



NWA NORDIC WALKING EUROPEAN CHAMPIONSHIP - 4 X 5KM

B4SPORT

Wydarzenie: INWA Nordic Walking European Championships 2023
Organizator: Polskie Zrzeszenie Nordic Walking, Gmina Jedlińsk
Data: 2023-09-03
Miejsce: Jedlińsk
Dystans: 5 km



Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żółta kartka | Czerwona kartka | Czas netto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|-----------------------|-----------|------|--------------|-----------------|----------------|-------------------|--------------|--------------|
| 1 | ALVAREZ BORRAS Ramon | 164 | SZTAFETA - M | | 1 | | | 00:28:44.80 | | 5:44 | 10.4 (100%) |
| 2 | WOJTOWICZ Tomasz | 275 | SZTAFETA - M | | 2 | | | 00:28:49.65 | +00:00:04 (0.3%) | 5:45 | 10.4 (100%) |
| 3 | WITUCKI Jacek | 146 | SZTAFETA - M | | 3 | | | 00:29:02.95 | +00:00:18 (1.0%) | 5:48 | 10.3 (99.0%) |
| 4 | DZIEDZIEWICZ Andrzej | 75 | SZTAFETA - M | | 4 | | | 00:29:26.45 | +00:00:41 (2.4%) | 5:53 | 10.2 (98.1%) |
| 5 | MARCZAK Tomasz | 246 | SZTAFETA - MIKSTY | | 1 | | | 00:29:35.60 | +00:00:50 (2.9%) | 5:55 | 10.1 (97.1%) |
| 6 | MICHALEC Marcin | 1 | SZTAFETA - M | | 5 | 1 | | 00:30:05.40 | +00:01:20 (4.5%) | 6:01 | 10 (96.2%) |
| 7 | KUŹMICZ Adam | 236 | SZTAFETA - M | | 6 | | | 00:30:06.90 | +00:01:22 (4.5%) | 6:01 | 10 (96.2%) |
| 8 | ROSAK Marcin | 49 | SZTAFETA - MIKSTY | | 2 | | | 00:30:12.70 | +00:01:27 (4.8%) | 6:02 | 9.9 (95.2%) |
| 9 | STĘPAK Piotr | 306 | SZTAFETA - M | | 7 | | | 00:30:22.85 | +00:01:38 (5.4%) | 6:04 | 9.9 (95.2%) |
| 10 | ROMANOWSKI Daniel | 285 | SZTAFETA - MIKSTY | | 3 | | | 00:30:29.45 | +00:01:44 (5.7%) | 6:05 | 9.8 (94.2%) |
| 11 | ORDZOWIAŁY Piotr | 263 | SZTAFETA - M | | 8 | | | 00:30:33.20 | +00:01:48 (5.9%) | 6:06 | 9.8 (94.2%) |
| 12 | SOSNOWSKA Agnieszka | 301 | SZTAFETA - MIKSTY | | 4 | | | 00:30:38.35 | +00:01:53 (6.2%) | 6:07 | 9.8 (94.2%) |
| 13 | WOJCIECHOWSKA Elżbieta | 3 | SZTAFETA - MIKSTY | | 5 | | | 00:30:41.35 | +00:01:56 (6.3%) | 6:08 | 9.8 (94.2%) |
| 14 | KABATA Jarosław | 215 | SZTAFETA - M | | 9 | | | 00:30:43.00 | +00:01:58 (6.4%) | 6:08 | 9.8 (94.2%) |
| 15 | CYRUS Bogdan | 182 | SZTAFETA - M | | 10 | 2 | | 00:30:53.75 | +00:02:08 (7.0%) | 6:10 | 9.7 (93.3%) |
| 16 | KONIK Jacek | 136 | SZTAFETA - M | | 11 | | | 00:30:55.40 | +00:02:10 (7.0%) | 6:11 | 9.7 (93.3%) |
| 17 | ZDANOWICZ Arkadiusz | 286 | SZTAFETA - MIKSTY | | 6 | | | 00:31:16.95 | +00:02:32 (8.1%) | 6:15 | 9.6 (92.3%) |
