

**Wydarzenie:** Kudowski Festiwal Biegowy  
**Organizator:** Fundacja MARATONY GÓRSKIE  
**Data:** 2023-04-02  
**Miejsce:** Kudowa-Zdrój  
**Dystans:** 42 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
1	<b>JUREK Michał</b>	<b>3189</b>	MILMET MIEROSZÓW / SALOMON	M-40	1	01:02:23	02:33:21	03:27:06	<b>03:47:50.60</b>	<b>03:47:50.60</b>		5:25	11.1 (100%)
2	<b>LEŚNIAK Kamil</b>	<b>3193</b>	HOKA GARMIN TEAM	M-30	1	01:07:11	02:51:16	03:55:01	<b>04:19:35.85</b>	<b>04:19:35.85</b>	+00:31:45 (12.2%)	6:10	9.7 (87.4%)
3	<b>KOŁODZIEJ Roman</b>	<b>3172</b>		M-40	2	01:07:29	02:53:00	04:00:13	<b>04:22:20.50</b>	<b>04:22:20.50</b>	+00:34:29 (13.2%)	6:14	9.6 (86.5%)
4	<b>KOTARSKI Jarosław</b>	<b>3145</b>	TRAIL IS OUR WAY	M-30	2	01:10:58	02:57:35	04:00:26	<b>04:23:28.60</b>	<b>04:23:28.60</b>	+00:35:38 (13.5%)	6:16	9.6 (86.5%)
5	<b>ŁUKASZEWSKI Szymon</b>	<b>3021</b>		M-30	3	01:10:15	02:59:43	04:07:21	<b>04:31:09.75</b>	<b>04:31:09.75</b>	+00:43:19 (16.0%)	6:27	9.3 (83.8%)
6	<b>DAJEK Łukasz</b>	<b>3077</b>		M-40	3	01:10:57	03:01:39	04:09:24	<b>04:35:26.10</b>	<b>04:35:26.10</b>	+00:47:35 (17.3%)	6:33	9.1 (82.0%)
7	<b>RUSIN Jacek</b>	<b>3050</b>	KB MARATON TUREK	M-50	1	01:10:08	02:59:44	04:09:41	<b>04:36:39.95</b>	<b>04:36:39.95</b>	+00:48:49 (17.6%)	6:35	9.1 (82.0%)
8	<b>WIŚNIEWSKI Paweł</b>	<b>3153</b>	ULTRAKOTLINA TEAM	M-40	4	01:09:32	03:02:55	04:13:36	<b>04:40:26.25</b>	<b>04:40:26.25</b>	+00:52:35 (18.8%)	6:40	9 (81.1%)
9	<b>FISZER Sebastian</b>	<b>3097</b>	LESZ NO LIMITS RUNNERS	M-40	5	01:14:39	03:11:59	04:23:43	<b>04:48:58.05</b>	<b>04:48:58.05</b>	+01:01:07 (21.2%)	6:52	8.7 (78.4%)
10	<b>MARKOWSKI Marcin</b>	<b>3105</b>		M-40	6	01:18:14	03:17:51	04:29:38	<b>04:55:31.10</b>	<b>04:55:31.10</b>	+01:07:40 (22.9%)	7:02	8.5 (76.6%)
11	<b>RODEWALD Mateusz</b>	<b>3126</b>		M-30	4	01:10:55	03:09:28	04:29:05	<b>04:58:31.45</b>	<b>04:58:31.45</b>	+01:10:40 (23.7%)	7:06	8.4 (75.7%)
12	<b>DARUL Damian</b>	<b>3032</b>	KB MARATON TUREK	M-40	7	01:14:19	03:15:25	04:33:36	<b>05:02:36.00</b>	<b>05:02:36.00</b>	+01:14:45 (24.7%)	7:12	8.3 (74.8%)
13	<b>KONIAK Michał</b>	<b>3167</b>		M-50	2	01:22:24	03:27:39	04:38:32	<b>05:05:14.45</b>	<b>05:05:14.45</b>	+01:17:23 (25.4%)	7:16	8.3 (74.8%)
14	<b>FOGIEL-PAWŁOWSKA Agnieszka</b>	<b>3045</b>		K-40	1	01:21:56	03:28:46	04:43:52	<b>05:12:30.30</b>	<b>05:12:30.30</b>	+01:24:39 (27.1%)	7:26	8.1 (73.0%)
15	<b>ROGÓRZ Piotr</b>	<b>3188</b>		M-40	8	01:21:57	03:27:12	04:47:05	<b>05:16:50.55</b>	<b>05:16:50.55</b>	+01:28:59 (28.1%)	7:32	8 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
16	<b>PETRÓW Dawid</b>	<b>3123</b>	BIEGIEM NA RYBY / DREAMRUN	M-30	5	01:16:20	03:25:17	04:47:49	<b>05:16:58.25</b>	<b>05:16:58.25</b>	+01:29:07 (28.1%)	7:32	8 (72.1%)
17	<b>LANGE Szymon</b>	<b>3109</b>	WSK- WOJOWNICY SASKIEJ KAWY	M-40	9	01:22:01	03:30:30	04:47:43	<b>05:17:58.85</b>	<b>05:17:58.85</b>	+01:30:08 (28.3%)	7:34	7.9 (71.2%)
18	<b>JAKÓBCZAK Jakub</b>	<b>3103</b>		M-30	6	01:19:54	03:27:32	04:51:11	<b>05:21:30.85</b>	<b>05:21:30.85</b>	+01:33:40 (29.1%)	7:39	7.8 (70.3%)
19	<b>JUNIK Łukasz</b>	<b>3029</b>	MOCNA GRUPA CEZARA	M-30	7	01:21:50	03:25:52	04:55:24	<b>05:22:41.00</b>	<b>05:22:41.00</b>	+01:34:50 (29.4%)	7:40	7.8 (70.3%)
20	<b>LADRA Ryszard</b>	<b>3146</b>	KKM KALORYFER	M-40	10	01:27:16	03:36:43	04:55:23	<b>05:23:23.85</b>	<b>05:23:23.85</b>	+01:35:33 (29.5%)	7:41	7.8 (70.3%)
