

Wydarzenie: Kudowski Festiwal Biegowy - Sztafeta Górską 2021
Organizator: Fundacja MARATONY GÓRSKIE
Data: 2021-05-09
Miejsce: Kudowa-Zdrój
Dystans: 42 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
1	RUTKOWSKI Dawid	2113	140MINUT.PL/GRIZZLYTEAM	M-40	1	01:07:05	02:46:23	03:43:58	04:04:39.75		5:49	10.3 (100%)
2	SKRAJNY Łukasz	2112	140MINUT.PL	M-40	2	01:06:38	02:55:55	04:00:33	04:25:24.05	+00:20:44 (7.8%)	6:19	9.5 (92.2%)
3	STYPEREK Jakub	2131	VEGE RUNNERS	M-30	1	01:08:38	02:56:59	04:01:46	04:26:36.25	+00:21:56 (8.2%)	6:20	9.5 (92.2%)
4	BARTYZEL Marek	2138		M-40	3	01:11:00	02:56:12	04:02:00	04:26:59.10	+00:22:19 (8.4%)	6:21	9.4 (91.3%)
5	KACZMARCZYK Łukasz	2055		M-30	2	01:07:00	02:52:41	04:04:01	04:29:39.90	+00:25:00 (9.3%)	6:25	9.3 (90.3%)
6	ROGÓRZ Piotr	2134		M-40	4	01:11:37	03:03:05	04:09:47	04:33:09.20	+00:28:29 (10.4%)	6:30	9.2 (89.3%)
7	RĄCZKOWSKI Daniel	2021	KB ZDYSZAAANI CHOCIANÓW	M-30	3	01:09:50	03:00:51	04:08:26	04:34:30.00	+00:29:50 (10.9%)	6:32	9.2 (89.3%)
8	KACZMARCZYK Przemysław	2042	140MINUT.PL	M-20	1	01:09:25	03:00:01	04:09:12	04:34:31.45	+00:29:51 (10.9%)	6:32	9.2 (89.3%)
9	SZYMURA Wojciech	2079	DECATHLON RYBNIK & PRZYJACIELE	M-40	5	01:10:01	03:01:20	04:09:17	04:34:58.80	+00:30:19 (11.0%)	6:32	9.2 (89.3%)
10	BUK Sławomir	2000	LESZ NO LIMITS RUNNERS	M-40	6	01:09:36	03:01:46	04:08:51	04:35:04.55	+00:30:24 (11.1%)	6:32	9.2 (89.3%)
11	BERG Aleksander	2039		M-30	4	01:11:25	03:02:29	04:12:45	04:38:09.40	+00:33:29 (12.0%)	6:37	9.1 (88.3%)
12	KOTARSKI Jarosław	2087		M-20	2	01:09:33	03:08:49	04:20:57	04:46:20.30	+00:41:40 (14.6%)	6:49	8.8 (85.4%)
13	KWIATKOWSKI Przemysław	2148		M-30	5	01:12:42		04:22:00	04:48:36.75	+00:43:57 (15.2%)	6:52	8.7 (84.5%)
14	PIĄTEK Joanna	2001		K-30	1	01:13:33	03:13:28	04:23:03	04:50:04.95	+00:45:25 (15.7%)	6:54	8.7 (84.5%)
15	DARUL Damian	2024	KB MARATON TUREK	M-40	7	01:13:59	03:14:43	04:28:31	04:55:09.75	+00:50:30 (17.1%)	7:01	8.5 (82.5%)

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16	DANAK Przemek	2007		M-40	8	01:21:49	03:20:29	04:32:59	04:58:16.10	+00:53:36 (18.0%)	7:06	8.4 (81.6%)
17	JABŁOŃSKI Paweł	2133	KUDOWIANKA RUN	M-40	9	01:15:54	03:08:18	04:32:55	05:01:59.85	+00:57:20 (19.0%)	7:11	8.3 (80.6%)
18	SAJEWICZ Dominik	2103	ZGÓRMYSYNY	M-30	6	01:18:25	03:19:11	04:36:28	05:05:13.55	+01:00:33 (19.8%)	7:16	8.3 (80.6%)
