6:21	9.4 (90.4%)
23	WILUSZ Erwira	337	SZTAFETA - MIKSTY		8			00:32:07.35	+00:03:22 (10.5%)	6:25	9.3 (89.4%)
24	NIEPOKÓJ Radosław	257	SZTAFETA - M		15			00:32:07.95	+00:03:23 (10.5%)	6:25	9.3 (89.4%)
25	GUDLIN Hrvoje	12	SZTAFETA - MIKSTY		9			00:32:36.15	+00:03:51 (11.8%)	6:31	9.2 (88.5%)
26	MISZTAL Grzegorz	114	SZTAFETA - M		16			00:32:52.05	+00:04:07 (12.5%)	6:34	9.1 (87.5%)
27	WOJTASIŃSKI Daniel	341	SZTAFETA - MIKSTY		10			00:32:53.25	+00:04:08 (12.6%)	6:34	9.1 (87.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żółta kartka	Czerwona kartka	Czas		Tempo min/km	Tempo km/h
								netto	Różn		
								5km			
28	JUREK Adam	92	SZTAFETY - MIKSTY 60+		2			00:32:54.10	+00:04:09 (12.6%)	6:34	9.1 (87.5%)
29	MAŁKA Marian	245	SZTAFETY - MIKSTY 60+		3			00:32:56.00	+00:04:11 (12.7%)	6:35	9.1 (87.5%)
30	HELWICH Stefan	208	SZTAFETY - MIKSTY 60+		4			00:33:13.55	+00:04:28 (13.5%)	6:38	9 (86.5%)
31	FRĄCKOWIAK Roman	193	SZTAFETA - M		17			00:33:14.20	+00:04:29 (13.5%)	6:38	9 (86.5%)
32	DĘBSKI Bartłomiej	125	SZTAFETA - MIKSTY		11			00:33:15.75	+00:04:30 (13.6%)	6:39	9 (86.5%)
33	LUDWICZAK Andżelika	241	SZTAFETA - K		1			00:33:17.00	+00:04:32 (13.6%)	6:39	9 (86.5%)
34	BIELECKA Zuzanna	169	SZTAFETA - K		2			00:33:19.95	+00:04:35 (13.8%)	6:39	9 (86.5%)
35	OLIYNUK Iryna	148	SZTAFETA - K		3			00:33:26.75	+00:04:41 (14.1%)	6:41	9 (86.5%)
36	CLAR MAHIQUES Josep	72	SZTAFETA - M		18			00:33:31.60	+00:04:46 (14.3%)	6:42	9 (86.5%)
37	KRAJEWSKA Hanna	22	SZTAFETA - K		4			00:33:34.20	+00:04:49 (14.4%)	6:42	8.9 (85.6%)
38	NOSAL Marek	259	SZTAFETA - M		19			00:33:36.35	+00:04:51 (14.5%)	6:43	8.9 (85.6%)
39	ZALISKO Oksana	345	SZTAFETA - K		5			00:33:37.20	+00:04:52 (14.5%)	6:43	8.9 (85.6%)
40	ZĪBERGS Andris	54	SZTAFETA - MIKSTY		12			00:33:45.05	+00:05:00 (14.8%)	6:45	8.9 (85.6%)
41	MĄDRY Grzegorz	27	SZTAFETA - M		20			00:33:48.45	+00:05:03 (15.0%)	6:45	8.9 (85.6%)
42	PUŠŅAKOVŠ Feoktists	123	SZTAFETA - MIKSTY		13			00:33:50.70	+00:05:05 (15.1%)	6:46	8.9 (85.6%)
42	JĘDRASIAK Renata	91	SZTAFETY - MIKSTY 60+		5			00:33:50.70	+00:05:05 (15.1%)	6:46	8.9 (85.6%)
44	SZCZUDLIK Małgorzata	40	SZTAFETA - K		6			00:34:00.20	+00:05:15 (15.5%)	6:48	8.8 (84.6%)
45	KARPIENIA Ewa	218	SZTAFETA - K		7			00:34:07.35	+00:05:22 (15.8%)	6:49	8.8 (84.6%)
46	CHYRA Janusz	70	SZTAFETA - M		21			00:34:07.70	+00:05:22 (15.8%)	6:49	8.8 (84.6%)
47	ROKIS Kaspars	124	SZTAFETA - MIKSTY		14			00:34:17.00	+00:05:32 (16.1%)	6:51	8.8 (84.6%)