21	<b>JARMUŻEK Paweł</b>	<b>3190</b>		M-40	11	01:20:15	03:25:08	04:55:18	<b>05:24:06.05</b>	<b>05:24:06.05</b>	+01:36:15 (29.7%)	7:43	7.8 (70.3%)
22	<b>MARKOWSKI Artur</b>	<b>3057</b>	NOA	M-50	3	01:20:41	03:26:04	04:56:04	<b>05:24:09.05</b>	<b>05:24:09.05</b>	+01:36:18 (29.7%)	7:43	7.8 (70.3%)
23	<b>WOJCIECHOWSKI Dariusz</b>	<b>3173</b>	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	M-40	12	01:25:04	03:35:54	04:57:34	<b>05:24:15.00</b>	<b>05:24:15.00</b>	+01:36:24 (29.7%)	7:43	7.8 (70.3%)
24	<b>NIEMIRO Dominika</b>	<b>3164</b>		K-30	1	01:25:14	03:36:59	04:57:46	<b>05:24:24.30</b>	<b>05:24:24.30</b>	+01:36:33 (29.8%)	7:43	7.8 (70.3%)
25	<b>PACZKOWSKA Katarzyna</b>	<b>3090</b>	BIEGAJĄCE KREJZOLE	K-40	2	01:29:42	03:41:55	04:57:41	<b>05:24:40.85</b>	<b>05:24:40.85</b>	+01:36:50 (29.8%)	7:43	7.8 (70.3%)
26	<b>KULCZYŃSKI Mariusz</b>	<b>3005</b>		M-30	8	01:24:49	03:37:17	04:55:08	<b>05:25:47.90</b>	<b>05:25:47.90</b>	+01:37:57 (30.1%)	7:45	7.7 (69.4%)
27	<b>BIAŁA Katarzyna</b>	<b>3141</b>		K-20	1	01:29:56	03:44:06	04:58:44	<b>05:26:59.75</b>	<b>05:26:59.75</b>	+01:39:09 (30.3%)	7:47	7.7 (69.4%)
28	<b>GRZESIK Paweł</b>	<b>3003</b>	SOR WAŁBRZYCH	M-40	13	01:33:40	03:46:07	04:58:57	<b>05:27:00.15</b>	<b>05:27:00.15</b>	+01:39:09 (30.3%)	7:47	7.7 (69.4%)
29	<b>MALEŃCZAK Piotr</b>	<b>3037</b>		M-30	9	01:27:51	03:37:14	04:57:47	<b>05:28:48.55</b>	<b>05:28:48.55</b>	+01:40:57 (30.7%)	7:49	7.7 (69.4%)
30	<b>JODŁOWSKI Marek</b>	<b>3063</b>		M-40	14	01:29:54	03:44:38	05:01:21	<b>05:29:11.15</b>	<b>05:29:11.15</b>	+01:41:20 (30.8%)	7:50	7.7 (69.4%)
31	<b>WILK Jacek</b>	<b>3182</b>		M-50	4	01:21:56	03:34:43	05:03:28	<b>05:32:40.00</b>	<b>05:32:40.00</b>	+01:44:49 (31.5%)	7:55	7.6 (68.5%)
32	<b>MALIGRANDA Mariusz</b>	<b>3144</b>		M-30	10	01:27:18	03:41:09	05:03:31	<b>05:34:06.50</b>	<b>05:34:06.50</b>	+01:46:15 (31.8%)	7:57	7.5 (67.6%)
33	<b>PIECZARA Błażej</b>	<b>3027</b>	JAWORZ NORUNNERS	M-40	15	01:20:40	03:35:35	05:01:55	<b>05:35:01.00</b>	<b>05:35:01.00</b>	+01:47:10 (32.0%)	7:58	7.5 (67.6%)
34	<b>CIURYK Roman</b>	<b>3133</b>	ŁEMKOWIE	M-20	1	01:27:53	03:45:08	05:06:23	<b>05:35:28.20</b>	<b>05:35:28.20</b>	+01:47:37 (32.1%)	7:59	7.5 (67.6%)
35	<b>MRÓZ Bartłomiej</b>	<b>3096</b>		M-30	11	01:27:24	03:37:36	05:06:14	<b>05:36:26.95</b>	<b>05:36:26.95</b>	+01:48:36 (32.3%)	8:00	7.5 (67.6%)
36	<b>PYREK Krzysztof</b>	<b>3023</b>	1 RBLOG	M-40	16	01:22:06	03:38:33	05:06:53	<b>05:37:15.00</b>	<b>05:37:15.00</b>	+01:49:24 (32.4%)	8:01	7.5 (67.6%)
37	<b>BOBORYCKI Rafał</b>	<b>3100</b>	MOCNA GRUPA CEZARA	M-40	17	01:26:41	03:38:06	05:07:13	<b>05:39:44.40</b>	<b>05:39:44.40</b>	+01:51:53 (32.9%)	8:05	7.4 (66.7%)
38	<b>GŁOGOWSKI Adam</b>	<b>3013</b>	NOA	M-40	18	01:25:36	03:44:23	05:12:17	<b>05:44:51.75</b>	<b>05:44:51.75</b>	+01:57:01 (33.9%)	8:12	7.3 (65.8%)
39	<b>KAZIMIEROWICZ Jacek</b>	<b>3058</b>		M-40	19	01:27:14	03:46:19	05:16:19	<b>05:47:40.20</b>	<b>05:47:40.20</b>	+01:59:49 (34.5%)	8:16	7.2 (64.9%)

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40	<b>WRÓBEL Marcin</b>	<b>3135</b>		M-40	20	01:28:55	03:51:48	05:19:44	<b>05:49:56.35</b>	<b>05:49:56.35</b>	+02:02:05 (34.9%)	8:19	7.2 (64.9%)
41	<b>PARWA Michał</b>	<b>3171</b>	MAGAZYN NA SZCZYCIE	M-30	12	01:29:49	03:55:06	05:20:17	<b>05:50:20.15</b>	<b>05:50:20.15</b>	+02:02:29 (35.0%)	8:20	7.2 (64.9%)
42	<b>FIJOLEK Tomek</b>	<b>3168</b>	FIZJOTERAPIA HD	M-30	13	01:30:03	03:53:57	05:21:51	<b>05:51:25.60</b>	<b>05:51:25.60</b>	+02:03:35 (35.2%)	8:22	7.2 (64.9%)