19	BARTKIEWICZ Paweł	2089	ADAM DRACZYŃSKI RUNNING TEAM	M-50	1	01:20:53	03:24:40	04:38:25	05:06:31.55	+01:01:51 (20.2%)	7:17	8.2 (79.6%)
20	BOCZEK Leszek	2129	ZAŁOGA GÓRSKA	M-30	7	01:23:36	03:26:20	04:44:58	05:10:11.10	+01:05:31 (21.1%)	7:23	8.1 (78.6%)
21	GAWLEWICZ Tomasz	2038	GAWĘŁKI TEAM/POZYTYWNE ZABIEGANI SANOK	M-40	10	01:15:46	03:18:19	04:38:14	05:10:15.40	+01:05:35 (21.1%)	7:23	8.1 (78.6%)
22	CZERNY Tomasz	2080		M-40	11	01:17:33	03:22:09	04:42:18	05:11:47.45	+01:07:07 (21.5%)	7:25	8.1 (78.6%)
23	MAJCHRZAK Marcin	2059	PRZEDWOJEWSKI TEAM	M-40	12	01:20:35	03:25:04	04:41:30	05:11:58.35	+01:07:18 (21.6%)	7:25	8.1 (78.6%)
24	WEINERT Artur	2036	RUNNER'S POWER	M-30	8	01:20:42	03:27:14	04:48:20	05:15:38.25	+01:10:58 (22.5%)	7:30	8 (77.7%)
25	STASZCZAK Łukasz	2051	TRI TEAM LUBAŃ	M-40	13	01:18:45	03:30:54	04:48:09	05:16:27.55	+01:11:47 (22.7%)	7:32	8 (77.7%)
26	LAMEK Andrzej	2158	AKTYWNY OSTRZESZÓW	M-50	2	01:18:12	03:29:06	04:49:37	05:19:28.20	+01:14:48 (23.4%)	7:36	7.9 (76.7%)
27	PASZKIEWICZ Grzegorz	2153	RAGS	M-30	9	01:19:07	03:28:22	04:49:26	05:19:47.55	+01:15:07 (23.5%)	7:36	7.9 (76.7%)
28	LANGE Szymon	2041		M-40	14	01:20:24	03:28:06	04:50:37	05:21:08.90	+01:16:29 (23.8%)	7:38	7.8 (75.7%)
29	HOTAŁA Sylwia	2005	KUDOWIANKA RUN	K-30	2	01:19:31	03:29:59	04:58:54	05:26:16.70	+01:21:36 (25.0%)	7:46	7.7 (74.8%)
30	ŁUCJANEK Błażej	2072		M-20	3	01:18:12	03:30:59	04:58:43	05:27:03.15	+01:22:23 (25.2%)	7:47	7.7 (74.8%)
31	PAŻUCHA Wojciech	2006	NAPĘDZANY PIEROGAMI	M-40	15	01:21:49	03:37:40	04:59:57	05:28:53.35	+01:24:13 (25.6%)	7:49	7.7 (74.8%)
32	KAMIŃSKI Marek	2083	180 MINUT	M-40	16	01:25:20	03:39:06	05:00:34	05:29:07.30	+01:24:27 (25.7%)	7:50	7.7 (74.8%)
33	DZITKOWSKI Witold	2132		M-30	10	01:19:37	03:30:07	04:58:37	05:30:15.70	+01:25:35 (25.9%)	7:51	7.6 (73.8%)
34	CARUK Damian	2099		M-40	17	01:22:08	03:31:20	05:01:06	05:30:43.15	+01:26:03 (26.0%)	7:52	7.6 (73.8%)
35	ZIMNY Tomasz	2046	ŚRUNDUNIA	M-60	1	01:25:28	03:41:29	05:03:31	05:31:35.10	+01:26:55 (26.2%)	7:53	7.6 (73.8%)
36	ZERZUT Jarosław	2037		M-50	3	01:25:43	03:42:50	05:06:04	05:34:05.05	+01:29:25 (26.8%)	7:57	7.5 (72.8%)
37	MEDEJSZO Mariusz	2088	NOWOSOLSKA GRUPA BIEGOWA	M-40	18	01:22:23	03:36:03	05:03:27	05:34:21.15	+01:29:41 (26.8%)	7:57	7.5 (72.8%)
38	JAMROZIAK Grzegorz	2098	AARSLEFF.BIZ RUNNING TEAM	M-40	19	01:28:13	03:43:17	05:06:40	05:37:00.15	+01:32:20 (27.4%)	8:01	7.5 (72.8%)