| 18 | JANOCHA Robert | 15 | SZTAFETA - M | | 12 | 1 | | 00:31:26.50 | +00:02:41 (8.6%) | 6:17 | 9.5 (91.3%) |
| 19 | ROŻYNEK Miron | 287 | SZTAFETY - MIKSTY 60+ | | 1 | | | 00:31:32.80 | +00:02:48 (8.9%) | 6:18 | 9.5 (91.3%) |
| 20 | HAŁAS Marcin | 205 | SZTAFETA - M | | 13 | | | 00:31:36.70 | +00:02:51 (9.1%) | 6:19 | 9.5 (91.3%) |
| 21 | KUBISZYN Małgorzata | 233 | SZTAFETA - MIKSTY | | 7 | | | 00:31:43.20 | +00:02:58 (9.4%) | 6:20 | 9.5 (91.3%) |
| 22 | SZAMOTULSKI Henryk | 312 | SZTAFETA - M | | 14 | | | 00:31:47.75 | +00:03:02 (9.6%) | 6:21 | 9.4 (90.4%) |
| 23 | WILUSZ Erwira | 337 | SZTAFETA - MIKSTY | | 8 | | | 00:32:07.35 | +00:03:22 (10.5%) | 6:25 | 9.3 (89.4%) |
| 24 | NIEPOKÓJ Radosław | 257 | SZTAFETA - M | | 15 | | | 00:32:07.95 | +00:03:23 (10.5%) | 6:25 | 9.3 (89.4%) |
| 25 | GUDLIN Hrvoje | 12 | SZTAFETA - MIKSTY | | 9 | | | 00:32:36.15 | +00:03:51 (11.8%) | 6:31 | 9.2 (88.5%) |
| 26 | MISZTAL Grzegorz | 114 | SZTAFETA - M | | 16 | | | 00:32:52.05 | +00:04:07 (12.5%) | 6:34 | 9.1 (87.5%) |
| 27 | WOJTASIŃSKI Daniel | 341 | SZTAFETA - MIKSTY | | 10 | | | 00:32:53.25 | +00:04:08 (12.6%) | 6:34 | 9.1 (87.5%) |

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|-----|-----------------------------|-------|------|-----------------------|------|--------------|-----------------|----------------|-------------------|--------------|-------------|
| 28 | JUREK Adam | 92 | | SZTAFETY - MIKSTY 60+ | 2 | | | 00:32:54.10 | +00:04:09 (12.6%) | 6:34 | 9.1 (87.5%) |
| 29 | MAŁKA Marian | 245 | | SZTAFETY - MIKSTY 60+ | 3 | | | 00:32:56.00 | +00:04:11 (12.7%) | 6:35 | 9.1 (87.5%) |
| 30 | HELWICH Stefan | 208 | | SZTAFETY - MIKSTY 60+ | 4 | | | 00:33:13.55 | +00:04:28 (13.5%) | 6:38 | 9 (86.5%) |
| 31 | FRĄCKOWIAK Roman | 193 | | SZTAFETA - M | 17 | | | 00:33:14.20 | +00:04:29 (13.5%) | 6:38 | 9 (86.5%) |
| 32 | DĘBSKI Bartłomiej | 125 | | SZTAFETA - MIKSTY | 11 | | | 00:33:15.75 | +00:04:30 (13.6%) | 6:39 | 9 (86.5%) |
| 33 | LUDWICZAK Andżelika | 241 | | SZTAFETA - K | 1 | | | 00:33:17.00 | +00:04:32 (13.6%) | 6:39 | 9 (86.5%) |
| 34 | BIELECKA Zuzanna | 169 | | SZTAFETA - K | 2 | | | 00:33:19.95 | +00:04:35 (13.8%) | 6:39 | 9 (86.5%) |
| 35 | OLIYNUK Iryna | 148 | | SZTAFETA - K | 3 | | | 00:33:26.75 | +00:04:41 (14.1%) | 6:41 | 9 (86.5%) |
| 36 | CLAR MAHIQUES Josep | 72 | | SZTAFETA - M | 18 | | | 00:33:31.60 | +00:04:46 (14.3%) | 6:42 | 9 (86.5%) |