43	<b>SEMENIUK Konrad</b>	<b>3136</b>	RZEPIŃSCY BIEGACZE	M-30	14	01:29:51	03:53:24	05:22:00	<b>05:51:27.30</b>	<b>05:51:27.30</b>	+02:03:36 (35.2%)	8:22	7.2 (64.9%)
44	<b>CHILIMONIUK Mariusz</b>	<b>3024</b>		M-40	21	01:34:43	03:55:27	05:21:36	<b>05:51:40.85</b>	<b>05:51:40.85</b>	+02:03:50 (35.2%)	8:22	7.2 (64.9%)
45	<b>JASEK Maciej</b>	<b>3130</b>		M-40	22	01:31:07	03:51:47	05:21:46	<b>05:54:03.00</b>	<b>05:54:03.00</b>	+02:06:12 (35.6%)	8:25	7.1 (64.0%)
46	<b>DYRAGA Marcin</b>	<b>3030</b>	SAINT-GOBAIN SQUAD	M-40	23	01:27:21	03:52:32	05:22:58	<b>05:54:29.65</b>	<b>05:54:29.65</b>	+02:06:39 (35.7%)	8:26	7.1 (64.0%)
47	<b>MASŁOWSKI Robert</b>	<b>3098</b>	ANTON TEAM	M-40	24	01:27:13	03:52:36	05:22:24	<b>05:55:43.55</b>	<b>05:55:43.55</b>	+02:07:52 (35.9%)	8:28	7.1 (64.0%)
48	<b>PONIATOWSKI Seweryn</b>	<b>3125</b>		M-40	25	01:31:09	03:55:07	05:22:25	<b>05:55:43.85</b>	<b>05:55:43.85</b>	+02:07:53 (36.0%)	8:28	7.1 (64.0%)
49	<b>IWANIEC Dariusz</b>	<b>3071</b>	BIEGOLAS KOSZALIN	M-40	26	01:29:55	03:53:26	05:22:24	<b>05:57:07.40</b>	<b>05:57:07.40</b>	+02:09:16 (36.2%)	8:30	7.1 (64.0%)
50	<b>BERLINIEC Marcin</b>	<b>3128</b>	EPIC ULTRA	M-30	15	01:25:40	03:45:10	05:24:33	<b>05:57:45.45</b>	<b>05:57:45.45</b>	+02:09:54 (36.3%)	8:31	7 (63.1%)
51	<b>KŁOSSAK Wojciech</b>	<b>3175</b>	NOA	M-40	27	01:33:42	03:55:26	05:30:55	<b>06:02:56.45</b>	<b>06:02:56.45</b>	+02:15:05 (37.2%)	8:38	6.9 (62.2%)
52	<b>CHRZANOWSKI Paweł</b>	<b>3184</b>		M-40	28	01:28:09	03:55:25	05:31:45	<b>06:03:59.20</b>	<b>06:03:59.20</b>	+02:16:08 (37.4%)	8:39	6.9 (62.2%)
53	<b>CIOŁEK Damian</b>	<b>3160</b>		M-20	2	01:32:10	03:55:28	05:32:07	<b>06:07:10.75</b>	<b>06:07:10.75</b>	+02:19:20 (37.9%)	8:44	6.9 (62.2%)
54	<b>SAWCZYN Tomasz</b>	<b>3154</b>	DBS	M-40	29	01:30:08	04:01:53	05:36:46	<b>06:09:27.10</b>	<b>06:09:27.10</b>	+02:21:36 (38.3%)	8:47	6.8 (61.3%)
55	<b>JADACH Grzegorz</b>	<b>3112</b>	NOA	M-40	30	01:24:47	04:10:46	05:37:04	<b>06:10:38.00</b>	<b>06:10:38.00</b>	+02:22:47 (38.5%)	8:49	6.8 (61.3%)
56	<b>CHRAPKIEWICZ Kamil</b>	<b>3149</b>		M-20	3	01:33:36	04:06:42	05:39:16	<b>06:11:22.95</b>	<b>06:11:22.95</b>	+02:23:32 (38.6%)	8:50	6.8 (61.3%)
57	<b>NOWACKI Michał</b>	<b>3132</b>		M-40	31	01:30:35	03:59:32	05:39:57	<b>06:11:31.20</b>	<b>06:11:31.20</b>	+02:23:40 (38.7%)	8:50	6.8 (61.3%)
58	<b>KOCISZEWSKI Łukasz</b>	<b>3111</b>		M-40	32	01:40:41	04:13:00	05:40:45	<b>06:11:51.45</b>	<b>06:11:51.45</b>	+02:24:00 (38.7%)	8:51	6.8 (61.3%)
59	<b>WALKOWIAK Maciej</b>	<b>3068</b>	POLONIA ŚRODA	M-30	16	01:43:42	04:13:00	05:40:45	<b>06:11:51.55</b>	<b>06:11:51.55</b>	+02:24:00 (38.7%)	8:51	6.8 (61.3%)
60	<b>FIREK Rafał</b>	<b>3035</b>		M-40	33	01:27:49	03:55:24	05:34:05	<b>06:12:01.85</b>	<b>06:12:01.85</b>	+02:24:11 (38.8%)	8:51	6.8 (61.3%)
61	<b>KARMOWSKI Jakub</b>	<b>3151</b>	MOCNA GRUPA CEZARA	M-40	34	01:32:06	04:12:25	05:40:21	<b>06:12:03.25</b>	<b>06:12:03.25</b>	+02:24:12 (38.8%)	8:51	6.8 (61.3%)
62	<b>CHWIEJ Marcin</b>	<b>3134</b>	BIEGACZE ŚWINOUJŚCIE	M-40	35	01:31:14	04:07:44	05:41:25	<b>06:12:18.75</b>	<b>06:12:18.75</b>	+02:24:28 (38.8%)	8:51	6.8 (61.3%)
63	<b>GRZESIK Joanna</b>	<b>2000</b>		K-40	3	01:37:52	04:05:40	05:39:54	<b>06:12:31.35</b>	<b>06:12:31.35</b>	+02:24:40 (38.8%)	8:52	6.8 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
64	<b>JANCZAK Konrad</b>	<b>3002</b>		M-30	17	01:37:16	04:07:30	05:41:00	<b>06:13:25.00</b>	<b>06:13:25.00</b>	+02:25:34 (39.0%)	8:53	6.7 (60.4%)