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39	FRYSIAK Artur	2027	WIELUŃ ULTRA	M-50	4	01:23:29	03:41:45	05:08:55	05:37:47.20	+01:33:07 (27.6%)	8:02	7.5 (72.8%)
40	KACZOR Piotr	2116	TEAM TIR	M-40	20	01:24:49	03:48:39	05:13:42	05:43:19.10	+01:38:39 (28.7%)	8:10	7.3 (70.9%)
41	ROLICZ Marcin	2033		M-40	21	01:23:30	03:40:16	05:17:08	05:44:26.65	+01:39:46 (29.0%)	8:12	7.3 (70.9%)
42	STACHNIO Tomek	2009	WF OCR TEAM KNO	M-30	11	01:22:45	03:40:56	05:17:15	05:44:42.45	+01:40:02 (29.0%)	8:12	7.3 (70.9%)
43	KOBYDECKA Klaudia	2002		K-30	3	01:25:13	03:42:58	05:17:12	05:46:03.15	+01:41:23 (29.3%)	8:14	7.3 (70.9%)
44	JASTRZĘBSKI Kamil	2101	NADAKTYWNI NOWE MIASTECZKO	M-40	22	01:27:14	03:48:49	05:14:37	05:46:18.75	+01:41:39 (29.4%)	8:14	7.3 (70.9%)
45	BIEL Sławomir	2125	WWW.42K.COM.PL	M-40	23	01:16:36	03:27:46	05:10:53	05:46:54.20	+01:42:14 (29.5%)	8:15	7.3 (70.9%)
46	KRYSIAK Tomasz	2054	AMATORSKIE BIEGANIE W SZCZECINIE	M-30	12	01:23:30	03:40:29	05:18:56	05:46:54.40	+01:42:14 (29.5%)	8:15	7.3 (70.9%)
47	BATOR Michał	2136		M-30	13	01:28:35	03:43:02	05:13:36	05:46:58.20	+01:42:18 (29.5%)	8:15	7.3 (70.9%)
48	PIĘTA Łukasz	2008	INFINITY GYM	M-40	24	01:27:44	03:49:34	05:14:40	05:51:42.35	+01:47:02 (30.4%)	8:22	7.2 (69.9%)
49	MAKLES Pawel	2073		M-20	4	01:34:48	04:07:26	05:24:54	05:51:50.80	+01:47:11 (30.5%)	8:22	7.2 (69.9%)
50	ŻYTKOWIAK Maciej	2060	CZARNY BIAŁY WIEWIÓRKA	M-30	14	01:21:31	03:44:01	05:18:28	05:52:23.10	+01:47:43 (30.6%)	8:23	7.2 (69.9%)
51	PIŁAT Tomasz	2061	CZARNY BIAŁY WIEWIÓRKA	M-30	15	01:21:34	03:43:55	05:18:29	05:52:29.65	+01:47:49 (30.6%)	8:23	7.1 (68.9%)
52	SKRZYPIŃSKI Arkadiusz	2019	PSI PATROL	M-40	25	01:26:41	03:46:43	05:19:14	05:52:55.00	+01:48:15 (30.7%)	8:24	7.1 (68.9%)
53	DZIUBA Piotr	2091		M-40	26	01:22:25	03:40:41	05:20:39	05:52:56.65	+01:48:16 (30.7%)	8:24	7.1 (68.9%)
54	MATYJA Rafał	2070	LESZNOLIMITS RUNNERS	M-30	16	01:30:29	03:53:19	05:23:49	05:53:09.20	+01:48:29 (30.7%)	8:24	7.1 (68.9%)
55	PRAŻANOWSKI Sergiusz	2076		M-30	17	01:27:21	03:46:41	05:21:21	05:53:41.60	+01:49:01 (30.8%)	8:25	7.1 (68.9%)
56	KUBIAK Karolina	2152		K-40	1	01:30:24	03:52:57	05:22:04	05:53:55.90	+01:49:16 (30.9%)	8:25	7.1 (68.9%)
57	MALEŃCZAK Piotr	2104		M-20	5	01:23:29	03:45:31	05:20:43	05:54:47.00	+01:50:07 (31.0%)	8:26	7.1 (68.9%)