| 37 | KRAJEWSKA Hanna | 22 | | SZTAFETA - K | 4 | | | 00:33:34.20 | +00:04:49 (14.4%) | 6:42 | 8.9 (85.6%) |
| 38 | NOSAL Marek | 259 | | SZTAFETA - M | 19 | | | 00:33:36.35 | +00:04:51 (14.5%) | 6:43 | 8.9 (85.6%) |
| 39 | ZALISKO Oksana | 345 | | SZTAFETA - K | 5 | | | 00:33:37.20 | +00:04:52 (14.5%) | 6:43 | 8.9 (85.6%) |
| 40 | ZĪBERGS Andris | 54 | | SZTAFETA - MIKSTY | 12 | | | 00:33:45.05 | +00:05:00 (14.8%) | 6:45 | 8.9 (85.6%) |
| 41 | MĄDRY Grzegorz | 27 | | SZTAFETA - M | 20 | | | 00:33:48.45 | +00:05:03 (15.0%) | 6:45 | 8.9 (85.6%) |
| 42 | PUŠŅAKOVŠ Feoktists | 123 | | SZTAFETA - MIKSTY | 13 | | | 00:33:50.70 | +00:05:05 (15.1%) | 6:46 | 8.9 (85.6%) |
| 42 | JĘDRASIAK Renata | 91 | | SZTAFETY - MIKSTY 60+ | 5 | | | 00:33:50.70 | +00:05:05 (15.1%) | 6:46 | 8.9 (85.6%) |
| 44 | SZCZUDLIK Małgorzata | 40 | | SZTAFETA - K | 6 | | | 00:34:00.20 | +00:05:15 (15.5%) | 6:48 | 8.8 (84.6%) |
| 45 | KARPIENIA Ewa | 218 | | SZTAFETA - K | 7 | | | 00:34:07.35 | +00:05:22 (15.8%) | 6:49 | 8.8 (84.6%) |
| 46 | CHYRA Janusz | 70 | | SZTAFETA - M | 21 | | | 00:34:07.70 | +00:05:22 (15.8%) | 6:49 | 8.8 (84.6%) |
| 47 | ROKIS Kaspars | 124 | | SZTAFETA - MIKSTY | 14 | | | 00:34:17.00 | +00:05:32 (16.1%) | 6:51 | 8.8 (84.6%) |
| 48 | SIWAK Piotr | 128 | | SZTAFETY - MIKSTY 60+ | 6 | | | 00:34:17.10 | +00:05:32 (16.2%) | 6:51 | 8.8 (84.6%) |
| 49 | RACHOZINA Tetiana | 276 | | SZTAFETA - K | 8 | 1 | | 00:34:23.00 | +00:05:38 (16.4%) | 6:52 | 8.7 (83.7%) |
| 50 | FILIPOWICZ Barbara | 104 | | SZTAFETA - K | 9 | | | 00:34:25.85 | +00:05:41 (16.5%) | 6:53 | 8.7 (83.7%) |
| 51 | LABUS Marzena | 238 | | SZTAFETA - K | 10 | | | 00:34:29.25 | +00:05:44 (16.6%) | 6:53 | 8.7 (83.7%) |
| 52 | OKRZESIK-FRĄCKOWIAK Izabela | 260 | | SZTAFETA - K | 11 | | | 00:34:29.45 | +00:05:44 (16.7%) | 6:53 | 8.7 (83.7%) |
| 53 | PIETRAKOWSKI Marcin | 119 | | SZTAFETA - M | 22 | 1 | | 00:34:35.80 | +00:05:51 (16.9%) | 6:55 | 8.7 (83.7%) |
| 54 | KNAPCZYK-KANIA Gabriela | 223 | | SZTAFETA - K | 12 | | | 00:34:36.70 | +00:05:51 (16.9%) | 6:55 | 8.7 (83.7%) |
| 55 | NIEDBAŁ Adam | 29 | | SZTAFETA - M | 23 | | | 00:34:37.65 | +00:05:52 (17.0%) | 6:55 | 8.7 (83.7%) |
| 56 | KUBILOVIČA Linda | 23 | | SZTAFETA - MIKSTY | 15 | | | 00:34:48.30 | +00:06:03 (17.4%) | 6:57 | 8.6 (82.7%) |
| 57 | BASSO Daniela | 168 | | SZTAFETA - MIKSTY | 16 | | | 00:34:49.05 | +00:06:04 (17.4%) | 6:57 | 8.6 (82.7%) |