65	<b>DYJA Magdalena</b>	<b>3140</b>	RNB TEAM POLANICA-ZDROJ	K-30	2	01:43:50	04:14:58	05:43:35	<b>06:13:48.05</b>	<b>06:13:48.05</b>	+02:25:57 (39.0%)	8:54	6.7 (60.4%)
66	<b>WYBRANIEC Michal</b>	<b>3033</b>		M-30	18	01:37:55	04:11:03	05:39:51	<b>06:13:52.55</b>	<b>06:13:52.55</b>	+02:26:01 (39.1%)	8:54	6.7 (60.4%)
67	<b>MARCELA Marcin</b>	<b>3028</b>	FAT MAMA'S SPORT CLUB	M-40	36	01:34:42	04:06:09	05:39:53	<b>06:13:59.90</b>	<b>06:13:59.90</b>	+02:26:09 (39.1%)	8:54	6.7 (60.4%)
68	<b>NIEDZIELA Marcin</b>	<b>3034</b>	FAT MAMA'S SPORT CLUB	M-50	5	01:34:37	04:06:11	05:39:51	<b>06:14:00.15</b>	<b>06:14:00.15</b>	+02:26:09 (39.1%)	8:54	6.7 (60.4%)
69	<b>DOMINIAK Marcin</b>	<b>3116</b>	PSIA EDUKACJA	M-50	6	01:33:15	04:06:00	05:41:49	<b>06:15:01.60</b>	<b>06:15:01.60</b>	+02:27:11 (39.2%)	8:55	6.7 (60.4%)
70	<b>SOJKOWSKI Piotr</b>	<b>3118</b>	4FUN TRIATHLON/NAJMOWICZ TRIATHLON	M-40	37	01:39:34	04:10:52	05:44:15	<b>06:19:01.20</b>	<b>06:19:01.20</b>	+02:31:10 (39.9%)	9:01	6.6 (59.5%)
71	<b>GANCZEWSKI Paweł</b>	<b>3099</b>		M-50	7	01:31:31	04:05:44	05:46:17	<b>06:19:41.95</b>	<b>06:19:41.95</b>	+02:31:51 (40.0%)	9:02	6.6 (59.5%)
72	<b>CHLUDZIŃSKI Patryk</b>	<b>3186</b>	ARVATO S.C. REP	M-40	38	01:38:26	04:09:21	05:46:47	<b>06:20:18.85</b>	<b>06:20:18.85</b>	+02:32:28 (40.1%)	9:03	6.6 (59.5%)
73	<b>PAWZUN Bartosz</b>	<b>3148</b>	ZRYW PARZYMIECHY	M-30	19	01:37:23	04:11:47	05:44:22	<b>06:20:21.20</b>	<b>06:20:21.20</b>	+02:32:30 (40.1%)	9:03	6.6 (59.5%)
74	<b>RADZIWANOWSKI Leszek</b>	<b>3084</b>		M-40	39	01:38:04	04:09:14	05:46:45	<b>06:20:36.00</b>	<b>06:20:36.00</b>	+02:32:45 (40.1%)	9:03	6.6 (59.5%)
75	<b>TYCZYŃSKI Sławomir</b>	<b>3039</b>	FILGROSOIL	M-40	40	01:33:32	04:09:29	05:47:03	<b>06:21:35.30</b>	<b>06:21:35.30</b>	+02:33:44 (40.3%)	9:05	6.6 (59.5%)
76	<b>MASALSKI Romuald</b>	<b>3121</b>	ZABIEGANI CZERNIKOWO	M-50	8	01:33:26	04:05:18	05:47:01	<b>06:22:22.95</b>	<b>06:22:22.95</b>	+02:34:32 (40.4%)	9:06	6.6 (59.5%)
77	<b>CHWAŁA Przemysław</b>	<b>3049</b>	POWOLNY	M-50	9	01:33:34	04:05:19	05:46:23	<b>06:22:44.50</b>	<b>06:22:44.50</b>	+02:34:53 (40.5%)	9:06	6.6 (59.5%)
78	<b>RYGAŁ Janusz</b>	<b>3170</b>		M-30	20	01:33:37	04:05:38	05:48:25	<b>06:23:34.30</b>	<b>06:23:34.30</b>	+02:35:43 (40.6%)	9:07	6.6 (59.5%)
79	<b>WAŃKOWICZ Adrian</b>	<b>3087</b>		M-40	41	01:34:24	04:12:41	05:50:08	<b>06:23:56.35</b>	<b>06:23:56.35</b>	+02:36:05 (40.7%)	9:08	6.6 (59.5%)
80	<b>KUŚNIERZ Paweł</b>	<b>3106</b>	SPORTOWY KAŻMIERZ	M-30	21	01:48:20	04:20:42	05:50:55	<b>06:25:05.55</b>	<b>06:25:05.55</b>	+02:37:14 (40.8%)	9:10	6.5 (58.6%)
81	<b>STASIAK Łukasz</b>	<b>3054</b>		M-40	42	01:37:44	04:12:23	05:49:34	<b>06:26:08.35</b>	<b>06:26:08.35</b>	+02:38:17 (41.0%)	9:11	6.5 (58.6%)
82	<b>WATAŁA Krzysztof</b>	<b>3161</b>	SZYBCIEJ	M-50	10	01:43:40	04:18:54	05:53:23	<b>06:26:14.35</b>	<b>06:26:14.35</b>	+02:38:23 (41.0%)	9:11	6.5 (58.6%)
83	<b>NOWAK Krzysztof</b>	<b>3177</b>		M-30	22	01:39:50	04:18:15	05:53:23	<b>06:26:30.85</b>	<b>06:26:30.85</b>	+02:38:40 (41.1%)	9:12	6.5 (58.6%)
84	<b>KONSTANCIUK Dariusz</b>	<b>3180</b>	JAZDAAAAA	M-40	43	01:29:37	04:11:47	05:50:06	<b>06:27:01.10</b>	<b>06:27:01.10</b>	+02:39:10 (41.1%)	9:12	6.5 (58.6%)
85	<b>SYCHOWSKI Dawid</b>	<b>3004</b>		M-30	23	01:29:40	04:05:39	05:47:25	<b>06:27:01.85</b>	<b>06:27:01.85</b>	+02:39:11 (41.1%)	9:12	6.5 (58.6%)
86	<b>KICIŃSKA Zuzanna</b>	<b>3163</b>		K-30	3	01:38:11	04:19:45	05:54:47	<b>06:27:07.40</b>	<b>06:27:07.40</b>	+02:39:16 (41.1%)	9:13	6.5 (58.6%)