58	PUDELKO Roman	2115		M-30	18	01:32:04	03:59:56	05:29:14	05:58:10.25	+01:53:30 (31.7%)	8:31	7 (68.0%)
59	ROSOŁOWSKI Grzegorz	2081	NADAKTYWNI NOWE MIASTECZKO	M-40	27	01:27:28	03:51:52	05:24:52	05:58:25.15	+01:53:45 (31.7%)	8:32	7 (68.0%)
60	GADOMSKI Dariusz	2128		M-50	5	01:31:39	03:52:06	05:27:57	06:01:10.55	+01:56:30 (32.3%)	8:35	7 (68.0%)
61	RÓG Krzysztof	2032	KB „ZDYSZAAANI” CHOCIANÓW	M-40	28	01:29:35	03:57:26	05:31:13	06:03:24.10	+01:58:44 (32.7%)	8:39	6.9 (67.0%)

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62	BIENIAS Piotr	2147		M-40	29	01:29:42	03:11:31	05:28:52	06:03:59.45	+01:59:19 (32.8%)	8:39	6.9 (67.0%)
63	CIEŚLA Krzysztof	2062	WF OCR TEAM KOSTRZYN NAD ODRA	M-30	19	01:30:50	03:52:17	05:28:50	06:05:26.25	+02:00:46 (33.0%)	8:42	6.9 (67.0%)
64	LACH Sebastian	2143		M-40	30	01:20:41	03:52:00	05:31:52	06:07:47.60	+02:03:07 (33.5%)	8:45	6.9 (67.0%)
65	WAWRZY尼亚K Paweł	2135	RUNNER'S POWER	M-40	31	01:35:36	04:06:17	05:40:21	06:07:52.80	+02:03:13 (33.5%)	8:45	6.9 (67.0%)
66	JACKOWIAK Agnieszka	2056	RUNNER'S POWER	K-30	4	01:35:33	04:06:47	05:40:13	06:10:16.65	+02:05:36 (33.9%)	8:48	6.8 (66.0%)
67	RECZUCH Andrzej	2149	DYWIZJON 102	M-40	32	01:32:19	04:04:38	05:38:50	06:10:50.85	+02:06:11 (34.0%)	8:49	6.8 (66.0%)
68	JĘDRASZEK Damian	2077		M-30	20	01:31:18	04:06:13	05:39:53	06:11:16.35	+02:06:36 (34.1%)	8:50	6.8 (66.0%)
69	OLSZEWSKI Jacek	2052		M-40	33	01:35:01	04:07:02	05:39:57	06:13:45.10	+02:09:05 (34.5%)	8:53	6.7 (65.0%)
70	RASZTABIGA Sylwester	2092		M-50	6	01:30:24	04:06:37	05:42:52	06:13:50.10	+02:09:10 (34.6%)	8:54	6.7 (65.0%)
71	BEDNARCZYK Paweł	2029	PZU SPORT TEAM	M-40	34	01:24:06	03:56:38	05:39:24	06:15:10.65	+02:10:30 (34.8%)	8:55	6.7 (65.0%)
72	PŁÓCIENNICZAK Jakub	2130	DREAM RUN	M-40	35	01:28:12	03:58:35	05:37:13	06:15:46.75	+02:11:07 (34.9%)	8:56	6.7 (65.0%)
73	GĘSIAREK Grzegorz	2012		M-40	36	01:29:09	03:57:43	05:41:44	06:15:47.65	+02:11:07 (34.9%)	8:56	6.7 (65.0%)
74	KUBAŚ Dawid	2118	NADLEŚNICTWO ZDROJE	M-30	21	01:32:49	04:04:03	05:41:58	06:16:10.65	+02:11:30 (35.0%)	8:57	6.7 (65.0%)
75	GRABOWY Mateusz	2014	NADAKTYWNI NOWE MIASTECZKO	M-20	6	01:38:07	04:08:49	05:47:24	06:18:50.25	+02:14:10 (35.4%)	9:01	6.7 (65.0%)
76	RZYHA Hubert	2106	RUNNER'S POWER	M-30	22	01:33:56	04:05:17	05:43:45	06:19:51.40	+02:15:11 (35.6%)	9:02	6.6 (64.1%)