| 58 | PETRYSHYN Nataliia | 144 | | SZTAFETA - K | 13 | | | 00:35:00.55 | +00:06:15 (17.9%) | 7:00 | 8.6 (82.7%) |
| 59 | MAŚLANKA Iwona | 248 | | SZTAFETA - K | 14 | | | 00:35:03.80 | +00:06:19 (18.0%) | 7:00 | 8.6 (82.7%) |
| 60 | PINIS Agnieszka | 121 | | SZTAFETA - MIKSTY | 17 | | | 00:35:25.35 | +00:06:40 (18.8%) | 7:05 | 8.5 (81.7%) |
| 61 | KWECZKA-JANECZEK Anna | 118 | | SZTAFETA - MIKSTY | 18 | | | 00:35:26.10 | +00:06:41 (18.9%) | 7:05 | 8.5 (81.7%) |
| 62 | OŠTRIČ Igor | 264 | | SZTAFETY - MIKSTY 60+ | 7 | | | 00:35:30.15 | +00:06:45 (19.0%) | 7:06 | 8.5 (81.7%) |
| 63 | PUKSZTA Krzysiek | 277 | | SZTAFETA - M | 24 | | | 00:36:15.90 | +00:07:31 (20.7%) | 7:15 | 8.3 (79.8%) |
| 64 | MIHELAC Juraj | 252 | | SZTAFETA - MIKSTY | 19 | | | 00:36:31.60 | +00:07:46 (21.3%) | 7:18 | 8.2 (78.8%) |
| 65 | ZAGAJA Janusz | 51 | | SZTAFETA - M | 25 | | | 00:36:47.55 | +00:08:02 (21.9%) | 7:21 | 8.2 (78.8%) |
| 66 | KUBISZYN Mirosław | 116 | | SZTAFETA - MIKSTY | 20 | | | 00:36:47.65 | +00:08:02 (21.9%) | 7:21 | 8.2 (78.8%) |
| 67 | JANEKA Dace | 14 | | SZTAFETA - MIKSTY | 21 | | | 00:36:49.90 | +00:08:05 (22.0%) | 7:21 | 8.1 (77.9%) |
| 68 | GRABEREC Ivan | 200 | | SZTAFETY - MIKSTY 60+ | 8 | | | 00:36:52.20 | +00:08:07 (22.0%) | 7:22 | 8.1 (77.9%) |
| 69 | PANKIEWICZ Ewelina | 31 | | SZTAFETA - K | 15 | 1 | | 00:36:54.10 | +00:08:09 (22.1%) | 7:22 | 8.1 (77.9%) |
| 70 | SKRZĄTEK Lucyna | 57 | | SZTAFETA - K | 16 | 1 | | 00:36:56.85 | +00:08:12 (22.2%) | 7:23 | 8.1 (77.9%) |
| 71 | RUDAWSKI Maciej | 38 | | SZTAFETA - M | 26 | | | 00:36:56.95 | +00:08:12 (22.2%) | 7:23 | 8.1 (77.9%) |

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|-----|-------------------------------|------------|------|-----------------------|------|--------------|-----------------|--------------------|-------------------|--------------|-------------|
| 72 | GRAVA Zane | 82 | | SZTAFETA - MIKSTY | 22 | 1 | | 00:37:25.60 | +00:08:40 (23.2%) | 7:29 | 8 (76.9%) |
| 73 | CZAJKA Urszula | 74 | | SZTAFETY - MIKSTY 60+ | 9 | 1 | | 00:37:28.40 | +00:08:43 (23.3%) | 7:29 | 8 (76.9%) |
| 74 | ŚLUSARCZYK Andrzej | 139 | | SZTAFETA - M | 27 | | | 00:37:32.80 | +00:08:48 (23.4%) | 7:30 | 8 (76.9%) |
| 75 | ŽUGRIS Aivars | 56 | | SZTAFETA - MIKSTY | 23 | | | 00:37:32.95 | +00:08:48 (23.4%) | 7:30 | 8 (76.9%) |
| 76 | ILIČIČ Goran | 86 | | SZTAFETA - MIKSTY | 24 | | | 00:37:45.55 | +00:09:00 (23.9%) | 7:33 | 7.9 (76.0%) |