87	<b>KOWALEWSKI Grzegorz</b>	<b>3031</b>		M-50	11	01:43:44	04:19:55	05:55:54	<b>06:28:58.20</b>	<b>06:28:58.20</b>	+02:41:07 (41.4%)	9:15	6.5 (58.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
88	<b>NOWAK Natalia</b>	<b>3143</b>	GÓRAL Z MAZUR RUNNING TEAM	K-30	4	01:38:39	04:16:17	05:55:17	<b>06:29:50.75</b>	<b>06:29:50.75</b>	+02:42:00 (41.6%)	9:16	6.5 (58.6%)
89	<b>FILIPOWICZ Dominik</b>	<b>3046</b>		M-30	24	01:39:03	04:15:19	05:54:47	<b>06:31:00.85</b>	<b>06:31:00.85</b>	+02:43:10 (41.7%)	9:18	6.4 (57.7%)
90	<b>LEDNICKI Michał</b>	<b>3187</b>	ARVATO S.C. REP	M-40	44	01:41:42	04:18:56	05:56:04	<b>06:31:22.85</b>	<b>06:31:22.85</b>	+02:43:32 (41.8%)	9:19	6.4 (57.7%)
91	<b>WOJTAS Mateusz</b>	<b>3092</b>		M-30	25	01:39:12	04:11:20	05:54:41	<b>06:33:36.95</b>	<b>06:33:36.95</b>	+02:45:46 (42.1%)	9:22	6.4 (57.7%)
92	<b>GÓRA Roman</b>	<b>3051</b>	BIEGOLAS KOSZALIN	M-60	1	01:37:12	04:19:46	06:00:12	<b>06:34:21.55</b>	<b>06:34:21.55</b>	+02:46:30 (42.2%)	9:23	6.4 (57.7%)
93	<b>SZEWczyk Monika</b>	<b>3086</b>	BRZYSKITRITEAM	K-40	4	01:39:22	04:16:32	05:58:27	<b>06:34:35.70</b>	<b>06:34:35.70</b>	+02:46:45 (42.3%)	9:23	6.4 (57.7%)
94	<b>OLSZEWSKI Bogdan</b>	<b>3174</b>		M-20	4	01:35:40	04:13:45	05:58:48	<b>06:34:52.10</b>	<b>06:34:52.10</b>	+02:47:01 (42.3%)	9:24	6.4 (57.7%)
95	<b>PIOTROWIAK Angelika</b>	<b>3038</b>	GARMIN	K-20	2	01:42:35	04:25:17	06:01:17	<b>06:34:56.55</b>	<b>06:34:56.55</b>	+02:47:05 (42.3%)	9:24	6.4 (57.7%)
96	<b>CIEPŁY Kamil</b>	<b>3044</b>	140MINUT.PL	M-30	26	01:42:33	04:25:16	06:01:17	<b>06:34:56.70</b>	<b>06:34:56.70</b>	+02:47:06 (42.3%)	9:24	6.4 (57.7%)
97	<b>LEŚNIAK Grzegorz</b>	<b>3119</b>		M-40	45	01:30:06	04:07:33	05:55:41	<b>06:35:52.25</b>	<b>06:35:52.25</b>	+02:48:01 (42.4%)	9:25	6.4 (57.7%)
98	<b>OLEARCZYK Arkadiusz</b>	<b>3093</b>	BIEGOLAS KOSZALIN	M-50	12	01:37:14	04:20:03	06:01:43	<b>06:36:09.60</b>	<b>06:36:09.60</b>	+02:48:19 (42.5%)	9:25	6.4 (57.7%)
99	<b>JASKÓLSKI Krzysztof</b>	<b>3053</b>	TRIBOY TEAM	M-40	46	01:38:07	04:29:31	06:04:01	<b>06:36:55.90</b>	<b>06:36:55.90</b>	+02:49:05 (42.6%)	9:27	6.3 (56.8%)
100	<b>PIOTROWSKI Kamil</b>	<b>3015</b>		M-40	47	01:24:12	04:21:26	06:05:36	<b>06:37:19.65</b>	<b>06:37:19.65</b>	+02:49:29 (42.7%)	9:27	6.3 (56.8%)
101	<b>KUŁAKOWSKI Dawid</b>	<b>3076</b>	BIEGOLAS KOSZALIN	M-40	48	01:37:25	04:20:04	06:03:53	<b>06:37:50.30</b>	<b>06:37:50.30</b>	+02:49:59 (42.7%)	9:28	6.3 (56.8%)
102	<b>BYLINA Bartosz</b>	<b>3067</b>		M-50	13	01:37:21	04:12:19	05:59:13	<b>06:37:56.95</b>	<b>06:37:56.95</b>	+02:50:06 (42.7%)	9:28	6.3 (56.8%)
103	<b>QUIRINI Ewa</b>	<b>3117</b>		K-40	5	01:41:30	04:21:00	06:01:02	<b>06:39:57.85</b>	<b>06:39:57.85</b>	+02:52:07 (43.0%)	9:31	6.3 (56.8%)
104	<b>SZWARC Grzegorz</b>	<b>3179</b>	ARVATO S.C. REP	M-30	27	01:39:01	04:32:12	06:04:52	<b>06:42:56.00</b>	<b>06:42:56.00</b>	+02:55:05 (43.5%)	9:35	6.3 (56.8%)
105	<b>PTAK Jarek</b>	<b>3194</b>		M-50	14	01:37:18	04:24:54	06:06:20	<b>06:43:02.10</b>	<b>06:43:02.10</b>	+02:55:11 (43.5%)	9:35	6.3 (56.8%)
106	<b>OSTASZEWSKI Ireneusz</b>	<b>3056</b>		M-40	49	01:32:07	04:20:09	06:10:51	<b>06:46:08.85</b>	<b>06:46:08.85</b>	+02:58:18 (43.9%)	9:40	6.2 (55.9%)
107	<b>PIECZARKOWSKA-MRÓZ Zuzanna</b>	<b>3081</b>	KKM KALORYFER	K-30	5	01:45:33	04:33:51	06:10:55	<b>06:47:05.10</b>	<b>06:47:05.10</b>	+02:59:14 (44.0%)	9:41	6.2 (55.9%)