77	MUCHA Adam	2105		M-50	7	01:34:21	04:05:28	05:43:39	06:19:56.30	+02:15:16 (35.6%)	9:02	6.6 (64.1%)
78	KUŻEL Adrian	2020	NADAKTYWNI	M-40	37	01:28:35	04:02:07	05:45:45	06:20:04.55	+02:15:24 (35.6%)	9:02	6.6 (64.1%)
79	NOWAK Bartosz	2031	NKB CHYŻY NOWY TOMYŚL	M-20	7	01:28:30	04:02:15	05:44:33	06:21:14.00	+02:16:34 (35.8%)	9:04	6.6 (64.1%)
80	FLASIŃSKI Michał	2146		M-30	23	01:36:51	03:58:21	05:48:42	06:22:38.15	+02:17:58 (36.1%)	9:06	6.6 (64.1%)
81	KANCELARZ Rafał	2114		M-20	8	01:34:53	04:13:14	05:47:38	06:22:42.80	+02:18:03 (36.1%)	9:06	6.6 (64.1%)
82	CHYLIŃSKI Sławomir	2017	NADAKTYWNI NOWE MIASTECZKO	M-50	8	01:36:05	04:13:50	05:51:27	06:23:42.55	+02:19:02 (36.2%)	9:08	6.6 (64.1%)
83	NEUMANN Jacek	2090	CENTRUM ŁĄKOWA 1	M-50	9	01:37:33	04:08:53	05:49:57	06:23:54.20	+02:19:14 (36.3%)	9:08	6.6 (64.1%)
84	WESOŁEK Paweł	2048	RUNNER'S POWER ŚREM	M-40	38	01:35:43	04:08:27	05:48:56	06:24:01.65	+02:19:21 (36.3%)	9:08	6.6 (64.1%)

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85	NOWEK Łukasz	2065	NADAKTYWNI NOWE MIASTECZKO	M-20	9	01:37:24	04:12:43	05:52:41	06:24:55.75	+02:20:16 (36.4%)	9:09	6.5 (63.1%)
86	JAKUBIAK Anna	2022	RUCHOWA AKADEMIA ZDROWIA	K-50	1	01:32:41	04:10:49	05:51:50	06:25:06.55	+02:20:26 (36.5%)	9:10	6.5 (63.1%)
87	FRAŃSKI Łukasz	2043	NKB CHYŻY NOWY TOMYŚL	M-40	39	01:32:15	04:10:29	05:51:18	06:25:27.80	+02:20:48 (36.5%)	9:10	6.5 (63.1%)
88	GULAJSKI Rafał	2069		M-40	40	01:30:16	03:57:50	05:54:48	06:25:34.25	+02:20:54 (36.5%)	9:10	6.5 (63.1%)
89	GORCZYCA Lukasz	2064		M-40	41	01:36:39	04:12:07	05:53:40	06:27:33.20	+02:22:53 (36.9%)	9:13	6.5 (63.1%)
90	MAŚLAK Jacek	2067	STOWARZYSZENIE POZYTYWNIIE ZABIEGANI SANOK	M-40	42	01:36:49	04:11:11	05:54:10	06:29:47.55	+02:25:07 (37.2%)	9:16	6.5 (63.1%)
91	MAŚLAK Marzena	2068	STOWARZYSZENIE POZYTYWNIIE ZABIEGANI SANOK	K-40	2	01:37:01	04:11:30	05:54:23	06:30:00.55	+02:25:20 (37.3%)	9:17	6.5 (63.1%)
92	KUSTRA Klaudia	2040		K-30	5	01:34:12	04:19:15	05:55:09	06:30:07.65	+02:25:27 (37.3%)	9:17	6.5 (63.1%)
93	SUCHOCKI Grzegorz	2030	NADAKTYWNI NOWE MIASTECZKO	M-50	10	01:36:40	04:13:38	05:56:50	06:33:46.85	+02:29:07 (37.9%)	9:22	6.4 (62.1%)
94	WIETRZYŃSKA Agnieszka	2010		K-40	3	01:33:49	04:12:02	05:58:05	06:33:50.50	+02:29:10 (37.9%)	9:22	6.4 (62.1%)
95	LATANOWICZ Bernard	2154	LATECH BERNARD LATANOWICZ	M-30	24	01:34:44	04:18:08	06:00:21	06:36:32.15	+02:31:52 (38.3%)	9:26	6.4 (62.1%)