48	SIWAK Piotr	128	SZTAFETY - MIKSTY 60+		6			00:34:17.10	+00:05:32 (16.2%)	6:51	8.8 (84.6%)
49	RACHOZINA Tetiana	276	SZTAFETA - K		8	1		00:34:23.00	+00:05:38 (16.4%)	6:52	8.7 (83.7%)
50	FILIPOWICZ Barbara	104	SZTAFETA - K		9			00:34:25.85	+00:05:41 (16.5%)	6:53	8.7 (83.7%)
51	LABUS Marzena	238	SZTAFETA - K		10			00:34:29.25	+00:05:44 (16.6%)	6:53	8.7 (83.7%)
52	OKRZESIK-FRĄCKOWIAK Izabela	260	SZTAFETA - K		11			00:34:29.45	+00:05:44 (16.7%)	6:53	8.7 (83.7%)
53	PIETRAKOWSKI Marcin	119	SZTAFETA - M		22	1		00:34:35.80	+00:05:51 (16.9%)	6:55	8.7 (83.7%)
54	KNAPCZYK-KANIA Gabriela	223	SZTAFETA - K		12			00:34:36.70	+00:05:51 (16.9%)	6:55	8.7 (83.7%)
55	NIEDBAŁ Adam	29	SZTAFETA - M		23			00:34:37.65	+00:05:52 (17.0%)	6:55	8.7 (83.7%)
56	KUBILOVIČA Linda	23	SZTAFETA - MIKSTY		15			00:34:48.30	+00:06:03 (17.4%)	6:57	8.6 (82.7%)
57	BASSO Daniela	168	SZTAFETA - MIKSTY		16			00:34:49.05	+00:06:04 (17.4%)	6:57	8.6 (82.7%)
58	PETRYSHYN Nataliia	144	SZTAFETA - K		13			00:35:00.55	+00:06:15 (17.9%)	7:00	8.6 (82.7%)
59	MAŚLANKA Iwona	248	SZTAFETA - K		14			00:35:03.80	+00:06:19 (18.0%)	7:00	8.6 (82.7%)
60	PINIS Agnieszka	121	SZTAFETA - MIKSTY		17			00:35:25.35	+00:06:40 (18.8%)	7:05	8.5 (81.7%)
61	KWECZKA-JANECZEK Anna	118	SZTAFETA - MIKSTY		18			00:35:26.10	+00:06:41 (18.9%)	7:05	8.5 (81.7%)
62	OŠTRIČ Igor	264	SZTAFETY - MIKSTY 60+		7			00:35:30.15	+00:06:45 (19.0%)	7:06	8.5 (81.7%)
63	PUKSZTA Krzysiek	277	SZTAFETA - M		24			00:36:15.90	+00:07:31 (20.7%)	7:15	8.3 (79.8%)
64	MIHELAC Juraj	252	SZTAFETA - MIKSTY		19			00:36:31.60	+00:07:46 (21.3%)	7:18	8.2 (78.8%)
65	ZAGAJA Janusz	51	SZTAFETA - M		25			00:36:47.55	+00:08:02 (21.9%)	7:21	8.2 (78.8%)
66	KUBISZYN Mirosław	116	SZTAFETA - MIKSTY		20			00:36:47.65	+00:08:02 (21.9%)	7:21	8.2 (78.8%)
67	JANEKA Dace	14	SZTAFETA - MIKSTY		21			00:36:49.90	+00:08:05 (22.0%)	7:21	8.1 (77.9%)
68	GRABEREC Ivan	200	SZTAFETY - MIKSTY 60+		8			00:36:52.20	+00:08:07 (22.0%)	7:22	8.1 (77.9%)
69	PANKIEWICZ Ewelina	31	SZTAFETA - K		15	1		00:36:54.10	+00:08:09 (22.1%)	7:22	8.1 (77.9%)
70	SKRZĄTEK Lucyna	57	SZTAFETA - K		16	1		00:36:56.85	+00:08:12 (22.2%)	7:23	8.1 (77.9%)
71	RUDAWSKI Maciej	38	SZTAFETA - M		26			00:36:56.95	+00:08:12 (22.2%)	7:23	8.1 (77.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żółta kartka	Czerwona kartka	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