108	<b>MAKLES Pawel</b>	<b>3052</b>	BOXING GUBIN	M-20	5	01:37:53	04:29:30	06:11:57	<b>06:48:03.95</b>	<b>06:48:03.95</b>	+03:00:13 (44.2%)	9:42	6.2 (55.9%)
109	<b>ZIĘTARA-NOSEK Bożena</b>	<b>3088</b>	KKM KALORYFER	K-40	6	01:44:20	04:33:52	06:11:56	<b>06:48:06.70</b>	<b>06:48:06.70</b>	+03:00:16 (44.2%)	9:43	6.2 (55.9%)
110	<b>GAWLICKI Aleksander</b>	<b>3091</b>	LESZCZYŃSKIE BYCZKI	M-20	6	01:40:38	04:36:47	06:18:36	<b>06:50:57.75</b>	<b>06:50:57.75</b>	+03:03:07 (44.6%)	9:47	6.1 (55.0%)
111	<b>KAŻMIERCZAK Mikołaj</b>	<b>3082</b>	LESZCZYŃSKIE BYCZKI	M-20	7	01:40:36	04:36:48	06:18:38	<b>06:50:58.40</b>	<b>06:50:58.40</b>	+03:03:07 (44.6%)	9:47	6.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
112	<b>ZYCHOWICZ Zbigniew</b>	<b>3083</b>	MOCNA GRUPA CEZARA	M-40	50	01:38:44	04:26:13	06:14:35	<b>06:51:32.25</b>	<b>06:51:32.25</b>	+03:03:41 (44.6%)	9:47	6.1 (55.0%)
113	<b>PISULA Łukasz</b>	<b>3000</b>		M-30	28	01:41:11	04:30:59	06:16:27	<b>06:53:25.65</b>	<b>06:53:25.65</b>	+03:05:35 (44.9%)	9:50	6.1 (55.0%)
114	<b>SYNOWIEC Grzegorz</b>	<b>3007</b>		M-40	51	01:39:32	04:23:39	06:13:40	<b>06:53:57.65</b>	<b>06:53:57.65</b>	+03:06:07 (45.0%)	9:51	6.1 (55.0%)
115	<b>WALKOWIAK Bartosz</b>	<b>3062</b>		M-30	29	01:42:50	04:29:50	06:16:21	<b>06:54:13.65</b>	<b>06:54:13.65</b>	+03:06:23 (45.0%)	9:51	6.1 (55.0%)
116	<b>MICERSKI Tomasz</b>	<b>3094</b>	BIEGOLAS KOSZALIN	M-40	52	01:37:56	04:25:57	06:18:32	<b>06:57:54.70</b>	<b>06:57:54.70</b>	+03:10:04 (45.5%)	9:57	6 (54.1%)
117	<b>STANEK Katarzyna</b>	<b>3064</b>		K-40	7	01:43:27	04:32:37	06:17:21	<b>06:58:59.20</b>	<b>06:58:59.20</b>	+03:11:08 (45.6%)	9:58	6 (54.1%)
118	<b>OLBERT Ireneusz</b>	<b>3137</b>	PCC ULTRA RUNNERS	M-50	15	01:31:16	04:19:59	06:17:32	<b>07:00:36.25</b>	<b>07:00:36.25</b>	+03:12:45 (45.8%)	10:00	6 (54.1%)
119	<b>RABIEJ Kazimierz</b>	<b>3122</b>	ROZBIEGANI CHOJNÓW	M-60	2	01:43:55	04:35:35	06:24:39	<b>07:02:26.20</b>	<b>07:02:26.20</b>	+03:14:35 (46.1%)	10:03	6 (54.1%)
120	<b>PAWIŃSKI Artur</b>	<b>3019</b>	ADIDAS RUNNERS WARSAW	M-40	53	01:46:50	04:34:55	06:25:25	<b>07:04:43.95</b>	<b>07:04:43.95</b>	+03:16:53 (46.4%)	10:06	5.9 (53.2%)
121	<b>KOPER Dariusz</b>	<b>3176</b>		M-40	54	01:37:43	04:46:44	06:30:41	<b>07:05:51.30</b>	<b>07:05:51.30</b>	+03:18:00 (46.5%)	10:08	5.9 (53.2%)
122	<b>WIŚNIEWSKA Anna</b>	<b>3040</b>		K-30	6	01:49:08	04:44:15	06:32:43	<b>07:05:52.75</b>	<b>07:05:52.75</b>	+03:18:02 (46.5%)	10:08	5.9 (53.2%)
123	<b>RADOMSKI Wojciech</b>	<b>3041</b>	WOJCIECH RADOMSKI	M-30	30	01:49:12	04:44:16	06:32:42	<b>07:05:52.90</b>	<b>07:05:52.90</b>	+03:18:02 (46.5%)	10:08	5.9 (53.2%)
124	<b>JEKIEL Grzegorz</b>	<b>3178</b>		M-40	55	01:41:46	04:34:24	06:26:36	<b>07:07:21.55</b>	<b>07:07:21.55</b>	+03:19:30 (46.7%)	10:10	5.9 (53.2%)
125	<b>KAŻMIERCZAK Adam</b>	<b>3014</b>		M-30	31	01:44:25	04:37:00	06:26:39	<b>07:07:25.05</b>	<b>07:07:25.05</b>	+03:19:34 (46.7%)	10:10	5.9 (53.2%)
126	<b>BRZOZOWSKA Marlena</b>	<b>3080</b>		K-40	8	01:43:29	04:37:24	06:31:46	<b>07:09:44.75</b>	<b>07:09:44.75</b>	+03:21:54 (47.0%)	10:13	5.9 (53.2%)
126	<b>BRZOZOWSKI Marcin</b>	<b>3079</b>		M-40	56	01:43:32	04:37:23	06:31:18	<b>07:09:44.75</b>	<b>07:09:44.75</b>	+03:21:54 (47.0%)	10:13	5.9 (53.2%)
128	<b>WYSOCKI Rafał</b>	<b>3113</b>	KKM KALORYFER	M-40	57	01:47:21	04:44:36	06:33:14	<b>07:10:46.35</b>	<b>07:10:46.35</b>	+03:22:55 (47.1%)	10:15	5.9 (53.2%)
129	<b>BUKOWIEC Justyna</b>	<b>3131</b>	KKM KALORYFER	K-30	7	01:47:25	04:44:37	06:33:12	<b>07:10:46.45</b>	<b>07:10:46.45</b>	+03:22:55 (47.1%)	10:15	5.9 (53.2%)