96	NOZDRYN-PŁOTNICKI Bolesław	2050		M-40	43	01:36:21	04:16:48	06:00:17	06:36:38.45	+02:31:58 (38.3%)	9:26	6.4 (62.1%)
97	KOZICZAK Katarzyna	2078		K-30	6	01:39:44	04:23:18	06:02:01	06:36:39.30	+02:31:59 (38.3%)	9:26	6.4 (62.1%)
98	RUDNICKI Krzysztof	2140		M-30	25	01:36:24	04:16:44	05:58:29	06:36:43.35	+02:32:03 (38.3%)	9:26	6.4 (62.1%)
99	SIKORSKI Cezary	2108	BBL GUBIN	M-50	11	01:40:12	04:28:23	06:05:46	06:38:38.80	+02:33:59 (38.6%)	9:29	6.3 (61.2%)
100	MAZUR Katarzyna	2034	UMLAUT	K-40	4	01:40:15	04:28:34	06:05:50	06:38:43.00	+02:34:03 (38.6%)	9:29	6.3 (61.2%)
101	KINCEL Krzysztof	2119		M-50	12	01:21:08	04:21:08	06:03:43	06:39:06.35	+02:34:26 (38.7%)	9:30	6.3 (61.2%)
102	LIS Mirosław	2011		M-40	44	01:36:32	04:14:56	06:01:37	06:40:27.30	+02:35:47 (38.9%)	9:32	6.3 (61.2%)
103	OCHNIO Ewa	2120		K-40	5	01:43:09	04:17:29	06:02:11	06:41:55.75	+02:37:16 (39.1%)	9:34	6.3 (61.2%)
104	FIJAŁKOWSKI Waldemar	2145		M-40	45	01:36:42	04:09:07	06:06:08	06:46:02.50	+02:41:22 (39.7%)	9:40	6.2 (60.2%)
105	WCISŁO Robert	2141		M-40	46	01:38:25	04:28:34	06:11:55	06:46:16.45	+02:41:36 (39.8%)	9:40	6.2 (60.2%)
106	LIS Sławomir	2045	BBL OSTROŁĘKA	M-50	13	01:38:32	04:28:49	06:12:03	06:46:50.75	+02:42:11 (39.9%)	9:41	6.2 (60.2%)
107	ŁUSZCZ Janusz	2086	TŁUSTE KOTY	M-50	14	01:34:22	04:22:50	06:15:02	06:51:20.80	+02:46:41 (40.5%)	9:47	6.1 (59.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
108	ZAJĄCZKOWSKI Grzegorz	2139		M-40	47		04:27:42	06:17:28	06:53:47.00	+02:49:07 (40.9%)	9:51	6.1 (59.2%)
109	NAMIOTA Urszula	2123	MARATOŃCZYK	K-60	1	01:43:16	04:32:44	06:20:47	06:55:00.15	+02:50:20 (41.0%)	9:52	6.1 (59.2%)
110	PYTLASIŃSKI Adam	2155		M-40	48	01:33:56	04:24:17	06:15:28	06:56:06.95	+02:51:27 (41.2%)	9:54	6.1 (59.2%)
111	IGRAS Mieczysław	2093	RUNNERS TEAM NYSA	M-60	2	01:34:21	04:24:26	06:18:14	06:56:54.30	+02:52:14 (41.3%)	9:55	6 (58.3%)
112	SUSZCZYŃSKI Krzysztof	2066		M-40	49	01:34:36	04:24:43	06:18:35	06:57:15.60	+02:52:35 (41.4%)	9:56	6 (58.3%)
113	RUCIŃSKI Adam	2013		M-40	50	01:43:30	04:35:45	06:19:48	06:57:20.05	+02:52:40 (41.4%)	9:56	6 (58.3%)
114	SZPECHT Piotr	2117		M-30	26	01:40:14	04:38:51	06:25:56	06:57:31.45	+02:52:51 (41.4%)	9:56	6 (58.3%)
115	SZPECHT Filip	2074		M-40	51	01:40:21	04:39:08	06:26:02	06:57:39.60	+02:52:59 (41.4%)	9:56	6 (58.3%)