72	GRAVA Zane	82		SZTAFETA - MIKSTY	22	1		00:37:25.60	+00:08:40 (23.2%)	7:29	8 (76.9%)
73	CZAJKA Urszula	74		SZTAFETY - MIKSTY 60+	9	1		00:37:28.40	+00:08:43 (23.3%)	7:29	8 (76.9%)
74	ŚLUSARCZYK Andrzej	139		SZTAFETA - M	27			00:37:32.80	+00:08:48 (23.4%)	7:30	8 (76.9%)
75	ŽUGRIS Aivars	56		SZTAFETA - MIKSTY	23			00:37:32.95	+00:08:48 (23.4%)	7:30	8 (76.9%)
76	ILIČIČ Goran	86		SZTAFETA - MIKSTY	24			00:37:45.55	+00:09:00 (23.9%)	7:33	7.9 (76.0%)
77	BRUNOVIČ-ČONDIČ Melita	176		SZTAFETA - MIKSTY	25			00:38:03.35	+00:09:18 (24.5%)	7:36	7.9 (76.0%)
78	VUKIČEVIČ Daniel	334		SZTAFETA - MIKSTY	26			00:38:09.90	+00:09:25 (24.7%)	7:37	7.9 (76.0%)
79	GRYGOROWICZ Bogdan	204		SZTAFETY - MIKSTY 60+	10			00:38:13.45	+00:09:28 (24.8%)	7:38	7.8 (75.0%)
80	KURZAWSKA Jolanta	105		SZTAFETY - MIKSTY 60+	11			00:38:27.15	+00:09:42 (25.2%)	7:41	7.8 (75.0%)
81	FILA-ROŃE Renāte	79		SZTAFETA - MIKSTY	27	1		00:39:03.50	+00:10:18 (26.4%)	7:48	7.7 (74.0%)
82	POSTEK Danuta	37		SZTAFETY - MIKSTY 60+	12			00:39:03.70	+00:10:18 (26.4%)	7:48	7.7 (74.0%)
83	TKALČIČ Darija	43		SZTAFETA - K	17			00:39:06.70	+00:10:21 (26.5%)	7:49	7.7 (74.0%)
84	ŚLUSARCZYK Grzegorz	325		SZTAFETA - M	28	1		00:39:09.65	+00:10:24 (26.6%)	7:49	7.7 (74.0%)
85	VARGIČ Monika	142		SZTAFETA - MIKSTY	28			00:39:16.55	+00:10:31 (26.8%)	7:51	7.6 (73.1%)
86	BOSNA VUKIČEVIČ Lada	173		SZTAFETA - MIKSTY	29	1		00:39:21.80	+00:10:37 (27.0%)	7:52	7.6 (73.1%)
87	GRYGOROWICZ Teresa	203		SZTAFETY - MIKSTY 60+	13			00:39:52.60	+00:11:07 (27.9%)	7:58	7.5 (72.1%)
88	FASOLA Raffaella	10		SZTAFETA - MIKSTY	30			00:39:55.45	+00:11:10 (28.0%)	7:59	7.5 (72.1%)
89	IŠTVANOVIČ Sonja	87		SZTAFETY - MIKSTY 60+	14			00:40:52.45	+00:12:07 (29.7%)	8:10	7.3 (70.2%)
90	STIPAN Katarina	308		SZTAFETA - MIKSTY	31			00:40:57.65	+00:12:12 (29.8%)	8:11	7.3 (70.2%)
91	JELOVEČKI Maja	90		SZTAFETY - MIKSTY 60+	15			00:41:04.95	+00:12:20 (30.0%)	8:12	7.3 (70.2%)
92	RIZZI Giorgio	283		SZTAFETA - MIKSTY	32			00:41:23.85	+00:12:39 (30.6%)	8:16	7.2 (69.2%)
93	SOKOL Davorka	131		SZTAFETA - K	18			00:42:30.75	+00:13:45 (32.4%)	8:30	7.1 (68.3%)
94	ZAWADZKA Maria	52		SZTAFETY - MIKSTY 60+	16	1		00:42:55.55	+00:14:10 (33.0%)	8:35	7 (67.3%)
95	NEMEC Danijela	115		SZTAFETA - K	19	1		00:45:11.70	+00:16:26 (36.4%)	9:02	6.6 (63.5%)
96	MATAK-HORVAT Mirela	112		SZTAFETA - K	20			00:49:02.25	+00:20:17 (41.4%)	9:48	6.1 (58.7%)

Znaleziono 96 wynik(ów)