| 77 | BRUNOVIČ-ČONDIČ Melita | 176 | | SZTAFETA - MIKSTY | 25 | | | 00:38:03.35 | +00:09:18 (24.5%) | 7:36 | 7.9 (76.0%) |
| 78 | VUKIČEVIČ Daniel | 334 | | SZTAFETA - MIKSTY | 26 | | | 00:38:09.90 | +00:09:25 (24.7%) | 7:37 | 7.9 (76.0%) |
| 79 | GRYGOROWICZ Bogdan | 204 | | SZTAFETY - MIKSTY 60+ | 10 | | | 00:38:13.45 | +00:09:28 (24.8%) | 7:38 | 7.8 (75.0%) |
| 80 | KURZAWSKA Jolanta | 105 | | SZTAFETY - MIKSTY 60+ | 11 | | | 00:38:27.15 | +00:09:42 (25.2%) | 7:41 | 7.8 (75.0%) |
| 81 | FILA-ROĐE Renāte | 79 | | SZTAFETA - MIKSTY | 27 | 1 | | 00:39:03.50 | +00:10:18 (26.4%) | 7:48 | 7.7 (74.0%) |
| 82 | POSTEK Danuta | 37 | | SZTAFETY - MIKSTY 60+ | 12 | | | 00:39:03.70 | +00:10:18 (26.4%) | 7:48 | 7.7 (74.0%) |
| 83 | TKALČIČ Darija | 43 | | SZTAFETA - K | 17 | | | 00:39:06.70 | +00:10:21 (26.5%) | 7:49 | 7.7 (74.0%) |
| 84 | ŚLUSARCZYK Grzegorz | 325 | | SZTAFETA - M | 28 | 1 | | 00:39:09.65 | +00:10:24 (26.6%) | 7:49 | 7.7 (74.0%) |
| 85 | VARGIČ Monika | 142 | | SZTAFETA - MIKSTY | 28 | | | 00:39:16.55 | +00:10:31 (26.8%) | 7:51 | 7.6 (73.1%) |
| 86 | BOSNA VUKIČEVIČ Lada | 173 | | SZTAFETA - MIKSTY | 29 | 1 | | 00:39:21.80 | +00:10:37 (27.0%) | 7:52 | 7.6 (73.1%) |
| 87 | GRYGOROWICZ Teresa | 203 | | SZTAFETY - MIKSTY 60+ | 13 | | | 00:39:52.60 | +00:11:07 (27.9%) | 7:58 | 7.5 (72.1%) |
| 88 | FASOLA Raffaella | 10 | | SZTAFETA - MIKSTY | 30 | | | 00:39:55.45 | +00:11:10 (28.0%) | 7:59 | 7.5 (72.1%) |
| 89 | IŠTVANOVIČ Sonja | 87 | | SZTAFETY - MIKSTY 60+ | 14 | | | 00:40:52.45 | +00:12:07 (29.7%) | 8:10 | 7.3 (70.2%) |
| 90 | STIPAN Katarina | 308 | | SZTAFETA - MIKSTY | 31 | | | 00:40:57.65 | +00:12:12 (29.8%) | 8:11 | 7.3 (70.2%) |
| 91 | JELOVEČKI Maja | 90 | | SZTAFETY - MIKSTY 60+ | 15 | | | 00:41:04.95 | +00:12:20 (30.0%) | 8:12 | 7.3 (70.2%) |
| 92 | RIZZI Giorgio | 283 | | SZTAFETA - MIKSTY | 32 | | | 00:41:23.85 | +00:12:39 (30.6%) | 8:16 | 7.2 (69.2%) |
| 93 | SOKOL Davorka | 131 | | SZTAFETA - K | 18 | | | 00:42:30.75 | +00:13:45 (32.4%) | 8:30 | 7.1 (68.3%) |
| 94 | ZAWADZKA Maria | 52 | | SZTAFETY - MIKSTY 60+ | 16 | 1 | | 00:42:55.55 | +00:14:10 (33.0%) | 8:35 | 7 (67.3%) |
| 95 | NEMEC Danijela | 115 | | SZTAFETA - K | 19 | 1 | | 00:45:11.70 | +00:16:26 (36.4%) | 9:02 | 6.6 (63.5%) |
| 96 | MATAK-HORVAT Mirela | 112 | | SZTAFETA - K | 20 | | | 00:49:02.25 | +00:20:17 (41.4%) | 9:48 | 6.1 (58.7%) |

Znaleziono 96 wynik(ów)