116	JASICKI Krzysztof	2142	RUNHOGS TYCHY	M-40	52	01:42:14	04:29:41	06:24:20	06:59:23.55	+02:54:43 (41.7%)	9:59	6 (58.3%)
117	STEFAŃSKI Grzegorz	2004	WIERZBICKI RUNNING PROJECT	M-30	27	01:36:54	04:24:36	06:23:52	07:00:21.30	+02:55:41 (41.8%)	10:00	6 (58.3%)
118	SMOLAK Agata	2102		K-30	7	01:43:24	04:37:46	06:26:38	07:04:29.60	+02:59:49 (42.4%)	10:06	5.9 (57.3%)
119	SIKORSKI Grzegorz	2084		M-40	53	01:43:39	04:40:21	06:33:26	07:10:58.85	+03:06:19 (43.2%)	10:15	5.8 (56.3%)
120	KĘPSKI Grzegorz	2127		M-30	28	01:41:11	04:28:09	06:32:12	07:19:37.65	+03:14:57 (44.3%)	10:28	5.7 (55.3%)
121	PUZIO Waldemar	2085	MARATOŃCZYK DĘBICA	M-60	3	01:45:12	04:51:18	06:43:07	07:20:11.45	+03:15:31 (44.4%)	10:28	5.7 (55.3%)
122	DOBROWOLSKA Grażyna	2159	MARATOŃCZYK DĘBICA	K-50	2	01:44:45	04:51:30	06:43:28	07:20:30.70	+03:15:50 (44.5%)	10:29	5.7 (55.3%)
123	RESPONDEK Dariusz	2049		M-40	54	01:44:01	04:49:50	06:46:25	07:29:20.35	+03:24:40 (45.6%)	10:41	5.6 (54.4%)
124	COLAUTTI Enrico	2137	BAD ORGANIZER TEAM	M-50	15	01:39:26	04:52:41	06:52:27	07:29:24.65	+03:24:44 (45.6%)	10:42	5.6 (54.4%)
125	WIŚNIEWSKI Sławomir	2047	KS LENIWIEC	M-30	29	01:39:03	04:48:46	06:52:25	07:33:31.45	+03:28:51 (46.1%)	10:47	5.6 (54.4%)
126	FRAĆKOWIAK Dominik	2016		M-30	30	01:37:39	04:56:05	06:51:37	07:36:09.05	+03:31:29 (46.4%)	10:51	5.5 (53.4%)
127	BAŃKOWSKI Igor	2096		M-60	4	01:47:51	04:56:47	06:56:56	07:36:35.80	+03:31:56 (46.4%)	10:52	5.5 (53.4%)
128	BEBRYS Daniel	2063	CNS NOWA SÓL	M-40	55	01:39:52	04:48:33	06:51:44	07:38:18.90	+03:33:39 (46.6%)	10:54	5.5 (53.4%)
129	DRĄG Bartłomiej	2124	MARATOŃCZYK DĘBICA	M-30	31	01:55:48	05:14:22	07:02:20	07:40:52.75	+03:36:13 (46.9%)	10:58	5.5 (53.4%)
130	KAWA Barbara	2122	MARATOŃCZYK DĘBICA	K-30	8	01:55:53	05:14:22	07:02:24	07:40:59.50	+03:36:19 (46.9%)	10:58	5.5 (53.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Różn	Tempo min/km	Tempo km/h
131	BUDZIŃSKI Krzysztof	2082	STARSI PANOWIE DWAJ	M-50	16	01:38:54	05:00:16	07:01:53	07:42:42.90	+03:38:03 (47.1%)	11:01	5.4 (52.4%)
132	GRUCHOT Małgorzata	2097	WBO	K-40	6	01:39:03	05:00:26	07:01:59	07:42:46.50	+03:38:06 (47.1%)	11:01	5.4 (52.4%)
133	CHOLEWICKA Ewelina	2015		K-30	9	02:03:37	05:22:38	07:26:08	08:08:00.00	+04:03:20 (49.9%)	11:37	5.2 (50.5%)
134	GOŁASZEWSKA Marzena	2028	GIGA MARATHON PROJEKT	K-40	7	01:47:51				+00:40:46	10:47	5.6 (54.4%)

Znaleziono 134 wynik(ów)