130	<b>KRYCZKA Wojciech</b>	<b>3192</b>	KUDOWIANKA RUN	M-40	58	01:37:47	04:25:56	06:30:56	<b>07:12:13.85</b>	<b>07:12:13.85</b>	+03:24:23 (47.3%)	10:17	5.8 (52.3%)
131	<b>ŁAŻNIEWSKI Dawid</b>	<b>3191</b>		M-30	32	01:37:49	04:25:57	06:30:57	<b>07:12:14.00</b>	<b>07:12:14.00</b>	+03:24:23 (47.3%)	10:17	5.8 (52.3%)
132	<b>PAPIEROWSKA Dagmara</b>	<b>3138</b>	BIEGAJĄCE KREJZOLE	K-30	8	01:42:42	04:45:03	06:34:12	<b>07:15:38.55</b>	<b>07:15:38.55</b>	+03:27:47 (47.7%)	10:22	5.8 (52.3%)
133	<b>LIS Sebastian</b>	<b>3124</b>	BIEGAJĄCE KREJZOLE	M-30	33	01:42:38	04:45:05	06:35:10	<b>07:15:38.95</b>	<b>07:15:38.95</b>	+03:27:48 (47.7%)	10:22	5.8 (52.3%)
134	<b>ZARZECZNY Radosław</b>	<b>3061</b>	JUNIOR AMATOR SUPERSTAR	M-30	34	01:48:59	04:46:42	06:37:23	<b>07:22:01.35</b>	<b>07:22:01.35</b>	+03:34:10 (48.5%)	10:31	5.7 (51.4%)
135	<b>GUCKI Mikołaj</b>	<b>3010</b>		M-40	59	01:46:58	04:46:47	06:37:28	<b>07:22:01.95</b>	<b>07:22:01.95</b>	+03:34:11 (48.5%)	10:31	5.7 (51.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
136	<b>MIKŁUSZKA Dorota</b>	<b>3155</b>	KB ODRA OPOLE	K-40	9	01:44:21	04:49:34	06:41:27	<b>07:22:23.75</b>	<b>07:22:23.75</b>	+03:34:33 (48.5%)	10:31	5.7 (51.4%)
137	<b>ZARĘBA Jolanta</b>	<b>3157</b>	RZESZOWSKIE GAZELE I GEPARDY	K-50	1	01:47:34	04:52:05	06:41:32	<b>07:23:24.00</b>	<b>07:23:24.00</b>	+03:35:33 (48.6%)	10:33	5.7 (51.4%)
138	<b>JASICKI Krzysztof</b>	<b>3101</b>	RUNHOGS TYCHY	M-40	60	01:52:00	04:56:22	06:41:33	<b>07:23:41.35</b>	<b>07:23:41.35</b>	+03:35:50 (48.6%)	10:33	5.7 (51.4%)
139	<b>SPYRA Adam</b>	<b>3104</b>	ŻARY RUNNERS TEAM	M-40	61	01:45:39	04:41:12	06:38:58	<b>07:23:55.05</b>	<b>07:23:55.05</b>	+03:36:04 (48.7%)	10:34	5.7 (51.4%)
140	<b>STACHOWIAK Magda</b>	<b>3147</b>	RUN TEAM RYDZYNA	K-30	9	01:51:39	04:56:51	06:41:20	<b>07:26:12.45</b>	<b>07:26:12.45</b>	+03:38:21 (48.9%)	10:37	5.6 (50.5%)
141	<b>KOS Paweł</b>	<b>3158</b>	EAZYMUT.PL	M-50	16	01:56:46	04:55:31	06:45:11	<b>07:27:30.40</b>	<b>07:27:30.40</b>	+03:39:39 (49.1%)	10:39	5.6 (50.5%)
142	<b>JAZUKIEWICZ Ewa</b>	<b>3159</b>	EAZYMUT.PL	K-50	2	01:56:41	04:55:37	06:45:40	<b>07:27:30.65</b>	<b>07:27:30.65</b>	+03:39:40 (49.1%)	10:39	5.6 (50.5%)
143	<b>GUCKA Paulina</b>	<b>3009</b>		K-40	10	01:49:57	04:52:04	06:44:53	<b>07:29:00.55</b>	<b>07:29:00.55</b>	+03:41:09 (49.3%)	10:41	5.6 (50.5%)
144	<b>SOWIŃSKI Michał</b>	<b>3120</b>	RSC RAWICZ	M-20	8	01:45:37	04:57:14	06:42:23	<b>07:29:27.65</b>	<b>07:29:27.65</b>	+03:41:37 (49.3%)	10:42	5.6 (50.5%)
145	<b>FRAĆKOWIAK Dominik</b>	<b>3185</b>		M-30	35	01:49:32	05:00:25		<b>07:36:20.20</b>	<b>07:36:20.20</b>	+03:48:29 (50.1%)	10:51	5.5 (49.5%)
145	<b>MORAŃSKI Paweł</b>	<b>3012</b>		M-30	35	01:53:03	05:00:13		<b>07:36:20.20</b>	<b>07:36:20.20</b>	+03:48:29 (50.1%)	10:51	5.5 (49.5%)
145	<b>MORAŃSKA Małgorzata</b>	<b>3011</b>		K-30	10	01:53:02	05:00:12		<b>07:36:20.20</b>	<b>07:36:20.20</b>	+03:48:29 (50.1%)	10:51	5.5 (49.5%)
148	<b>WIELICZKO Dagmara</b>	<b>3018</b>		K-30	11	01:53:51	05:01:14		<b>07:37:21.05</b>	<b>07:37:21.05</b>	+03:49:30 (50.2%)	10:53	5.5 (49.5%)
149	<b>WIELICZKO Rafał</b>	<b>3017</b>		M-30	37	01:53:47	05:01:13		<b>07:37:21.35</b>	<b>07:37:21.35</b>	+03:49:30 (50.2%)	10:53	5.5 (49.5%)
150	<b>DZIADEK Krzysztof</b>	<b>3115</b>	BIEGOLAS KOSZALIN	M-30	38	01:42:29	05:00:27		<b>07:42:16.95</b>	<b>07:42:16.95</b>	+03:54:26 (50.7%)	11:00	5.5 (49.5%)
151	<b>POTOCZNIK Tomasz</b>	<b>3075</b>	BIEGOLAS KOSZALIN	M-40	62	01:48:13	05:00:24		<b>07:46:22.80</b>	<b>07:46:22.80</b>	+03:58:32 (51.1%)	11:06	5.4 (48.6%)
152	<b>KUKIEŁA Tomasz</b>	<b>3069</b>	BIEGOLAS KOSZALIN	M-40	63	01:47:23	05:00:27		<b>07:46:22.85</b>	<b>07:46:22.85</b>	+03:58:32 (51.1%)	11:06	5.4 (48.6%)
153	<b>SIKORSKI Ludwik</b>	<b>3110</b>	HTF LUDWIK SIKORSKI	M-40	64	01:58:26	05:13:27		<b>07:48:56.45</b>	<b>07:48:56.45</b>	+04:01:05 (51.4%)	11:09	5.4 (48.6%)
154	<b>KŁONOWSKI Marek</b>	<b>3065</b>		M-40	65	01:53:14	05:13:55		<b>07:50:11.90</b>	<b>07:50:11.90</b>	+04:02:21 (51.5%)	11:11	5.4 (48.6%)
155	<b>WESOŁOWSKA Urszula</b>	<b>3108</b>		K-50	3	02:00:22	05:21:39		<b>07:57:23.20</b>	<b>07:57:23.20</b>	+04:09:32 (52.3%)	11:21	5.3 (47.7%)
156	<b>CHROMIK Krzysztof</b>	<b>3078</b>		M-40	66	01:48:54	05:13:39		<b>07:57:53.45</b>	<b>07:57:53.45</b>	+04:10:02 (52.3%)	11:22	5.3 (47.7%)
157	<b>PIWAŃSKI Piotr</b>	<b>3022</b>		M-60	3	01:56:43	05:13:37		<b>07:57:55.15</b>	<b>07:57:55.15</b>	+04:10:04 (52.3%)	11:22	5.3 (47.7%)
158	<b>STANIK Mariusz</b>	<b>3066</b>	KLUB BIEGACZA WARTA	M-40	67	01:45:35	04:58:45		<b>07:57:57.20</b>	<b>07:57:57.20</b>	+04:10:06 (52.3%)	11:22	5.3 (47.7%)
159	<b>GWORYS Krzysztof</b>	<b>3026</b>	ZRYW PARZYMIECHY	M-40	68	02:01:02	05:16:54		<b>07:58:00.25</b>	<b>07:58:00.25</b>	+04:10:09 (52.3%)	11:22	5.3 (47.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Błędne Skały 10km	Zielona Droga 26km	Jakubowice 37km	Czas netto 42km	Czas brutto 42km	Różn	Tempo min/km	Tempo km/h
160	<b>GWORYS</b> Katarzyna	<b>3025</b>	ZRYW PARZYMICHY	K-40	11	02:01:04	05:16:55		<b>07:58:01.25</b>	<b>07:58:01.25</b>	+04:10:10 (52.3%)	11:22	5.3 (47.7%)
161	<b>WESOŁOWSKI</b> Maciej	<b>3107</b>		M-50	17	02:00:25	05:21:37		<b>07:58:05.15</b>	<b>07:58:05.15</b>	+04:10:14 (52.3%)	11:22	5.3 (47.7%)
162	<b>SIKORSKI</b> Grzegorz	<b>3165</b>		M-50	18	01:49:29	05:12:12		<b>08:12:23.95</b>	<b>08:12:23.95</b>	+04:24:33 (53.7%)	11:43	5.1 (45.9%)
163	<b>LEŚNIAK</b> Grzegorz	<b>3183</b>	LUŻNE PIĄTKI	M-40	69	01:59:44	05:24:05		<b>08:16:14.50</b>	<b>08:16:14.50</b>	+04:28:23 (54.1%)	11:48	5.1 (45.9%)
164	<b>MILLER</b> Tomasz	<b>3166</b>	KGHM	M-40	70	01:53:39	05:13:08		<b>08:16:16.90</b>	<b>08:16:16.90</b>	+04:28:26 (54.1%)	11:48	5.1 (45.9%)
165	<b>CZERWIŃSKA</b> Arleta	<b>3043</b>		K-60	1	01:52:05	05:13:28		<b>08:43:54.00</b>	<b>08:43:54.00</b>	+04:56:03 (56.5%)	12:28	4.8 (43.2%)
166	<b>CZERWIŃSKI</b> Jarosław	<b>3042</b>		M-60	4	01:52:09	05:13:31		<b>08:43:58.00</b>	<b>08:43:58.00</b>	+04:56:07 (56.5%)	12:28	4.8 (43.2%)
167	<b>TYRANKIEWICZ</b> Kamila	<b>3102</b>	JUMP&FLY, KABATY	K-40	12	02:06:41	05:39:06		<b>08:51:50.00</b>	<b>08:51:50.00</b>	+05:03:59 (57.2%)	12:39	4.7 (42.3%)
168	<b>KADECKI</b> Marek	<b>3070</b>		M-50	19	02:06:38	05:23:49		<b>08:52:22.00</b>	<b>08:52:22.00</b>	+05:04:31 (57.2%)	12:40	4.7 (42.3%)
169	<b>KAZIMIERCZUK</b> Sylwia	<b>3162</b>	NBR TEAM	K-30	12	01:58:29	05:33:55		<b>09:31:51.00</b>	<b>09:31:51.00</b>	+05:44:00 (60.2%)	13:36	4.4 (39.6%)
170	<b>ADAMCZEWSKI</b> Jakub	<b>3142</b>	NIGHT RUNNERS / NBR TEAM	M-30	39	01:58:31	05:33:55		<b>09:32:03.00</b>	<b>09:32:03.00</b>	+05:44:12 (60.2%)	13:37	4.4 (39.6%)
171	<b>BARAŃSKA</b> Adrianna	<b>3008</b>		K-20	3	02:10:08					+01:07:45	13:00	4.6 (41.4%)
	<b>DZIERGWA</b> Agnieszka	<b>3181</b>	PRZEDWOJEWSKI TEAM / RNB TEAM POLANICA ZDRÓJ	K-30		01:43:49 DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 172 wynik(ów)